



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
January 28, 2010
11:45-12:15 networking lunch
12:15 p.m. – 2:15 p.m.
King County Chinook Building Room 123
Meeting Notes**

Members:

Jim Adams, Rhonda Berry, Bill Block, Linda Brown, Kelli Carroll, designee for Councilmember Ferguson, Merril Cousin, Nancy Dow-Witherbee, Patricia Edmond-Quinn, designee for Norman Johnson, V. David Hocraffer, Judge Helen Halpert, Zandrea Hardison, Shirley Havenga, Mike Heinisch, Darcy Jaffe, Judge Barbara Linde, Leesa Manion, designee for Dan Satterberg, Jackie MacLean, Barbara Miner, Karen Murray, designee for Donald Madsen, Alex O'Reilly, designee for Councilmember John Chelminiak, Sheriff Susan Rahr, Mary Ellen Stone, Dwight Thompson

Other Attendees:

Sherry Axson, Bryan Baird, John Bruels, Krista Camenzind, Stacey Devenney, Lisa Kimmerly, Jessica Knasler, Andrea LaFazia, Sarah Lapp, Melissa Lawrie, Sunny Lovin, Brandon Miles, Alessandra Pollack, Aaron Rubardt, Amnon Shoenfeld, Cindy Spanton, Laurie Sylla

1. Welcome and Introductions, *Co-Chair Havenga*

Co-Chair Havenga called the meeting to order, welcoming the committee and introductions were made by each person in attendance. New OC members were acknowledged: Rhonda Berry, Assistant Deputy County Executive who is replacing Pam Bissonnette. Bellevue Councilmember John Chelminiak is replacing Councilmember Mike Creighton. The committee is still waiting on appointments to vacant seats from the City of Seattle and the Department of Adult and Juvenile Detention.

2. Approval of the Meeting Notes from the November 19, 2009 Meeting, *Co-Chair Rahr*
Minutes were approved by consensus.

3. MIDD Project Staff Report, *Andrea LaFazia*

Statement of Financial & Other Interests Form

The Ethics Board requires this form annually for any member appointed to a board or commission. Forms were distributed to each committee member present.

MIDD Strategy Update

MIDD OC Strategy Revisions Decision Tree

Andrea reminded the OC that in March 2009, the OC created this decision tree for those times when there are updates or revisions to strategies to determine when and how they are presented to the OC.

MIDD Strategy 4c – Collaborative School-Based Mental Health and Substance Abuse Services Update
Andrea provided an overview of the strategy.

At the time of the MIDD Implementation Plan adoption, MIDD Strategy 4c was still under development and beginning the stakeholder planning phase. Planning for this MIDD strategy began with three interdepartmental planning meetings and then an expanded planning group was convened and included MIDD OC members/representatives and community stakeholders and met seven times from September 2008 – May 2009.

Funds will still be released through a Request for Proposal (RFP). Originally the strategy was written as if every school district in the county would receive funding. The \$1.2 million allocation approach did not allow for adequate distribution to every school district, so it was changed to be open and available to every school district. The process, once the award is received, is to view it from a geographical standpoint to ensure the four regions of the county will have equal distribution of funding if there are applications received and awards available to those areas. The goal is to leave it up to what the community needs are and ensure distribution instead of specifying what will be awarded to each district.

The funding will be designed for schools to hire 1.0 FTE, up to the school to define, (not necessarily one individual), and to provide mental health and substance abuse services for middle school aged youth. The services would include prevention, early intervention, brief treatment, and referral to treatment if diagnostic criteria shows they require further treatment.

Another request is to reserve funds to be set aside within the strategy for training and technical assistance needs that schools may not have the infrastructure for. This may include hiring a staff person to coordinate and manage that system on behalf of the county.

Comments:

Alex O'Reilly stated she was involved in this process and appreciates the changes made especially the geographic change.

No other comments, revisions to proceed as presented.

MIDD Strategy 10a – Crisis Intervention Training Program for King County Sheriff, Police, Jail Staff and Other First Responders Update

This strategy was included as a means to divert adults with mental illness and chemical dependency from initial or further involvement with justice system, emergency rooms and hospitals.

MHCADSD and the King County Sheriff's Office (KCSO) will contract with the Washington State Criminal Justice Training Commission (WSCJTC) to implement the Crisis Intervention Training (CIT) program, which includes hiring the 1.0 FTE Police Educator (hired through a local law enforcement agency at police sergeant level) and a 1.0 FTE Administrative/Fiscal Specialist who will provide administrative and fiscal support. This Administrative/Fiscal Specialist FTE has changed a little bit because it was discovered that in order to reimburse the police department for overtime or a back filled position, there is a level of finance needed to monitor that. Previously it was designed to have administrative support to support someone in planning the training. With the WSCJTC taking it on, they have the infrastructure to coordinate and support the trainings and won't need that level of administrative support.

WSCJTC is uniquely qualified for these contracted services due to their extensive experience in providing CIT for law enforcement agencies in King County and throughout the State of Washington. Every law enforcement agency in the State of Washington works with the WSCJTC for basic training of their recruits. In addition, law enforcement, corrections, probation, community corrections, and other agencies send staff to the WSCJTC for other mandatory and voluntary training as needed.

KCSO in partnership with MHCADSD and WSCJTC will develop a staff development plan, training plan and timeline during the first quarter of 2010. The contract with WSCJTC will be finalized in February 2010. Project related staff will be hired/identified in March 2010.

Program design and training curriculum will be updated by WSCJTC specific to King County. CIT costs are estimated at \$60,000 per 40-hour training and \$12,000 per 8-hour training.

Co-Chair Rahr: This was a good exercise for us. This way, you get more for your money. The other way seemed a little more personal and one-on-one, but we could reach more people by utilizing the WSCJTC. All of their infrastructure benefits were there and the space for the training as well.

Andrea: We're very excited! The plan is for the first trainings to be offered in April 2010. WSCJTC already has a curriculum developed that was created specifically for Washington State through the mental health transformation grant the state received. This curriculum for crisis intervention training will easily be adapted for King County which WSCJTC plans to roll out regionally. WSCJTC has contacts in other parts of the county besides their training center in Burien so information will be shared specific to that region where law enforcement officers are working and not the county at large.

Comments:

Merril Cousin: Asked if the MIDD is only paying for training of King County folks?

Andrea: Correct. We have built in that this will only be for King County. They've asked that if slots are open, if they can offer that and charge other districts and we've said yes. They don't believe it will come to that because they only train 20-25 slots at a time and don't foresee a problem filling them.

Mike Heinisch: hiring the 1.0 FTE Police Educator, hired through a local law enforcement agency -- is that still in place?

Andrea: The WSCJTC will hire it and will contract with a local police department. For example, could be employed with the City of Seattle, but on loan to the WSCJTC for this project.

Darcy Jaffe: What's the thought to evaluation component, having impact on diversion?

Lisa Kimmerly, MIDD Evaluator: Typically when we evaluate trainings we want to see whether the trainings going well. If the person exposed to this curriculum – do they learn what we want them to learn, etc?

Darcy Jaffe: How will you know 6 months after training?

Lisa Kimmerly: Impact surveys can be done. Typically, we use retrospective pre and post tests for the knowledge items of the curriculum. We are still developing the evaluation around the strategies.

Laurie Sylla, MIDD Evaluation Coordinator: It may be possible we do something several months after the training, to ask people to recount a situation where they have done something differently they might not have done beforehand.

Co-Chair Rahr: Once we get the CDF in place, we'll be able to develop and see much better direction.

Andrea: We have checked with the WSCJTC and they have the capacity to do that type of long-term follow up which they have done on other trainings to get those outcomes. They usually get about an 80% response rate.

Linda Brown: Finds this process impressive and hopes the recognition of this partnership can be reflected in the quarterly report.

No other comments, revisions to proceed as presented.

MIDD Strategy 10b – Crisis Diversion Center, Respite Beds and Mobile Behavioral Health Crisis Team Update

This strategy was included as a means to divert adults with mental illness and chemical dependency from initial or further involvement with justice system, emergency rooms and hospitals.

This strategy is ongoing. The Request for Proposals (RFP) was released on August 6, 2009 with a due date of September 17, 2009. One component of the RFP, the Crisis Diversion Interim Services was awarded. The Crisis Diversion Facility and Mobile Crisis Team components will be re-bid through a new RFP.

In addition, due to the planning, coordination, MIDD 10b sub-committee and management needed for all three components of this strategy, a Crisis Diversion Services Coordinator is proposed. Funding for the position will come out of admin and the position will also assist with staffing the OC and related sub committees.

Comments:

Merril Cousin: Not specifically related to the strategy, but was there any follow up with the City of Tukwila?

Co-Chair Havenga: Yes and we will cover that in the co-chairs report.

No other comments, revisions to proceed as presented.

Andrea also reported that Lisa Kimmerly is currently in the process of pulling together the annual report and plans to use headshots to put faces to the names of OC members. Those interested can send them to Andrea. The draft of that report will be sent out in advance for members to review. It will need to be approved at the February meeting to submit on time.

4. Co-Chairs Report, Co-Chair Rahr

Co-Chair Rahr asked Amnon to talk about the Governor's 1/10 1% Supplantation proposal.

Amnon: There are several components to the legislation, most of it focused on giving counties flexibility--more options to getting funds. One proposes the 1/10 sales tax plans could be supplanted up to 100% until 2014. Current law is 50%, the first year and declining 10% each year thereafter. There has been concern with that because if you give the county the authority to supplant 100%, all the current plans could go away – a no win situation. The state could say “we have given you this authority so now we can cut all your mental health and substance abuse funding and you can use local funding.” King County has already supplanted as much as we’re going to which is 30% and does not expect the state to cut additional funding. The other thing we have heard is that this is not going anywhere. The bill will have supplantation language regarding mental illness and chemical dependency sales tax removed. The other option is that we may still have that 100% supplantation including a new 3.1% criminal justice sales tax, but it is not going to include the mental illness and substance abuse.

Comments:

Alex O'Reilly: Do you have the bill number?

Amnon: No.

Mike Heinisch: Could you walk us through the other mental health money that will be given to take care of the local level?

Amnon: All of it.

Mike Heinisch: Medicaid funding?

Amnon: What we’re worried about is King County gets \$43 million in non-Medicaid funding which pays for evaluation team, Crisis and Commitment Services (CCS), residential services, etc., The state could say “you’ve got all this money. You want detox, pay for it out of your sales tax” Counties that have chosen to tax themselves to increase services should not be penalized in doing so.

Linda Brown: Is it appropriate for the OC to make a decision or a statement?

Amnon: I think at this point, it seem pretty clear it’s not going to proceed.

Helen Halpert: That was announced at the CJ Council. Information consistent with your report.

MIDD 10b Meeting Update, Co-Chair Havenga~

Co-Chair Havenga: Following the November 19, 2009 OC meeting, OC Chairs sent a letter to the cities located in the “ideal area” identified in the Crisis Diversion strategy. The cities of Burien, Renton, Sea-Tac, Seattle, and Tukwila were invited to an informational meeting on December 17, 2009 to discuss the strategy and get feedback about the RFP process.

Amnon Shoenfeld, Karen Spoelman and Andrea LaFazia gave an overview of the planning process for the strategy. Ian Goodhew, PAO, gave an overview of the criminal justice process.

An important clarification was made that the program would not be operated by King County, but contracted out to a community based provider. A fact many cities had not previously understood. It was good for the cities to hear all the stakeholders input and provide feedback. Cities requested that education be provided at the community level where the CDF will be located and selected providers build in time to address zoning and permitting requirements. It was a very productive meeting with a positive mood in the room, and each city was represented.

5. Breaking Down the Stigma of Mental Illness ~ Bring Change 2 Mind video clips and PSA

Various video clips were shown to the OC from web site <http://www.bringchange2mind.org/> discussing various forms of diagnosable mental illnesses that 1 in 6 adults and almost 1 in 10 children suffer from. Its purpose is to provide people who have misconceptions about mental illness quick and easy access to information that combats stigma and provide people who have mental illness, and those who know them, quick and easy access to information and support.

To watch the videos and learn more, visit: <http://www.bringchange2mind.org/>.

6. Breaking Down the Stigma of Mental Illness Discussion, Nancy Dow-Witherbee, MIDD OC member (Mental Health Advisory Board rep), Suzanna Lovin, Harborview Medical Center (Nancy's supervisor), Jim Adams, MIDD OC member (NAMI rep), Stacey Devenney, Valley Cities Counseling & Consultation (Chief Operations Officer), Sherry Axson, Valley Cities Counseling & Consultation (Parent Peer Partner)

These individuals are local experts that work in the mental health field. They each shared personal and professional stories about how they, or others they know, have experienced many forms of stigma in public and in the workplace. Many of the topics discussed include: breaking stigma; stigma can often make it difficult for people to disclose whereas for others, it has been a therapeutic step; internal stigma within oneself; people with mental illness can and want to be productive members of society and getting that message out there as much as possible will help educate and eliminate stigma; early intervention is key to recovery; peer support; staff trainings, etc.

One thing to keep in mind would be to not set up policies as a token, creating a culture that is not based on ‘tokenism.’

Comments:

Barbara Linde: Asked a question about the training mental health first aid.

Stacey Devenney: Relatively new within the last year that is similar to CPR, for non clinical people, a 12 hour training. Any provider organization can do it.

Zandrea Hardison: It helps to give holistic care. Tokenism really resonates with me. This point is a really important example of the stigma within the system.

6. Overview of adopted 2010 MIDD Budget & Supplantation, Kelli Carroll, MIDD OC member (Council Staff)

- Bottom line adopted 2010 MIDD budget is over a million less than proposed by the Executive.

- The Council restored MIDD strategies proposed for reduction, made strategic reductions recommended by the Executive during the budget process, added unspent revenue to the fund balance, and used additional MIDD funds to supplant lost County General Fund for mental health counseling services for survivors of sexual assault and domestic violence, and for certain Youth and Family Service agencies.
- The Council restored \$1,945,300 funding to six MIDD strategies
 - Four of the strategies restored are focused on youth; two on adults
 - MHC Expansion and the PES program were fully funded
- On November 3rd, Executive Triplett sent the Council's Budget Leadership Team a letter that included potential further reductions to MIDD strategies that were not identified in the budget. The identified reductions were:
 - \$-1.5 million reduction to 10B Crisis Diversion Facility due to delayed implementation
 - \$-2.0 million reduction to 16A New Housing; Council due to a three-fold policy decision by the Council to:
 - Restore proposed reductions of MIDD strategies
 - Use the County's Housing Opportunity Funds for housing; and
 - Put unspent balance of \$1.1 million to the MIDD fund balance in order to help sustain the restorations.

Comments:

Bill Block: I hope that housing and rental subsidies are not off the table in future budgets. So many other initiatives rely on being able to house people in order to be successful.

Kelli: The Council recognized that over \$18 million went into housing in the previous year and a half. It's a balance of housing strategies and the other strategies the members feel invested in and want to see action on. One of the major restorations the Council felt strongly about was the expansion of mental health court.

Some members expressed that they would like an update of the financial plan.

Krista Caminzend, OMB: Currently does not know where things are because 2009 books have not closed so not able to determine what money was spent or unspent at this time, but should have a better picture of that in March 2010. Also at that time, OMB will have an update on the sales tax forecast.

7. MIDD OC Member Check In

Kelli Carroll: Announced Councilmember Bob Ferguson is now the Metropolitan King County Council Chair this year. Councilmember Reagan Dunn is Chair of Law, Justice, Health and Human Services; his Vice Chair is Councilmember Larry Gossett. Kelli will staff the Law, Justice, Health and Human Services Committee.

Mike Heinisch: Asked if Tukwila can offer an opinion of the process of the zoning codes for the CDF.

Brandon Miles, City Planner for the City of Tukwila: The City of Tukwila is still studying the issue and looking at proposed changes made to the zoning code to accommodate such uses.

Mike Heinisch: Asked if Tukwila was satisfied with the December 17, 2009 meeting.

Brandon Miles: Felt it was productive as did the other cities as a means of exchanging information.

Bill Block: Client Coordination work has started. Complimented providers for accepting major systems changes like list information sharing as well as Amnon and his staff in creating these lists.

Humphrey House and several other intense service buildings will all be built through Client Care Coordination. Also, Jefferson Terrace now has complete funding: a [medical respite] place for individuals with severe behavioral problems.

Amnon Shoenfeld: Strategy 12b, is funded at \$500,000. MIDD is going to be supporting the behavioral health component.

Lisa Kimmerly: When do you expect services to begin?

Bill Block: Right now there are challenges with social justice EIS. Residents at Jefferson Terrace are worried about the behavioral challenged people moving in even though they will have a separate and controlled access. That will get resolved and the hope is that construction will begin this summer and will open in the fall.

8. New Business

No comments.

9. Public Comment

No comments.

Co-Chair Havenga: Thank you all for coming.

ADJOURN 1:46p.m.

Next Meeting

February 25, 2010

**King County Chinook Building
401 5th Avenue, Seattle, WA 98104**

**11:45 a.m.– 12:15 p.m. ~ Networking Lunch
12:15 p.m.– 2:15 p.m. ~ Meeting
Room 123**