



King County Community Collaborative- KC3

Voices of Change and Empowerment

September 28, 2021 5:30– 7:30 pm

Virtual Meeting

September National Suicide Prevention Awareness Month

VISION

Together families, youth, systems, and communities will address the barriers to and equity for all individuals, including Black, Indigenous, Persons of Color, lesbian, gay, bisexual, transsexual, two-spirited, queer, questioning, intersex, and/or asexual individuals. We support opportunities to improve the resilience and recovery of children, youth, and families with physical, emotional or behavioral health challenges.

MISSION

Our mission is to strengthen and sustain community resources that effectively address the individual and their systems. We are allies in the support of equity for all; including Black, Indigenous, Persons of Color, lesbian, gay, bisexual, transsexual, two-spirited, queer, questioning, intersex, and/or asexual communities on multiple levels. We look to support our communities around physical health, behavioral health, social connection, practical aspects and spirituality when applicable. We extend goodwill to all individuals as we work together in a safe and supportive environment to together build a stronger King County.

As a Council of leaders of family and youth-led organizations serving families and youth with emotional and behavioral health challenges, we will represent the voices of King County families and youth at State and County policy and program decision making bodies.

Agenda

Welcome & Introductions: Facilitator; Candace

Invite you to share your name and your role in the chat

If this is your first time and would like to share who you are please feel free too.

Community Input and Concerns:

Check in Bill 1310

WSCC

TR lawsuit update -Sandy T.

Suicide Prevention Awareness- A family Story; LaTonya

Update:

KC-SPARKS

Workgroups:

Workplan workgroup

Youth Engagement

Sharing Announcements, Updates:

Youth Community Mental Health Event Virtual Event, Saturday October 23rd 2021

Thank you for attending. Be safe, stay well!

King County's Family and Youth Council Comfort Agreement



Stay on task

No side conversations

Cell phones on silent

Safe learning environment

Be willing to give and receive feedback

Leave your agency hat at the door. Bring your experience expertise and commitment.

Remember we all bring the best intentions to our work

Value everyone's opinion

Ask questions and check out your assumptions and thinking

Listen carefully

Let your voice be heard

Provide space to hear about immediate concerns

Seek common ground and action

Identify areas of continued debate and defer to another day

If dissenting, offer an alternative

Be clear about discussion versus decision-making

Start meetings on time

Observe time frames

King County's Family and Youth Council FYC Regional FYSPRT



Safety Plan

If anyone during the meeting begins to feel uneasy or frustrated:

- First take a break, Leave the room if needed, and use the coping skills that are familiar to you
- Second reach out to support people in the room
- Third, Tri-leads will offer support to anyone who signals distress-emotionally or otherwise.
- Lastly, reach out to those in the room who have background in de-escalation (all Tri-leads, Convener, Mental Health Provider)

FYC Tri-leads will identify exits for members and attendees will know how to safely exit the room if needed

FYC members and attendees agree to be present, aware and know who in the room (i.e. Tri-leads, Mental Health Providers individuals trained in de-escalation).

FYC Tri-leads and welcome committee will offer breaks to the group and individuals if conversations get heated or someone is signaling discomfort or distressed,

If Aggressive behavior is present and you have no experience with de-escalation techniques, please find an exit and leave the room.

- IF you do have de-escalation experience you may provide support if you feel comfortable with this. If you feel unsafe or prefer to not engage with an aggressive individual, please find safe space and/or exit the room.
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[Suicide Prevention Awareness Month | NAMI: National ...](https://www.nami.org/Get-Involved/Awareness-Events/...)

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HCA's family initiated treatment pages have been updated

Family initiated treatment (FIT) provides families and behavioral health providers a way to access services when they feel a youth may need behavioral health treatment.

Families and behavioral health providers can learn about FIT on HCA's website. For families, HCA has created a family information page which includes information on FIT goals, consent, and resources. The behavioral health provider page includes information on eligibility, trainings, and notifications.

To learn more

- Read the updated [parent's guide to FIT](#)
- Visit the [FIT family information page](#)

Visit the [FIT page for behavioral health providers](#)

House Bill: 1310, LAW ENFORCEMENT AND CORRECTIONAL OFFICERS—PERMISSIBLE USES OF FORCE



1310-S2.SL.pdf

Sharing Resources and information for Family

PAVE pave+wapave.org@ccsend.com

[Recovery Services: What Families Need to Know as Schools Reopen](#)

[Health Information for Families as Schools Reopen During COVID Pandemic](#)



2021 Announcement
FINAL_ENG_FINAL.pdf



2021 Announcement
FINAL_SP_FINAL.pdf



ReOpp Back to
School Resource Fair.j



Kinship Groups Flyer
July2021.pdf

Paul Brown and Dads MOVE pbrown+dadsmove.org@ccsend.com