Feature Article:
Second Quarter 2019 News & Accomplishments

**WISe expansion in King County**

Four new agencies will now be able to provide WISe in King County: Ryther, Asian Counseling and Referral Services, Child Haven and You Grow Girl. These agencies will be identifying existing clientele who could benefit from the WISe approach. The system is also hiring 12 new clinicians who will have a small case load (12) and assigned directly to WISe teams.

**Workplan accomplishments**

This quarter we renewed our workplan’s goals and started work on creating a family-friendly environment and reaching out to new members. Selina, Courtney and Peggy are working on a welcome packet to help orient new members and visitors to the Council. This work was inspired by a Family Engagement Training offered by Karen Kelly of Washington State Community Connector’s workshop at our April meeting. We also heard presentations from Best Starts for Kids on what they are funding as ways to address the school to prison pipeline and move towards the goal of Zero Youth Detention. Members participated in NAMI Eastside’s Children Behavioral Health Conference, Washington Behavioral Health Conference, WSCC’s Children’s Mental Health Summit in Yakima.

**Highlights**

The FYC participated in a few events for Children’s Mental Health Awareness month in May including providing an information booth sharing information and about FYC and WISE services in King County. We provided raffles, a photo booth and other activities. Events include:

- Members Selina Sweet and LaTonya Rogers participated in the Washington State Care and Adoption, WACAP Race for Home 5K - May 5th.
- NAMI Walks: A few of the FYC Council members joined South King County NAMI’s team for this year’s NAMI Walks. The group raised $100 to support NAMI and more importantly built community through a fun and festive event. If you haven’t attended a NAMI Walk in the past, we hope you’ll consider joining our team next year.
- The Kinship Caregivers Appreciation /Children’s MH Awareness event. Provided information and awareness to the community. - June 11th.
- Our Council and WISe services were highlighted at Juneteenth Celebration Atlantic Street Center, King County, Therapeutic health Service and City of Seattle. June 15th.Juneteenth: Seattle’s Juneteenth celebration. Thank you LaTonya for staffing this community celebration.
Upcoming:
There is no July meeting. Instead please join us at the annual
All families and youth with Partners in Health, Families, Youth, Professionals, Networks of Support
Annual Picnic  BRING FAMILIES & PROFESSIONALS TOGETHER July 28, 2019 12-3pm at Magnuson Park in
Seattle WA. Flier attached.

Save the Date:
King County Family & Youth Council August Meeting
Tuesday, August 27, 4:30pm – 6:30 pm, Sound Tukwila

National Federation of Families for Children's Mental Health Annual Conference, November 14 – 16,
Phoenix Arizona
Council members Peggy Dolane and Karen Kelly will present a workshop about how to organize for
advocacy in your community based on the success of passing HB 1874 in 2019.

Help is here!
833-303-5437 (M-F 8 a.m. to 5 p.m. PT)

Washington’s Mental Health Referral Service for Children and Teens is a free telephone-based referral
service to connect families with evidence-supported outpatient mental health services across the state.
This state-sponsored service is funded by Washington Healthcare Authority and operated by Seattle
Children’s.

Boiler Plate:
The King County Family and Youth Council (FYSPRT) meets on the 4th Tuesday of the month, from 4:30-
6:30 at Sound, 6400 Southcenter Blvd, Tukwila. Dinner provided. All are welcome. Become a change
agent in your community and help us identify and address barriers and opportunities to improve the
resilience and recovery of children and youth with severe emotional or behavioral health challenges.
Helpful #s: Trouble accessing a King County resource? Client Services 206-263-8997
Washington’s Mental Health Referral Service for Children and Teens 833-303-5437 | FYSPRT Questions:
206-263-8934.