



**Mental Illness and Drug Dependency (MIDD)  
Oversight Committee (OC)  
August 22, 2013  
11:45 a.m.-12:15 p.m. networking lunch  
12:15 p.m. – 1:45 p.m.  
King County Chinook Building Rooms 121 & 123  
Meeting Notes**

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**Members:**

Rhonda Berry, David Black, Jeanette Blankenship, Merrill Cousin, Councilmember Rod Dembowski, Judge Michael Finkle, Pat Godfrey, designee for Linda Brown, Shirley Havenga, Mike Heinisch, Councilmember Dennis Higgins, David Hocraffer, designee for David Chapman, Darcy Jaffe, Norman Johnson, Chief Deputy Anne Kirkpatrick, designee for Sheriff Urquhart, Barbara Linde, designee for Richard McDermott, Christine Lindquist, Linda Madsen, Ann McGettigan, Alex O'Reilly, designee for Councilmember John Chelminiak, Burns Petersen, designee for Donald Madsen, Mary Taylor, designee for Barb Miner, Chelene Whiteaker, Mark Wirschem, designee for Bruce Knutson

**Other Attendees:**

Julian Andrews, Dave Asher, Bryan Baird, Betsy Bosch, Greg Canova, Kelli Carroll, Kimberly Cisson, Jessamyn Findlay, Russ Goedde, Bob Graham, Lisa Kimmerly, Andrea LaFazia-Geraghty, Kristina Logsdon, Rachelle Parslow, Susan Schoeld, Amnon Shoenfeld, Laurie Sylla, Seiko Yamashita

**1. Welcome and Introductions, Co-Chair McGettigan~**

Co-Chair McGettigan called the meeting to order, welcoming the committee and introductions were made by each person in attendance.

**2. Approval of the Meeting Notes from the June 27, 2013 Meeting, Co-Chair McGettigan~**  
Minutes were approved by consensus, no revisions.

**3. MIDD Project Staff Report, Andrea LaFazia-Geraghty, MIDD Project Manager, Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) and Amnon Shoenfeld, Division Director, MHCADSD~**

The MHCADSD staff received the following revisions:

- p. 12 – (NDA's) formatting
- p. 16 – (GRAT) revised to place emphasis on other accomplishments (relationship-building with law enforcement)
- p. 30 – (CDVRT) different accomplishments
- p. 39 – (PES) mention of medically-centered services
- p. 51 – poetry rather than photo

These revisions will be included in the final progress report. The MIDD progress report was approved, as revised.

Legislative and State Budget Update, *Amnon Shoenfeld*

The legislature finished their business in this last session. It wasn't as bad as originally feared, but the work leaves us with a big hole beginning in July 2014.

The state, along with several other states, has been found in violation of a federal Medicaid regulation that has been in existence since 1994. The state is exploring, with legal counsel, if there are other interpretations to be made, and what their options are.

The Center for Medicare and Medicaid Services (CMS) sent a letter in early July to the Washington State Health Care Authority and the Department of Social and Health Services (DSHS), letting them know the state contracts with Regional Support Networks (RSNs) that provide mental health services in this state violates a part of the Medicaid law which calls for open procurement for at-risk contracts. The state was given 90 days to respond, which they have done, requesting more time.

At this point, the state will have to issue a corrective action plan. The state has two choices according to CMS. The first option is to change the structure of payments for mental health services in the state so it is a cost reimbursement structure rather than an at-risk contract (a fee for service model), albeit this is unlikely. The other option is to put out a Request for Proposal allowing anyone or entity to bid to become an RSN in the state. The counties have the right of first refusal to be an RSN and would have to compete with the plans. This would require working with the legislature to change state law, and will find out more about this in the next legislative session.

**4. Co-Chairs Report, Co-Chair McGettigan**

No reports/updates.

**5. MIDD Project Budget Update, Dwight Dively, Director, Performance, Strategy and Budget Office~**

The County is in the middle of a transition from annual to biennial (two-year) budgets. For 2013, the MIDD budget is ok. For 2014, there appeared to be a \$7M gap between projected revenue and projected spending, but there won't be cuts to the 2014 budget due to the following:

- There was significantly more underspending in 2012;
- The sales tax revenue for the MIDD fund is up as the economy is improving (growing approximately 5-6% per year); and
- There are efficiencies identified in several MIDD programs.

The combination of these things fully covers 2014. Mr. Dively gave a shout out to DCHS staff for significantly reducing administrative costs. Looking out to years 2015-2016, there is time to work on further inefficiencies as budgetary problems re-emerge.

A year ago, Executive Constantine requested that all MIDD-funded programs be evaluated. The supplanted MIDD programs, formerly in the general fund, also needed to be evaluated and were brought in and evaluated. Mr. Dively noted this work was helpful and thanked the staff involved.

The Executive will present his budget on September 23; the Council may adopt this budget on November 18.

**6. Crisis Solutions Center (CSC) MIDD 10b Strategy Update, Susan Schoeld, MHCADSD  
Graydon Anders, Downtown Emergency Service Center**

Susan presented Crisis Diversion Facility (CDF) and Mobile Crisis Team (MCT) referral data. The data shows that approximately 90 percent of referrals to the CDF are from hospitals and approximately 90 percent of all referrals to the MCT are from law enforcement. More requests for training from Fire Departments have been made, so they can utilize this program more; Kirkland

and Bellevue fire departments have come on board. To date, 89 trainings have been provided to police and fire department partners.

Daily census data continues to grow with approximately 13 to 14 beds as a daily average. Census has been hit a few times where people were turned away.

All hospital ED/ERs have received training on the CSC, as well as the Central Region EMS and Trauma Care Council. Presentations have also been provided, upon request, to:

- The DSHS Home and Community Services
- King County Behavioral Health Conference
- The Bellevue Human Services Commission
- BASIICS meeting (Benefits and Services for Individuals Involved in the Criminal Justice System)
- Mental Health Court's Public Defenders staff meeting
- The MIDD OC

Graydon Andrus continued to provide the following data for first year totals from August 2012 to July 2013:

The MCT

- Outreach: 689
- Consultations: 81
- CDF referrals admitted: 132

Crisis Diversion Facility (CDF): 1,420 admitted to program (1,980 referrals)

- Median age of individuals served: 39
- Oldest person served: 90
- #1 Referral Source: Harborview (650 referrals)

Crisis Diversion Interim Services (CDIS): 741 admitted to program

- Approx. 70 percent have no existing community mental health service at entry
- Approx. 85 percent are homeless
- Average length of stay: 7.8 days

Staff at the CSC include:

- MCT: 14 FTE with one vacant position and a recent increase in staffing
- CDF: 30 FTE with four vacant positions
- CDIS: 25 FTE with seven vacant positions and a recent increase of staffing
- Medical 16 FTE with three vacant positions

Lessons learned:

- Refinements to referral/intake process speed process and improve relationships with referral sources
- Integration of mental health and police culture achieved over long term
- Narrow scope of goals and more emphasis on goals identified by client.

## **7. MIDD OC Member Check-in**

Mike Heinisch noted there are three strategies still on hold that are related to children. He added that it would be great if the OC can focus on getting these programs going.

Amnon responded that the County would also like to see those programs come into effect and shared that we do have an opportunity as supplantation funds become available.

Amnon announced the Exemplary Service Award ceremony will take place on Thursday, September 26, 2013, from 4:30 p.m. to 6:30 p.m., at St. Mark's Cathedral, Bloedel Hall in Seattle. One recipient is from a MIDD funded project: Children's Domestic Violence Response team, Sound Mental Health. Other recipients include:

- Advocacy: Hero House
- Direct Service: Kathi Kuciemba, Therapeutic Health Services
- Peer-to-Peer Support: Darren Killian, Recovery Cafe
- System Integration: Wellness for Asian Pacific Americans Project, Asian Counseling and Referral Service
- Director's Award: Doug Stevenson

**8. New Business**

No reports/updates.

**9. Public comment**

No reports/updates.

**ADJOURNED at 1:35 p.m.**

**Next Meeting**

**October 24, 2013**

**King County Chinook Building, Rooms 121 & 123**

**401 5th Avenue, Seattle, WA 98104**

**11:45 a.m.– 12:15 p.m. ~ Networking Lunch**

**12:15 p.m.– 1:45 p.m. ~ Meeting**