**RECOVERY TEAM MEETING AGENDA**

Goals of this meeting:

* Talk about where the parent is in recovery
* Talk  about how recovery is crucial to healthy parenting
* Set individualized action steps to move forward in recovery

1- Recovery Process

* Define sobriety vs. recovery
* Review the stages of change
* How did you move in these stages? What changed for you?
* Relapse and Recovery Behaviors (use chart)

2- Recovery and Parenting

* FRSS will share about how recovery journey is tied to parenting.
* Team offers observations on growth/strength in recovery and needs.

3- Relapse Prevention Plan (To be completed/updated by end of meeting)

* Meeting experiences
* Home group
* Sponsor relationship

4-What are three steps you can take before your next meeting to move your recovery forward?  Include how your team can support you.  Set a due date and identify who can follow up with you on these action steps, if helpful.

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2.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Next steps**: Parenting and Engagement meeting to be scheduled in about 4 weeks’ time.

Team will then review three goals listed above.

In attendance: