

What is COVID-19?

COVID-19 is a new virus spreading from person-to-person. It is currently in the United States and many other countries.

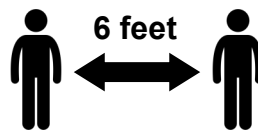
How do I protect myself & others?



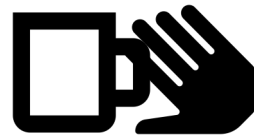
Wash your hands often with soap and water for at least 20 seconds, especially after using the toilet and before you cook or eat! If soap/water is not available, use alcohol-based hand gel



Cover your mouth/nose with a tissue, sleeve, or elbow when coughing or sneezing



Stay 6 feet apart (about two arm lengths) from other people in line



Only touch what you will use when picking food or drinks



Wear a cloth face covering that covers your mouth and nose in public



Avoid touching your eyes, nose, or mouth, with unwashed hands

Talk to program staff if you need help staying safe. They can help make sure people stay 6 feet apart. They can also show you where soap or hand sanitizer is, if available.

- ◇ **City of Seattle:** <https://www.seattle.gov/mayor/covid-19>
- ◇ **More information from Healthcare for the Homeless Network:** www.kingcounty.gov/covid/homeless
- ◇ **King County Novel Coronavirus Call Center:** (206) 477-3977
The Call Center is open 7 days a week, 8am-10pm