



Hand Hygiene Competency Validation

Soap & Water

Alcohol Based Hand Rub (ABHR) (60% - 95% alcohol content)

Employee Name:

Job Title:

| Hand Hygiene with Soap & Water | Competent | |
|---|-----------|----|
| | YES | NO |
| 1. Checks that sink areas are supplied with soap and paper towels | | |
| 2. Turns on faucet and regulates water temperature | | |
| 3. Wets hands and applies enough soap to cover all surfaces of hands | | |
| 4. Vigorously rubs hands for at least 20 seconds including palms, back of hands, between fingers, and wrists | | |
| 5. Rinses thoroughly keeping fingertips pointed down | | |
| 6. Dries hands and wrists thoroughly with paper towels | | |
| 7. Discards paper towel in wastebasket | | |
| 8. Uses paper towel to turn off faucet to prevent contamination to clean hands | | |
| Hand Hygiene with ABHR | | |
| 9. Applies enough product to adequately cover all surfaces of hands | | |
| 10. Rubs hands including palms, back of hands, between fingers until all surfaces dry | | |
| General Observations | | |
| 11. Direct care providers—no artificial nails or enhancements | | |
| 12. Natural nails are clean, well groomed, and tips less than ¼ inch long | | |
| 13. Skin is intact without open wounds or rashes | | |

Comments or follow up actions: