



Members/ Designees: Co-Chair Claudia D’Allegri, Co-Chair Judge Ketu Shah, Ann McGettigan, Councilmember Brenda Fincher, Councilmember Kathy Lambert, Mayor Lynne Robinson, Barbara Minor, Denise Rothleutner, Lea Ennis, Leo Flor, Jeff Sakuma, Joshua Wallace, Karen Brady, Katherine Switz, Laura Merchant, Mario Paredes, Anthony Austin, Muguette Gueneguez, Laura Smith, Brad Finegood designee for Patty Hayes, Leesa Manion designee for Dan Satterberg, Tara Urs designee for Anita Khandelwal

Other Attendees: Councilmember Gary Harris, Suamhirs Piraino-Guzman, Robin Pfohman, Kimberly Cisson, Michele Meaker, Sherry McCabe, Diem Nguyen, Alex O’Reilly, Alexis Mercedes-Rinck, Barb Donohue, Chan Saelee, Chelsea Baylen, Chelsea Walch, Christina Mason, Dave Murphy, Deborah Stake, Denise Hawthorne, Halima Lozano, Isabel Jones, Jackie Berganio, Kapena Pflum, Larry Evans, Lauren Vlas, Lisa Floyd, Madeline Cavazos, Margaret Soukup, Mariel Torres Mehdipour, Neil Olson, Peggy P, Regina Alexander, Sam Porter, Samantha Yeun, Susan Schoeld, Steve Andryszewski, Veda Ting, Danielle Burt, Natalie Walton, Shanna Clinton, Steve Gustaveson, Laura Van Tosh, Denise Hawthorne, Beverley Chase, Cody West, Heather Venegas, Isabel Jones, Jorene Reiber, Sonny Lovin

Notes by: Chelsea Walch

Issues	Discussion	Action Items:
Welcome	Co-Chair Judge Ketu Shah began the meeting by acknowledging everyone. He also acknowledged the Duwamish people and that King County is on their traditional land. Co-Chair Judge Ketu Shah provided an overview of how to use Zoom features and meeting logistics for members and other participants.	
Member/Staff Announcements	Michele Meeker announced the Gala Fundraiser taking place on October 29, 2020, launched in an effort to expand NAMI programming to all communities on the East Side. Co-Chair Judge Shah announced that the Housing Capital Advisory Committee is looking for a MIDD Advisory Committee member to participate on the Housing Finance Request for Proposal Advisory Committee. This committee provides input into how housing finances are allocated. If you are interested in participating in the Committee, let Robin or Suamhirs know.	
Review/Approve Meeting Notes	The September meeting notes were approved by consensus.	
Equity Moment	Co-Chair Judge Shah presented to everyone the idea of holding an Equity Moment in each meeting, as an opportunity for a couple members to share an experience where equity was involved and/or centered in, or a project they were involved in/initiative/event in home or personal life. Co-chair Claudia D’Allegri shared examples of how SeaMar is taking on diversity issues and making changes within their organization, including giving staff and patients more choices of how to identify themselves and providing more training on how to ask those kinds of questions.	
Public Comment	Co-Chair Judge Shah invited anyone who was interested to sign up in the chat box. There were no requests for public comment.	

<p>MIDD Financial Report</p>	<p>Barb Donahue explained that the MIDD Financial Plan is good for expenses through the end of September, and resulted in no changes in overall estimated expenses for the biennium. Secondly, the revenue forecast remained unchanged and there is we are not expecting an updated forecast until March of 2021 after the release of the 21-22 Council-adopted budget. Council was reviewing the 21-22 biennium budget which is expected to pass the week before Thanksgiving break.</p> <p>There was a question about changes in economic activity and how that might affect the forecast and what percentage of improvement would be expected. Steve shared that promises can't be made but that what is happening in construction is encouraging.</p> <p>There was a question as to the Selected Reductions under Expenditures, showing as \$3 million, and why there is a change from previous reports reflecting a higher amount. Steve explained that due to better projections some of the reductions were restored into the 2020 amounts.</p>	
<p>COVID-19 and Racial Inequalities</p>	<p>Mariel Torres Mehdipour from Public Health presented the latest data about COVID-19 and its disproportionate impact on BIPOC (Black, Indigenous and People of Color) communities in King County, particularly related to behavioral health.</p>	
<p>Community Driven Behavioral Health Grants (SI-01)</p>	<p>Diem Nguyen, Ph.D shared The Vietnamese Health Board's project "Toward Our Healthy Selves", aimed at testing a toolkit for exploring mental health and well-being in the Vietnamese American community. The purpose of the toolkit is to respond to the community's urgent need and request for addressing mental health problems in a culturally-grounded and relevant way- by adapting best practices for making the toolkit accessible, developing a common language and tools for support without shame or stigma, and opening community conversation circles to test/refine the toolkit.</p> <p>Samantha Yuen and Veda Ting presented The Khmer Health Board's "Community Driven Behavioral Health Project", the main goal of which is to initiate and normalize discussions of mental health in the Cambodian community. The two areas proposed by the project are: providing educational outreach through educational materials directed toward older adults and elders, and conducting mental health workshops on various mental health topics directed toward youth and young adults. They shared the plan to hold a workshop in November to early December, on the topics on coping with stress and anxiety, how to talk about mental health with older adults, and to create a positive discussion among the youth.</p> <p>Michelle Meeker asked if these materials will be made available to any community, to which Samantha advised that the materials will be available online for downloading as needed.</p>	
<p>MIDD Steering Committee Report</p>	<p>Brad Finegood announced that a group of Steering Committee members met to start conceptualizing how to better integrate peer voices into the</p>	

	<p>work of the MIDD Advisory Committee. They are currently looking at whether or not the Consumers and Communities ad hoc work group approach that was articulated in the Service Improvement Plan is feasible.</p> <p>Brad also reminded everyone that recruitment for new MIDD Advisory Committee members is now open. There are two open seats: one is a representative from a provider of culturally specific mental health services in King County, and the second seat is a representative from the domestic violence prevention services within the county. In an effort to implement a more transparent process, open positions will be posted and emailed out and put on the MIDD website so that people in the community know, and those who are eligible can apply and interview.</p> <p>Alexis Mercedes-Rinck announced an update on the Steering Committee's conversations around an equity focus. The Steering Committee is moving forward with the development of an equity work plan that will build off of the MIDD Advisory Committee's values, goals, and activities. They plan to bring a draft version for review in early 2021.</p>	
Agenda Items for November Meeting	Please email Robin Pfohman with any desired agenda items for the November meeting.	
Adjourned	1:30 PM	
Next meeting	Thursday, December 10th, 2020, 12:00-1:30 p.m., Zoom	