



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
May 27, 2010
11:45-12:15 networking lunch
12:15 p.m. – 2:15 p.m.
King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members:

Jim Adams, Bill Block, Linda Brown, Kelli Carroll, designee for Councilmember Bob Ferguson, Steve Chupik, designee for Mario Paredes, Catherine Cornwall, Merrill Cousin, Judge Helen Halpert, Shirley Havenga, Mike Heinisch, V. David Hocraffer, Darcy Jaffe, Norman Johnson, Judge Barbara Linde, Leesa Manion, designee for Dan Satterberg, Barbara Miner, Karen Murray, designee for Donald Madsen, Alex O'Reilly, designee for City of Bellevue Councilmember John Chelminiak, Dorothy Teeter, designee for David Fleming, Mark Wirschem, designee for Bruce Knutson

Other Attendees:

Bryan Baird, John Baker, John Bruels, Anne Harper, Lisa Kimmerly, Andrea LaFazia, Sarah Lapp, Brandon Miles, Alan Painter, Peggy Papsdorf, Alessandra Pollock, Tyler Running Deer, Amnon Shoenfeld, Laurie Sylla

1. Welcome and Introductions, Co-Chair Havenga~

Co-Chair Havenga called the meeting to order, welcoming the committee and introductions were made by each person in attendance. Judge Helen Halpert announced she is not running for presiding judge and this will be her last meeting.

2. Approval of the Meeting Notes from the March 25, 2010 Meeting, Co-Chair Havenga~

Minutes were approved by consensus. Merrill Cousin made a suggestion of moving toward more of a 'green' distribution rather than providing hard copies of previously released materials at future meetings. Hard copies will be available for the general public and approved minutes will still be available online.

3. MIDD 11b Mental Health Court (MHC) Expansion, Judge Anne Harper

Judge Harper presented an action plan pertaining to the expansion of MIDD Strategy 11b: *Increase services available for new or existing mental health court programs.*

In 2009, the King County Council budget identified \$1.29 million in MHC funding: expansion funding that provides supplemental support for the two MHC's. The goal of that funding is to offer mental health services to every city in the county except the City of Seattle, who already has its own MHC. Auburn has its own MHC with a broader definition. Auburn will keep individuals who qualify for social security and refer all individuals who meet King County Regional MHC eligibility. Judge Harper is working with Judge Linde to create a new administration, is currently connecting with 38 separate cities to identify single contact points with each city, and will continue to do outreach and training.

It is very important the cities know: Once an individual goes in, there is no going back. Also, once a defendant comes into King County, there is no additional cost to the city. The city is also not billed for

any free admission evaluation services that King County provides. There are no quotas. It is based on need, not on population, the number of cases previously accepted, etc. This is a client centered court.

The expanded MHC will accept driving under the influence and domestic violence cases.

The expansion increases the capacity of this two year high-intensity court system. A ribbon cutting ceremony will be held at the Issaquah Courthouse, Friday, July 9, 2010, at 12:30 p.m. Another ribbon cutting ceremony will be held at the Kent Regional Justice Center, Monday, July 12, 2010.

Judge Harper distributed a handout of her presentation which can be found at:

<http://www.kingcounty.gov/healthservices/MHSA/MIDDPlan/MIDDCommittees/OCMeetingMaterials.aspx>

Member comments:

Linda Brown: How do you deal with co-occurring disorders?

Judge Harper: Co-occurring disorders are very hard--60-70% who had access from diagnosis are co-occurring. We have an exclusion in MHC which is CD primary: a good chance their mental illness is caused by their CD. Provisionally bring them in to MHC, then inpatient treatment to have a known period of sobriety, then see if there is sufficient mental illness. The real issue is availability of services and we are trying to piece together a treatment plan that is coming from multiple services providers. It would be better if we had a more cohesive treatment plan from a single provider.

Linda Brown: Are you working with the substance abuse side of MHCADSD to do that kind of coordination?

Judge Harper: Our court monitor is with Sound Mental Health who has extensive knowledge and access about our entire system. We have to improve that level of knowledge so that she knows about various programs that are available within and outside the county. The problem with co-occurring disorders is the lack of treatment inpatient beds.

Barb Miner: What happens to the underlying charges?

Judge Harper: It is dismissed without prejudice.

Barb Miner: Is the model in District Court and MHC that an individual pleads guilty to the crime or are the crimes dismissed?

Judge Harper: They have a range of options they can use for settlements prior to trial.

Mike Heinisch: Which means you cannot come back?

Judge Harper: With prejudice

Mike Heinisch: This process really engages everybody and my hope is that you show it to people.

Judge Harper: Part of the MIDD is data analysis and we are working to get our database together. Hoping to look at trends quarterly or after six months and then have feedback within our group to focus on what is going on.

Co-Chair Havenga: To see the expansion and growth of the MHC in King County has been phenomenal and I would like to congratulate everyone who has worked on this. Are there other models across the country or are we the first county system to be reaching out to the suburban cities?

Judge Harper: We are the first I'm aware of.

Co-Chair Havenga: This would be something to advertise, promote, and get published. There might even be federal funds out there somewhere.

Linda Brown: You made the point that this is a one-way court so when someone comes in from a suburban city, it does not work, and there is no way they can go back. Why is that? It seems it might be useful to send them back and have another slot or another resource.

Judge Harper: We can always terminate the person from MHC and the slot would then be available.

The two reasons this is a one way court:

- The cities need to trust that King County is taking this case and they are not going to get it back; and

- When an individual makes a commitment to MHC, MHC is making a commitment to them.

4. **MIDD Project Staff Report, Andrea LaFazia~**

At the March 25, 2010 meeting, Andrea distributed on Dwight Thompson's behalf a position statement from the Suburban Cities Association (SCA). MHCADSD has since received a clarification email apologizing the draft that was presented, was an early draft and had not been reviewed by the SCA or by the subcommittee. At their last meeting, SCA voted to table the motion to accept that policy statement until they are able to clarify that information.

Andrea distributed handouts regarding the Crisis Diversion Services Strategy from Seattle City Council and the King County Council. These documents are available online at:

<http://www.kingcounty.gov/healthservices/MHSA/MIDDPlan/MIDDCommittees/OCMeetingMaterials.aspx>

In light of Merrill's comment, there are a lot of materials previously distributed electronically and what we can begin doing is having these documents available on the King County web site.

Andrea distributed a handout in regard to MIDD Strategy 4c: *School-Based Mental Health (MH) and Substance Abuse (SA) Services*. This strategy is designed to infuse MH and SA services within schools and school districts across the county. MHCADSD re-released the funding for a competitive RFP process and is in the process of negotiating contracts. The handout is a list of projects that received funding and were awarded. It is a summary of who the agencies are that received awards, the schools and districts they are partnering with, the school district geographic area it covers, a very brief description of what the proposal is, and the proposed project staff. The RFP awards were written for a maximum of \$90,000 per contract, and most were the maximum amount. There were a handful that were less than \$90,000 that allowed MHCADSD to add a couple more agencies. More information may come by the August meeting when contracts are in place and programs are up and running.

Andrea's final update was in regard to MIDD Strategy 10b: Crisis Diversion Services. She reminded the OC the RFP is scheduled to close on June 8, 2010. The county plans to conduct the review process during the month of June and have decisions about awards by June 30, 2010.

Member comments: recommendation to do a press release of the awards and project.

5. **Co-Chairs Report, Co-Chair Havenga~**

Co-Chair Havenga reminded the OC that the co-chair terms expire in June. She noted that Judge Barbara Linde expressed interest in filling Co-Chair Rahr's position. Some OC members have requested to have staggered co-chair terms as the current terms begin and end simultaneously. Co-Chair Havenga said she would be honored to serve another year. Voting for co-chair positions will occur at the June meeting.

6. **MIDD OC Member Check In**

Steve Chupik announced that OC member Mario Paredes' last day is today as Executive Director at Consejo Counseling and Referral Services. He is moving to a new position with New Futures. Consejo is currently looking for a new Executive Director.

Co-Chair Havenga: Asked Mr. Chupik to please pass on her regards to Mario. She reported that Mario was selected from the King County mental health providers association and they will select a new representative at their next meeting tomorrow, May 28, 2010.

Bill Block: Has the OC heard about the client care coordination? The homelessness system which has opened nearly 3,300 new units with 900 in the pipeline was traditionally taking people off waitlists. Realizing when dealing with chronically homeless adults, a lot of them have either MH or SA problems and didn't make the most sense. MHCADSD and Public Health have created a client care coordination process. This process assembles data from the courts, hospitals, jails and MH to look at high utilizers, but also has a high vulnerability index assessment that was created by DESC and tested by UW. They are assembling a system-wide co-hort of individuals who are high utilizers or are extremely vulnerable. As we open new buildings, seven in 2010 opening for chronically homeless single adults, they will be placed off that list, and to identify and recruit who is appropriate for the buildings. This is a fairly significant change. The next expansion is to fill 1,800 vacant, high-service units for chronically homeless single adults and as those turn over using client care coordination to fill them.

On Wednesday, June 2, 2010, there is a summit for the veterans homelessness initiative. The Department of Veterans Affairs (DVA) announced a five year plan to end veterans homelessness. There should be some significant new federal resources to deal with veterans homelessness and hopefully a fair amount of that will be treatment.

Co-Chair Havenga: In the fall of 2009, Community Psychiatric Clinic won an award from SAHMSA to serve homeless veterans with an intensive outpatient treatment program for mental illness and chemical dependency and also provide housing. Part of that five year federal grant is to build a new apartment building. There is going to be a tremendous amount of funding for homeless veterans with supportive treatment services.

Amnon: Emphasized the MIDD put in \$18 million in capital funding to get seven buildings built and completed with their funding. Through another strategy, MIDD is putting \$2 million a year into supportive services for a variety of different projects. It was incumbent on MHCADSD to ensure these buildings and associated services will target our target population for the MIDD. This was a great way to coordinate with all the various funders and make sure those who were most vulnerable and constantly recycling through the jails, hospitals and emergency rooms were going to be the main target population.

An important responsibility as an OC, we must coordinate other efforts such as the Veterans and Human Services Levy and The Committee to End Homelessness. This is a perfect, noteworthy example that the OC has done that. The Veterans and Human Services Levy is part of that funding group for the services. This has been a great collaborative work.

Bill Block: A lot of compliments are deserved for the providers who are relinquishing their wait list, assert authority, and agreeing to participate in client care coordination. We expected a lot more resistance than we got. There are very few places around the nation that do that sort of targeted intake. When you put the money in the building, it serves who you want it to serve.

Linda Brown: Where would one have a look at the high vulnerability index? It is different than the high utilizers?

Bill Block: Yes and I can email that to you. It has to do with how well you are able to function in terms of taking care of your health, taking care of your shelter, understanding if you have issues such as interpersonal relations, substance abuse, as well as physical vulnerability.

Kelli: Is there any kind of prioritization for veterans?

Bill Block: A number of the buildings have been set aside. 40% veterans have been set aside.

Amnon: Valley Cities Landing has veterans set aside and a number of other projects.

Bill Block: Renton Vets Center.

7. MIDD Sales Tax Forecast Update ~ Krista Caminzend, OMB

The MIDD fund ended 2009 with a fund balance of \$31.5 million. Multiple programs, most notably the Crisis Diversion Center, did not expend their entire spending plan budget, which led to the higher than anticipated fund balance. The 2009 ending fund balance will be drawn down over the next few years to support ongoing spending plan expenditures and supplantation. Despite the additional fund balance, the MIDD Fund will still need to make programmatic reductions of \$1.5 million in 2013, assuming the 30 percent supplantation level continues in 2011 and 2012 and is reduced to 20 percent in 2013.

Revenue forecasts are still declining. The actual revenue collected in 2009 was \$1.0 million less than what was assumed in the 2010 Adopted Budget. This is primarily driven by lower than projected sales tax collections, but also reflects lower than anticipated interest earnings. The 2010 and 2011 forecasts are also slightly lower than anticipated in the 2010 Adopted Budget.

Starting with the 2011 budget process, all county funds, including the MIDD Fund, will use the Office of Economic and Financial Analysis (OEFA) forecast as the basis for certain revenues and cost drivers. The OEFA is an independent agency directed by the Chief Economist, who reports to the Forecast Council. The purpose of OEFA is to provide accountability to the public through the production of independent, objective, and transparent economic and revenue forecasts. The Forecast Council met on April 5 and adopted planning revenue numbers used to develop the base planning budget for 2011. The Forecast Council will meet again in July to establish assumptions for the Executive Proposed Budget and the revenue estimates could change at that time.

MIDD Financial Plan Summary

2009 Actuals

Revenue: \$41.3 million (\$1.0 million less than 2010 budget forecast)
Expenditures: \$21.3 million
Fund Balance: \$31.5 million

2010 Estimate

Revenue: \$43.0 million (\$0.5 million less than 2010 budget forecast)
Expenditures: \$52.7 million
 \$39.7 million in Spending Plan Programs
 \$13.0 million in Supplantation
Fund Balance: \$21.3 million

2011 Forecast

Revenue: \$44.8 million (\$0.7 million less than 2010 budget forecast)
Expenditures: \$54.8 million
 \$41.2 million in Spending Plan Programs
 \$13.5 million in Supplantation
Fund Balance: \$10.7 million

Funding balances have been rounded.

8. New Business

Barb Linde: Announced she plans to send Judge Anne Harper as delegate for the June meeting and apologized for missing the meeting.

9. Public Comment

Brandon Miles, City of Tukwila. Mr. Miles reported the City of Tukwila City Council adopted an ordinance repealing a moratorium for the Crisis Diversion Facility and Crisis Diversion Interim Service facility and a site in the West Valley area of Tukwila has been identified as a possible location. He believes this location complies with the county's location criteria and thanked county staff for assisting the city in the review process of this program.

Co-Chair Havenga thanked everyone for coming.

ADJOURN 1:25 p.m.

Next Meeting

June 24, 2010

King County Chinook Building

401 5th Avenue, Seattle, WA 98104

11:45 a.m.– 12:15 p.m. ~ Networking Lunch

12:15 p.m.– 2:15 p.m. ~ Meeting

Rooms 121 & 123

FINAL