COVID-19SPECIAL GUIDANCE: Testing

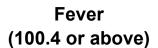


What is novel coronavirus?

COVID-19 is a new virus spreading from person-to-person. It is currently in the United States and many other countries.

When should I get tested?

Even if you or others do not have any symptoms you may still have COVID-19. You should get tested if you have been around anyone who has COVID-19 or if you have any symptoms. The most common are:





Cough



Hard time breathing



Other symptoms can include severe body aches, headache, sore throat, shaking chills, fatigue, congestion or runny nose, nausea or vomiting, diarrhea, and being unable to smell or taste foods.

What is the test like?



The test requires a simple swab of the nose or throat. It may be uncomfortable. Your doctor or test center will send the swab to a lab. It can take several days to get your results. The test site will let you know how and when you will get your results.

Where can I get tested?

If you are comfortable being tested by Public Health, here are a few places you can see a provider:

• **Downtown Public Health** – Phone number: (206) 477-8300

Address: 2124 4th Ave./Seattle, WA 98121

Hours: 8:30am - 4:30pm

• Rainer Beach High School - Phone Number: (206) 744-0400

Address: 8815 Seward Park Ave S./Seattle, WA 98118

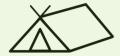
Hours: Wednesday & Saturday 10am - 3pm

You can also find a list of testing sites online: www.kingcounty.gov/covid/homeless

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What do I do while waiting for results?



Stay in your tent, car, or RV as much as possible



Cover your mouth and nose



Avoid touching your eyes, nose, and mouth



Wear a face covering that covers your mouth and nose



Stay 6 feet apart and don't share items with others

Wash your hands with soap and water or use hand sanitizer

What do I do once I get my results?

If you are negative:

If possible, try to stay away from others for **14 days** because you may still get sick. *If you are positive:*

Continue to do the same things you did while waiting for results. Also,



If you smoke, try to decrease the amount you smoke or stop



Keep track of your symptoms, seek help if they get worse

You can still spread the virus after you start feeling better. To keep others safe, stay away from others until it's been 3 full days without a fever (feelings of being unusually hot or cold) and without taking medicine that makes your fever lower. You should also wait until your other symptoms have gotten better and it has been at least 10 days since your symptoms started.

If you need help or assistance getting food or a place to stay, contact the King County COVID 19 Call Center: (206) 477-3977

The Call Center is open 7 days a week, 8am-10pm

- City of Seattle: https://www.seattle.gov/mayor/covid-19
- More information from Healthcare for the Homeless Network:
 www.kingcounty.gov/covid/homeless

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