

Q&A

Should I Get an Updated COVID-19 Booster?



UPDATED COVID-19 BOOSTERS

Q

Why are updated COVID-19 boosters available?

A

Coronavirus changes into new variants over time.

The new Moderna and Pfizer boosters, also called “bivalent” vaccines, protect against the most common variants right now (Omicron BA.4 and BA.5) and the original variants of COVID-19.

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Who should get the updated COVID-19 booster?

A

Anyone age 12 or older who finished their primary COVID-19 vaccine series **AND** it's been at least 2 months since their last vaccine or booster dose.

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What ingredients are in the updated COVID-19 booster?

A

The Moderna and Pfizer updated boosters use the same ingredients as other COVID-19 vaccines, with a change to one of the proteins to target Omicron variants.

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What are the side effects of the updated COVID-19 booster?

A

Like other vaccines, you may get a sore arm, fever, headache, or fatigue after getting vaccinated. These side effects generally go away in a few days.

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Which updated COVID-19 booster shot should I get?

A

You can choose either the Moderna or Pfizer updated booster shot. You do not need to get the same brand as your primary COVID-19 series.

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I've had COVID recently. When should I get the updated COVID-19 booster?

A

Wait until you are fully recovered and do not have symptoms.

Talk with a healthcare provider about the best timing to get the updated booster. Some people may wait up to 3 months after recovery.

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Where can I get the updated COVID-19 booster shot?

A

Updated COVID-19 boosters are available at the:

Auburn Outlet Collection Mall
Eastgate Public Health Center

Or, you can also check with a health care provider, clinic, or local pharmacy.

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COVID-19 boosters and vaccines are always **FREE!**

No health insurance or proof of citizenship is needed.

For more information, go to:

kingcounty.gov/vaccine