



*Members/ Designees:* Ann McGettigan, Ashley Fontaine, Barbara Linde, Mary Taylor (designee for Barbara Miner), Chelene Whiteaker, Claudia D’Allegri, Leesa Manion (designee for Dan Satterberg), Brigitte Folz (designee for Darcy Jaffe), Dave Asher, Ketu Shah (designee for Donna Tucker), Doug Crandall, Jeanette Blankenship, Jeanne Kohl-Welles, John Urquhart, Lauren Davis, Lea Ennis, Anita Khandelwal (designee for Lorinda Youngcourt), Lynne Robinson, Merrill Cousin, Mike Heinisch, Mario Paredes (designee for Norma Johnson), Rhonda Berry, William Hayes

*Other Attendees:* Alex O’Reilly, Brad Finegood, Dan Story, Ellie Wilson-Jones, Elly Slakie, Emmy McConnell, Joe Cunningham, June Lee, Kayla Valy, Kelli Carroll, Kimberly Cisson, Lisa Kimmerly, Merina Hanson, Patricia Quinn, Paul Daniels, Steve Andryszewski, Steve Gustaveson, Sheila Capestany, Susan Schoeld, Titus Chembukha

*Notes by:* Haley Raspet

Item	Discussion	Action Items:
<b>Call to Order - Welcome and Introductions</b>	The committee welcomed new Co-Chair Judge Barbara Linde. She spoke of her history with MIDD and expressed how glad she is to be returning to this work. Co-Chair Linde led the meeting in introductions and welcomed all to the meeting.	
<b>King County Financial Disclosure Form</b>	Rick Ybarra, the King County Liaison for Boards and Commissions, sent an email earlier this month to all members to their King County emails containing the King County Financial Disclosure Form and it is due in April.	Fill out form by responding to Rick Ybarra’s email.
<b>Review and Approve Meeting Notes</b>	No revisions were requested and there was consensus approval of the notes for December. Co-Chair Cousin informed the group the format of notes will be changing going forward, in an effort to align the way the department does notes for its various boards and committees.	
<b>Chair’s Report</b>	<p>The MIDD Executive Steering Committee (ESC) met January 18, 2017. A number of items were discussed:</p> <ul style="list-style-type: none"> <li>• Creation of a short-term ad hoc workgroup to review the revised MIDD evaluation plan framework and plan. This group would meet 3-4 times throughout February, March, and April to assist the King County Behavioral Health and Recovery Division (BHRD) in developing these.</li> <li>• Holding a joint meeting with the Behavioral Health Advisory Board (BHAB) April. BHAB works to promote the importance of prevention, treatment, recovery, and the de-stigmatization of mental illness and addiction.</li> <li>• Review the MIDD Advisory Committee (AC) operating rules and bring forth to the AC for review, input, and approval later this year.</li> <li>• Discussed the letter to King County Council regarding the decisions made around the MIDD budget; it was decided a face-to-face meeting with Council members would be a more effective approach.</li> <li>• The plan for February’s meeting is to revisit the MIDD AC values and guiding principles and reaffirm or revise them, possibly with the help of consultant Christina Hulet.</li> </ul>	If interested in joining the ad hoc workgroup, please contact Kimberly by February 9th.
<b>Financial Report, Steve Andryszewski</b>	The financial plan included in the meeting packet represents actuals through November 2016. The first column at \$128.5 million (Council-approved budget) includes all supplemental requests for the past biennium and the expenditures through November are \$111 million; year-end is open through	

	<p>January 31. Next month will see the final numbers for December and the past biennium.</p> <p>The adopted budget for the current biennium is reflected in the fourth column; the estimated revenue of \$134 million is calculated by the Office of Economic and Financial Analysis. The estimated expenditures are \$133 million.</p> <p>There is a \$100,000 dollar carry-forward request for a planned expenditure for evaluation for the Regional Mental Health Court that was not expended in 2015/2016. The emerging issues reserve that was part of the Service Improvement Plan (SIP) is showed under the list of reserves. There were a large number of supplemental funds finalized by Council in September; those have been listed under the reserves as carry-forwards from the 2015/16 biennium.</p>	
<p><b>Briefing: Best Starts for Kids, Sheila Capestany</b></p>	<p>Best Starts for Kids (BSK) is a groundbreaking property tax levy authorized by King County voters in 2016, generating about \$65 million a year for promotion, prevention, and early intervention services. BSK and MIDD have a few key crossover points that Sheila Capestany highlighted.</p> <ul style="list-style-type: none"> <li>• School-based partnerships and school-based work investments: <ul style="list-style-type: none"> <li>○ Expanding Screening, Brief Intervention, and Referral to Treatment (SBIRT) to middle schools.</li> <li>○ School-based health centers.</li> <li>○ Trauma-informed schools work, partnered with an investment in restorative practices (work around altering discipline policies and alternatives to suspension and expulsion).</li> <li>○ Community-based organizations during out-of-school time.</li> </ul> </li> <li>• Youth developments and promotion of well-being and positive mental health. <ul style="list-style-type: none"> <li>○ Mentoring</li> <li>○ Family engagement</li> <li>○ Positive identity development</li> <li>○ Youth leadership and engagement</li> <li>○ Healthy relationships</li> </ul> </li> </ul> <p>There are other large initiatives and investments that do not have as much crossover with MIDD. These include:</p> <ul style="list-style-type: none"> <li>• Stop school to prison pipeline <ul style="list-style-type: none"> <li>○ Case management</li> <li>○ Outreach</li> <li>○ Mentoring</li> <li>○ Restorative circles</li> <li>○ Education</li> <li>○ Employment</li> </ul> </li> <li>• Pilot projects <ul style="list-style-type: none"> <li>○ Theft 3 and law safety pilot diversion program; a partnership of Tukwila Police Department, Public Defenders, and Westfield Southcenter Mall security.</li> <li>○ Youth and family homelessness prevention program. Has been RFPd.</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"> <li>○ Kent Youth and Family Services is one of 26 organizations that received this award and has already had six referrals so far from the Kent School District.</li> </ul> <p>The distinction between BSK and MIDD is BSK is prenatal through 24 year old; MIDD is that plus adults. Sheila’s job is to determine how to blend the funding streams for BSK and MIDD, as well as the Veterans and Human Services Levy (VHSL) funds for children and youth. There is a requirement to keep MIDD investment at a base, and use BSK funds on top of that. BSK cannot replace a MIDD funds due to the supplantation restriction. The trauma-informed schools work will incorporate the needs of individual districts and individual schools, based on the cultural needs of the student population. BSK and MIDD are looking at how community capacity building can be enhanced.</p>	
<p><b>Briefing: Opioid Crisis, Brad Finegood and Steve Gustaveson</b></p>	<p>On March 1, 2016, the King County Executive, Seattle Mayor Ed Murray, Auburn Mayor Nancy Backus, and Renton Mayor Dennis Law co-convened a joint task force on heroin and opiate addiction. On September 15, 2016, the Task Force released its recommendations – short- and long-term strategies to prevent opioid use disorders, prevent overdose, and improve access to treatment and supportive services for people experiencing opioid use disorders. MIDD 2 has funds allocated to address the opioid crisis. Brad Finegood and Steve Gustaveson from BHRD briefed the group on the County’s response to the opioid crisis.</p> <p>In 2015, the University of Washington Alcohol and Drug Abuse Institute reported King County had an all-time high in 2014 for opiate-related overdose deaths. As a result in early 2016, the Heroin and Prescription Opiate Addiction Task Force was formed, with the goal of developing recommendations by September 2016. A wide-ranging group of members participated in the task force.</p> <p>Trends have changed from 2009 to 2014. Overdose deaths by prescription drugs has decreased while deaths by heroin have tripled. Changes in formulas of prescription drugs had the unintended consequence of pushing people with substance use disorder (SUD) towards street heroin. Approximately 80 percent of individuals who start using heroin began with prescription drugs. Drugs seizures have increased six-fold from 2008 to 2015. Needle exchanges in King County has increased from 2 million to 7 million from 2000 to 2015. There has been an increase in people seeking treatment for heroin. People can be stabilized with medication-assisted treatment (MAT) and it cuts overdose risk in half.</p> <p>The task force had three workgroups that developed the following recommendations:</p> <ul style="list-style-type: none"> <li>● Prevention Workgroup <ul style="list-style-type: none"> <li>○ Increase awareness of adverse effects of opioids.</li> <li>○ Promote safe storage and disposal of medications.</li> <li>○ Work with schools and health care providers to improve screening practices.</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"> <li>• Treatment Workgroup <ul style="list-style-type: none"> <li>○ Increase accessibility and availability of buprenorphine.</li> <li>○ Make treatment-on-demand available for all types of SUDs.</li> <li>○ Lessen artificial barriers to opioid treatment programs.</li> </ul> </li> <li>• User Health Workgroup <ul style="list-style-type: none"> <li>○ Continue and expand naloxone kit distribution.</li> <li>○ Creation of two Community Health Engagement Locations (CHELs) that offer on-site services as well as supervised safe consumption sites.</li> </ul> </li> </ul> <p>On Monday at 10:00 a.m., there is a public hearing on Senate Bill 5223 that seeks to ban supervised consumption spaces.</p> <p>Tomorrow there is a task force meeting and press conference at Harborview where Executive Constantine and Mayor Murray are expected to endorse the Task Force’s recommendations. Following that endorsement, the existing workgroups will continue on as implementation workgroups, in addition to an evaluation workgroup and a communication workgroup.</p>	
<b>Member Check-In</b>	A flyer was sent out with the meeting materials for Youth Mental Health First Aid on February 11.	
<b>Public Comment</b>	Patricia Quinn – Signed in for public comment, but left meeting prior to public comment period.	
<b>Next meeting</b>	Thursday, February 23, 2017, 12:15-1:45 p.m., Chinook Room 123	