

# Back-to-School & Child Care COVID-19 Guide

What families  
should know

Public Health  
Seattle & King County

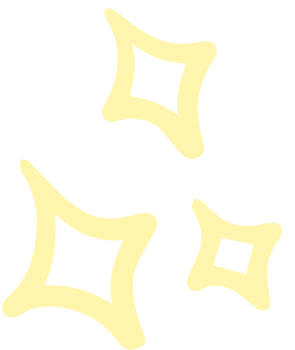


September 2022

# We want our kids to be safe and happy in school

Back-to-school means kids will spend more time indoors where it's easier to spread germs like the common cold, influenza and COVID-19.

This year's COVID-19 safety guidance can help reduce the spread of germs and illness.



# Make an appointment with your doctor or health care provider.

To get your kids up-to-date on COVID-19 vaccines, make an appointment with your child's pediatrician or health care provider or visit:

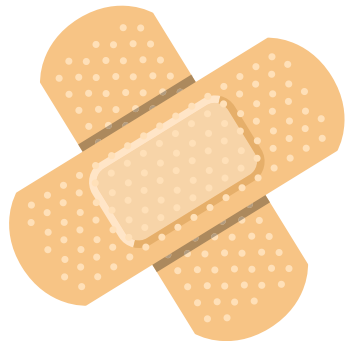
[kingcounty.gov/vaccine](https://kingcounty.gov/vaccine)



# Free vaccination clinics in King County

Kids can get COVID-19 vaccines and required immunizations for school at free vaccine clinics. It's FREE! No insurance or proof of immigration status required.

For locations visit: [kingcounty.gov/FindaClinic](https://kingcounty.gov/FindaClinic)

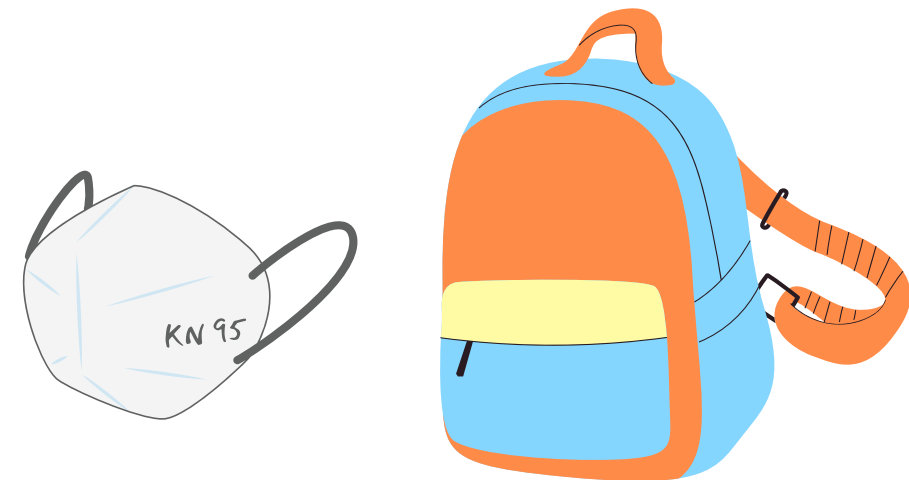




# Schools and childcares may require you to wear a mask

Pack a well-fitting mask into your kid's backpack.

Wearing a high-quality mask remains an important tool in limiting the spread of COVID-19 (and other illnesses).



# Wearing masks helps protect kids and teachers

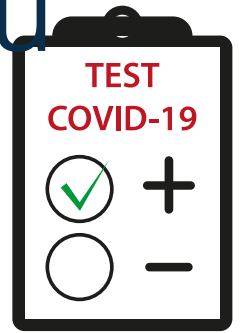
People who are immunocompromised, unvaccinated, or feel sick should wear masks to protect themselves and others when indoors.



# What to do if you or your child tests positive for COVID-19

**Stay at home and isolate for at least 5 days.**

You will need to stay home for those 5 days, even if you test again and get a negative test during that time.



You may return to work and school or childcare if you have no symptoms on day 5.

If your test is positive, continue to isolate for 5 more days.




# What to do if you or your child tests positive for COVID-19 (continued)



Continue to wear a well-fitting mask around others for 10 days, or for 11 days around people who are high-risk for COVID-19.

When students and children return from 5 days of isolation, they should wear a well-fitted mask from days 6 to 10.

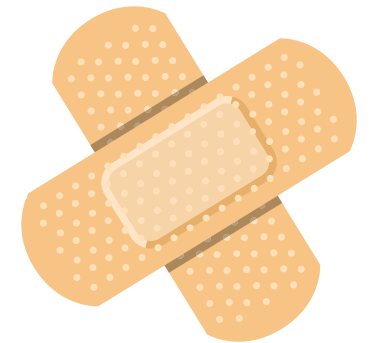
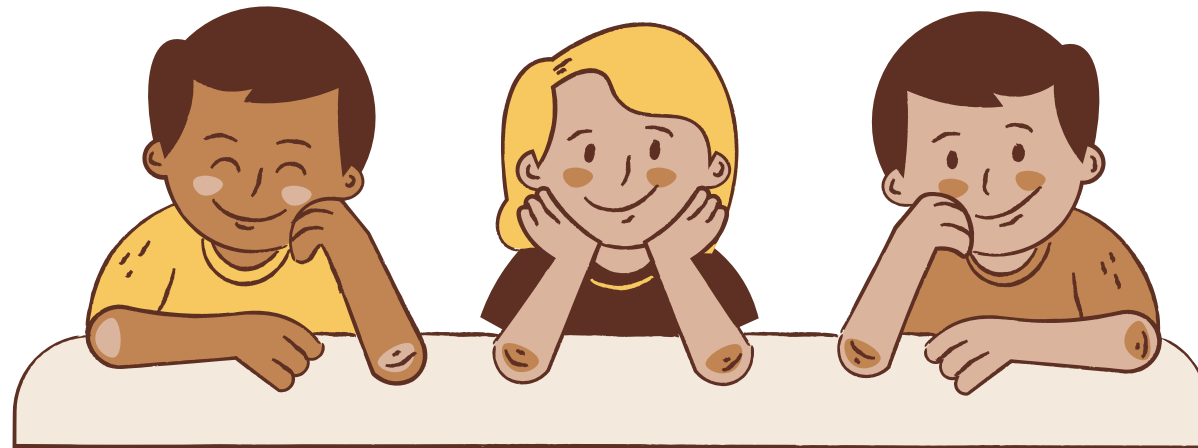


Students can test before returning to school or childcare, if possible.



# COVID-19 vaccinations remain the best protection

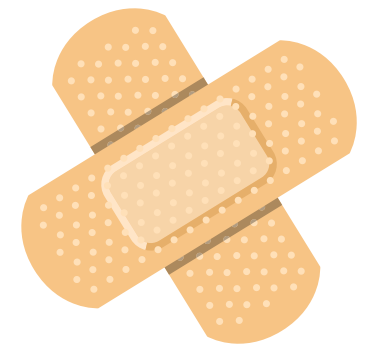
Vaccines help protect kids against hospitalization and severe illness from COVID-19. The vaccine is now available for children ages 6 months and older. Booster doses are also available for children ages 5 years and older.



# Thank you for helping to keep school safe!

These COVID-19 prevention tools also protect family members, teachers, and school friends.

We know it's not easy to keep up with changing guidance. **Thank you for all that you do!**





[kingcounty.gov/vaccine](https://kingcounty.gov/vaccine)

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