**PARENTING & ENGAGEMENT TEAM MEETING AGENDA**

Goals of this meeting:

•Review goals from Recovery Team meeting

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

•Review and update relapse prevention plan (to include medical/dental/vision, etc.)

•Discuss how parenting and recovery affect one another

1- Parenting

* Why is taking care of myself important in parenting?
* Who are my parenting supports?
* What are my challenges in parenting?
* What are my strengths in parenting?
* How can I increase my involvement in medical, school, etc?

2- My children’s needs

* Medical/Physical/Health related
* Educational/Developmental/Early Learning
* Mental/Emotional Health
* Visitation or WRAP planning
* How am I modelling recovery for my children?

3- Parenting in Recovery

* How did my use and addict behaviors affect my parenting? (refer to Using Parent worksheet)
* What have I learned from my services that make me a better parent? Give at least 2-3 examples
* What is my relationship with my children today?
* How do you think your child views their relationship with you now? (Refer to Parent in Recovery worksheet). Team to give examples of areas of biggest changes.

4- What are three things I can do to make recovery a part of my parenting? Provide goal date and who on team I would like to share my progress with.

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2.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Next steps**: Trial Return Home plan will be provided to parent once visits are

 increased to unsupervised visits.

In attendance: