

MIDD Advisory Committee (AC) Meeting Notes July 28, 2022, 12:00-1:30 p.m.

Member/Non-members access meeting via Zoom

ce:	Seats	Members	Designees
5/	1-King County District Court	\Box Hon. Matthew York	
gnees	2-King County Department of Judicial Administration	🖾 Barbara Miner	Christina Mason
	3-King County Regional Homelessness Authority	Vacant	
	4-King County Uniting for Youth	⊠Jorene Reiber	Paul Daniels
	5-King County Prosecuting Attorney's Office	□Dan Satterberg	□Carla Lee ⊠Leesa Manion
	6-Department of Public Health	Dennis Worsham	□Brad Finegood
	7-King County Department of Public Defense	□Anita Khandelwal	□Katie Hurley ⊠Tara Urs
	8-King County Superior Court	🛛 Hon. Ketu Shah	
	9-King County Department of Community and Human Services	Leo Flor	□Kelli Nomura
	10-King County Council	🖾 Sarah Perry	🛛 Osman Salahuddin
	11-King County Department of Adult and Juvenile Detention	□Steve Larsen	
	12-the Executive	Kelli Carroll	
	13-King County Sheriff's Office	□Patti Cole-Tindall	Mark Ellerbrook
	14-King County Behavioral Health Advisory Board	Stacey Devenney	
	15-Puget Sound Educational Services District	□Minu Ranna Stewart	
	16-Community Health Council	□Claudia D'Allegri	
	17-Harborview Medical Center	⊠Sunny Lovin	
	18-bona fide labor organization	Vacant	
	19-City of Seattle	⊠Jeff Sakuma	
	20-provider of culturally specific mental health services in King County	Vacant	
	21-provider of sexual assault victim services in King County	⊠Laura Merchant	□ George Gonzalez
	22-domestic violence prevention services in King County	□Trenecsia Wilson	 □ Carlin Yoophum □ Alicia Glenwell
	23-agency providing mental health and chemical dependency services to youth	□Anthony Austin	
	24-National Alliance on Mental Illness (NAMI)	□Jeremiah Bainbridge	□(Katie Mahoney)
	25-provider of culturally specific chemical dependency services in King County	⊠Mario Paredes	
	26-organization with expertise in helping individuals with behavioral health needs in King County get jobs and live independent lives	⊠Kailey Fiedler-Gohlke	□Danielle Burt
	27-representative from the Sound Cities Association	□Brenda Fincher	⊠ Chris Stearns
	28-City of Bellevue	⊠Lynne Robinson	Helena Stephens
	29-provider of both mental health and chemical dependency services in King	⊠Karen Brady	Don Clayton
	County 30-King County Hospitals	⊠Darcy Jaffe	Brooke Evans
	31-philanthropic organization	⊠Jennifer Teunon	+

32-organization with expertise in recovery	⊠Joshua Wallace	□Cody West
33-managed care organizations operating in King County	□Jessica Molberg	
34-grassroots organization serving a cultural population	□Fartun Mohamed	□Rowaida Mohammed
35-Unincorporated King County	⊠Laura Smith	
36-An individual representing behavioral health consumer interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	
37-An individual representing community interests from the mental illness and drug dependency advisory committee's consumers and communities ad hoc work group	Vacant	

Attendance:King County staff: Robin Pfohman, Marc Seligson, Chelsea Walch, Scott Miller, Anna Strahan, Callie Regan, Chan
Saelee, Christian Diaz, Dan Floyd, Deborah Stake, Delaney Knotterus, Emmy McConnell, Jennifer Wyatt, Kapena
Pflum, Libby Hollingshead, Lisa Floyd, Madeline Cavazos, Nicholas Makhani, Sam Porter, Erin Carosa, Kelly Rider,
Diana Phibbs

Other: Hali Willis, Heather Venegas, Mosen Haksar

Notes by: Chelsea Walch

Issues	Discussion	Action Items:
Welcome	Co-Chair Judge Ketu Shah began the meeting by welcoming attendees and a reminder of how to use Zoom features, including how to rename yourself, and meeting logistics for members and other participants.	
	Co-Chair Judge Shah noted that a revised agenda was sent out prior to the meeting and the Budget item was moved back on that agenda to accommodate schedules.	
	Co-Chair Judge Shah advised that there are no critical agenda items for the August 2022 meeting, so it was proposed that the next meeting take place in September 2022. All members agreed to cancel the August MIDD Advisory Committee meeting and MIDD Steering Committee meeting, starting back up in September 2022.	
Review/Approve Meeting Notes	Co-Chair Judge Shah gave everyone a moment to review the draft June meeting notes. The meeting notes were approved by consensus.	
Equity Focus Moment	Co-Chair Judge Shah introduced the Equity Focus, an opportunity for members to share a recent experience where equity was in the forefront, either in their organization or in the community.	

	Tara Urs, King County Department of Public Defense, shared the first paragraph of the recent Washington State Supreme Court decision: <i>In re</i> <i>Dependency of J.M.W.</i> This case involves the Indian Child Welfare Act ("ICWA"), under which the Dept. of Public Defense represents parents of Indian Children whose children are being separated from their parents by the State. Urs stressed the importance of this ruling in favor of supporting Native American families and their children to remain in their homes with their families. The work of the MIDD AC helps make these services available to those families so they can remain together, including by providing housing and treatment-on-demand and other mental health services. Urs also shared a link in the chat for a podcast entitled "This Land", which goes through the history of the <i>Brackeen v. Haaland</i> court case currently in the United States Supreme Court, which is challenging the constitutionality of ICWA. Link: <u>https://crooked.com/podcast-series/this-land/</u> Chat Box Comments: Chris Stearns followed up with a quote from Congress on the ICWA: "There is no resource that is more vital to the continued existence and integrity if	
Public Comment	Indian Tribes than their children" 25 USC sec. 1901(3)There was no request for public comment.	
MIDD Steering Committee Updates	 Co-Chair Laura Smith shared two updates with regard to the MIDD Steering Committee. Equity Training Next Steps For those that participated in the Behavioral Health and Equity Training that took place in May and June, feedback was sought about those trainings and anything people might see going forward. Members were asked if there is interest in continuing that work as a Committee. Karen Brady shared that the second section was especially enjoyable due to the small breakout rooms and the ability those provided connect with others in a smaller group. Brenda Fincher shared that she enjoyed both sections, especially hearing from the medical side. While there are a lot of common misconceptions surrounding medicine, it was helpful to hear that some of those misconceptions are not true. 	

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	Tara Urs appreciated the opportunity to be in a conversation with people from many different backgrounds and hearing alternative perspectives. Urs expressed the hope that is continues.
	Mario Paredes commented that given the current times in our nation, it is important to continue the work.
	Robin Pfohman stated that she is working with the Steering Committee to consider next steps – they have reached out to the trainers about potential interest facilitating a next component. Pfohman added that in the Steering Committee, there was interest around how to make the training available to human service providers in the County particularly related to the behavioral Health component that isn't typically addressed in most equity trainings.
	Co-Chair Smith was reminded of something that came up in a meeting earlier in the week: It tends to be that higher level leadership in an organization are the people attending trainings most often, but not a lot of frontline workers are getting that access.
	<u>Chat Box:</u> The following members expressed their desire for the work to continue: Stacey Devenney, Leesa Manion, Mark Ellerbrook, Jennifer Tuenon, Jorene Reiber.
	• MIDD Fund Ad Hoc Workgroup Update
	Co-Chair Smith shared that AC members have met three times to discuss how to roll out emerging issues funding, and announced the need to ensure the King County Procurement Process is being followed which includes drafting and releasing a public procurement or Request for Proposals There is a need for member to participate on the review panel for that.
	Pfohman advised that there has already been one volunteer for the panel. Another request will be sent out closer to the time with actual dates, so be ready to receive that and consider participating.
ACTION: MIDD System Improvement Grants (Initiative SI-01 and SI-02 Modification)	Robin Pfohman gave a brief presentation on proposed changes to the MIDD System Improvement Grants – Initiatives SI-01 and SI-02- to make them more effective and responsive to small community providers. The initiative description provided a very narrow approach directing how funds should be made available.
	SI-01: Community Driven Behavioral Health Grants
	 Increase culturally appropriate, trauma-informed behavioral health services. The goal of this concept is to provide a mechanism for

MIDD to invest in locally conceived, community-driven behavioral health services, with a special focus on cultural and ethnic communities.
SI-02: Behavioral Health Services in Rural King County
 Improve health and wellness of individuals living with behavioral health conditions. This program will improve health and wellness primarily by promoting access to services and community self- determination in areas of King County that have very little access to publicly funded behavioral health care.
Pfohman shared the MIDD Team learnings, including the fact that few organizations apply for funding under \$10,000. Most application are for larger amounts such as \$50,000, and feedback indicates the two-years cycle for more money is more effective.
The MIDD Team also learned the small grant amount incurred a significant workload on the MIDD Team to provide contract and program management support for so many organizations -even when they are receiving a small amount of funding.
Funding for Community Driven Grants was increased by nearly double in the 2022 Omnibus process and a proposed increase for Rural Grants is included in '23-'24 DCHS budget, effective 2024.
The recommended changes to these initiatives include:
 Increase funding limit to \$100,000/year, per agency
Allow for up to two years of funding
 Eliminate Mini-Grants to allow agencies to identify funding amount required for project (up to \$10,000/year)
Eliminate expectation of Match
Joshua Wallace commented that running a nonprofit is already difficult, suggesting that because of these "small dollars", they should allow these organizations to do what they need to do to serve the people and eliminate unnecessary stipulations around how to use funds. Wallace brought up the reporting requirements, commentating that the transfer of information is oftentimes so prohibitive to the organization that they can't even do it. They just want to get the funds out in usable manner to the organizations to help people that need it most, in the way that they need it.

	Brenda Fincher confirmed that the elimination of the Mini-Grants program in lieu of a small fund amount that agencies can identify themselves does not get rid of that under \$10,000 or less range. Co-Chair Smith asked for consensus from the Committee with regard to approval of the presented changes. There was consensus and the changes were approved.
	Chat Box Comments: Wallace commented that matching grants, especially for small amounts that are typically sought by small organizations are extremely difficult to achieve and push out all marginalized populations that need this funding the most. It keeps it white or large organization centric.
	Kailey Fiedler-Gohlke expressed agreement with Wallace's statements and thanked Wallace for speaking out.
	Stacey Devenney commented in favor of the recommendations. Devenney stated that Match is a barrier and often one year is not enough time to a program going, so two years makes sense.
MIDD Financial Report	Scott Miller, King County Department of Human Community Services ("DCHS") Business and Finance Officer IV, provided an update on the financial report. The June 2022 Financial Plan reflects actual biennial revenue and expense through June 30, 2022. The '23'24 proposed column now reflects the Agency Proposed Budget, currently under review by the Executive's Office.
	There are no changes to the estimated '21-'22 biennial expenses. They have updated planning assumption for inflationary factors and those have been revised. The revised inflationary factors have not made a material impact on current planning.
	Miller made a final note that there was a draft revised revenue forecast that was not finalized at the time this financial plan was finalized. That will be added to the next financial plan presented at the next MIDD AC meeting.
	The new Chief Financial Officer for DCHS, Christian Diaz, introduced himself to the Committee and expressed excitement in joining this group and participating in the work of MIDD.
	Mario Paredes asked if the budget includes the new proposed grants, or will it be modified to include that funding now that the proposal has been adopted. Pfohman clarified the funding amount for these initiatives she

	discussed earlier won't change in terms of how much MIDD actually puts into them right now. What will change is how much agencies can apply for out of the pot. That is included on this budget.	
	Sam Porter commented that it appears that the transfers to the Behavioral Health Fund in the June financial plan have been backed out from the May financial plan, and the interfund transfers have gone up. Is this an oversight or is there no longer a need to transfer to the behavioral health fund? Miller confirmed no, this is just a different presentation, but this can be called out in future plans.	
Announcement	Co-Chair Smith announced that Co-Chair Judge Shah will be leaving his co- chair position starting with the September 2022 meeting and thanked Judge Shah for his time and participation.	
2022 1 st Omnibus – Amendment	Kelly Rider, Director of Internal Affairs for the Department of Community and Human Services ("DCHS") presented the 2022 1 st Omnibus Budget Submission.	
	In a recent Council meeting, Councilmember Rod Dembowski showed interest in ensuring that the Omnibus budget addresses the needs of the people that are experiencing behavioral health needs or crises right now. DCHS worked with Councilmember Dembowski on the new language presented to the group here, thinking through the principles that the AC adopted to make sure that:	
	1.) Funds are in alignment with the current MIDD strategies;	
	2.) They are leveraging existing contracts to get any funds appropriated right now out there as quickly as possible and	
	3.) Building on existing work and recognizing the needs that were already identified for 2023-2024.	
	Rider advised that Councilmember Dembowski put this before the Budget Management Committee a few weeks ago and it led to an interesting discussion between councilmembers as to the proposed amendment. The amendment was not adopted at that time. The Council decided to defer any further adoption of the Omnibus budget until they return after recess. The Council is going to take up this amendment on August 16 and are interested in hearing the Committee's feedback on the amendment language.	
	Councilmember Sarah Perry added that it was specifically important to them that if they are going to make decisions about big amounts of money, that they have the blessing and intentional focus of MIDD and its committee members, so active participation is appreciated.	

Mayor Robinson commented on a very successful pilot program in Bellevue middle schools, and it has been effective in preventing suicides and identifying mental health challenges before they become chronic.	
Co-Chair Smith asked about retention, as having trouble keeping standard staffing levels remains prevalent even post-COVID. Rider stated that is helpful feedback and they likely would be able to capture that as a possibility for what providers might need to spend those funds on.	
Mark Ellerbrook commented on the importance of additional funding to support the hiring of mental health professionals, as it is even a struggle in the Sheriff's office. Ellerbrook also asked about the equity component – what does it do to agencies that are not contracted with MIDD, as their employees consider transition to other agencies that can pay better because of additional funding MIDD is providing?	
Tara Urs, as a mom of middle school aged kids in Seattle Public Schools ("SPS"), commented that schools are already doing a lot of school-based mental and behavioral health support. Urs asked if the funding is something that has been requested by the schools, and how well that is being coordinated. Urs also asked about the amount that seems to be targeted at inflation – do they know that that's the amount that's necessary to address inflation and how was addressing inflation weighed against other considerations?	
Rider stated that, from a Department's standpoint, it was an effort to figure out what was a good use of funds for 2022 and ensuring that the changes to the 2022 budget would be benefitting the emergent needs the communities are facing today. They recognize that they do not have the ability to put out new contracts this year, so working with existing organizations was the tool that they felt could easily be deployed.	
Answering Urs, Rider confirmed that the language was not worked through with the schools and they can't speak to whether Councilmember Dembowski was in communication with SPS. As to inflation, Rider commented that the 2023-2024 Budget Proposal is their recognition that those inflation of contracts is a priority. There are lots of conversations being had with human services providers about inflation and something they are trying to get back to now that the revenues have restabilized after the recession. When looking at inflation need, it was about pulling forward those inflation commitments that are already committing in '23-'24 and being able to start that earlier.	
Mario Paredes made a comment regarding what are some of the inflation costs that organizations have been experiencing such as personnel costs.	

	
	The cost of hiring and keeping a staff is much higher than it was two years ago. These are real costs that all of the agencies have experienced. He would like to see a plan on how those funds are going to get to the providers and what would the methodology be for that distribution. Brady supported Mario Paredes' comments, echoing that funding is really important as it closes that gap and saves programs. Brady also shared that
	SPS are aware of community-based partners that have therapists at schools, often having written agreements with them. Brady hears a lot that in the community that they would like more help at schools, so additional funding for school-based services and non-healthcare status is brilliant.
	Mayor Robinson asked that since Bellevue School District does have a program like this, would they be collaborating with the existing program if this were to be funded. Mayor Robinson expressed hope that if they do move forward with this, that someone will collaborate with the Bellevue School District program and learn from each other.
	Chat Box Comments:
	Co-Chair Smith wanted to understand further how #1 (transportation cost) relates to the BSK-SBIRT funding. She also expressed that youth report seeking support from other peers more often than adults, so she would encourage that peer-to-peer youth suicide prevention models be prioritized. Rider responded that peer-to-peer needs are definitely noted, and the goal is to compliment the SBIRT programming by continuing to listen and learn so they are able to see potential gaps for MIDD to fill.
	Brady commented that one other critical area of youth behavioral health that could be included in the first bullet is substance use disorders, as there is significant need in this area.
DCHS 2023-2024 Biennial Budget Submission for MIDD	Robin Pfohman introduced the proposed 2023-2024 Biennial Budget from DCHS. The budget priorities were to focus on making sure funding existing initiatives was adequate, but also apply economic adjustments for all initiatives, fund the Emerging Issues Initiatives, and make sure they are building in what has already been reviewed through the second omnibus process and underspend ads.
	Pfohman gave an overview of the proposed budget, including the categories of funding based on the best estimate of funding availability, including 2022 spending estimate, what was needed for the reserve policies, and incorporated the March OEFA forecast. It totaled about \$19 Million in '23-'24 programming.
	Pfohman assured the group that economic adjustments will be applied to all initiatives and that amounts to a 7% increase over '21'22 funding amounts. Pfohman noted that the 7% increase coincidentally matches the

 state increases in Medicaid and on Medicaid funding going into effect in January 2023.
Pfohman announced that DCHS has elected to decrease funding into Quality Coordinated Outpatient Care (SI-03) by \$4 Million this biennium, acknowledging that the initiative budget is currently able to meet programming needs. That funding remains in MIDD and was reallocated to support the '23-'24 investments.
Pfohman went over '23-'24 initiative expansions:
 On-going Initiative Expansion: Juvenile Justice Youth Behavioral Health Assessments (PRI-02) ✓ \$400k to restore a Family Partnership position, a key component of the program team that had been left vacant due to inadequate funds initiative. One-time Initiative Expansion: School-Based SBIRT (PRI-05) ✓ \$350k to support a process and outcome evaluation for new high school expansions that will be funded in the
 2023-2024 biennium. One-time Initiative Expansion: Mental Health First Aid (PRI-07) ✓ \$300k to expand access to Mental Health First Aid Training, including Teen Mental Health First Aid. One-time Initiative Expansion: Domestic Violence and BH Services &
 System Coordination (PRI-10) ✓ \$1M to expand ongoing therapeutic and behavioral health services specifically for survivors of domestic and sexual violence.
 Initiative Expansion: Multipronged Opioid Strategies(CD-07) ✓ \$3.6M to support several strategies
 On-going Initiative Expansion: Response Awareness, De-escalation, and Referral (RADAR) (CD-18) ✓ \$700k to support 2 Mental Health Professional for co-
responder model in unincorporated King County, working with the King County Sheriff's Office
 On-going Initiative Expansion: Behavioral Health Services in Rural King County (SI-02) ✓ \$400k to be added to the initiative for use in 2024 to sustain some ARPA funded programming in rural areas of King County after ARPA funds expire at the end of 2023
 On-Going Staff Expansions ✓ 1,440,899 for 5 additional FTEs to support MIDD operations
Pfohman touched on two one-time special project initiatives:
Emerging Issues Initiative

	 \$1.3M to launch the Emerging Issues initiative to support one time, projects that address emerging behavioral health needs VITAL \$500k to expand VITAL service capacity to additional 20 participants Co-Chair Judge Shah expressed appreciation for the principles identified in each condition and it's clear that the Executive is thinking about the principles the MIDD AC has put forward.
	There were no other questions or comments.
Agenda Items for May/June Meeting	Email Robin Pfohman with any desired agenda items for the September 2022 meeting.
Adjourned	1:30 PM
Next meeting	Thursday, September 29, 2022, 12:00-1:30 p.m.
	Members, Designees, and non-Members access via Zoom