

FADLAN KA ILAALI MIDBA MIDKA KALE



COVID-19

**Xiro daboolka wajiga oo ka fogow 6 fiid dadka
aan kula deggeneyn.**

Dhaq gacmaha ka hor iyo ka dib markaad gashato, iska bixiso,
ama hagaajiso maaskaro.



Daboolida wejiga waa iney dabooshaa sankaa
iyo afkaaga marwalba.



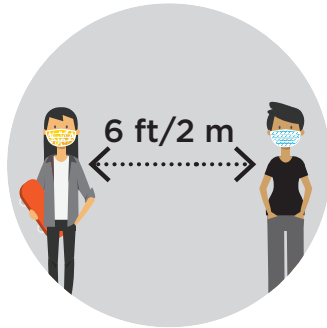
Xarkaha daboolka si tartiib ah oo jaleeca
dhinaca wajigaaga iyo garka hoostiisa ku aadi.



Isticmaal xargaha ama lakabyaha dhagta sidii aad
u gashan lahayd, uga saari lahayd, ama u hagaajin
lahayd waji daboolka.



Daboolka wejiga waa inuu lahaadaa lakabyo badan.



Ku dhiirageli asxaabta inay xirtaan marada wajiga lagu daboolo sidoo kalena ay kala fogadaan 6 fiid.



Dhaq oo qalaji marada wajiga lagu daboolo maalin walbo.

Wixii macluumaad dheeraad ah
kingcounty.gov/masks

Public Health
Seattle & King County 

FADLAN MIDBA MIDKA KALE HA KA ILAALIYO



COVID-19

Kormeer carruurta wejiga daboolan. 6 fiitna ha ka fogadaan kuwa kale intii ugu macquulsan.

Dhaq gacmaha ka hor iyo ka dib markaad gashaneyso, iska bixineyso, ama hagaajineyso marada wajiga lagu xirto.



Caruurta jirta 5 sano iyo wixii ka weyn waa in ay xirtaan wejiga markey jogaan bulshada, oo ay ku jirto xanaanada carruurta.



Caruurta da'doodu tahay 2 - 4 waxaa si xoogan loogu dhiirigelinayaa in ay xirtaan marada wajiga lagu xirto intii suurta gal ah.



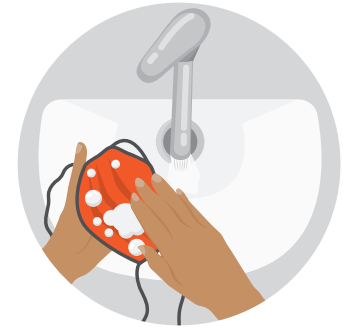
Wajiga ha ka daboolin carruurta da'doodu ka yar tahay 2 sano.



Adeegso in aad ku xajiso dhegta marka aad gashaneyso, iska saareyso, ama hagaajineyso marada wajiga lagu xirto.



Ka caawi carruurta in ay ku celceliyaan xirashada marada wajiga lagu xirto maalin kasta. Adigan xiro sidoo kale.



Dhaq oo qalaji maalin kasta marada wajiga lagu xirto.

Wixii macluumaad dheeraad ah ka soo xiriir:
kingcounty.gov/masks

Public Health
Seattle & King County

