

Mental Illness and Drug Dependency (MIDD) Advisory Committee (AC) Meeting Notes July 22, 2021, 12:00-1:30 p.m., Meeting held via Zoom

Members/ Designees:	Co-Chair Judge Ketu Shah, Co-Chair Claudia D'Allegri, Councilmember Kathy Lambert, Jeff Sakuma, Fartun Mohammed, Sunny Lovin, Victor Loo, Mario Paredes, Laura Merchant, Kailey Fiedler-Gohlke, Trenecsia Wilson, Mayor Gary HarrisChristina Mason designee for Barbara Miner, Brad Finegood designee for Patty Hayes, Tara Urs designee for Anita Khandelwal
Other Attendees:	Suamhirs Piraino-Guzman, Robin Pfohman, Chelsea Walch, Halima Lozano, Kelli Nomura, Deborah Stake, Lisa Floyd, Marc Seligson, Isabel Jones, Alex O'Reilly, Madeline Cavazos, Leesa Manion, Kapena Pflum, Ely Hernandez, Jorene Reiber, Leandra Craft, Sam Porter, Scott Miller, Heather Venegas, Anthony Austin, Barbie Young, Conor McKIttrick, Dan Floyd, Dave Muprhy, Deb Carstens, Helena Stephens, Jennifer Wyatt, Lan Nguyen, Laura Van Tosh, Megan Farwell, Ricky Mogel

Notes by: Chelsea Walch

Issues	Discussion	Action Items:
Welcome	Co-Chair Claudia D'Allegri began the meeting by greeting everyone and going over meeting logistics for members and other participants. Co-Chair Claudia D'Allegri reminded everyone of the land acknowledgment discussion touched upon at the last meeting, and introduced Katherine Festa, of the King County Native American Leadership Council, to share and start the conversation.	
Land Acknowledgement and Discussion	Katherine Festa, of the King County Native American Leadership Council, was not able to attend the meeting and the presentation was postponed to a later date.	Katherine Festa to join the next MIDD AC meeting and present the land acknowledgement discussion.
Review/Approve Meeting Notes	Co-Chair Claudia D'Allegri gave everyone a moment to review the draft June meeting notes, if not done so already. The June meeting notes were approved by consensus.	
Equity Grounding Moment	Co-Chair Claudia D'Allegri introduced the equity grounding moment and invited volunteers to share an equitable moment they experienced recently. Co-Chair Claudia D'Allegri chose member Mario Paredes and asked if he had anything to share with the group. Mario shared that when it comes to equity, one of the things that has been in the forefront for him is the lack of vaccines and the groups of color that have been disproportionally affected by COVID-19. He discussed the need for more pro-vaccine messages to be translated into more languages that are not currently being represented, including native languages spoken within the Latinx communities of Seattle/King County. He notes that it may feel as though they are doing good work, but in reality, there is this gap of individuals who have not been able to benefit from the resources and services available.	
Public Comment	Co-Chair Claudia D'Allegri invited anyone interested in public comment to sign up in the chat box.	

put in the chat box the American Foundation for Suicide Prevention PowerPoint from the July 20 th presentation and her email address for a project called Washington Legislative and Policy Advocates: walegislativepolicyadvocacy@gmail.com. Laura informed everyone that Representative Tima Orwall, the prime sponsor of Bill 1477, which created the 988 system (a new crisis and suicide service system that will be implemented throughout the state of WA by 2023 papered at a Zoom meeting earlier that week and she would be glad to send the PowerPoint from that if emailed at the previously-noted address. Laura shared that earlier this month, she we assket to give the keynole address of the Alternatives Conference and if anyone would like a link to that presentation, which touched upon the homelessness crisis in King County and also some of the promises they have made from a policy perspective, to email her at her personal email provided in the chat box. Laura closed by noting that Monday, July 26 th is the impressive 31 ^{sh} anniversary of the Americans with Disabilities Act. MIDD Financial Co-Chair Judge Ketu Shah introduced Scott Miller, King County Business and Finance Officer IV, to give an update on the financial report. Scott Miller forcest and to expect an update to the OEFA forecast in late July. He pointed to line 13 of the financial plan, which now reflects the transfer of Si57,0000 in the first Omnibus Supplemental to support the Behavioral Health Fund. Scott pointed to Column 3, which reflects the Council addition of \$157,0000 in the first Omnibus Supplemental to support the Recovery Café and \$49,000 for Therapeutic Courts. He also advised that the schedule for the Second Omnibus has been revised to allow additional time for dellberation and prepared transgy areas and top 5 most important Advisory Committee principles. The strategy areas and top 5 most important Ad			
Report and Omnibus 2 UpdateFinance Officer IV, to give an update on the financial report. Scott Miller advised that the biannual revenue to date will exceed the March 2021 OEFA forecast and to expect an update to the OEFA forecast in late July. He pointed to line 13 of the financial plan, which now reflects the transfer of \$6.5 million of the \$13 million biannual budget to the Behavioral Health Fund. Scott pointed to Column 3, which reflects the Council addition of \$170,000 in the first Omnibus Supplemental to support the Recovery Café and \$49,000 for Therapeutic Courts. He also advised that the schedule for the Second Omnibus has been revised to allow additional time for deliberation and preparation.Robin Pfohman provided an update regarding the Omnibus 2 process. The MIDD and MIDD designated Fund balances bounced back more quickly than anticipated, so far exceeding the March 2021 OEFA forecast. In relation to the recent discussions on the priorities for funding restoration, Robin revisited the ranked strategy areas and top 5 most important Advisory Committee principles. The strategy areas in order of priority were: Recovery and Reentry (11 votes), Early Intervention/Prevention (9 votes) AND Crisis Diversion (9 votes), System Improvements (5 votes) AND Therapeutic Courts (5 votes).The Top 5 Principles in order of priority were: 1.) Prioritizing Equity and Social Justice (15 votes), 2.) Driven by outcomes; informed by data (13 votes), 3.) Integrated, transformational services/strategies designed to serve our most disenfranchised populations (10 votes) AND 4.) Client centered (10 votes), 5.). Community Based Organizations on equal status with County for compensationRobin shared that due to the anticipated fund limitations based on the last forecast, she met with BHRD subject matter experts to identify where there might be cost savings f		PowerPoint from the July 20 th presentation and her email address for a project called Washington Legislative and Policy Advocates: <u>walegislativepolicyadvocacy@gmail.com</u> . Laura informed everyone that Representative Tina Orwall, the prime sponsor of Bill 1477, which created the 988 system (a new crisis and suicide service system that will be implemented throughout the state of WA by 2022) appeared at a Zoom meeting earlier that week and she would be glad to send the PowerPoint from that if emailed at the previously-noted address. Laura shared that earlier this month, she was asked to give the keynote address at the Alternatives Conference and if anyone would like a link to that presentation, which touched upon the homelessness crisis in King County and also some of the promises they have made from a policy perspective, to email her at her personal email provided in the chat box. Laura closed by noting that Monday, July 26 th is the impressive 31 st anniversary of the	
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budgeting process. Robin indicated that a majority of initiatives that were reduced are well-positioned to receive and spend restored funding, but a handful of initiatives are not necessarily in the position right now for being recommended for full restoration, although the process is still ongoing. Initially, it was originally thought it would only be possible to retore half of what was reduced based on the Mach 2021 forecast, but the updated July forecast will be published at the end of July and Robin advised they anticipate more funding being available that could lead to restoration of most, if not all, of the reduced initiatives. Robin Pfohman stated that rather than cancelling the August 26th MIDD Advisory Committee meeting, they are planning to go ahead with the meeting, primarily for the purpose of reviewing and providing feedback on the Omnibus submission. She also let everyone know that they are

prioritizing the economic adjustments for all of the initiatives for 2022 and that will be based on what those dollars would have been had there been economic adjustment ion 2021. Trying to be mindful of priority principles, especially around equity and social justice, but also make sure communitybased organization are on par with the County.

Co-Chair Judge Shah asked a clarifying question as to whether the submittal to the Council by the Executive will be on August 30. Robin Pfohman responded that the budget will be transferred to PSB on August 23 and it will be there until September 24, so the MIDD AC will be looking at it and still be able to provide feedback after the August 26 meeting. Kapena Pflum, with the King County budget office, shared that final decisions will be wrapped up by the internal deadline of September 10. The last part of September is the production of the budget that gets transmitted to Council.

Robin Pfohman recommended that the August MIDD Steering Committee meeting continue to take place on August 9, so they can – from a steering perspective – be in a position to talk about it together at the MIDD AC meeting on August 26.

Laura Van Tosh, a member of the public, asked a question about resources that were previously in the budget for the Peer Respite program that was included in MIDD 2's Implementation Plan. Co-Chair Judge Shah expressed appreciation for the question and indicated that the question may be better posed at the August 26th MIDD AC meeting, as the decisions on priority will be more firm, and there will be staff in attendance that can better answer on that particular program.

Overview of Recovery	Heather Venegas, Director of the King County Recovery Coalition (KCRC), presented an overview of recovery. She began with sharing the Substance Abuse and Mental Health Services Administration's (SAMHSA) definition of recovery and gave a brief history of recovery and the issues that led to the Washington Recovery Alliance (WSA) being founded. Heather went over the main principles of recovery, why it matters, as well as the roles peers play in the recovery process. Heather shared information regarding the gatherings that KCRC has put together, including the Annual Recovery Day event at the Mariners.	
	Heather invited everyone to join the 2 nd Annua Recovery Day at the Mariners on September 12, 2021, where they will march from Occidental Square to T Mobile Park and celebrate recovery.	
	Co-Chair Judge Shah asked Heather a question regarding how KCRC would prioritize peer resources or peer connectedness in terms of effectiveness of its program and effectiveness of recovery. He asked if that is something that she would recommend policymakers prioritize in terms of how much resources and emphasis they place on peer recovery and peer support, versus basing it on number of people served. Heather responded that looking at metrics/data is fantastic, but also looking at what's working and talking to people in recovery and seeing what helps people stay in recovery. She indicated that question might be better answered by the community- based programs and services like Recovery Café.	
	Alex O'Reilly posed a question in the chat box asking are Bellevue and East King County resident members of KCRC and do they do outreach to get members from all parts of the County. Heather responded that yes, they hold coalition meetings, the WRA holds orientations each quarter, and KCRC is holding a lot of different events (including a monthly virtual community conversation) in order to reach out and connect with people all over the County and even Washington State and Canada.	
	Brad Finegood asked if people wanted to get involved with the coalition board or in any other way such as volunteering or just getting involved with the organization, how would they do that? Heather responded that the best way to do that would be to email her at <u>Heather@KCrecovery.org</u> .	
Initiative Briefing: Rapid Rehousing Oxford House Model (RR-04)	Richard Mogel and Jon Hutchins from Oxford House, a self-run/self- supported recovery housing network, gave a briefing on the Rapid Rehousing Oxford House Model (RR-04). There are 342 houses in Washington State, of which 61 of are in King County. There are four different types of houses: adult men's, adult women's, houses for men that have been reunited with their children, and women with children's houses. Out of the 61 houses in King County right now, there are 532 beds – 43 of which are men. 1 is a man with children house. 18 are women, and 4 of those 18 are women with children houses. They've opened 18 of those houses since beginning to work with the MIDD program in 2018.	

Next meeting	Thursday, August 26, 2021, 12:00-1:30 p.m., Zoom	
Adjourned	1:28 PM	
Agenda Items for August Meeting	Please email Robin Pfohman with any desired agenda items for the August meeting.	
	program, with a majority finding employment and a small minority going to school. John Hutchins shared a DePaul University study that found a 75% success rate of becoming clean and sober for Oxford House residents. Co-Chair Judge Shah asked about the mechanics of finding and creating an Oxford House. Richard Mogel responded that while it is becoming more difficult due to the fluctuations of the housing market, they generally look for houses in generally nicer neighborhoods near public transportation. The square footage is considered in terms of accommodating a larger family, versus a smaller one. He stated it's a matter of finding a place to rent, coming to an agreement with the owner to charter the Oxford House, then just filling (a minimum of 6 residents) and furnishing the house. Brad Finegood asked about the philosophy or policy around people who are on medication for substance use disorder. Richard Mogel responded that Oxford Houses are mediation-assisted therapy (MAC) friendly. Any medication that come in, the resident is expected to take them as prescribed. Co-Chair Judge Shah followed up with a question about whether or not Oxford House has any resources to provide folks with Naloxone or other kinds of MAC. Richard Mogel responded that they do keep Naloxone in all of the houses, as well as offer incredible peer support and a family dynamic to the membership within every house.	
	John Hutchins detailed some Rehousing Projects numbers for the time period of April 2018 – July 2021. During that time, 183 applications were received, and out of those 599 met the criteria of being homeless and without income, were interviewed and then accepted into a King County Oxford House. The good news is that 371 of those – or 64% - completed the	