COVID-19
SPECIAL GUIDANCE: Staying Safe
When Waiting in Line for Food/Shelter

What is COVID-19?
COVID-19 is a new virus spreading from person-to-person. It is currently in the United States and many other countries.

How do I protect myself & others?

- **Wash your hands often with soap and water** for at least 20 seconds, especially after using the toilet and before you cook or eat! If soap/water is not available, use alcohol-based hand gel.

- **Cover your mouth/ nose** with a tissue, sleeve, or elbow when coughing or sneezing.

- **Stay 6 feet apart** (about two arm lengths) from other people in line.

- **Only touch what you will use** when picking food or drinks.

- **Wear a cloth face covering** that covers your mouth and nose in public.

- **Avoid touching your eyes, nose, or mouth**, with unwashed hands.

Talk to program staff if you need help staying safe. They can help make sure people stay 6 feet apart. They can also show you where soap or hand sanitizer is, if available.

- City of Seattle: https://www.seattle.gov/mayor/covid-19
- King County Novel Coronavirus Call Center: (206) 477-3977
  The Call Center is open 7 days a week, 8am-10pm