



**Mental Illness and Drug Dependency (MIDD)  
Oversight Committee (OC)  
February 23, 2012  
11:45 a.m.-12:15 p.m. networking lunch  
12:15 p.m. – 1:45 p.m.  
King County Chinook Building Rooms 121 & 123  
Meeting Notes**

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**Members:**

Linda Brown, Kelli Carroll, designee for Councilmember Bob Ferguson, Catherine Cornwall, T.J. Cosgrove, designee for David Fleming, Merrill Cousin, Nancy Dow-Witherbee, Patricia Edmond-Quinn, designee for Norman Johnson, Mary Jane Ferguson, designee for V. David Hocraffer, Mike Finkle, Shirley Havenga, Mike Heinisch, Dennis Higgins, Darcy Jaffe, Bruce Knutson, Barbara Linde, designee for Richard McDermott, Linda Madsen, Leesa Manion, designee for Dan Satterberg, Ann McGettigan, Barbara Miner, Karen Murray, designee for Donald Madsen, Alan Painter, designee for Rhonda Berry, Mary Ellen Stone, Chelene Whiteaker

**Other Attendees:**

Dave Asher, Ellen Austin, Bryan Baird, Betsy Bosch, Kimberly Cisson, Liz Eddy, Brigitte Folz, Jaime Garcia, Bob Graham, Don Gulla, Lisa Kimmerly, Andrea LaFazia-Geraghty, Michael Mar, Peggy Papsdorf, Rachelle Parslow, Susan Schoeld, Amnon Shoenfeld, Laurie Sylla, Mary Taylor, Monica Whitman

**1. Welcome and Introductions, Co-Chair Heinisch~**

Co-Chair Linde called the meeting to order, welcoming the committee and introductions were made by each person in attendance.

**2. Approval of the Meeting Notes from the October 27, 2011 Meeting, Co-Chair Linde~**

Minutes were approved by consensus, no revisions.

**3. MIDD Project Staff Report, Andrea LaFazia-Geraghty, MIDD Project Manager; Amnon Shoenfeld, Division Director, Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD)~**

**a. King County email accounts**

Andrea checked in with OC members to learn who is able to access or having trouble accessing their King County-issued email accounts. She reminded members they are free to continue using their personal email accounts, although all emails pertaining to MIDD OC is subject to public disclosure. MIDD OC will continue to use members MIDD county email and other personal email accounts until members direct us to remove their personal email account. Members were directed to contact Bryan if they are still experiencing problems accessing their county email account.

**b. Statement of Financial and Other Interests Forms**

Forms were distributed to OC members to complete. Deadline to complete and hand in to Andrea or Bryan is March 30, 2012.

c. Strategy 1f: Peer Support and Parent Partner Family Assistance Update

Andrea reported there was a delay in implementing this strategy. The MHCADSD has redesigned the strategy, drafted a new proposal to the OC, and is currently in the process of implementing it.

The contractor, Strategic Learning Resources, has been interviewing key informants and conducting focus groups with members in the community. Key informants included MIDD OC members: Mike Heinisch, Bruce Knutson, and Christine Lindquist. Round table discussions were held with key mental health (MH) and chemical dependency provider agencies, school leaders, and groups of clinical leaders providing youth and family services. Together, they have initiated a broad recruitment process for a new Board of Directors to continue through the end of February. A blog has been created with postings on the MHCADSD website, responses have been positive with a lot of interest, and a selection committee has been comprised for the board selection process which will occur through early April.

Mike Heinisch and Bruce Knutson each provided brief statements on the process and work done to date. Mike spoke with Ursula, SLR staff overseeing work on the project, to give her contextual history and expressed concerns that we want this organization to get off the ground successfully in collaboration with providers and to be aware of past pitfalls. She was thankful for this info.

Bruce reported he provided her with similar input and also provided her with additional programs run by juvenile court. One program is a parent support program, part of Family Treatment Court; the other program is a Juvenile Justice 101 orientation process. Each program involves parents who have been through systems before (either one or both). This is a success as a lot was learned and were able to successfully navigate those systems. They were able to give that information to new parents coming in to the system. Bruce said they have received a lot of positive feedback in each area. He described, to Ursula, how those programs worked and how valuable they are. He also gave her the name of a person who would be an asset to serve on the selection committee.

An update for MIDD Strategy 1f: Peer Support and Parent Partner Family Assistance can be viewed here:

<http://www.kingcounty.gov/healthservices/MHSA/MIDDPlan/MIDDCommittees/Archives.aspx>.

d. State Budget Update, Amnon Shoenfeld~

In the 2009-2011 biennium, state MH Medicaid funding rates were cut by 3.4 percent per year, or \$12 million statewide; Non-Medicaid funding was cut by 9 percent, \$11.6 million each year, statewide. In 2011, another 11 percent, or \$12.6 million, was lost in Non-Medicaid funding for the rest of that biennium. In the current biennium, another 3 percent, almost \$9 million in Medicaid rates, and 4 percent in Non-Medicaid were eliminated. In other words, King County is starting from a cumulative loss in state MH funding of over \$80 million over the last four years. Amnon expressed concern when he reported that the House budget has proposed another \$26 million in community MH funding cuts. The budget is proposing to move all the Regional Support Networks (RSNs) to the bottom of their rate range. King County is looking at another 2.5 percent in Medicaid cuts, about \$2.5 million per year.

More problematic is the non-Medicaid rates/funding. The MHCADSD does not provide any outpatient services through state non-Medicaid funding, as these services are covered by MIDD funding. What MHCADSD provides through non-Medicaid is: crisis services; children's crisis outreach; geriatric crisis outreach; HOST program (homeless outreach); all involuntary

commitment services including legal costs paid to public defense agencies, Prosecuting Attorney and judges, as well as the DMHPs who conduct involuntary commitment investigations; evaluation and treatment facility, nearly \$6 million each year (Navos); all non-Medicaid hospitalization; and residential treatment services. None of the above listed, can be cut easily without forced cuts to critical services: another \$2.6 million. The more we cut, the more we spend in hospitalization.

In addition to those cuts, the House has proposed cutting jail transition services by 50 percent. This pays for inmate housing benefits and treatment when transitioning out of jail, dual disorder treatment in the community, re-entry services, and recovery services at the Regional Justice Center. Over \$600,000 each year would be lost under this proposal.

The House also proposes to close two more decertified wards at Washington State Hospital (WSH), an improvement over the Governor's budget that proposed closing four wards. These wards primarily house patients with dementia and hospital level services is not certified meaning that federal funds are not received for their care, the individual is ready to be released from the hospital if there were a place for them to go. Discharging these clients is not an option, as there aren't any places to move them. The state proposes to move those people out of the decertified wards, with aging/long-term care community services, and trying to find places for them in the community.

Due to these ward closures; there will not be any capacity at WSH to admit anyone else. When these patients are presented at area hospitals, with dementia, and considering the 90-day commitment period, there won't be anywhere else for these patients to go. This will result in an additional \$3.5 million in local, inpatient costs shifted to the counties until placements can be arranged.

For the CD budget:

- Cuts of \$5.1 million to King County in community outpatient services
- Limit CD assessments to two per year, estimated impact of \$55,000 to King County
- Closing a number of long-term residential drug treatment beds, that will have an impact on drug courts, and
- Senate Bill 6578 will create a CD treatment account requiring 30 percent of the funds collected for licenses for liquor spirit distributors to be deposited into an account that would pay for substance abuse treatment.

The House budget did not cut Disability Lifeline. The Senate budget is coming out early next week, and is rumored to be better than the House budget. Amnon thanked the MH providers for strongly advocating the community to contact their legislators about the devastation these cuts would create.

#### **4. Co-Chairs' Report, Co-Chair Linde~**

A copy of the MIDD Year Three: Fourth Annual Report was distributed by email to OC members last week for review. The OC must vote today as the report is due to Council on April 1, 2012. The Annual Report covers October 1, 2010 - September 30, 2011.

The report includes:

- A summary of semi-annual report data
- Updated performance measure targets for the following program year

- Recommendations on program and/or process changes to funded programs based on the measurement and evaluation data
- Recommended revisions to the evaluation plan and processes, and
- Recommended performance measures and performance measurement targets for each mental illness and drug dependency strategy, as well as any new strategies that are established.

Special thanks went out to Lisa Kimmerly, MIDD Program Evaluator, and Kimberly Cisson, MIDD Assistant Program Evaluator, for all of their work on the evaluation and the report.

Member comments:

Mary Ellen Stone stated the referral information was reported incorrectly and proposed to resubmit new data.

Chelene Whiteaker stated some of the graphics are unclear.

Two sections of the report are still under development: the co-chair letter, and the financial status report. Once they are finalized, they will be shared with the OC. Members can email comments and revisions to Bryan Baird until March 1, 2012.

The Annual Report was approved by consensus.

**5. Crisis Intervention Team (CIT) Training MIDD 10a Update, Sgt. Don Gulla, King County Sheriff's Office, and Bob Graham, Washington State Criminal Justice Training Commission (WSCJTC) ~**

Sgt. Gulla provided an overview of CIT performance from October 2010 to December 2011, including an Agency Statistical Report. The CIT courses offered include an 8-hour training focused on de-escalation techniques and a 40-hour training which emphasizes techniques, resources, and hands-on scenarios. Sixteen 8-hour classes were offered for a total of 368 officers trained. Officers are encouraged to initially take the 8-hour class, and if interested, move forward with the 40-hour class. The WSCJTC conducted a total of 16 comprehensive 40-hour classes for a total of 409 officers trained.

Other topics discussed:

- The WSCJTC sponsored a MH first-aid course for instructors, allowing participants to train in a 12-hour block of instruction.
- Hour-by-hour training descriptions given for the 40-hour course calendar, and the 2012 course schedule was discussed and an overview of the advanced courses being developed and offered were discussed

Member comments:

Members requested that cultural competency be incorporated as part of training and scenarios. Members asked how peers were included in CIT and requested that individuals in recovery be incorporated into CIT

Members asked if the CIT model being used was based on best practice and a comment was made to ensure that substance abuse was included in the curriculum.

Members asked for number of officers still in need of training broken down by police department, agency, or jurisdiction.

**6. MIDD OC Member Check-in**

Dennis Higgins announced a community group who has teamed with Union Gospel Mission who proposed a homeless day center in downtown Kent. The Kent City Council is implementing a process to review that proposal and bring in various sectors of the community. This issue is on the fast track and some MIDD OC members may be asked for their opinion and assistance.

7. No new business and no public comment

**ADJOURNED at 1:35 p.m.**

**Next Meeting**

**April 26, 2012**

**King County Chinook Building, Rooms 121 & 123**

**401 5th Avenue, Seattle, WA 98104**

**11:45 a.m.– 12:15 p.m. ~ Networking Lunch**

**12:15 p.m.– 1:45 p.m. ~ Meeting**

FINAL