



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)**

July 23, 2015

11:45 a.m.-12:15 p.m. networking lunch

12:15 p.m. – 1:45 p.m.

**King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members:

Councilmember Dave Asher, Judge Johanna Bender, Jeanette Blankenship, Judge Susan Craighead, Jennifer DeYoung, designee for Patty Hayes, Lea Ennis, Brigitte Folz, designee for Darcy Jaffe, Jaime Garcia, designee for Norman Johnson, Mike Heinisch, Leesa Manion, designee for Dan Satterberg, Ann McGettigan, Katelyn Morgaine, designee for Nancy Dow, Karen Murray, designee for Donald Madsen, Alex O'Reilly, designee for Councilmember Lynne Robinson, Mark Putnam, Adrienne Quinn, Mary Ellen Stone, Mary Taylor, designee for Barb Miner, Lorinda Youngcourt

Other Attendees:

Scarlett Aldebot-Green, Graydon Andrus, Steve Andryszewski, Bryan Baird, Kelli Carroll, Kimberly Cisson, Lauren Davis, Dan Floyd, Bob Graham, Miranda Leskinen, Lisa Kimmerly, Emmy McConnell, Susan McLaughlin, Anne Meegan, Geoff Miller, Councilmember Martin Moore, Susan Schoeld, Elly Slakie, Wendy Soo Hoo, Laurie Sylla, Chris Verschuyl, Jim Vollendroff, Callista Welbaum, Ellie Wilson-Jones, Mark Wirschem, Josephine Wong, Maria Yang

1. Welcome and Introductions

Co-Chair Bender called the meeting to order, welcoming the committee; introductions were made by each person in attendance.

Co-Chair Bender announced OC meetings will be extended from 1:45 p.m. to 2 p.m. for the foreseeable future.

2. Major Tasks Timeline

Kelli Carroll gave a quick synopsis of the major tasks timeline document. This is a living document, evolving as needs and planning are finalized. Updates to this document will be provided to the OC as they occur. She noted a revision since the last OC meeting with the two following major products due in 2016:

- Retrospective MIDD I Report is due June 30, 2016
- Prospective MIDD Service Improvement Plan and Strategy Outline is due December 5, 2016, but the Office of Management and Budget has requested it be transmitted to the King County Council on September 26, 2016, to align with the budget timeline.

Kelli reminded members the MIDD Renewal Progress Report is due to the Council in November 2015, but will first go to the Executive's Office from the Department of Community and Human Services in early October. A preview of this document will be available to the OC at the August 27th meeting.

3. Review and Renewal Activities Update

This is a new standing item at upcoming MIDD renewal meetings to update on key renewal tasks.

- **Outreach Planning**

- MIDD Renewal Web Page

The launch of the web page will be at the end of July or early August. The page will include a link to a survey, meeting announcements, and policy documents. Please let Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) staff know if there is anything else to include on the web site.

- Survey

This 15-20 minute survey is in development. The survey's purpose is to provide MHCADSD and the Council with information needed to inform, structure, and shape MIDD moving forward. It will also be responsive, giving everyone (consumers, families, providers, County staff, justice system, human services system, general members of the public), a place to provide feedback.

There is a high need for consumer input. In the spirit of this, staff will be reaching out to providers with hard copies of the consumer component of the survey, asking providers to make it available to consumers and clients who may be using the system, and would like to give feedback. The data collected here will help to integrate the voice of consumers in the work.

- Community Meetings

Staff has engaged Christina Hulet, a consultant to support outreach and communication, including assisting with community meeting facilitation. Ms. Hulet will engage subcontractors to assist with outreach and engagement with ethnic and culturally specific communities. Kelli is working with Jaime Garcia to ensure a connection with the Latino community, along with encouraging participation from as many different populations as possible. If you have ideas for subcontractors, please let us know.

Kelli is anticipating a community-wide kick off meeting in late September in south King County to include consumers, providers, stakeholders, and policy makers. More information to come; stay tuned.

Other community meetings in the works may include: behavioral health in youth, behavioral health in criminal justice, in addition to geographic work and community-based work.

Member comments:

Mary Ellen Stone asked to consider taking advantage of existing meetings, get invited to PTAs, school board meetings, and predicts far better participation rather than inventing new meetings.

Alex O'Reilly noted looking at emerging populations (people from East India or those who practice the Muslim faith). These communities are trying to make mental health (MH) and substance use disorder (SUD) issues more visible within their communities. Also, take a look at smaller populations now, with growing numbers.

- **Evaluation Assessment Request For Proposal (RFP)**

The Evaluation Assessment RFP is not yet on the timeline as it is in development. The RFP will be released in early August that asks for an objective, third party to look at how the County has done its evaluation work around MIDD and to help identify strengths to build on, opportunities, and challenges. This will involve MHCADSD's Evaluation team in all elements of this moving forward that will bring to life the data points that tell the MIDD story. A link to the RFP will be sent to OC members to send on to organizations or entities OC members work with, with a broad casting of it for a robust response. The end result of this RFP will be a report to extract findings for the Retrospective MIDD I Report and recommendations for the Prospective MIDD Service Improvement Plan.

4. Review and Renewal Strategy Team Update

Co-Chair Bender stated:

- The team is meeting about four hours a month, and consists of a diverse group of individuals from the OC, providers, and County staff, all assembled to assist and advise to fulfill the requirements of Ordinance 17998.
- The team functions as a “kitchen cabinet” of sorts, discussing ideas and approaches, reviewing conceptual designs, and generally helping to shape and “bake” ideas that come to the OC for full vetting and discussion; mostly, to help problem solve and act as a sounding board.
- This team does not act in place of the OC, but rather functions as an extension of the OC, bringing expertise and knowledge together to help Executive staff with their planning and development of MIDD review and renewal activities.
- The group does not make decisions or recommendations on matters that should come to the full committee; though the group will provide feedback on the process for determining strategy recommendations that would then be reviewed and discussed at the MIDD OC meeting.
- The Strategy Team’s work to date includes: the major tasks timeline, outreach planning, and the organizing framework. This work is evolving as the planning work is continuously developing.
- The team will update the OC in the odd numbered months MIDD Review and Renewal meetings.

Kelli added that every point of view is articulated in the Strategy Team as there is a strong desire to adhere to the values, ask hard questions, and ensure the things brought forward to the OC are pre-discussed.

Ann McGettigan echoed Kelli’s remarks; everything is well received and members are respectful of each other. There is a lot of willingness to hear the OC voices, sparking great conversation.

5. Values and Guiding Principles-Review & Approve

This document captures the work of the OC from the MIDD OC March 26, 2015 meeting.

Focusing on the Values and Guiding Principles section, these are the guidelines to be included and reflected in all steps of MIDD work moving forward. Members were asked to review and make any

necessary adjustments. A discussion followed with feedback to be captured on the next iteration of the document. These Values and Guiding Principles will be on the web site, once approved.

Member comments:

Brigitte Folz noticed there is no mention, other than the term ‘MIDD’, on the focus of MH or SUD, and wondered if it would be helpful to have a statement included that MH and SUD is the focus. Judge Susan Craighead mentioned several references to criminal justice system changes and wondered if this includes juvenile justice?

Co-Chair Bender answered she thinks so.

Dave Asher asked to expand / define the ESJ acronym as Equity and Social Justice. He added that it should be expressed in this document that the OC is open to better ways of achieving results.

Graydon Andrus asked if there would be a chance to incorporate a method for prioritizing dollars to those populations whose voices are unheard, or in greater need. Ann McGettigan requested to add whose voices are not being heard due to the nature of this work.

Under the Assumptions section, Dave Asher noted the “Legislative intent remains the same” is something that can be explored and determined ahead of time and to see if any major players are contemplating any major changes. Kelli Carroll clarified that the Values and Guiding Principles section will be the only component of this document on the web.

Co-Chair Bender suggested circulating the updated version to the OC electronically for review and feedback. Kelli will also bring these updates to the next meeting. This item will be posted to the web page mentioned above.

6. Discussion and Review: Organizing Framework

The purpose of the framework, also a living document, is to clearly identify the MIDD objective, the theory of change driving to the objective, and clarify the key strategies and outcomes the MIDD is to accomplish. It will be used as a high-level policy document to discuss MIDD with policymakers and stakeholders across King County, and more broadly with state, local municipalities, providers, etc. Also, it will be a reference document for those who may wish to suggest new service concepts to be potentially funded by MIDD II. The framework will be used to review existing strategies and programs under consideration to be moved forward.

Included in the framework is very familiar language and concepts from Behavioral Health Integration, Accountable Communities of Health, the Strategic Plan, Best Starts for Kids, Health and Human Transformation work, and others. It is being reviewed by multiple stakeholders, both internal and external to King County.

Kelli asked OC members for their reactions to the framework. Is it helpful? What is missing? Member comments included topics such as housing; including prevention/early intervention language in the objective; capturing the very early learning component as infant MH is vital; what the cost of the homeless crisis response is; placing a slash when employment/education is mentioned, mission creep concerns; leverage; etc.

There will be a focused conversation very soon about retooling the MIDD Policy Goals and ways to strengthen them.

Kelli will retool the framework to be distributed at the next OC meeting. She solicited additional feedback electronically, using track changes and/or a summary email by August 5, COB. Please do not hesitate to email her with any questions.

7. Discussion: Strategy Review and New Concepts Approach

Kelli Carroll discussed elements of the strategy review process and asked OC members if it was a shared expectation that all strategies need to be reviewed. All members agreed. Building on this, she asked if members share an understanding, after review and assessment, that some existing strategies may need to be revised, expanded, merged, or potentially eliminated. Again, members agreed these are the potential outcomes of review.

Kelli confirmed new strategies may be recommended after conducting a call for concepts, and their review and assessment. Moving forward, it is very likely review teams will be needed to give two hours to two days of time to review strategies or concepts and to weigh and discuss those. She asked how many members are willing to participate: Leesa Manion, Mary Ellen Stone, Mark Putnam, Alex O'Reilly, Jenn DeYoung, and Mike Heinisch each raised their hands. Kelli advised that other system experts, outside of the OC, Public Health, and MHCADSD, may be included to educate the group.

Member comments:

Consider how to review the strategies that were never implemented? These will not be on a level playing field.

Bringing in non OC members for subject matter expertise is a great suggestion. Also, consider bringing in a consumer and/or community lens to try to discover what might be valuable with MIDD dollars.

It is very important to go speak to the people, and as a best practice, invite the consumers we deal with to the table. Set the table where the consumers are.

Will need the consumer voice translated into government-speak vernacular.

ADJOURNED at 1:40 p.m.

Next Meeting: August 27, 2015

King County Chinook Building, Rooms 121 & 123

401 5th Avenue, Seattle, WA 98104

11:45 a.m.– 12:15 p.m. ~ Networking Lunch

12:15 p.m.– 1:45 p.m. ~ Meeting