



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
December 13, 2012
11:45 a.m.-12:15 p.m. networking lunch
12:15 p.m. – 1:45 p.m.
King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members:

David Black, Councilmember John Chelminiak, Merrill Cousin, Councilmember Bob Ferguson, Judge Mike Finkle, Shirley Havenga, Mike Heinisch, Councilmember Dennis Higgins, Norman Johnson, Barbara Linde, designee for Richard McDermott, Jackie MacLean, Linda Madsen, Karen Murray, designee for Donald Madsen, Dan Satterberg, Mary Ellen Stone, Mark Wirschem, designee for Bruce Knutson

Other Attendees:

Julian Andrews, Graydon Andrus, Dave Asher, Ellen Austin Hall, Bryan Baird, Doreen Booth, Betsy Bosch, Greg Canova, Kimberly Cisson, Ian Goodhew, Lisa Kimmerly, Andrea LaFazia-Geraghty, Brandon Miles, Alex O'Reilly, Susan Schoeld, Amnon Shoenfeld, Debra Srebnik, Laurie Sylla

1. Welcome and Introductions, Co-Chair Heinisch~

Co-Chair Heinisch called the meeting to order, welcoming the committee and introductions were made by each person in attendance.

Councilmember Ferguson, an OC member instrumental in implementing the MIDD program, stopped by to thank and show his appreciation to the OC for the work done these past four years, and gave high accolades to his designee, Kelli Carroll, who has represented him well on the committee. Councilmember Ferguson will transition to the Attorney General's Office in January 2013, and plans to stay involved. He shared a personal story of a veteran family member who committed suicide and spoke to the importance of talking about mental health issues and/or suicide, and educating the community. He invited the OC to still contact him as he wants to continue being helpful and making a difference.

2. Approval of the Meeting Notes from the October 25, 2012 Meeting, Co-Chair Satterberg~

Two revisions:

- On page one, in the MIDD Project Staff Report section, the amount that reads: "...\$45 billion..." should read: "...\$45 million..."
- On page five, Barb Miner's quote should read: "Requested a one nay vote ..." instead of "one day vote."

The minutes were approved, as revised, by consensus.

3. MIDD Project Staff Report, Susan Schoeld, MIDD Crisis Diversion Program Manager, Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD); Amnon Shoenfeld, Division Director, MHCADSD~

Susan spoke to the following points:

- Strategy 10a - Crisis Intervention Training (CIT) Update. The curriculum is undergoing quality review monitoring by outside consultants. This week, the founders of CIT training, including Retired Major Sam Cochran and Dr. Randy DuPont, are out monitoring the various aspects of our programs. They will participate in a reception with CIT coordinators from across the state as part of the early development of a CIT Association in Washington State. Additionally, in January, a local team from Bellingham, including retired Chief Todd Ramsey, will be on hand to monitor and review all aspects of the program. Quality improvement activities and potential revisions to the curriculum will be engaged in after the two evaluation teams complete their formal review write-ups. This evaluation and review process will include the 10a and 10b Diversion Subcommittee.
- Budget Session Update
On behalf of Kelli Carroll, Susan provided the following:
 - In keeping with most of county agencies and departmental budgeting, the Council adopted a 2013-2014 biennial budget for MIDD of \$74,359,900.
 - The biennial budget that was adopted by the Council is \$7.9 million less than the \$82,259,901 budget that was proposed by the Executive.
 - The adopted budget was reduced from the proposed budget due to a gap between projected MIDD revenues and planned expenditures. The 2013-2014 Executive proposed budget materials received by the Council identified the \$7.9 million gap and indicated that revenue to be identified later would close the gap.
 - The approach to budgeting revenue to be named later represented a departure from past county practice, as the county traditionally budgets very conservatively; only counting on revenue it is reasonably certain to collect. Because the proposed budget did not specifically identify what new or additional revenue source would provide the needed revenue to close the gap, the Council opted to reduce the budget until specific new revenue is identified for MIDD programming.
 - If new revenue is identified and analysis shows that the county is reasonably certain to collect, the budget would be amended; however, unless additional revenue is identified, detailing of the reductions will occur during the mid-biennium budget update next fall.
 - There was also one technical correction to the budget, resulting in a \$30,000 reduction of MIDD funds to Superior Court due to over budgeting by the new county budget system. The new budget system incorrectly budgeted in Superior Court MIDD costs (flex benefits, FICA, and industrial insurance) that are covered by the state for Superior Court judge salaries.

For questions regarding the budget, contact Kelli Carroll at kelli.carroll@kingcounty.gov, or the MIDD OC Co-Chairs.

- Legislative Update
Amnon gave highlights from the Annual Legislative Forum. Over 400 people attended, including 15 legislators.

Legislative mental health and substance abuse priorities for 2013 include:

- Preserve critical funding for a continuum of mental health and substance use disorder programs
 - Both mental health and substance abuse funding has been cut significantly over the last three biennium. Over \$42 million has been cut statewide from substance abuse funding; over \$10 million lost for King County. King County has lost well over \$30 million in mental health funding over the last two biennium. Amnon stressed it must be made clear to legislators that additional cuts would cause King County's safety net to suffer greatly. Both programs fared well in the last session; however, another projected deficit of about \$1 billion is expected in the upcoming session.
- Funding request for tobacco treatment training and support
 - Acquiring funding for tobacco training and support will not cost a lot of money, and is projected to have substantial gains. Public Health Seattle King County was awarded a federal grant and worked with MHCADSD and its agencies to provide support, training and resources to help clients get off tobacco.
- Include alcoholism and drug addiction treatment and support Alcoholism and Drug Addiction Treatment and Support Act (ADATSA) clients in eligibility for Housing and Essential Needs (HEN) program
- Dedicate liquor tax to support substance abuse treatment and prevention
- Fix flaw in criminal insanity statute
- Fund enhanced services facilities and amend Involuntary Treatment Act to exclude dementia and organic disorders.

A full list of these Legislative Priorities for 2013 with descriptions, as well as detailed papers on the other priorities, are available at:

<http://www.kingcounty.gov/healthservices/MHSA/MIDDPlan/MIDDCommittees/Archives.aspx>

4. Co-Chairs Report

The Co-Chairs spoke to these points:

- Regarding the supplantation evaluation, the Evaluation team notes that they have been working closely with all the programs involved, which have been very responsive to the team's requests for information. They have received the data necessary for the evaluation from almost all of the programs and report that the task of data analysis is under way. The program evaluator, Debra Srebnik, encourages programs involved to provide information about any changes in program operations or context that have occurred since 2008 that would help her interpret any changes in program productivity and outcomes. The Performance Strategy and Budget Office has approved the evaluation plan. The results must be submitted to Council on April 1, 2013.
- A reminder was given regarding the importance of focusing on prioritization for the next six months with the implementation of the evaluation of the MIDD supplanted programs. The Prioritization Subcommittee had its first meeting on November 27th with Amnon and Kelli serving as co-chairs. There are currently 14 MIDD OC members on this subcommittee: Dan

Satterberg, Mike Heinisch, Darcy Jaffe, Shirley Havenga, Bruce Knutson, Barb Miner, Linda Madsen, Linda Brown, David Black, Mary Ellen Stone, Merrill Cousin, Laurie Sylla, Janna Wilson and Ann McGettigan.

The committee is tasked with providing recommendations regarding prioritization to the OC by April 2013. An extra MIDD OC meeting has been added to the schedule for March 28th, 2013, to review and discuss the prioritization recommendations and discuss the results of the MIDD Supplantation Evaluation.

- The Crisis Diversion Strategies subcommittee, to oversee Strategies 10a and 10b, formed and had their first two meetings. Current members include Ian Goodhew, Chair; Darcy Jaffe; Shirley Havenga; Dave Asher, Suburban Cities; Chief Lisa Mulligan, King County Sheriff's Office; and Sgt. Joe Fountain, Seattle Police Department (SPD); and is staffed by Susan Schoeld. At the initial meeting, the group requested to review the evaluation and data collection elements for the diversion programs. The issue of training for law enforcement has been a recurring theme given the lack of police referrals to the CSC so far.

The role of the subcommittee is to provide information to the MIDD OC on the crisis diversion strategies, and advise the OC on recommendations related to program development and quality improvement. Additionally, the subcommittee will work to coordinate with stakeholder partners to support and enhance working relationship that support the intention of the diversion strategies.

Ian Goodhew reported the subcommittee has conducted two meetings, primary issue: ensuring law enforcement understood the process of referring and making referrals to the CSC, as well as using resources to keep individuals out of jail. The CSC has been extremely helpful working on the project called LEAN Law Enforcement Assisted Diversion. The project has now liaised with the CSC.

Co-Chair Heinisch gave high accolades to Susan Schoeld who has attended round the clock roll calls all over King County to implement this. Her efforts were recognized by applause from the OC.

- The Neighborhood Advisory Committee for the CSC is up and running. This committee was formed based on the Good Neighbor Agreement recommendations, and includes a representative from Downtown Emergency Service Center (DESC) and MHCADSD, in addition to neighborhood residents, businesses and organizations. Current concerns identified by community members regarding background checks for individuals brought in by law enforcement are being reviewed.

5. Crisis Solutions Center Update, Graydon Andrus, Director of Clinical Programs, DESC

Mr. Andrus provided an update on the CSC programs given that all records have been kept manually. However, the CSC is entering a period where all data, since opening in August, will be entered into a new electronic system soon.

Clients, visitors, and staff have expressed how well DESC maintains a clean, upbeat, warm, and supportive environment at the CSC.

Total referrals to the CSC since opening: 561. Of those, 179 were declined. 150 of those declined were due to eligibility; 29 due to the CSC being at full capacity.

Crisis Diversion Interim Services: 178 clients referred; zero declined as clients voluntarily opt in. Some clients need longer than a 14-day stay and are linked to care elsewhere.

Mobile Crisis Team (MCT): the team has completed outreach on 159 cases.

The crew continues to assist clients throughout the process and consistently staff the program.

Of all referrals, only three came from SPD from the August to November period. The only police entity to deliver a client to the CSC was Normandy Park. There was one medic referral.

Outcomes

Of the 159 outreach cases mentioned above, the MCT outcome numbers to date are: 22 were admitted to the Crisis Diversion Facility, 36 were taken or remained in the hospital, 36 remained or were taken home, 10 remained in the community, 23 refused services, 13 were taken to a shelter, four were referred to detox or sobering center, and two were taken to jail.

A fair amount of medical work is done onsite such as medical assessments, working with those with diabetes and other medical issues, and serious mental health concerns.

Clients feel comfortable enough at the CSC to read, write, and share their poetry, and even create other pieces of artwork.

6. MIDD OC Member Check-in

Co-Chair Heinisch announced South King County received a \$40 million grant for schools.

7. New Business

No reports/updates.

8. Public comment

No reports/updates.

ADJOURNED at 1:25 p.m.

Next Meeting

February 28, 2013

King County Chinook Building, Rooms 121 & 123

401 5th Avenue, Seattle, WA 98104

11:45 a.m.– 12:15 p.m. ~ Networking Lunch

12:15 p.m.– 1:45 p.m. ~ Meeting