

# What to do and when to do it — for students with a developmental disability









## AGE

If my child has a developmental disability, here are some timelines of activities to do.

<p><b>15-16</b></p>	<p><b>Apply for a Washington State I.D. card.</b></p> <p><b>WHY:</b> It will be needed to apply for adult services.</p>	 <ul style="list-style-type: none"> <li>• Get an I.D. card at your local Department of Licensing</li> </ul>
<p><b>16</b></p>	<p><b>Apply to become a client of the Developmental Disabilities Administration (DDA).</b></p> <p><b>WHY:</b> You may want these service options when your son/daughter turns 21. Long term job coaching support is based on availability of funding.</p>	 <ul style="list-style-type: none"> <li>• <a href="http://www.dshs.wa.gov/ddd/">www.dshs.wa.gov/ddd/</a></li> </ul>
<p><b>17-17½</b></p>	<p><b>Consider if guardianship is necessary and determine the type of guardianship.</b></p> <p><b>WHY:</b> Age 18 is the age of majority (becoming a legal adult) and your son/daughter may need support making legal, medical and vocational decisions.</p>	<p><b>Guardianship</b></p>
<p><b>17-19</b></p>	<p><b>Apply for HUD Housing.</b></p> <p><b>WHY:</b> The wait list for housing can be very long, so it is important to apply early.</p>	
<p><b>18</b></p>	<p><b>If your child does not receive Social Security Benefits – apply now!</b></p> <p><b>WHY:</b> He or she is now an adult and parents' income is not counted. He/she may be eligible for cash and medical benefits. There are many provisions available, called WORK INCENTIVES, that allow people with disabilities to keep benefits, including Medicare/Medicaid, while working. <b>He or she needs to pay rent to the family in order to maximize all benefits.</b></p>	
<p><b>18</b></p>	<p><b>Ask your DDA case manager about Medicaid Personal Care funding</b> if your son or daughter is a client of DDA and the family provides personal care (help with bathing, grooming, dressing, laundry, etc.).</p>	<p><b>Medicaid</b> Personal Care Funding</p>
<p><b>Young Men</b> <b>18</b></p>	<p><b>Register for Selective Services.</b></p> <p><b>WHY:</b> It's the law. Also, if planning to apply for financial aid to attend college, applying for Selective Service is required.</p>	<ul style="list-style-type: none"> <li>• Apply on line at: <a href="http://www.sss.gov">http://www.sss.gov</a></li> <li>• Get a form from your local post office.</li> <li>• Return the form that comes in the mail.</li> </ul>
<p><b>Senior Year</b></p>	<p><b>Fill out the Free Application for Federal Student Aid (FAFSA).</b></p> <p><b>WHY:</b> If seeking aid to attend college, this form must be filled out by March 1 of Senior year for best consideration.</p>	 <ul style="list-style-type: none"> <li>• <a href="http://www.fafsa.ed.gov">www.fafsa.ed.gov</a></li> </ul>
<p><b>19-21</b> or last year of school</p>	<p><b>Apply for services with the Division of Vocational Rehabilitation (DVR).</b></p> <p><b>WHY:</b> This agency helps people with disabilities become employed and understands how working will affect people's benefits.</p>	 <ul style="list-style-type: none"> <li>• <a href="http://www.dshs.wa.gov/dvr/">www.dshs.wa.gov/dvr/</a></li> </ul>
<p><b>Anytime</b></p>	<p><b>Apply for job search assistance with WorkSource Youth Services.</b></p> <p><b>WHY:</b> This is the local program that can help self-directed job seekers find part time and/or summer employment to help develop work skills.</p>	 <ul style="list-style-type: none"> <li>• <a href="http://www.go2worksource.com">www.go2worksource.com</a></li> </ul>
<p><b>Anytime</b></p>	<p><b>Call for local transit system bus Travel Training and Paratransit services.</b></p> <p><b>WHY:</b> This is free training for people who want to learn to be independent on the bus and flexible alternative public transportation for people with disabilities and the elderly.</p>	<p><b>Travel Training</b> &amp; Paratransit Services</p>
<p><b>Anytime</b></p>	<p><b>Apply for services at a local Center for Independent Living (CIL). The State Independent Living Council [SILC] can help you find local resources.</b></p> <p><b>WHY:</b> These organizations provide support for independent living skills development, advocacy, and benefits planning.</p>	 <ul style="list-style-type: none"> <li>• <a href="http://www.wasilc.org">www.wasilc.org</a></li> </ul>

# What to do and when to do it — for students eligible for an IEP and/or a Section 504 Plan

If my child is entitled to an IEP, a Section 504 Plan and/or has a disability, here are some timelines of activities to do.

AGE		
15-16	<p><b>Apply for a Washington State I.D. card.</b></p> <p><b>WHY:</b> It will be needed to apply for adult services.</p>	 <ul style="list-style-type: none"> <li>• Get an I.D. card at your local Department of Licensing</li> </ul>
Sophomore Year	<p><b>Apply to join the University of Washington DO-IT Scholars Program before January deadline.</b></p> <p><b>WHY:</b> This program prepares young people with disabilities for college, careers, independent living and leadership roles in society. DO-IT Scholars explore careers and the world of work, learn to select and use adaptive technology, applications software, and Internet resources.</p>	 <ul style="list-style-type: none"> <li>• 1-888-972-DOIT</li> </ul>
16	<p><b>Apply to become a client of the Developmental Disabilities Administration (DDA).</b></p> <p><b>WHY:</b> You may want these service options when your son/daughter turns 21. Long term job coaching support is based on availability of funding.</p>	 <ul style="list-style-type: none"> <li>• <a href="http://www.dshs.wa.gov/ddd/">www.dshs.wa.gov/ddd/</a></li> </ul>
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Young Men 18	<p><b>Register for Selective Services.</b></p> <p><b>WHY:</b> It's the law. Also, if planning to apply for financial aid to attend college, applying for Selective Service is required.</p>	<ul style="list-style-type: none"> <li>• Apply on line at: <a href="http://www.sss.gov">http://www.sss.gov</a></li> <li>• Get a form from your local post office.</li> <li>• Return the form that comes in the mail.</li> </ul>
18 or last year of school	<p><b>Apply for services with the Division of Vocational Rehabilitation (DVR).</b></p> <p><b>WHY:</b> This agency helps people with disabilities become employed and understands how working will affect people's benefits.</p>	 <ul style="list-style-type: none"> <li>• <a href="http://www.dshs.wa.gov/dvr/">www.dshs.wa.gov/dvr/</a></li> </ul>
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Anytime	<p><b>Apply for job search assistance with WorkSource Youth Services.</b></p> <p><b>WHY:</b> This is the local program that can help self-directed job seekers find part time and/or summer employment to help develop work skills.</p>	 <ul style="list-style-type: none"> <li>• <a href="http://www.go2worksource.com">www.go2worksource.com</a></li> </ul>
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