



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
April 23, 2015
11:45 a.m.-12:15 p.m. networking lunch
12:15 p.m. – 1:45 p.m.
King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members:

Dave Asher, Jeanette Blankenship, Merrill Cousin, Lisa Daugaard, designee for Lorinda Youngcourt, Ashley Fontaine, Jaime Garcia, designee for Norman Johnson, Pat Godfrey, Judge Helen Halpert, designee for Judge Susan Craighead, Mike Heinisch, Betsy Jones, designee for Rhonda Berry, Bruce Knutson, Terry Mark, designee for Adrienne Quinn, Ann McGettigan, Barb Miner, Leesa Manion, designee for Dan Satterberg, Alex O'Reilly, designee for Councilmember Lynne Robinson, Chief Deputy Jim Pugel, designee for Sheriff John Urquhart, Mark Putnam, Wendy Soo Hoo, designee for Councilmember Rod Dembowski

Other Attendees:

Scarlett Aldebot-Green, Steve Andryszewski, Bryan Baird, Margo Burnison, Krista Camenzind, Kelli Carroll, Kimberly Cisson, Lauren Davis, Liz Elwart, Brad Finegood, Dan Floyd, Lisa Floyd, Kristina Hoeschen, Lisa Kimmerly, Andrea LaFazia-Geraghty, Anne Meegan, Lan Nguyen, Susan Schoeld, Elly Slakie, Laurie Sylla, Mary Taylor, Ellie Wilson-Jones, Josephine Wong

1. Welcome and Introductions, Co-Chair McGettigan ~

Co-Chair McGettigan called the meeting to order, welcoming the committee and introductions were made by each person in attendance.

2. Approval of the February 27 and March 28, 2015 Minutes, Co-Chair McGettigan ~

Minutes were approved by consensus, no revisions.

3. Co-Chairs Report, Co-Chair McGettigan ~

There is an opening available for the non-County, provider represented co-chair position. Those interested should come forward before the May MIDD OC meeting election commences.

The Fund Balance recommendation report was transmitted and accepted by the Executive and the Council yesterday. Co Chair McGettigan applauded the work of the Fund Balance workgroup helmed by Kelli Carroll.

4. MIDD Review and Renewal Update, Kelli Carroll ~

Kelli announced the next meeting will be a MIDD renewal meeting. She hopes to have a high-level timeline and specifics filled in around the process of renewal ready at that time. She is working closely with Laurie Sylla and the Evaluation team around the evaluation components that calls for two documents for the Council from the Executive.

Kelli followed up about getting a surplus of calls and emails from staff and providers about the use of MIDD funds. The deciders of these funds are the Executive and Council, not the OC. If providers are asking to utilize the MIDD fund balance, have them contact Andrea or Kelli.

5. Crisis Intervention Team (CIT) Training Plan Update, Susan Schoeld (King County) and Bob Graham, Washington State Criminal Justice Training Commission (WSCJTC)~

Ms. Schoeld provided 2014 highlights: 244 people were trained in the 40-hour class; 963 were trained in the in-service class, and 181 trainees completed affiliated crisis intervention activities and trainings such as Force Options, Mental Health First Aid for Criminal Justice, Justice-Based Policing and CIT Youth.

Seattle University is doing an attitudinal study on CIT utilization and effectiveness. She is looking forward to those results later this year.

King County is helping the WSCJTC fund the train-the-trainer Blue Courage Program, a precursor to CIT to promote dignity and respect.

In the draft CIT Training Plan, page one, paragraph three, Mike Heinisch suggested wordsmithing the line that ends with "...brain disorders".

Mr. Graham shared these WSCJTC statistics:

- Exceeded goal of training individuals in the 40-hour class by 35%
- Exceeded goal of training individuals in the 8-hour class by 229%
- Additional courses, exceeded goal by 63%
- Underspent budget by 28%

Mr. Graham read officer testimonials aloud, praising the importance of the CIT program, and how it has made their jobs easier.

Also of note, legislation is to be signed by Governor Inslee tomorrow. By 2021, all officers in Washington state will have received at least eight hours of CIT training, with a two-hour refresher each year.

6. Behavioral Health Integration (BHI) Update, Susan McLaughlin ~

Gave an overview of integrating mental health (MH), substance use disorders (SUD), and physical healthcare systems. Washington state's goals for a Healthier Washington are to:

- Build healthier communities through a collaborative regional approach
- Ensure health care focuses on the whole person
- Improve how we pay for services

In January 2015, the state received \$65 million in state innovation grant funds to accomplish these goals. The state also has legislative support through HB 2572, SB 6312.

State Legislation calls for three things:

- New Regional Service Areas
- Integrating MH and SUD treatment by April 1, 2016
- Integrating physical and behavioral health care by January 2020

King County is and will continue to be a single county region. Formerly known as a Regional Support Network (RSN), the County will become a Behavioral Health Organization (BHO).

King County is currently in Phase I, meaning the County must:

- Move SUD Treatment Services from current fee-for-service to managed care
- Incorporate new books of business (SUD Inpatient Residential; Co-occurring disorder treatment, etc.)
- Implement new service delivery models (improve access, increase flexibility, more outcome focused; improved coordination of care)

What does this mean for clients?

- Progress toward whole person care
- Increased access to co-occurring disorder treatment
- Improved health and social outcomes
- Better experience

What does it mean for providers?

- More flexibility to treat co-occurring disorders
- New contracting and payment structures
- Increased data/IT infrastructure needs
- Increased requirements to coordinate care with other providers
- Increased focus on outcomes

What does it mean for King County?

- King County is taking on a new book of business on the SUD side
- New types of business/benefits and associated risk
- New data system/IT infrastructure needs
- Expansion of managed care functions
- Changes in contracting
- Internal and external reorganization
- Mental Health Advisory Board and Alcoholism and Substance Abuse Administrative Board (ASAAB) become a single, integrated Board

For questions or more information, contact Susan McLaughlin, Health and Human Services Integration Manager at susan.mclaughlin@kingcounty.gov or 206-263-8955.

Related Links:

www.kingcounty.gov/healthservices/MHSA/BehavioralHealthIntegration

State resources:

www.hca.wa.gov/hw

www.dshs.wa.gov/bhsia/division-behavioral-health-and-recovery/developing-behavioral-health-organizations

7. MIDD Project Staff Report, Andrea LaFazia-Geraghty and Kelli Carroll ~

Legislative Update

Terry Mark reported there has been a lot of legislative activity around MH and SUD, with the passage of a number of Bills with focus on CIT training.

SB 1713 Ricky Garcia's Bill--major legislation to integrate the Involuntary Treatment Act for both MH and SUD treatment. Currently, the Senate has not concurred with the House, but they will continue the discussion and Ms. Mark is hopeful this Bill could still make it through. Another Bill,

HB1915, (would have a discussion of combining the two above mentioned Boards), was introduced as an amendment to the 1713 Bill.

SHB 1223 -- This Bill would give more tools (to King County only), to have lodging taxes for affordable workforce housing near transit.

For the first time ever, there are big increases in the operating and capital budgets for MH and SUD services in both budgets. However, the Senate and House are quite far apart on what they will do, as revenue packages must align. The King County Executive and the King County Council have sent letters to the Legislature requesting support for MH and SUD services.

Pat Godfrey added the ASAAB has written on two issues in the last week. One is in regards to SHB 1458—raising the purchase age of tobacco products to age 21. The second issue was to communicate saving the prevention funds in I-502 and diverted into the General Fund.

Brad Finegood gave an update on Recovery Centers of King County (RCKC). The agency, RCKC, informed King County that they were closing their doors the following Monday after Easter weekend, the only contracted detox provider in King County. They had 27 detox beds, 30 residential beds, and approximately 450 people in outpatient treatment. Work began to retain detox services in King County with the help of short-term contracts with Fairfax Hospital and Cascade Behavioral Health to bring on 10 beds each. Within a week, King County designed a Request for Proposal (RFP) for the community for new detox services, released Tuesday, April 21. The hope is to have several agencies in multiple areas in King County, with different levels of care, to reinstate detox in King County by July 1, 2015. Another goal is to make this a Medicaid reimbursable activity.

Budget Update

A financial plan update was distributed in member packets. There are minor shifts here and there; Column E is a little better—a little more designated fund balance. For questions, contact Kelli.

8. MIDD OC member check-in and New Business

Co-Chair McGettigan gave a shout out to Mike Heinisch for receiving the Kent Citizen of the Year Award last week.

Susan Schoeld announced the CIT Regional Conference on September 14-16, 2015, in Vancouver, Washington. A larger turnout is expected as there will not be a national CIT conference this year. Presenters are needed! Also, an awards banquet will be held for those who do great CIT work in the community.

Jaime Garcia announced King5's New Day television show on May 21, will be focused toward MH.

Ashley Fontaine invited everyone to participate in the National Alliance on Mental Illness (NAMI) NAMIWalks Washington, Saturday, June 6. Registration is free at www.nami-greaterseattle.org/namiwalks

ADJOURNED at 1:30 p.m.
Next Meeting: May 28, 2015
King County Chinook Building, Rooms 121 & 123
401 5th Avenue, Seattle, WA 98104
11:45 a.m.– 12:15 p.m. ~ Networking Lunch
12:15 p.m.– 1:45 p.m. ~ Meeting