



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
June 26, 2014
11:45 a.m.-12:15 p.m. networking lunch
12:15 p.m. – 1:45 p.m.
King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members:

Dave Asher, David Black, Johanna Bender, Jeanette Blankenship, David Chapman, Councilmember Rod Dembowski, Merrill Cousin, Nancy Dow, Ashley Fontaine, Pat Godfrey, Shirley Havenga, Mike Heinisch, Major Corrina Hyatt, designee for William Hayes, Darcy Jaffe, Norman Johnson, Betsy Jones, designee for Rhonda Berry, Linda Madsen, Ann McGettigan, Karen Murray, designee for Donald Madsen, Mark Putnam, Councilmember Lynne Robinson, Dan Satterberg, Mary Ellen Stone, Mary Taylor, designee for Barbara Miner, Sheriff John Urquhart, Chelene Whiteaker, Josephine Wong, designee for Adrienne Quinn

Other Attendees:

Bryan Baird, Jesse Benet, Kelli Carroll, Kimberly Cisson, Joan Clement, Brigitte Folz, Bob Graham, Corrina Harn, Lisa Kimmerly, Andrea LaFazia-Geraghty, Leesa Manion, Alex O'Reilly, Susan Schoeld, Jim Vollandroff, Josephine Wong

1. Welcome and Introductions, Co-Chair Satterberg~

Co-Chair Satterberg called the meeting to order, welcoming the committee and introductions were made by each person in attendance.

Co-Chair McGettigan thanked Co-Chair Satterberg for his service as co-chair and presented him with an award. Co-Chair Satterberg will continue to serve on the MIDD OC as a member. Co-Chair Satterberg expressed his thanks and how proud he is of the work MIDD has done.

2. Approval of the Meeting Notes from the February 27, 2014 Meeting, Co-Chair McGettigan ~
Minutes were approved by consensus, no revisions.

Dave Asher asked to add the legislative budget results to next MIDD meeting agenda.

3. Co-Chairs Report, Co-Chair McGettigan~

Co-Chair McGettigan commented how great it has been to have Dan Satterberg and his perspective as her Co-Chair. With the end of his term, Co-Chair McGettigan announced Judge Johanna Bender is willing to serve in this role. She brings a lot of great experience and a wealth of knowledge.

MIDD Renewal Planning Update

The MIDD renewal is coming up in a year and a half from now. Co-Chairs have been in talks with leadership staff about a plan to educate councilmembers, address any concerns, and provide updates. More information to come.

Co-Chair McGettigan wished everyone a Happy (Gay) Pride. Gay Pride a month-long celebration with a positive stance against discrimination and violence toward lesbian, gay, bisexual, and

transgender (LGBT) people, to promote their self-affirmation, dignity, equality rights, increase their visibility as a social group, build community, and celebrate sexual diversity and gender variance.

4. MIDD Project Staff Report, Andrea LaFazia-Geraghty, MIDD Project Manager, and Susan Schoeld, Crisis Diversion Program Manager, MHCADSD~

Action Item: Dan Satterberg's co-chair term has expired. Judge Johanna Bender, District Court, is the only person nominated and she is interested in serving. Andrea asked if there were any other nominations, and there were none. Judge Bender's position as co-chair was approved by consensus vote. She will be serving a two-year term and will take over as co-chair for the August 28th meeting. By consensus vote, the MIDD approved Bender. She is excited to take on this role.

Strategy Updates

- MIDD 11b--Regional Mental Health Court
This strategy is being revised to spend a component on therapeutic treatment and supportive housing for participants who have opted in to the Regional Mental Health Court/Regional Veterans Court (RMHC/RVC). These funds are available for treatment because the Veterans and Human Services Levy is currently funding a component of the Regional Veterans Court, which was previously funded by the MIDD 11b. A small portion of these funds, not to exceed \$7,000, and funds that were not previously set aside, will be used for training staff.
- MIDD 10a--Crisis Intervention Team (CIT) training
Susan provided an update on the CIT strategy (brief) and overview of the annual training plan to date. A copy of this plan can be viewed here:
<http://www.kingcounty.gov/healthservices/MHSA/MIDDPlan/MIDDCommittees/ArchivedMinutesandMeetingMaterials.aspx>

Updates include:

The CIT has been collaborating with Ashley Fontaine, NAMI Greater Seattle to get NAMI peers more involved with training and manage stipend requests. Come September, the hope is a more robust NAMI peer involvement within the week-long training so officers will have more opportunities to engage with NAMI peers (individuals with mental health disorders), who are not currently in crisis. Susan gave thanks to Ms. Fontaine and NAMI.

The CIT also partnered with the Sheriff's office (KCSO) to provide county-wide trainings in Justice Based Policing, a training the KCSO already has in place.

The CIT Regional Conference is August 4 – 6, 2014, in Burien. A variety of presentations will be offered as well as bringing in a cultural component.

Finally, the team is working closely with the Seattle Police Department (SPD) in regards to assisting them in meeting the U.S. Department of Justice consent decree requirements regarding the provision of crisis intervention trainings for all SPD officers by the end of 2014. Susan warned the numbers this year are going to look amazing and this expectation should not be so next year.

5. MIDD Annual Report Presentation, Lisa Kimmerly, MIDD Evaluator~

Lisa conducted a highly engaging visualization exercise where she asked members to close their eyes, envision themselves at a birthday party with cake, balloons, and even eating a bit of chocolate frosting. She instructed the group to open the door to admit dozens of excited five-year olds. The kids she described in this scenario are the same age as the MIDD programs she refers to as her

triplets: community-based care; youth programs; and diversion. She continued her story to paint the story of how they have grown.

In its first year, Community-based care programs served 2,000 new people who gained access to mental health outpatient treatment; last year (year 5), the number was over 4,000 people. Substance use disorder treatment is seeing an average of over 3,000 people per year. Thousands more were reached through outreach, early intervention, enhanced crisis response, employment and housing services, services of survivors of both domestic violence and substance abuse. We give them help, linkage, and opportunity.

Youth programs such as Strategy 4c, school based programs, is considered a goldmine of success stories. This strategy is responsible for a suicidal teen no longer at risk; a transgendered youth no longer feeling alone; a boy now earning straight A's who was formerly failing classes; a girl caught using marijuana at school, now clean and sober three months. In addition to these success stories, we have assessments for juvenile justice involved youth, wraparound, in-home behavioral healthcare, therapeutic courts, programs to stop the cycle of DV. Again, help, linkage, and opportunity given.

Diversion programs provides high utilizer case management, mental health court, a drug court providing linkages to housing, jail re-entry education services to reduce recidivism, and medical respite primarily for the homeless. It also provides police training to respectfully respond to behavioral health crisis, learn about autism and other trainings to assist officers in doing a better job when engaging with MIDD clients on the street. More help, linkage, and opportunity.

Lisa shared a letter from a thankful man who described his life as spiraling downward and feeling hopeless, he is now thankful and grateful to the Crisis Solutions Center for stability, safety, hygiene, mental health treatment medication, nutrition, and a clean environment that saved his life and marriage. He went on to say he is grateful to all those working in this organization and those in the community who fund it.

Statistics

- A total of \$54 million were spent on Lisa's "triplets". Proof these children are worth it!
- Of the 45 performance targets measured, 40 achieved 85 percent or more of their targets, which is 89 percent.
- Inpatient hospital use cut in half for four strategies by the second post period.
- Jail use reduction: all 15 strategies had reductions by the third post period.
- Harborview emergency department had reductions in all 11 strategies eligible for the third post analysis.
- Across the board, on average, one of four people served by MIDD reduced their use from pre period of some use to no use for the next three years.
- The report shows symptom reduction details, linkages, decreased workloads, increased professional capacity, recovery, peer involvement, etc.

Lisa then tested each member on what was presented.

6. MIDD OC Member Check-in

Relating to Strategy 4c, Mike Heinisch announced the Mill Creek Middle School in Kent has had past challenges with suicide attempts among students. In working with the Youth Suicide Prevention

Project, intensive trainings were given to parents and staff that has resulted with zero suicide incidents this year.

Shirley Havenga inquired about MIDD renewal planning, what are the competing factors to consider, what is the timeframe, and what can the planning committee start doing now to move the agenda forward? Kelli Carroll responded that the Council and Executive will meet in later July to map out the timeframe and planning, explained that the MIDD is a councilmatic decision. The tax expires December 31, 2016, and must be renewed in 2016 to be effective in 2017. There are many thoughts on when it will be renewed. She stated it will likely be 2016 because there needs to be groundwork done in 2015, such as a review of the action plan and an update is required; also required is a review of what needs to shift due to the Affordable Care Act. A lot of work must be done to prepare for renewal, but all the Councilmembers are thrilled and excited with the work the MIDD has accomplished. Still, Kelli cautioned there is a lot of work and planning to do and it should not be assumed this will be a slam dunk. Jim Vollendroff noted an update can be given at the August meeting.

Alex O'Reilly announced Councilmember Lynne Robinson is the new representative from Bellevue who has been assigned to take Councilmember Chelminiak's place.

Bob Graham noted a King County sergeant sent in a letter to the Training Commission two weeks ago stating he used three CIT resources in his first shift back.

Related to the Involuntary Treatment Act law, Chelene Whiteaker commented on an important case the Superior Court heard this morning around hospital boarding and what type of treatment the individual should be receiving. The case was argued very well on behalf of detained consumers, and a ruling should be out in next six months. The Hospital Association is hoping this will shed light on more access issues. Stay tuned.

7. Public comment

No report.

ADJOURNED at 1:18 p.m.

Next Meeting

August 28, 2014

King County Chinook Building, Rooms 121 & 123

401 5th Avenue, Seattle, WA 98104

11:45 a.m.– 12:15 p.m. ~ Networking Lunch

12:15 p.m.– 1:45 p.m. ~ Meeting