



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
October 24, 2013
11:45 a.m.-12:15 p.m. networking lunch
12:15 p.m. – 1:45 p.m.
King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members:

Teresa Bailey, designee for Barbara Miner, Jeanette Blankenship, Kelli Carroll, designee for Councilmember Rod Dembowski, Merril Cousin, Nancy Dow, Judge Michael Finkle, Shirley Havenga, Mike Heinisch, Councilmember Dennis Higgins, Darcy Jaffe, Norman Johnson, Betsy Jones, designee for Rhonda Berry, Chief Deputy Anne Kirkpatrick, designee for Sheriff Urquhart, Terry Mark, designee for Jackie MacLean, Ann McGettigan, Karen Murray, designee for Donald Madsen, Alex O'Reilly, designee for Councilmember John Chelminiak, Dan Satterberg, Mark Wirschem, designee for Bruce Knutson

Other Attendees:

Dave Asher, Bryan Baird, Johanna Bender, Doreen Booth, Betsy Bosch, Kimberly Cisson, Kathy Crane, Russ Goedde, John Holecek, Lisa Kimmerly, Leesa Manion, Susan Millender, Rachelle Parslow, LaTonya Rogers, Ursula Roosen-Runge, Susan Schoeld, Amnon Shoenfeld, Laurie Sylla

1. Welcome and Introductions, Co-Chair Satterberg~

Co-Chair McGettigan called the meeting to order, welcoming the committee and introductions were made by each person in attendance.

2. Approval of the Meeting Notes from the August 22, 2013 Meeting, Co-Chair Satterberg ~

Minutes were approved by consensus, no revisions.

3. MIDD Project Staff Report, Susan Schoeld, MIDD Crisis Diversion Program Manager, Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) and Amnon Shoenfeld, Division Director, MHCADSD~

The MIDD Strategy 11b: *Increase Services Available for New or Existing Mental Health Court Programs* provides mental health court programs to eligible adult misdemeanants throughout King County. In August 2011, the strategy was updated to include a component of the Veteran's court calendar to the existing MIDD mental health court strategy. The target output numbers for the MIDD mental health court strategy is 115 additional offenders referred from King County cities and the Veteran's court calendar based on probation staff caseloads of 57 per staff, which was recently reduced to 55 per staff. Prior to the revision, two full-time staff were assigned to the MIDD mental health court strategy. The strategy is being revised due to a budget revision and in order to adjust the targets to make them consistent with the caseload of the probation staff. The budget is being reduced by one FTE probation staff, probation caseload is based on two year probation of 55 so the target is being revised to 28 annually. We recommend this change in strategy because of the required caseload requirements for probation staff and the reduction in probation staff. The outcomes/outputs will still need to be revised with the Regional Mental Health Court partners once the strategy revision/update is finalized.

State Update, *Amnon Shoenfeld*

The last legislative session sped up the implementation changes of the Involuntary Treatment Act, making it much more likely that individuals will be involuntarily detained. The legislators recognized that in doing so, this puts pressure on the community since King County is already boarding two-thirds of all those detained and subsequently placed funds in the budget (for the first time in years). These funds will be available for Regional Support Networks to apply for (as they will not be distributed) to then propose programs to deal with involuntary treatment bed capacity, or to propose community programs to provide alternatives to hospitalization to those who might ordinarily be hospitalized. The County proposed the following three programs to the state:

- Double the capacity of the mobile crisis outreach team, get a much more responsive community response to crises, and hopefully drive down involuntary commitments.
- Retrieve all the lost funding back and reopen slots from the previously cut non-Medicaid crisis next day appointment program.

Both of the above mentioned programs are associated with the MIDD.

- The third program (with subsequent RFP being released now) proposes to have a team of professionals to go to the hospitals that are boarding individuals (committed), help the hospitals with discharge planning, and accompany the individuals to a successful transition back into the community.

Amnon is confident the necessary \$1.7 million needed for these worthy programs will be funded and MHCADSD should hear next week.

Merril Cousin requested an email be sent out to MIDD OC members when MHCADSD hears.

4. Co-Chairs Report, Co-Chair McGettigan~

No report.

5. Guided Pathways Support (GPS) for Youth and Families, Kathy Crane and LaTonya Rogers, MHCADSD; Ursula Roosen-Runge, Strategic Learning Resources (SLR); Susan Millender, Executive Director, Guided Pathways—Support for Youth and Families~

MIDD Strategy 1f update

Kathy Crane introduced the team. Together, they provided an update on the activities related to the status of GPS, as well as other activities supported by the strategy. When strategy planning began five years ago, the parent partner network had only 13 parent partners; this number has grown to 35 parent partners participating to date.

Ms. Roosen-Runge is with SLR, a consulting firm retained to start GPS. Between July and December 2012, the main focus was to start the organization with very strong policies, infrastructure, and government. During this time, SLR worked to develop an 11-member Board through a rigorous selection process, and submitted a 501c3 that was approved in March 2013. Space was located in Kent at 190th and the West Valley Highway to easily service south King County; the facility also has a training room. Finally, MIDD funding came in early December 2012 that enabled the purchase of furnishings, computer equipment, signing a lease, and opening for business.

Ms. Millender reported GPS officially launched in April 2013. Since then, the following has occurred:

- First family social event in April
- Family fitness gym in Kent facility
- Underage drinking panel
- First parent class at Seattle Children's in August 2013
- Second parent class in Newcastle in September 2013

The GPS provides service and support to families throughout King County, with hopes to move around King County with additional parent classes, social events, and trainings in the future. In 2014, GPS plans to open an information and resource line. One of the chief things GPS is doing is one-to-one parent peer support with a staff of five (including two who are parent partners), hard at work taking referrals, talking to class attendees, and helping individuals at their point of need in a number of ways to help them navigate the system of care.

Currently, GPS is serving about 30 families with one-to-one support and have engaged over 600 people in parent classes. The agency's goal is 1,000 duplicated families touched in a year and 400 unduplicated receiving parent peer support.

The GPS has a formal memorandum of agreement with the Auburn and Kent school districts, and is partnering with Kent Youth and Family Services. The agency started its first community conversation in support of a community needs and strengths assessment in Kent on Saturday, October 19, 2013. The hope is to learn from parents what has helped the most in raising their children, what services do they wish had been better, and how will the next three years fill those gaps in services that have not been there before.

On November 22, GPS will host their first youth forum targeted toward teens in Auburn, Kent, Federal Way, and Renton, working with the school districts and youth serving agencies there to get the word out. The purpose of this forum is to bring youth together to discover what has been most meaningful to youth in terms of support, and learn what solutions can come from the challenges they face.

Additional information can be obtained at <http://www.guidedpathways.org> including ways for volunteers to support the efforts of GPS.

Co-Chair McGettigan complimented Ms. Millender on the work she has accomplished in a year's time, and shared she loves the idea of starting clusters of parent partners together to start and support the conversation and the work. She said this is very admirable work and congratulated her.

6. MIDD OC Member Check-in

The following points were discussed:

Darcy Jaffe disseminated a Community Collaboration and Intensive Case Management for Patients with High Emergency Department Utilization handout to share with OC members. This handout can be found at:

<http://www.kingcounty.gov/healthservices/MHSA/MIDDPlan/MIDDCommittees/Archived%20Minutes%20and%20Meeting%20Materials.aspx>.

Judge Finkle announced Judge Johanna Bender will take over his seat on the MIDD OC beginning in February 2014.

Alex O'Reilly thanked staff, specifically Susan Schoeld, for the considerable time she has spent with Bellevue Police Department and other first responders providing trainings on the Crisis Solutions Center programs, specifically the Mobile Crisis Team, and alternatives to jail and hospital settings for individuals in mental health and/or substance use disorders..

Laurie Sylla invited MIDD members to attend the first ever Department of Community and Human Services (DCHS) showcase on November 5, 2013, from 2:30 p.m. to 4:30 p.m., in Chinook Building room 121 and 123. Information on about two dozen programs around the County administered by DCHS, including several MIDD-funded programs, will be showcased at the department's first ever poster session, with department staff on hand to discuss their projects. This is an opportunity to learn about the accomplishments of some of the County's most innovative programs in housing, employment, treatment, and more. Refreshments and door prizes provided. Members were advised to look for an email with more information coming soon.

Merril Cousin announced it is Domestic Violence Awareness Month with an awards ceremony taking place this evening; Dan Satterberg, MIDD Co-Chair, will be honored. The award ceremony is from 5 p.m. to 7 p.m. tonight at the Northwest African American Museum at 2300 S Massachusetts Street, Seattle, 98144.

7. New Business

Norman Johnson asked if anyone has thought of the marijuana sales tax where 1/10th of one percent that may come to MIDD. He raised a concern that not enough money is earmarked for treatment and prevention. He requested there be a group to look into this potential revenue source and how it will be used.

8. Public comment

No report.

ADJOURNED at 1:20 p.m.

Next Meeting

December 12, 2013

King County Chinook Building, Rooms 121 & 123

401 5th Avenue, Seattle, WA 98104

11:45 a.m.– 12:15 p.m. ~ Networking Lunch

12:15 p.m.– 1:45 p.m. ~ Meeting