



## King County Family & Youth Council/FYSPRT

5:30 pm January 26, 2021 5:30– 7:30 pm

### Virtual Meeting

#### VISION

Together families, youth, systems and communities will address the barriers, and opportunities to improve the resilience and recovery of children and youth with severe emotional or behavioral health challenges.

#### MISSION

Our mission is to strengthen and sustain community resources that effectively address the individual behavioral health needs of children, youth, and families.

As a Council of leaders of family and youth-led organizations serving families and youth with emotional and behavioral health challenges, we will represent the voices of King County families and youth at State and County policy and program decision making bodies.

### Agenda

#### *Welcome & Introductions*

*Invite you to share your name and your role and a highlight from 2020*

*Facilitator Gabe*

*Comfort agreement*

#### **Community Input and Concerns**

##### **Children's Hospital**

<https://crosscut.com/opinion/2021/01/seattle-childrens-hospital-needs-community-input-address-racism>

<https://www.king5.com/article/news/local/ben-danielson-to-practice-at-uw-medicine-following-seattle-childrens/281-508e4e0c-4dcb-4085-8fcf-f98af1285120>.

#### *Presentations:*

*Sharon Holmes, Inspiring Here & Now; CSAAF-T program*

*WISE Quarterly update Paul Davis, HCA*

*WISE Collaborative Update Chelsea Cole*

#### **Workgroups:**

**Ahney Cole**

*Youth Engagement*

**Sharing Announcements, Updates**

**All**

*Thank you for attending. Be safe, stay well!*

# *King County's Family and Youth Council Comfort Agreement*



**S**tay on task

**N**o side conversations

**C**ell phones on silent

**S**afe learning environment

**B**e willing to give and receive feedback

**L**eave your agency hat at the door. Bring your experience expertise and commitment.

**R**emember we all bring the best intentions to our work

**V**alue everyone's opinion

**A**sk questions and check out your assumptions and thinking

**L**isten carefully

**L**et your voice be heard

**P**rovide space to hear about immediate concerns

**S**eek common ground and action

**I**dentify areas of continued debate and defer to another day

**I**f dissenting, offer an alternative

**B**e clear about discussion versus decision-making

**S**tart meetings on time

**O**bserve time frames

# King County's Family and Youth Council FYC Regional FYSPRT



## Safety Plan

If anyone during the meeting begins to feel uneasy or frustrated:

- First take a break, Leave the room if needed, and use the coping skills that are familiar to you
- Second reach out to support people in the room
- Third, Tri-leads will offer support to anyone who signals distress-emotionally or otherwise.
- Lastly, reach out to those in the room who have background in de-escalation (all Tri-leads, Convener, Mental Health Provider)

FYC Tri-leads will identify exits for members and attendees will know how to safely exit the room if needed

FYC members and attendees agree to be present, aware and know who in the room (i.e. Tri-leads, Mental Health Providers individuals trained in de-escalation).

FYC Tri-leads and welcome committee will offer breaks to the group and individuals if conversations get heated or someone is signaling discomfort or distressed,

If Aggressive behavior is present and you have no experience with de-escalation techniques, please find an exit and leave the room.

- IF you do have de-escalation experience you may provide support if you feel comfortable with this. If you feel unsafe or prefer to not engage with an aggressive individual, please find safe space and/or exit the room.

## WISE Information



Jan 2021 King  
FYSVRT Presentation.t



WISe Providers King  
County-Region.docx

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Equity in Education Coalition

Please share with folk far and wide!

**[HB 1028:](#)** Concerns evaluation and recommendation of candidates for residency teacher certification

**[HB 1032:](#)** Concerns early retirement options for members of the teachers' retirement system and school employees' retirement system plans 2 and 3

**[HB 1066:](#)** Concerns the powers and duties of educational service district boards

**[HB 1085:](#)** Promoting a safe learning environment for students with seizure disorders

**[HB 1121:](#)** Concerns the emergency waiver of graduation requirements

**[HB 1131:](#)** Concerns the emergency waiver of instructional hours and days at private schools

**[HB 1139:](#)** Takes action to address lead in drinking water

**[HB 1149:](#)** Concerns the public health knowledge of students in public school

**[HB 1153:](#)** Increasing language access in public schools

**[HB 1162:](#)** Concerns high school graduation credit and pathway options

**[SB 5030:](#)** Develops comprehensive school counseling programs. Testified in favor: Erin Lipsker, Spokane educator, Megan LaPalm from OSPI, Lucinda Young from WEA, School Counselors Association. Testified against: Timothy Ames, Superintendent of Medical Lake SD, Jim Kowalkowski Director of World Ed Center & Superintendent of Davenport SD. (**[hearing time: 45:04](#)**)

**[SB 5037:](#)** Establishes transparent school opening metrics tied to COVID-19 prevalence

**[SB 5043:](#)** Provides housing to school district employees

**[SB 5044:](#)** Concerns professional learning, equity, cultural competency, and dismantling institutional racism in the public school system. Testified in favor: David Berg from the Washington Coalition for Gifted Education, OSPI, Puget Sound ASD, Glenn Jenkins of Auburn SD. Tricia Lubach of WSSDA. Testified against: Liv Finne Director of Education at Washington Policy Center, Jeanette Burrage. (**[hearing time: 9:00](#)**)

**[SB 5057:](#)** Concerns teacher certification

**[SB 5128:](#)** Concerns student transportation funding during a local, state, or national emergency

**[SB 5153/HB 1113:](#)** Concerns school attendance

**[SB 5147:](#)** Explores alternative school calendars

**[SB 5161:](#)** Teaches Washington's tribal history, culture, and government

**[SB 5184:](#)** Establishes a building point of contact in all K-12 public schools for students in foster care



Early Childhood  
Resource Line -- jan 1

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## *Peer Credential; HB 1349*



1349.pdf

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*Dissecting the departure of Dr. Ben Danielson of Odessa Brown*

*by Corporate Giving Network*

*About this Event*

*Join us on Thursday February 14th, 2021 from noon until 1:30 p.m. via Zoom.*

*Did you read the article in Crosscut about Dr. Danielson leaving Odessa Brown Children's Clinic? If not, here you go.*

*We will discuss why it is important for your nonprofit organization to ensure Diversity, Inclusion and Equity (DEI) programs are in place at all levels in your organization and what the consequences are if they are not. As you can tell from the article linked above, this article paints a poor picture for the nonprofit. Think of how hard you work to secure corporate funding and then this happens. How will your corporate donors react?*

*This conversation will be moderated by Kevin P. Henry, DEI coordinator at Sound (formerly Sound Mental Health). Corporate funders of Children's Hospital will be invited to be a part of the panel.*

*In addition to our informational and lively discussion, we will have networking chat rooms set up from 1:00 pm - 1:30 p.m.*

*For more information contact Joy Stephens at joy@o2j*

*Broader community support letter for Dr. Danielson:*

[https://docs.google.com/forms/d/1HqAnijvhQyCinYpbpHQNHdf7oHkDk6MXdDi1cJL4YKs/viewform?xids=7628&edit\\_requested=true](https://docs.google.com/forms/d/1HqAnijvhQyCinYpbpHQNHdf7oHkDk6MXdDi1cJL4YKs/viewform?xids=7628&edit_requested=true)

There are two letters going around right now to support Dr. Danielson. This is the one for families and/or

<https://forms.gle/KgByfjaEyqR6a5qPA>

*Register on Eventbrite FEB 11<sup>th</sup>, 2021*

<http://campaign.r20.constantcontact.com/render?m=1103058265244&ca=efbcc77e-58eb-484d-9c74-097cb0302618>

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# Current COVID-19 Guidance and Restrictions

King County is now in Phase 1 of the state's Healthy Washington - Roadmap to Recovery plan.

On Jan. 11, King County entered Phase 1 of the state's new Healthy Washington - Roadmap to Recovery plan. This new path forward allows us to balance fighting COVID-19 and saving lives with safely reopening the economy and vaccinating as many people as possible.

Phase 1 aligns with restrictions in place with a few key exceptions. Some indoor fitness and outdoor entertainment, for example, are now permitted with restrictions.

COVID activity remains high in King County. It is important that we continue to avoid socializing indoors, limit our gatherings and discretionary activities, wear masks, keep interactions brief and practice social distancing so we can continue to slow the virus' spread and reopen our region's economy.

Learn what [workplaces](#), [community and faith-based organizations](#), [schools and childcare](#), and [residents](#) in King County need to know, plus important COVID-19 resources for you or your business.

## What's Open?

### Phase 1 - Healthy Washington

*Updated Jan. 11*

#### Activities

#### Phase 1

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#### **Social and at-home gathering size - indoor**

Prohibited

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#### **Social and at-home gathering size - outdoor**

Max of 10 people from outside your household, limit 2 households

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#### **Worship services**

Indoor maximum 25% capacity

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#### **Retail stores (includes farmers' markets, grocery and convenience stores, pharmacies)**

Maximum 25% capacity, encourage curbside pick-up

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## **Professional services**

Indoor maximum 25% capacity

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## **Eating and drinking establishments (establishments only serving individuals 21+ and no food remain closed)**

Indoor dining prohibited. Outdoor dining, 11 p.m. close, maximum 6 per table, limit 2 households per table.

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## **Weddings and funerals**

Ceremonies are limited to a total of no more than 30 people. Indoor receptions, wakes, or similar gatherings in conjunction with such ceremonies are prohibited.

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## **Indoor recreation and fitness establishments (includes gyms, fitness organizations, indoor recreational sports, indoor pools, indoor K-12 sports, indoor sports, indoor personal training, indoor dance, no-contact martial arts, gymnastics, climbing)**

Low risk sports (including dance, no-contact martial arts, gymnastics, and climbing) permitted for practice and training only in stable groups of no more than 5 athletes. Appointment based fitness/training; 45-minute max session, no more than 1 customer/athlete per room or per 500/sq ft. for large facilities.

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## **Outdoor sports and fitness establishments (Outdoor fitness organizations, outdoor recreational sports, outdoor pools, outdoor parks and hiking trails, outdoor campsites, outdoor K-12 sports, outdoor sports, outdoor personal training, outdoor dance, outdoor motorsports)**

Low and moderate risk sports permitted for practice and training only (no tournaments). Outdoor guided activities, hunting, fishing, motorsports, parks, camping, hiking, biking, running, snow sports, permitted.

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## **Indoor entertainment establishments (includes aquariums, indoor theaters, indoor arenas, indoor concert halls, indoor gardens, indoor museums, indoor bowling, indoor trampoline facilities, indoor cardrooms, indoor entertainment activities of any kind, indoor event spaces)**

Private rentals/tours for individual households of no more than 6 people permitted. General admission prohibited.

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**Note:** Live entertainment is no longer prohibited but must follow guidance above for the appropriate venue. Long-term care facilities, professional and collegiate sports remain governed by their current guidance/proclamations separate from this plan.

