THE BEST MAKEOVER EVERY

Did YOU KNOW?

Hairsprays, **spray** deodorants, and other **aerosols** disperse their substances in tiny droplets that can be inhaled deeply into your **lungs** and into your bloodstream.

Fumes from **nail polish**, nail polish **remover**, and many hair care products also can be **inhaled** and enter your **bloodstream**.

Compounds suspected of **causing cancer** are found in **hair dyes**.

Two leading causes of **allergies** and **irritation** in cosmetics are from fragrances and preservatives. What's the difference?

BOTH INSIDE AND OUT?

Uses health and beauty alds with hannful chemfeals

Uses health and beauty aids with natural ingredients

STRANGE BVT TRVE

Twelve billion make-up containers are thrown into US landfills each year.

Air fresheners stop your nose from smelling the odor, but don't get rid of the source of the odor.

The **overuse** of antibacterial products may lead to super germs that are resistant to antibiotics.

Over 10.000 chemicals are used in personal care products - 89% of these chemicals have **not** been safety tested.

Lipstick and make-up contain aluminum, a known toxin in humans, in order to make them long lasting!

POSITIVE ACTIONS

Do you want the best makeover ever? Then

Look for healthy, **nontoxic** alternatives.

Avoid products with artificial fragrances or colors, both of which are made from petroleum.

Petroleum products may have **toxic** effects on both fish and mammals (like us!). So choose products with natural ingredients.

Avoid aerosol products.

RESOURCES



Hazardous products information for King County www.govlink.org/hazwaste

King County Department of Natural Resources kingcounty.gov/dnrp

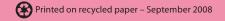
Environmental Protection Agency www.epa.gov/students

Health, Environment, Green Living www.envirolink.org (Does not constitute endorsement by King County)

Household Hazards Line 206-296-4692 or 1-888-ToxicEd

Poison control center 1-800-222-1222

Alternative Formats On Request 206-296-4466 | TTY Relay: 711 1-800-325-6165 ext. 6-4466







as part of the Local Hazardous Waste Management Program KingCounty in King County