



**Mental Illness and Drug Dependency (MIDD)  
Oversight Committee (OC)  
September 23, 2010  
11:45 a.m.-12:15 p.m. networking lunch  
12:15 p.m. – 2:15 p.m.  
King County Chinook Building Rooms 121 & 123  
Meeting Notes**

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**Members:**

Teresa Bailey, designee for Barbara Miner, Rhonda Berry, Linda Brown, Gretchen Bruce, designee for Bill Block, Kelli Carroll, designee for Councilmember Bob Ferguson, Catherine Cornwall, Merrill Cousin, Nancy Dow-Witherbee, Ed Dwyer O'Connor, designee for Darcy Jaffe, Mary Jane Ferguson, designee for V. David Hocraffer, Jaime Garcia, Zandrea Hardison, Shirley Havenga, Mike Heinisch, Norman Johnson, Bruce Knutson, Emily Leslie, designee for Councilmember John Chelminiak, Judge Barbara Linde, Terry Mark, designee for Jackie MacLean, Leesa Manion, designee for Dan Satterberg, Richard McDermott, Ann McGettigan, Dwight Thompson, Janna Wilson, designee for David Fleming

**Other Attendees:**

Bryan Baird, Karen Baker, John Bruels, Lisbeth Eddy, Alicia Glenwell, Bob Graham, Dennis Higgins, Lisa Kimmerly, Andrea LaFazia, Melissa Lawrie, Steve Lettic, Brandon Miles, Peggy Papsdorf, Rachelle Parslow

**1. Welcome and Introductions, Co-Chair Linde~**

Co-Chair Linde called the meeting to order, welcoming the committee and introductions were made by each person in attendance.

Co-Chair Linde asked for a moment of silence to honor the memory of community leader and advocate, Roberto Maestas.

**2. Approval of the Meeting Notes from the August 26, 2010 Meeting, Co-Chair Linde~**

Minutes were approved by consensus.

Co-Chair Havenga introduced Ann McGettigan, Executive Director of Seattle Counseling Service. Ann is replacing Mario Paredes as the provider representative of culturally specific mental health (MH) services in King County.

**3. MIDD Project Staff Report, Andrea LaFazia, MIDD Project Manager~**

**A. Introduction of John Bruels, MIDD Crisis Diversion Strategy Project Manager**

Andrea welcomed John, who has been hired to oversee Strategy 10a: *Crisis Intervention Training for First Responders*, and Strategy 10b: *Adult Crisis Diversion Center, Respite Beds, and Mobile Behavioral Health Crisis Team*. John will also provide support to the MIDD OC and subcommittees.

**B. MIDD Strategy Updates**

**i. Strategy 1e: Chemical Dependency Professional (CDP) Education and Training**

This strategy is designed to increase and expand the number of CDP's in King County.

Andrea reported this strategy is doing well. All agencies have taken advantage of this

opportunity to have staff become dually certified as a mental health professional (MHP) and as a CDP or solely as a new CDP coming into the field. MHCADSD is moving forward with a new pilot project with the University of Washington (UW), School of Social Work, to develop a program within the School of Social Work to allow MSW students to jointly receive their CDP certificate. MHCADSD has been working with the Department of Health and with Representative Mary Lou Dickerson, who has been instrumentally involved in moving this project forward. MHCADSD has learned the program may be selected to be replicated nationally. The first round of six students will proceed through the pilot this year and will provide necessary feedback on whether the program is working or not; are the expectations reasonable; what changes need to be amended, etc. More updates to come.

**ii. National Alliance on Mental Illness (NAMI) Update**

NAMI will nationally sponsor Mental Illness Awareness Week 2010, October 3-9. For more information, visit:

[http://www.nami.org/template.cfm?section=mental\\_illness\\_awareness\\_week](http://www.nami.org/template.cfm?section=mental_illness_awareness_week)

**4. Co-Chairs Report, Co-Chair Linde~**

Co-Chair Linde announced fellow MIDD OC member, Bellevue Councilmember John Chelminiak was attacked by a black bear while on vacation. He sustained injuries to his upper body and currently is in stable condition at Harborview Medical Center.

**5. Crisis Intervention Team (CIT) training overview and Strategy 10a Update, Steve Lettic, Washington State Criminal Justice Training Commission (WSCJTC) and Ret. Sergeant Lisbeth Eddy~**

Mr. Lettic gave an overview of the WSCJTC responsibilities: law enforcement and corrections training throughout the state, except for the Washington State Patrol. WSCJTC is good at disseminating, developing, and deploying training involving criminal justice (CJ) subjects: basic academy, basic corrections, probation, parole, juvenile corrections and municipal corrections. WSCJTC was approached King County to partner and assist deployment of CIT training. He distributed draft curriculum handouts to the OC that includes upcoming class schedules. This program is funded by the 0.1 percent sales tax collected in King County in accordance with the MIDD Plan Strategy 10a: *Crisis Intervention Training Program for King County Sheriff, Police, Jail Staff and Other First Responders.*

Sgt Eddy talked about the training curriculum that includes a 40-hour CIT Basic class designed to educate law enforcement officers on issues related to becoming a CIT officer. The course will cover the legal aspects of MH commitments; liability issues; mental disorders; indicators of mental illness; understanding mental illness; documentation; the interpersonal relations necessary to effectively work with the mentally ill, their families, and the MH system; and intervention strategies for dealing with both low and high risk situations. Students will participate in role playing scenarios during this class.

An optional eight hour class will also be available and is designed for officers that choose not to participate in the full 40-hour class. The eight hour class will be an overview of Crisis Intervention, signs and symptoms of mental illness, how to respond to the mentally ill, and finding resources.

The program has recently added a new component for 2011 called CIT-Youth. This will be an eight hour class that covers working with children with mental illnesses and will be provided two to four times a year as a second day of training following the eight hour CIT Advanced class. Both trainings will have a prerequisite of the 40-hour CIT Basic.

This program will be open to all law enforcement agency officers and deputies in King County only. The 40-hour class capacity is 24 officers; the eight hour class capacity is in upwards of 75 officers.

#### **6. MIDD OC Member Check In**

Dwight Thompson asked how the announced cuts the Executive made, has that affected underlying base services?

Andrea replied the proposed cuts did not directly impact any MH or substance abuse (SA) providers because those programs that were county funded were supplanted. The cuts did impact human service providers such as youth and family service agencies, domestic violence, and sexual assault providers. These base programs that have expanded MIDD funding were impacted by the human services cuts.

Terry Mark responded to this concern, stating the results of the state level will be dramatic: a projected \$3 billion deficit for next year. More information to come.

Dwight suggested MIDD based programs impacted by budget cuts be an agenda item for possibly the next two MIDD OC meetings.

Bruce Knutson reported that Family Treatment Court is a great model that is doing good work. He invited anyone interested in the latest research, (preliminary results) done by UW.

October is Domestic Violence Awareness Month. A reception, co-sponsored by King County Women's Programs and the City of Seattle, will be held Tuesday, October 5, at City Hall at 11:45 a.m. The King County Coalition Against Domestic Violence will host an awards ceremony Thursday, October 21 from 4:30 p.m. to 6:30 p.m. Andrea will send out an email with more information on these events.

#### **7. New Business**

No comments.

#### **8. Public Comment**

No comments.

Co-Chair Havenga thanked everyone for coming.

**ADJOURN at 1:30 p.m.**

#### **Next Meeting**

**October 28, 2010**

**King County Chinook Building**

**401 5<sup>th</sup> Avenue, Seattle, WA 98104**

**11:45 a.m.– 12:15 p.m. ~ Networking Lunch**

**12:15 p.m.– 2:15 p.m. ~ Meeting**

**Rooms 121 & 123**