

Mental Illness and Drug Dependency (MIDD) Oversight Committee (OC) August 23, 2012 11:45 a.m.-12:15 p.m. networking lunch 12:15 p.m. – 1:45 p.m. King County Chinook Building Rooms 121 & 123 Meeting Notes

Members:

David Black, Bill Block, Linda Brown, Judge Mike Finkle, Alicia Glenwell, designee for Merril Cousin, Shirley Havenga, Mike Heinisch, Dennis Higgins, V. David Hocraffer, designee for David Chapman, Darcy Jaffe, Norman Johnson, Bruce Knutson, Barbara Linde, designee for Richard McDermott, Terry Mark, designee for Jackie MacLean, Anna Markee, designee for Rhonda Berry, Ann McGettigan, Barbara Miner, Karen Murray, designee for Donald Madsen, Alex O'Reilly, designee for Councilmember John Chelminiak, Dan Satterberg, Steve Strachan, Chelene Whiteaker, Janna Wilson, designee for David Fleming, Lucy Woodworth, designee for Christine Lindquist

Other Attendees:

Ellen Austin Hall, Bryan Baird, Doreen Booth, Betsy Bosch, Kimberly Cisson, Jaime Garcia, Pat Godfrey, Lisa Kimmerly, Andrea LaFazia-Geraghty, Sarah Lapp, Peggy Papsdorf, Kathy Ryan, Susan Schoeld, Amnon Shoenfeld, Debra Srebnik, Laurie Sylla

- 1. Welcome and Introductions, Co-Chair Satterberg~
 - Co-Chair Satterberg called the meeting to order, welcoming the committee and introductions were made by each person in attendance.
- 2. Approval of the Meeting Notes from the June 28, 2012 Meeting, *Co-Chair Heinisch*~ The minutes were approved, as revised, by consensus. One revision was received by email: Judge Linde served as the District Court Presiding Judge, not Mental Health Court Judge.
- 3. MIDD Semi Annual Progress Report review and approval, Andrea LaFazia-Geraghty, MIDD Project Manager, Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD)~

The MHCADSD staff received the following revision: Adjusting the financial plan to include the projected amount spent by each strategy in addition to the budgeted, as well as the amount spent to date. This revision will be included in the final progress report.

The MIDD progress report was approved, as revised.

4. Co-Chairs' Report, Co-Chair Satterberg~

Co-Chair Satterberg reported the successful launch of the Crisis Solutions Center (CSC) on August 6, 2012, with a good ribbon cutting ceremony. To oversee Strategies 10a and 10b, Co-Chair Satterberg announced the need to form a crisis diversion subcommittee, and asked Andrea LaFazia-Geraghty to elaborate on what that might look like.

Andrea added this one subcommittee will consist of no more than eight current MIDD OC members and subcommittee membership be finalized by the co-chairs, as done by past subcommittees.

Membership should include roles from law enforcement such as Sheriff's Office, hospitals, and key referral sources, and other interested OC members. Those interested need to inform Andrea by Thursday, August 30.

The current plan is to let the subcommittee define their scope and how often they will meet. Andrea is anticipating at least once a month; perhaps twice monthly in the early stages. Many of the policies and procedures around oversight have already been set by the Prosecuting Attorney's Office and the Sheriff's Office, as well as medical exclusion protocols set by Harborview Medical Center. This subcommittee will be staffed by Susan Schoeld, MIDD Crisis Diversion Program Manager.

Judge Linde commented she hopes the OC co-chairs will tap on the shoulders of those who should be members, such as Ian Goodhew who showed quite a bit of leadership in getting us where we are today in this strategy.

5. Crisis Diversion Facility Presentation, Susan Schoeld, MIDD Crisis Diversion Program Manager, MHCADSD; Kathy Ryan, Crisis Solutions Center Program Manager~
King County has contracted with the Downtown Emergency Services Center to provide crisis diversion services in King County. On August 6, 2012, the CSC opened with the intent to provide a therapeutic, community-based alternative to jail and hospital settings for individual in behavioral health crisis. An open house of the facility was held on Friday, August 3, 2012.

There are three components to the CSC: Mobile Crisis Team (MCT), Crisis Diversion Facility (CDF), and Crisis Diversion Interim Services (CDIS). Referrals to the MCT and the CDF come only from first responders in King County, including:

- Any law enforcement
- Hospital emergency departments social workers
- Designated mental health professionals
- Fire Departments/Medic One units

The MCT consists of two-person teams of mental health professionals that respond to referrals from first responders in the community. They provide crisis intervention services to individuals in a behavioral crisis in the community; help resolve crises, provide referrals to ongoing services and support, and assist with arranging or providing transportation for individuals as needed; provide services throughout King County to any individual age 18 or older; and is available to respond to a crisis 24 hours a day, seven days a week.

The CDF is a 16 bed, non-smoking facility, located at 1600 S. Lane Street in Seattle, Washington, within close proximity of I-5, I-90, Harborview Medical Center, the King County Jail, and local Metro bus routes. The CDF is able to accept people age 18 and over in mental health and substance abuse crisis in order to divert them from the jail and hospitals. The facility will accept individuals 24 hours a day, seven days a week, who can stay for up to 72 hours. Services here include crisis and stabilization services, case management, needs assessments, and linkage with community-based services. This provides first responders with an alternative option to jail or hospital emergency departments for individuals who are experiencing a behavioral crisis. Participation is voluntary, drop-off at the CDF should take no longer than 15 minutes, unannounced walk-ups and individuals without a referral from first responders will not be accepted, and individuals do not have to commit a crime to be eligible for services at the CDF.

The CDIS is a 23 bed facility for individuals leaving the CDF who may be homeless, whose shelter situation may be dangerous, or whose life situation has the potential to send him/her into crisis again. Individuals are referred to the CDIS only by CDF staff, and they can stay for up to two weeks. Services at the CDIS include case management services to identify all housing and support options available. Individuals who are served at the CDIS will be connected to services and supports in the community to help remove barriers to treatment and reduce involvement with first responders.

As of August 20, 2012, 26 clients had been admitted to the CDF and eight clients were served at the CDIS.

All programs of the CDF will work to coordinate with existing service providers to insure that individuals referred to the CDF are (re)connected with programs to meet their needs in the community. The CDF promotes collaboration and communication and will work with community-based partners to assist people in behavioral health crisis in planning for their return to their home community. A critical component will be making connections with service providers and housing programs to support effective and individually crafted discharge plans.

Together, these systems create opportunities for earlier intervention and continued support for our communities and the individuals within them.

Kathy Ryan continued by updating the OC on the happenings at the CDF. In day 18 of operation as of this meeting, the CDF had approximately 60 referrals and 35 admissions to date. She also reported that although there are major successes, the CSC still needs to hire about 18 more staff for a four-to-one staff/client ratio.

For more information, contact:

Susan Schoeld, at <u>susan.schoeld@kingcounty.gov</u>, Kathy at <u>kryan@desc.org</u>, or the CSC mainline at 206-682-2371.

The full presentation can be viewed here: http://www.kingcounty.gov/healthservices/MHSA/MIDDPlan/MIDDCommittees/Archives.aspx.

6. MIDD Project Report, Amnon Shoenfeld, Division Director, MHCADSD; Dwight Dively, Director, Office of Performance, Strategy and Budget~

Dwight provided an update on supplantation and the budget as King County moves into 2013 and 2014. The overall budget will be submitted to the Council on September 24, 2012. There are challenges in the budget as King County will see cuts in General Fund programs in order to balance in 2013. These cuts are unknown at this time.

The MIDD budget poses a challenge for the 2014 budget. The tax base for the sales tax, (not revenue), is projected to be \$45 billion; this tax base has not grown in seven years due to a significant change in consumer spending. In 2007, about 44 percent of consumer spending was spent on items subject to the MIDD sales tax; today it is 35 percent as income distribution is increasingly uneven.

Supplantation will continue to supplant at 30 percent for 2013, but given the current revenue forecast, there will be a \$5 million gap in 2014. Executive Constantine recommended all supplantation programs be evaluated by the first quarter in 2013.

Co-Chair Heinisch reminded the OC the prioritization subcommittee can be reinstated for this purpose.

Co-Chair Satterberg stated this item will remain on the agenda.

7. MIDD OC Member Check-in

Co-Chair Heinisch thanked those who supported successful passage of the levy to rebuild the Juvenile Justice Center.

Bruce Knutson reported results of a study done by the National Council of Juvenile and Family Court Judges, part of Family Treatment Court's peer parent program. The findings include: significant positive change in attitudes following program participation; parents increased trust in Child Protective Services; better understood the role of stakeholders; increased their awareness of case issues; and increased belief that they had personal control over case outcomes. Program participants were more engaged in the juvenile drug court process as evidenced by increased presence at court hearings, increased compliance with court ordered case plans and increased visitation.

Co-Chair Heinisch acknowledged and thanked Bill Block for his contributions to the MIDD OC, who helped lead efforts to add 5,000 housing units in King County over the last seven years.

Susan Schoeld reported The Criminal Justice Training Commission hosted the second annual CIT regional conference this year. The number of attendees averaged 125 per day, as compared to 65 per day at the first year of the conference. The conference drew participants from Washington, Oregon, Idaho, California, and North Dakota, across a variety of fields including: law enforcement, corrections, mental health agencies, schools, private security agencies and care facility workers.

8. New Business

No reports/updates.

9. Public comment

No reports/updates.

ADJOURNED at 1:35 p.m.

Next Meeting
October 25, 2012
King County Chinook Building, Rooms 121 & 123
401 5th Avenue, Seattle, WA 98104
11:45 a.m.– 12:15 p.m. ~ Networking Lunch
12:15 p.m.– 1:45 p.m. ~ Meeting