

MIDD 2 Initiative RR-12: Jail-Based Substance Abuse Treatment (NEW)

How does the program advance the adopted MIDD policy goals?

This initiative impacts the adopted MIDD policy goal of “divert individuals with behavioral health needs from costly interventions, such as jail, emergency rooms, and hospitals.”

This initiative will expand substance use disorder (SUD) treatment at the King County Maleng Regional Justice Center (MRJC). Persons are often arrested and incarcerated for behaviors either directly or indirectly related to substance abuse. The National Center on Addiction and Substance Abuse (CASA) at Columbia University published a study in 2010 showing that 65 percent of all incarcerated persons in the United States meet medical criteria for a substance use disorder (SUD), yet only 11 percent receive any treatment. Initial withdrawal management (detoxification) is provided at King County correctional facilities. While in jail, the nature of the controlled setting and limited "competing demands" offer an opportunity to initiate evidence-based SUD treatment. This initiative will provide contracted counselors to deliver SUD treatment and include the implementation of a modified therapeutic community (TC).

1. Program Description

◇ A. Service Components/Design (Brief)

Jail-Based Substance Abuse Treatment will provide a modified, variable length of stay and evidence-based model of care at the Maleng Regional Justice Center. As a result of a Request for Proposal (RFP), a provider will be selected with demonstrated skill and expertise in employing fidelity adherent, evidence-based practices and documented experience to train corrections and treatment staff in the implementation of a modified therapeutic community (TC). The provider will also provide a continuum of services including screening, assessment, and a variable length of outpatient SUD treatment and criminogenic interventions at the MRJC. Jail Health will provide support around integrated behavioral health and medication needs.

◇ B. Goals

This initiative: (a) seeks to reduce recidivism among populations with reoccurring incarcerations in King County jails; (b) addresses clinical and behavioral factors of individuals with SUD that contribute to continued involvement in the criminal justice system; and (c) coordinates a reentry plan for continued outpatient treatment in the community.

◇ C. Preliminary Performance Measures (based on MIDD 2 Framework)¹³⁴

1. How much? Service Capacity Measures

This initiative is expected to serve 200 unduplicated individuals annually.

2. How well? Service Quality Measures

- Increased use of preventive outpatient services
- Expanded use of evidence based interventions

3. Is anyone better off? Individual Outcome Measures

- Reduced substance use
- Increased stability in treatment, employment, or other quality of life measures
- Reduced unnecessary incarceration

◇ D. Provided by: Contractor

2. Spending Plan

Year	Activity	Amount
2017	Jail-based SUD and Therapeutic Community services	\$444,225
2017 Annual Expenditure		\$444,225
2018	Jail-based SUD and Therapeutic Community services	\$455,775
2018 Annual Expenditure		\$455,775
Biennial Expenditure		\$900,000

3. Implementation Schedule

◇ A. Procurement and Contracting of Services

Through a competitive Request for Proposals (RFP) process, a provider will be selected with demonstrated skill and expertise in employing fidelity adherent, evidence-based practices and documented experience to train corrections and treatment staff in the implementation of a modified therapeutic community (TC). The RFP will be released in the third quarter of 2017. Contracting is expected to be completed in the fourth quarter of 2017.

¹³⁴ Throughout 2017, review and refinement of Results-Based Accountability (RBA) performance measures for MIDD 2 initiatives will be conducted whenever applicable, in consultation with providers. Updates to performance measures that may result from this collaborative process will be reported in the next MIDD Annual Report in August 2018.

◇ *B. Services Start date (s)*

Services are expected to begin by the first quarter of 2018.

4. Community Engagement Efforts

Stakeholders have met regularly to discuss program development and design and have provided input into program goals and operations since the SIP was transmitted. Additional engagement will occur with community-based providers in preparation for an RFP. Outreach and education to corrections and program staff in preparation for program implementation will also occur.