

## YOUNG ADULT PROGRAM

### PHASE 1 (Pre Opt) “Show Up”

Length: Approx. 30 days

#### Minimum Requirements to Opt In:

- ☐ Attend Hearings.
- ☐ Attend weekly Thursday Check Ins.
- ☐ Attend Legal Q&A.
- ☐ Contact your Attorney.
- ☐ Attend O&I and complete RANT assessment.
- ☐ Attend Treatment Intake and Take a UA (drug test).
- ☐ Attend Alcohol & Drug Information School (ADIS) *only if required*.
- ☐ Read Participant Handbook.
- ☐ Apply for Medicaid / Washington Apple Healthcare if eligible.

#### Other Requirements:

- ☐ Attend ongoing treatment sessions – group and individual counseling.
- ☐ Attend 2 per week random, observed UAs.
- ☐ Create an Action Plan with Drug Court Case Manager (DCCM). Bring to every hearing and be prepared to discuss with Judge. Complete Action Plan follow-up items as suggested by the Judge.
- ☐ Sober Support Meetings / Community Support Activity attendance -
  - High Needs participants: 3 per week Sober Support meetings.
  - Low Needs participants: Develop plan with DCCM for 3 per week Community Support to begin in Phase 2.

## YOUNG ADULT PROGRAM

### PHASE 2 “Stop Using”

Length: 60 days minimum

- ☐ Attend Hearings -
  - Bring Sober Support slips / Community Support logs.
  - Bring Action Plan and be prepared to discuss with Judge.
- ☐ Complete Action Plan follow-up items as suggested by the Judge.
- ☐ Attend all Treatment Sessions.
- ☐ Minimum of 2 random, observed UAs per week.
- ☐ Sober Support Meetings / Community Support Activity attendance -
  - High Needs participants: 3 per week Sober Support meetings.
  - Low Needs participants: 3 per week Community Support Activities (approved by DCCM).
- ☐ **Present Written Life History to Judge**
- ☐ 60 consecutive days sanction-free (immediately prior to promotion to Phase 3).
- ☐ 60 consecutive days of abstinence (immediately prior to promotion to Phase 3).

Fix-It Tickets available (for missed appointments) = 2 per reporting period.

No restitution owed for promotion to next phase.

No community service hours owed.

***Note: Those who go to TRP while pre-opt may be eligible to skip this phase if they meet all other Phase 1 requirements (without going on bench warrant).***

## YOUNG ADULT PROGRAM

### PHASE 3 “Manage Recovery”

Length: 60 days minimum

- ☐ Attend Hearings -
  - ☐ Bring Sober Support slips / Community Support logs.
  - ☐ Bring Action or Empowerment Plan and be prepared to discuss with Judge.
- ☐ Complete Action Plan and/or Empowerment Plan follow-up items as suggested by the Judge.
- ☐ Attend all Treatment Sessions.
- ☐ Minimum 2 random, observed UAs per week.
- ☐ Sober Support Meetings / Community Support Activity attendance -
  - ☐ High Needs participants: 1 Sober Support & 2 Community Support (approved by DCCM) per week.
  - ☐ Low Needs participants: 3 per week Community Support Activities (approved by DCCM).
- ☐ Attend Empowerment Class by **next hearing after promotion** to Phase 3 (about 30 days later).
- ☐ Meet with Resource Specialist to create Empowerment Plan with own goals. Present Empowerment Plan to the court. Must include **plan** for 20 hours per week of Productive Activity (such as employment, vocational training, school, parenting or volunteering) to begin by 1<sup>st</sup> day of Phase 5.
- ☐ RANT reassessment prior to promotion to Phase 4.
- ☐ Attend a Graduation Ceremony.
- ☐ Complete 4 Community Service Hours.
- ☐ Pay 20% of Total Restitution Owed.
- ☐ 60 consecutive days sanction free (immediately prior to promotion to Phase 4).
- ☐ 60 consecutive days of abstinence (immediately prior to promotion to Phase 4).

Fix-It Tickets available (for missed appointments) = 1 per reporting period.

## YOUNG ADULT PROGRAM

### PHASE 4 “Build Community”

Length: 60 days minimum

- ☐ Attend Hearings -
  - ☐ Bring Sober Support slips / Community Support logs.
  - ☐ Bring Empowerment Plan and be prepared to discuss with Judge.
- ☐ Complete Empowerment Plan follow-up items as suggested by the Judge.
- ☐ Attend all Treatment Sessions.
- ☐ Complete MRT (High Risk participants).
- ☐ Minimum 2 random, observed UAs per week.
- ☐ Sober Support Meetings / Community Support Activity attendance -
  - ☐ High Needs participants: 1 Sober Support & 2 Community Support (approved by DCCM) per week.
  - ☐ Low Needs participants: 3 per week Community Support Activities (approved by DCCM).
- ☐ Complete 12 additional Community Service Hours.
- ☐ Pay 50% of Total Restitution Owed.
- ☐ Must be ready to begin **20 hours per week of Productive Activity** (such as employment, vocational training, school, parenting or volunteering) on 1<sup>st</sup> day of Phase 5.
- ☐ 60 consecutive days sanction-free free (immediately prior to promotion to Phase 5).
- ☐ 60 consecutive days of abstinence free (immediately prior to promotion to Phase 5).

Fix-It Tickets available (for missed appointments) = 1 during Phase 4.

## YOUNG ADULT PROGRAM

### PHASE 5 “Work Your Program”

Length: 60 days minimum

- ☐ Attend Hearings -
  - ☐ Bring Sober Support slips / Community Support logs.
  - ☐ Bring Empowerment Plan and be prepared to discuss with Judge.
- ☐ Complete Empowerment Plan follow-up items as suggested by the Judge.
- ☐ Attend all Treatment Sessions. Full-time employment may be able to replace groups and individual treatment sessions with DCCM approval.
- ☐ Minimum 2 random, observed UAs per week.
- ☐ 2 Community Support activities (approved by DCCM) per week.
- ☐ Prove **20 hours per week** engagement in **Productive Activity** (such as employment, vocational training, school, parenting or volunteering) as identified within Empowerment Plan.
- ☐ Complete Grad 101 (including Continuing Care Plan) with Peer Specialist.
- ☐ Complete 8 additional Community Service Hours.
- ☐ Pay 100% of Total Restitution Owed
- ☐ 60 days consecutive sanction-free (immediately prior to graduation).
- ☐ 90 days of consecutive abstinence (immediately prior to graduation).
- ☐ Attend own graduation ceremony.

Fix-It Tickets available (for missed appointments) = None.