Mental Illness and Drug Dependency (MIDD) Advisory Committee (AC) Meeting Notes  
March 28, 2019, 12:15-1:45 p.m., Chinook Building, Room 121/123

Members/Designees:

Ann McGettigan, Barbara Miner, Barb Donohue, Claudia D’Allegri, Chris Vershuyl, Dave Asher, Denise Rothleutner (designee for Leo Flor), Donna Tucker, Ingrid Ulrey, Councilmember Jeanne Kohl-Welles, Jeff Sakuma, Jess Molberg, Joshua Wallace, Kailey Fielder-Gohlke, Katherine Switz, Karen Spoelman, Katie Hurley (Designee for Anita Khandelal), Kimberly Cisson, Kyra Zylstra, Judge Laura Inveen, Lean Ennis, Deputy Mayor Lynne Robinson, Mario Paredes (phone), Mary Ellen Stone, Merrill Cousin, Mike Heinisch, Michele Meaker, Ziyng Hu

Other Attendees:

Anthony Austin, Alex O’Reily (Designee for Lynne Robison), Brenda Fincher (Designee for Dave Asher), Carolane Sanders, Chris Mitchell, Emmy McConnell, Jesse Benet, Lan Nguyen, Laura Merchant, Madeline Carazos, Peggy Dolane, Susan Schoeld, Tyler Carwin

Notes by: Ziyng Hu

Issues | Discussion | Action Items:
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Welcome | Co-Chair Judge Laura Inveen welcomed all attendees and made introductions around the table and via phone. Co-Chair Judge Inveen reminded everyone that the meeting is being recorded and advised a public comment session will be held at the end of the meeting. |  
Member/Staff Announcements | Michele Meaker reminded everyone about the importance of mental health well-being among young adults. |  
Review and Approve Meeting Notes | N/A |  
Financial Disclosure Forms | Co-Chair Claudia D’Allegri asked everyone to complete Financial Disclosure Forms. Kimberly Cisson shared that the last day to turn in completed forms is April 15, 2019. Contact Kimberly Cisson for any questions. | Kimberly Cisson send out electronic form for Mario Paredes.  
MIDD Financial Report | Barb Donohue briefed the committee on the financial plan as of February 2019. The estimated revenue is close to $3 million due to an updated King County Office of Economic and Financial Analysis (OEFA) forecast which brings down $176,000 dollars from the reserve shortfall amount. No additional increase spending amount is expected. |  
Implementation of Integrated Managed Care (IMC) in King County | Karen Spoelman, Chief of Managed Care and Contracting in the King County Behavioral Health and Recovery Division (BHRD), gave a presentation on the implementation of Integrated Managed Care (IMC) in King County. Karen Spoelman started the presentation by recapping the background of integrated care, then gave statistical information on Medicaid enrollees among behavioral health population. She gave an overview of BHRD new funding structure and the role of BHRD within IMC. Karen Spoelman explained the structure of the King County Integrated Care Network (KCICN), a partnership between BHRD and Behavioral Health Providers who provide Medicaid-Funded Services. BHRD also administers the Behavioral Health-Administrative Services Organization (BH-ASO), which provides crisis services in King County and manages State and Federal funded programs. In addition to the KCICN |  

MIDD AC Meeting

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and BH-ASO, BHRD uses local funds to provide services across King County. She stated BHRD serves a valuable role to support the IMC workforce. She also gave an overview on a new imitative, Emergency Department Utilization Management (EDUM) which is underway. More information can be found on the PowerPoint.

Direct any questions/ comments to Karen Spoelman or Kelli Nomura regarding Integrated Managed Care.

Questions:
Co-chair Claudia D’Allergi provided positive feedback that there are positive changes within the KCICN.

Jess Molberg commented that with BHRD serving a role within IMC, Managed Care Organizations (MCOs) are getting notified with more informative cross-sectional information to address needs in the communities.

Joshua Wallace emphasized the importance of peer support services to accommodate the holistic care approach. Karen Spoelman indicated there are peer support staff to connect individuals to the appropriate system. Karen Spoelman agreed and re-emphasized the importance of peer support services, which serves as a critical part of the holistic care approach.

Deputy Mayor Lynn Robinson said Bellevue has a navigator program and Bellevue Cares which are very beneficial and options to extend these programs long term and to other cities should be considered. Additionally, she expressed an interest and need for EDUM services on the Eastside. Karen Spoelman acknowledged the needs in the community and indicated ICM is based-off Medicaid in which case not all programs in the community fulfill the eligibility requirement to receive funding.

Mario Paredes commented KCICN is bringing effective and positive changes into the community.

**Update: Behavioral Health in State Legislative Session**

Chris Verschuyl gave an update on current policy and budget issues in behavioral health from the state legislative session. Chris Verschuyl indicated that it is still unclear on Medicaid rate and crisis non-Medicaid funding. Institutional funding and backfill funding will stay at current funding level. Funding for mixed-use commitment facility, UW teaching hospital, and long-term in-patient services funding are under discussion at the legislative setting. There will potentially be new interventions to address community discharge among individuals after hospitalization.

Questions:
Joshua Wallace expressed concern about potential involuntarily treatment and hospitalization legislation. Chris Verschuyl will get in touch with Joshua Wallace to hold further discussion.

Will the current capacity be overloaded in relation to the federal waiver to add in 16 beds across King County region? Chris Verschuyl indicated there will be more ongoing discussion at the state level until actual project implementation.

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<th>Law Enforcement Assisted Diversion (LEAD) Follow-Up Discussion</th>
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<td>Carolanne Sanders provided a follow-up discussion to present more about Law Enforcement Assisted Diversion program (LEAD) since the September 2018 discussion. The LEAD program has had two major developments; categorical expansion and geographic expansion. Categorical expansion is defined by The Trueblood Population. Refer to the meeting materials packet for more information on service model and targeted outreach on this expansion. Geographic expansion received increased funding from 2019-2020 MIDD budget expansion to Burien and two additional South King County cities.</td>
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Questions/Comments:
Co-chair Claudia D’Allegri had a question about Race/Ethnicity of LEAD participants enrolled or Served in 2018, with Comparison Populations. Tyler Corwin gave an overview that the graph serve as a presentation to illustrate the programs LEAD is designed to impact.

Jesse Benet added there has been other ongoing discussion among other cities who have expressed interest in participating LEAD. For example, White Center is one of the potential areas to expand beyond Seattle. Deputy Mayor Robinson wanted to learn more about expansion to the Eastside of Seattle. Jesse Benet indicated limited conversation has been facilitated between Eastside and King County, and BHRD welcomes new jurisdiction for potential expansion discussion.

Merrill Cousin expressed concern about MIDD funding supporting the LEAD program expansion as there is a financial impact on the reserve shortfall in future years. Community feedback during MIDD renewal stressed more community based programs rather than court or legal system connected services. Jesse Benet indicated state funding is expected to increase and support the expansion in the future.

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<td>Peggy Dolane, community member, emphasized The Trueblood population as demonstrated by a young community member who had committed suicide due to behavioral health condition. She advocated that early intervention to address young adult mental health and well-being importance.</td>
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Adjoined 1:45 PM
Next meeting Thursday, April 25, 2019, 12:15-1:45 p.m., Chinook Room 121/123