

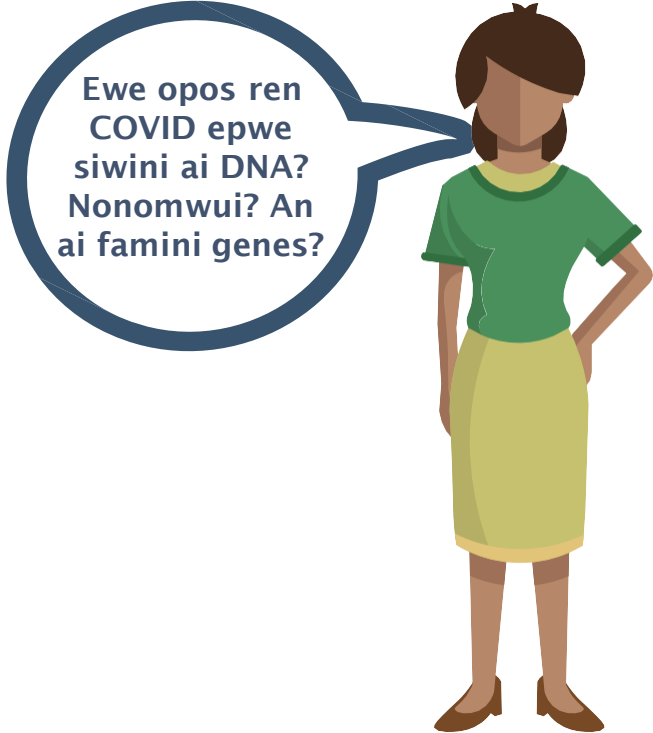
Mei pung?

Pungun porousen ei opos ren COVID-19

1 Ewe opos ren COVID-19 esap siwini om genes ika DNA.


Ir me ruu ewe Moderna me Pfizer opos eaea ewe minen an epwe afou RNA (ika mRNA). mRNA eaiti ngeni inisich an epwe epeti kich ren forun ekewe minen fiu ngeni sokun semwen.

Ewe mRN A seni COVID-19 opos ese fokkun mwo tonong ren ewe minen cell- ikewe ach DNA enom ian. Wewen pwe ei mRNA ese tongeni epwe angawano ach DNA non ekoch sokun. Nupwen ewe mRNA awes nee aiti ach kewe cells, ewe enzymes epwe ataietiw ewe mRNA iwe ese chiwen nom non inisich.



Ewe opos ren COVID epwe siwini ai DNA? Nonomwui? An ai famini genes?

2 Ei COVID-19 opos esap mina an epwe uruk coronavirus.



Epwe uri ei COVID-19 ren ei opos?

Ese wor coronavirus non ekei opos. ese tongeni epwe uruk coronavirus ika ke angei ei opos.

Ei opos eaiti ngeni mwonun non inisich an epwe forata ewe protein usun chok ewe mi nom non mwonun ei COVID-19. ren an epwe afataochu, ei opos eaea ewe messenger RNA (mRNA) ika awora ew sokun mwonun semwen ese efeiengaw. inisich epwe kao an epwe esina ika sinei ena protein pwe epwe tongeni anisata mwonun non inisich ika pwe ewe COVID-19 atonok non inisich.

Ese wor mwonun COVID-19 non mRNA opos, me mRNA opos ese tongeni forata semwenin COVID-19.

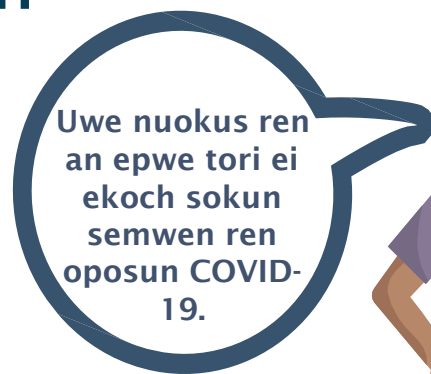


3 Oposun COVID-19 mi tongeni pwan awora om kopwe mefi ekis weningawen samwau-ekewe esisinen, nge nape ngeni rese mefi.

Mi pwan tongeni awora om kopwe mefi ekei sokun ren metek mokur, metek poum, apwangapwang ika pwichikar non ew ran ika ruu mwirin om angei ei opos. nge kosap mefi non fansoun nakatam me ina esisinen pwe ewe opos mi fori an angang.

Ekoch memefin semwen (anaphylaxis) remi chok kukkun, nge mi tongeni epwe fis, akawin ngeni ion mi wor ren ekewe sokun semwen. ir meinisin mi wor safean.

Ren pekin tumwunun aramas mi mwoneta, ren chok pekin mwonota. Mwirin om angei opos, repwe erenuk kopwe witiwit non ewe clinic ren 15 minutes ren ar repwe katon me sinei pwe ese wor ekewe sokun memefin samwau ren ei opos.



Ngang uwa rong chomong kapas mi mwaken ren met mi wor non na opos.

4

COVID-19 opos ese wor ekewe minen ar repwe sinei ian ke nom ian, futuken aramas meima, ekewe metoch non pig, me sokun pisekin efeiengaw ika ekewe metoch mi ngaw minen nofit.

Ew met mi wor non ir me ruu ewe Pfizer me Moderna opos ewe metoch itan mRNA. Ekei opos mi wor ekewe metoch mi wor non konik, sol, acetic acid, (usun ekewe nofit mi wor non vinikar) me suke. Non ei opos Johnson & Johnson (J&J), met mi wor non ew sokun mwonun samwau nge mi fori met esap awora ekoch sokun semwen. Ei opos J&J mi wor ekewe (sol, arukor, polysorbate 80, hydrochloric acid) me amino acids. Ekei opos mi chok kukkun met enom ika nofit non nap seni ew bag potato chips!

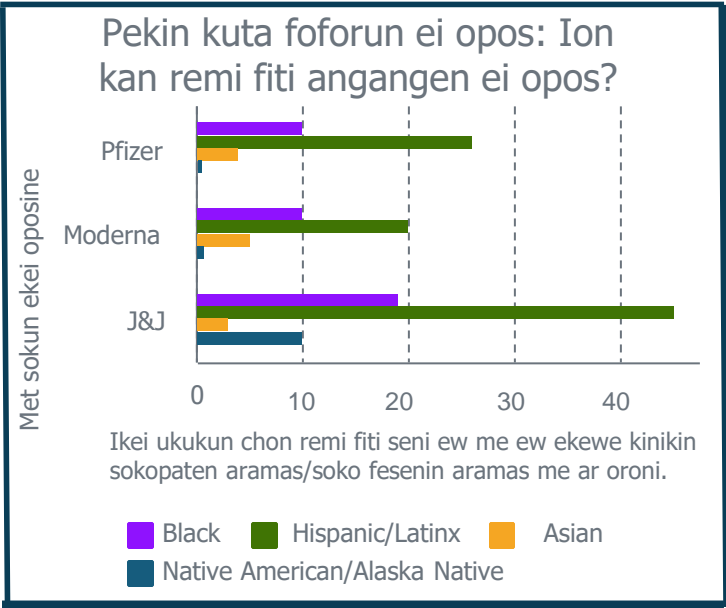
5 COVID-19 opos epwe akukunono an aramas repwe tonong non pioing me mano non ekewe neni ngeni aramas ese pwan nifinifin.



Mwemwen ei COVID-19 opos akawor, ekewe chon anisi ekei aramas awor ar memef ren met mi fis me mi sopesopono an efeiengawa ren pekin pioing me govomwon ren ekewe Black, Indigenous, me ekoch aramas. Kinisou ren ar achocho, ewe ten thousands aramas ra fori ar angang ren COVID-19 opos afokkun esina ochu sokopaten me chochon aramas. Ekei opos afokkun iman pwan anisiochu sokopaten aramas me ngeni ekewe mi pwan sokono ar oroni. chon fangono ar fansoun ren ar aninis.

Pwan ew, ekewe aramas ra fokkun achocho nee fori wiser ren pekin emwen non ewe angangen forun ewe opos, aweve ren Dr. Kizzmekia Corbett, emon Black scientist National Institute ren Health’s sou emwenin ren coronavirus opos research.

Black, Native American, Latino, me Pacific Islander communities awor ika chomong aramas ra tonong non pioing me mano seni COVID-19 non King County. Ekei communities ir me nein ekewe epwe tou ika torir waten feiochun me kawor ngenir ei minen opos,



Chuukese 3.12.21

Ekoch minen Aninis



Ren ekoch kapasen esinesin won ewe COVID-19 opos me ren om kopwe sinei ika en mi tongeni angei: [KingCounty.gov/vaccine](https://www.kingcounty.gov/vaccine) (Non chok fosun merika)



Ren om kopwe sineiochu ren COVID-19 tumwunun, testin, imwuno/kaimwu seni ekoch, me ekoch aninis ren organizations: [KingCounty.gov/covid](https://www.kingcounty.gov/covid) (Non chok fosun merika)



Ren COVID-19 medical ren kapaseis ika ren aninisin om kopwe fori om schedule ren COVID-19 tes ika om kopwe for om appoitmen ren om kopwe angei opos, kokori (206) 477-3977 non ew ekei ran seni kunok 8:00 AM ngeni 7:00 PM. Mi wor chon chiaku.