



**Mental Illness and Drug Dependency (MIDD)
Oversight Committee (OC)
May 26, 2016
11:45 a.m.-12:15 p.m. networking lunch
12:15 p.m. – 2:00 p.m.
King County Chinook Building Rooms 121 & 123
Meeting Notes**

Members: Alex O'Reilly (designee for Lynne Robinson), Ann McGettigan, Ashley Fontaine, Barbara Minor, Brenda Fincher (by phone – designee for Councilmember Dave Asher), Darcy Jaffe, Judge Donna Tucker, Jeanette Blankenship, Jennifer DeYoung (designee for Patty Hayes), Jim Pugel (designee for Sheriff John Urquhart), Jorene Reiber (designee for Lea Ennis), Judge Johanna Bender (Co-Chair), Leesa Manion (designee for Dan Satterberg), Mario Paredes (by phone – designee for Norman Johnson), Mark Putnam, Mary Ellen Stone, Mike Heinisch, Nancy Dow, Shirley Havenga, Judge Susan Craighead, Terry Mark (designee for Adrienne Quinn), William Hayes.

Other Attendees: Bridgette Folz, Carolyn Dougherty, Chris Verschuyl, Cody B. West, Dan Story, David Uhl, Emmy McConnell, Jesse Benet, Jim Vollendroff, Joe Cunningham, Josephine Wong, Judy Strong, Kapena Pflum, Kelli Carroll, Judge Ketu Shah, Kimberly Cisson, Lauren Vlas, Laurie Sylla, Leah Jones, Lisa Floyd, Lisa Kimmerly, Liz Elwart, Margo Burnison, Maria Guizar, Marina Hansen, Mary Taylor, Rachelle Wright, Ross Marzolf, Susan Schoeld, Titus Chembukha, Victor DeLosSantos.

1. Welcome, Introductions, Co-Chairs Report, *Co-Chair Bender*

Co-Chair Bender opened the meeting and explained that Co-Chair Merrill Cousin was not able to attend. She explained that the financial plan included in the packet, as for all monthly Oversight Committee meetings, would not be reviewed today in the interest of time; the Oversight Committee will review financial plans at upcoming meetings. She noted that items four and five on the agenda would be reversed in order to accommodate one of the speakers. She asked those who had come to give public comment to sign-in on the pink sheet at the back of the room; organizations would have three minutes for their comments and individuals would have two minutes. Members and guests introduced themselves by name and organization.

2. Review MIDD Renewal Deliverables Schedule, *Kelli Carroll*

Ms. Carroll referred members to the MIDD Review and Renewal Timeline in their packets. Final input on the Retrospective MIDD 1 Report and final draft of recommendations for MIDD 2 funding and programs are both due today. On June 16, the draft of the Service Improvement Plan will be posted on the website for public comment and given to members of the MIDD Oversight Committee electronically. The period of public comment will be June 16-June 30 (two weeks). After receiving feedback from the public, community partners, and the Oversight Committee, the report will be revised the week of July 18, and the Oversight Committee will give final input on this revision of the Service Improvement Plan at the July 28 Oversight Committee meeting. August 25 is the date for transmitting the Service Improvement Plan to the King County Council.

Mr. Heinisch asked if there was any reason the OC should see the tax legislation. Ms. Carroll responded that bill 15949 will be transmitted in the next few days to extend the deadline. It's not a new piece of legislation; it's an amendment to 15949. She explained that MIDD 1 expires at the end of 2016 unless extended. The Prosecuting Attorney's Office suggested amending the existing legislation rather than introducing whole new legislation. MIDD 2 planners were initially concerned that this approach would restart the supplantation clock that began in 2007, but assurance was given that the supplantation clock would not be reset if they extended the timeline.

3. Input on Proposed MIDD 1 Retrospective Report, Co-Chair Bender

The Oversight Committee has had one month to review and comment on this document. Ms. Carroll reported that she and the MIDD managers received one piece of feedback which resulted in minor amendments to a couple of pages. She opened the floor to members' comments:

- Judge Craighead asked Mr. Hayes about the decrease in jail booking numbers reported on page four of the report, pertaining to policy goals 1, 2, and 4: Do these percentages match an overall decrease across the criminal justice system or are these decreases MIDD-related decreases in addition to the systemic decreases? Judge Bender commented that she had asked a similar question in respect to the Retrospective Report's hospitalization numbers, which led to a change in the report; she explained that the data in the report reflects jail and hospital use by people who have used MIDD-funded services. Some of those services had multiple funding streams, but they were all at least in part funded by MIDD. Judge Craighead noted that criminal justice system use has gone down for a number of reasons (arresting fewer people because prosecutors will not file charges, for example) that do not have to do with MIDD, and Judge Bender replied that data for this was not the province of this report. Ms. Carroll said that Judge Craighead's question is an interesting one and that she will consult with the evaluation team and come back to the Oversight Committee this fall or in 2017.
- Mr. Heinisch appreciated the focus on the changing environment and challenges facing providers around recruitment, retention, and paying qualified staff.
- Ms. Carroll asked if the reports in the "changed condition" section should be included in the Service Improvement Plan because it's helpful for the future looking back, and many members agreed they should be included.

4. MIDD Supplemental Update, Dwight Dively

Next Thursday, June 2, the Executive's office will submit to Council the first Omnibus Supplemental Appropriations Ordinance, combining requests for additional appropriations. Their expectation is that they will act on this before the recess in August.

One exception the Executive is making to the MIDD Fund Balance / Oversight Committee's requests is the \$500,000 that had been recommended for housing supportive services is going to be recommended to Council as \$500,000 more for housing capital and/or rental assistance (total: \$1 million). Ms. McGettigan offered feedback in respect to the MIDD 2 briefing paper panels she participated in, where strong support was voiced for housing support; she expressed disappointment in the Executive's recommendation. Her feedback was seconded by Ms. Havenga, Mr. Heinisch, and Ms. Stone, who spoke in particular of the need for both support and structures/rental assistance. Ms. Havenga noted that \$500,000 is a drop in the bucket for capital projects but very significant for support programs. Mr. Dively explained that the

Executive's concern was sustainability – why add funding for support now, to take it back later? But he will bring the feedback back to the Executive.

5. Feedback on Revised Draft of MIDD 2 Funding and Programmatic Recommendations, Co-Chair Bender

Judge Bender introduced this feedback session by noting the 200 public comments the MIDD 2 program managers had received through the public portal on the website. Ms. Carroll will give an overview of the feedback received and the changes in the recommendations, and Mr. Vollendroff will help her supply answers and responses to members' input today. There will not be an up or down vote on the recommendations. The charge is to receive input to pass on to the Executive and Council. Co-Chair Bender repeated the sign-in sheet instructions for people arriving to give public comment.

Overview by Ms. Carroll: Over 50 percent of the 200 public comments received were in support of the work of Recovery Café, acknowledging MIDD support and saying it's not nearly enough. Twenty percent of the comments supported the Geriatric Regional Assessment Team (GRAT) program, and five percent were related to Family Intervention Restorative Services (FIRS). All of the comments, and feedback from elected officials and our partners in the budget office influenced the revisions.

Concerns voiced at the last Oversight Committee meeting about the System Improvement bucket resulted in an overhaul of that bucket and sub-buckets. As a result of reaching out to people with those concerns, some of the existing buckets were modified. Community Access and Workforce Development components were added to the System Improvement section, and the Coordination, Partnerships, and Integration sub-bucket was eliminated. Importantly, a Community-Based Behavioral Health Treatment sub-bucket has been added to the Prevention and Intervention section (non-Medicaid services). Youth Crisis Diversion section was also revised to be Youth Services Continuum. Other changes to the buckets may still be made. In addition, the numbering system was changed from Roman numerals, names were changed to "behavioral health," and emerging issues to be covered as an initiative rather than a "reserve," so that funding will be available quickly in the future for emerging issues.

There were four funding and programmatic changes:

- \$100,000 was added to GRAT to restore it to 2016 funding levels
- Funding for juvenile justice assessments was restored to 2016 levels.
- Funding has been added to expand the Family Treatment Court in South King County. This is truly an expansion; new families will be served. This aligns very strongly with MIDD in helping families in treatment stay whole.
- \$1 million has been added to the four Therapeutic Courts based on new information.

These additions were accomplished without taking money from other programs, by zeroing out the rainy day reserve and emerging issues funding for now. Robust tax revenues are expected in 2017. The Emerging Issue initiative and the Rainy Day reserve replenished once the expected projection funding is available.

Mr. Dively explained that the \$1 million added to Therapeutic Courts funding reflects four updates:

- 1.) It reflects the actual number of FTEs of court staff working in Therapeutic Courts,
- 2.) It reflects salary and benefit cost increases for staff,

- 3.) MIDD funding will replace \$150,000 Veterans and Human Services Levy dollars for the current 2015-2016 biennium that is not sustainable in the next biennium, and
- 4.) There are costs for facility maintenance that have been added. The General Fund may not be able to afford its share of the building maintenance. If the General Fund can't cover the maintenance costs, then the MIDD won't need to pay for maintenance costs either. This part of the \$1 million may come back to the MIDD.

Ms. Jaffe clarified the items leading to the increased costs. She asked if the cost of salary increases to other programs are included in the MIDD. Ms. McGettigan said that salary increases for other programs were not as clearly defined as has happened with the Therapeutic Courts. Ms. McGettigan asked what percentage of the \$1 million goes to space usage. Mr. Dively explained that about 70 percent of the \$1 million added to the Therapeutic Courts is for facility maintenance. If the costs are not sustainable in other areas of the County budget then the cost to MIDD of space maintenance could therefore run \$300,000 to \$500,000 less than currently planned which will not be known until the middle of August.

Judge Craighead thanked the managers for the juvenile justice assessment and Family Treatment Court funding that will allow us to fully utilize grant money already received; lots of children and families will be reunified because of this. She voiced concern about the Recovery and Reentry behavioral health risk assessment for adults in detention, stating that the risk assessment tool will negatively affect King County's low adult incarceration rate. The Department of Public Defense is opposed to it. The public nature of this tool, once it is part of the individual's record, is also a problem, and she suggested that the Executive not accept this recommendation, unless it was rewritten to be implemented by the public defenders.

Judge Tucker agreed that the risk assessment tool should not be widely used at the pre-trial stage, but she argued that it could be helpful in District Court: many people cycle through the system without our knowing their mental health and substance abuse needs, and the tool could be incredibly helpful in helping people get what they need. It is being used by therapeutic courts across the nation to great benefit.

Ms. Khandelwahl from Public Defense stated that she did not support this recommendation, arguing that racial disparity is aggravated by this risk assessment tool and there are issues of confidentiality pertaining to the Public Records Act.

Ms. McGettigan asked if the \$1 million being recommended for capital housing projects and rental assistance affects the \$2 million being recommended for housing and supported services. Mr. Dively responded that the Executive is very supportive of investments in supportive housing services, as long as it is ongoing.

Ms. Blankenship stated that the City of Seattle is very excited about the emerging issues reserve. It is the kind of resource that is needed for when issues like the new Heroin and Opioid Addiction Task Force would benefit from. Ms. Blankenship voiced concern about any depletion of that fund.

Mary Ellen Stone appreciated the move of system coordination to Prevention and Intervention strategy area.

Mr. Heinisch and Ms. Fincher voiced appreciation of the continued proposed funding for South King County initiatives.

Mr. Heinisch asked about the notes on Workforce Development and Workload Reduction. Ms. Carroll said that they would resend a corrected version of the recommendations, noting that there are some notes that did not belong in the document and also that there are some parts that were new that are not flagged as new; she will correct this.

Co-Chair Bender encouraged people to review the crosswalk document about the basis for recommendations that was recently provided.

Discussion of MIDD name:

A question was asked if the designations of MIDD 1 and MIDD 2 would remain. Ms. Carroll stated that what we are terming "MIDD 1" or "MIDD 2" will become simply "MIDD." Mr. Vollendroff described that there has been feedback about the Mental Illness and Drug Dependency (MIDD) name. There is interest in a name that is more descriptive of recovery. This will be pursued after the MIDD renewal. Co-Chair Bender asked if it was part of the state statute. Mr. Vollendroff clarified that the name was not part of the state statute. A new name will also help avoid confusion with the Metropolitan Improvement District (MID).

6. Public Comment

- Carolyn Dougherty, from the Washington Recovery Alliance and a Program Manager at Recovery Café, advocated the development of a recovery coalition in King County similar to ones that exist in southwest Washington and Spokane. King County has no recovery coalition yet, but representatives from Oxford House, Recovery Café, Northwest Indian Treatment Centers, Union Gospel Mission, Seattle Area Support Groups, and many others, would participate. Recovery Coalitions, which together form the Washington Recovery Alliance, are effective advocates for reducing stigma, advocating for services, promoting the role of peers in recovering, training, and organizing. The goal of the Recovery Coalitions is to support statewide action for hope, change, and action. It provides a way for people leaving treatment to give back to the systems that have helped them.
- Cody West, Washington Recovery Alliance and peer case manager at Seattle Area Support Groups, spoke of how with a small amount of money, this coalition could move the needle on reducing stigma. A King County Recovery Coalition could rally people to attend the legislative forum and advocate for legislation in Olympia; in January of this year, 75 people in addiction recovery and family members told their stories to their legislators in Olympia, and Ricky's law passed partly thanks to them. The Coalition would train people to use pro-recovery language and help alter media's stigmatization of mental illness and addiction.
- Victor DeLosSantos, from Recovery Café, spoke of the importance of access to HIV services. He told his story of how crystal meth caused a great loss to all he had worked for 15 previous years in the nonprofit system, but now he had a chemical dependency certificate and is finishing a master's degree at Seattle University and is working with nonprofits, thanks to the safe community space that Recovery Café provides. Recovery Café teaches self worth. He asks for \$500,000 additional funding for a new Recovery Café in South Seattle.
- Leah Jones and Judy Strong from EvergreenHealth thanked the Oversight Committee for restoring funding for the GRAT. Behavioral Health for older adults is severely under-recognized and supported. This year saw the highest level of referrals in the last five years,

with cases that are more medically complex and an increased number of younger older adults. Adult Protective Services and Adult Dependency Services and anyone with interaction with older adults have really depended on GRAT.

7. Announcements

- Mr. Vollendroff reminded people of the National Alliance on Mental Illness (NAMI) walk on June 4, 9am, in Kirkland. The Behavioral Health and Recovery Division (BHRD) team of 29 people has raised \$2,000 so far, and is in a competition with Harborview. If you are not yet on a team, please consider joining or supporting any of the NAMI teams.
- Also, the fund balance work group's recommendation for use of naloxone for opiate overdoses is already saving lives.
- Mr. Heinisch and Ms. Fincher announced the Kent International Festival celebrating diversity in Kent, June 4, 9 am-9 pm, free of charge.
- Alex O'Reilly reported that the Bellevue Police Department (BPD) is excited to host the Crisis Van several days a week; BPD uses the van a lot, and it is accessible not only to BPD but other cities on the eastside.

The meeting was adjourned at 1:20pm.

Next Meeting: Thursday, June 23, 2016
King County Chinook Building, Rooms 121 & 123
401 5th Avenue, Seattle, WA 98104
11:45 a.m.-12:15 p.m. ~ Networking Lunch
12:15 p.m.-2 p.m. (extended to 3 p.m. for public comment) ~ Meeting