

Run Waa?

Hubiyowga Haqiiqti Tillaalka COVID-19

1 Tillaalatha COVID-19 MA badelaasa hidaagaa ama DNA.

Lamathaba tillaalka Moderna ii Pfizer may isti'maalaayaana Messenger RNA (ama mRNA). mRNA may baraasee korkaana inii noo difaa'aan iyoo oo suubiyaayaan difaa'a korka ii unugee infakshanka la dagaalamaw.

mRNA ee tillaalka COVID-19 markoona magalaw aasaaska unugoo - meelaas oo DNA kaana laka hayaw. Tan may luku wathee mRNA sitheona man saameeya koro DNA kaana. Maddii mRNA dhammaaya barowka unugeethaana, burutiinatha shal gooyaasa mRNA madun markala maka jarta korkaana..

Tillaalka COVID badela koree DNA key? Shaqsiyankey? Hidaaga reerkey?



2 Tillaalka COVID-19 MAKAA qaadsiiyaw fayriska korona.

Idhiyi koree COVID-19 oo ku kooyi tillaalka?

Maka jaraan wal ku mid eh fayriska korona tillaalka COVID-19. Maku qaatha korto fayriska korona tillaalaw.

Tillaalka may barey korkaana' inii unugee suubiyaan burutiin eed anka nag kan luku helaw saghathoo fayriska COVID-19. Si lan deersiiya tilmaamoo, tillaalka may isti'maaley kooshoo masanjerka RNA (mRNA) ama fayriska qabowka aathiga eh ee walyeelatha an lahayna oo la badelaw madaas ma sababa koro jira.

Korkaanamaybaratheyiniiaqoonsathaburutiinkaas si maddaas an bilaabaan diyaariyowka difaa'owkorkahattiifayriska COVID-19 hagalakorkaana.

Majaraanfayris COVID-19 ookajaraantillaalathamRNA, ii tallaalathamRNAmasababakoraaninfekshanka COVID-19.

3 Tillaalatha COVID-19 may sabab koraana aastaamoo dhexaadka eh oo samboorka annag, ballse falnagow daran marmarkoowu.

May si suuragal eh an la kulamaasee saameeyowka aafimaatka sitha matha dhuura, garab dhuura, daal ama qandha oo maalantii ama lama kudib maddii atha qaathata irbida. Laakin saameeyowkun aafimaatka ma daayaw mudda dheer oo may buwaa aastaamaga eh inii tillaalka shaqeyaw

Falnagowka alaarjiga daran (aalhaarjiga daran) eed yaa dhif an eyi, laakin ka dhiyi koro, qaasatan dadka horaan an qobeen haalathoo alaarjiga daran. Kulushoo wal daaweeya koro.

Illaala yaa diyaarsan, la'ala hattii. Kudib maddii laka tillaala, may laka warsathey inii atha ka sugta rugta aafimaatka 15 dagiiga oo laka hubiyaw inii an qobno falnagowka alaarjiga daran oo tillaalka eh.

Ku walbahaarsana inii ka qobo falnagawka alaarjiga daran oo tillaalka COVID-19.



May dheegey la yiri bathan oo quseeya walaagii tillaalka ka jara.

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Tillaalatha COVID-19 MA wathathan jibka dabagalka, unugee dilaaga eh, walyaalaga doonfaarka, biroo walyeelaga leh ama maadooyinka suntu.

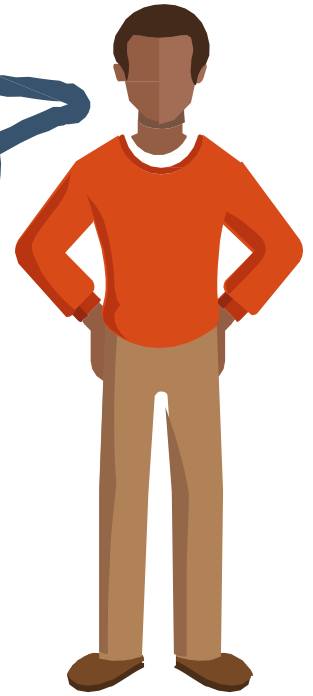
Maadooyinkaankamuhiimsanookajaraanlamadatillaaloo Pfizer ii Moderna inii eta walyalahideegaoolankasaw mRNA. Tillaalkasaasookala may wathatheedufan, usba, aasidhka finiiga (maadooyinka guud ee kajara fineega), ii sonkor. Tillaalka Johnson & Johnson (J&J), maadooyinka anka muhiimsan may buwaa fayriska qabowka aathiga eh, laakin la badeli madun ma sababa koro jirooyin. tillaalka J&J may sithoo kala wathathee dajiyi (usbu, alkula, kiimiko buddo 80, aasidhka koloriinka) iyo aasidhka amino. Tillaaloothun May leyiinamaadooyinkuyarbaagaqiyaastajibsigabaradhatha!

Tillaalka Pfizer ii Moderna ma wathatha wal oo keythiyowka kiimikatha, taas oo eh sababta eh inii qaboob haathan illaa luku istimaalaw.

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Tillaalka COVID-19 may yaraayey isbitaala jeeyowka ii dhimishaatha bulshooyinka mithiboo.

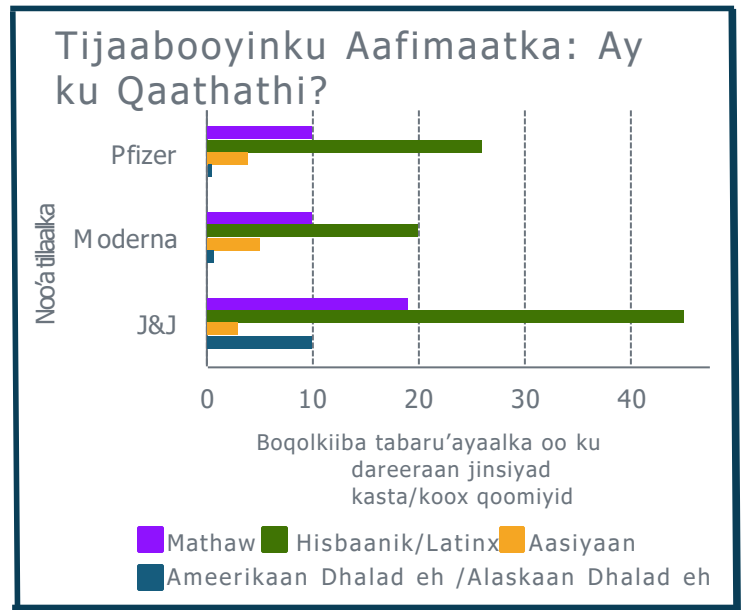
Sithee ka ogaathaana inii tillaaloo COVID waltar an leyiin Mithowka, Dadka dhaladka eh, ii dadka mithiboo?



Ku horintilansuubinatillaalka COVID-19, an doothayaalka ii an ololeeyayaalka may sheegeenawalbahaarquseeyataariqhaan ii walyeelathadareetaosababeenharumooaafimaatka ii dowladaooMithowka eh, Dadkadhaladka eh, ii dadkamithiboo. Kamahatsanyiindathaalshoo, kumanaanka kun oodadkakuqiibqaathathitijaabooyinkatillaalka COVID-19 may muujiyey shal duwanaanta dadkaana.Tillaaloo may haayeena waltar ii badqab oo qowmiyado oo dhan ii koohatoo jinsiyada.

Intaas may dheera, dadkamithiboo may dheeleenadoorarkahogaanimathaoosuubi yowkatillaalka, Tusaala haan, TaqtarKizzmekia Corbett, saynisyahanMithow eh oo eh hogaankaHaruntaAafimaatkaQarankaooilm ibaarowkatillaalkafayraskakorona.

Bulshooyinki Mithowka, Ameerikaanka Dhaladka eh, Laatiino, ii Jasiirathoo Baasifiga may la kulameena heerar ee aan koreeya oo isbitaal jeeyowka ii dhimashaba oo COVID-19 eh Gobolka King. Bulshooyunkun may ku mid naqathaayaana haan ku faa'theen inta an ka bathan illaaliyowka tillaalkaas ka siiyaw.



Maay Maay 3.12.21

Illi Dheeraad eh



Walaagii aqbaar dheeraad eh oo tillaalka COVID-19 ii go'aansaga hattii an qalanta: kingcounty.gov/vaccine (Linkigun mal ka helaw af Mai Mai, laakin may laka helay af Soomaala)

Wal ku baroy daryeelka COVID-19, baarowka, gooniyeeyowka/karantiilka, ii illoo lan ka talagali hay'athoo:

KingCounty.gov/covid (Ingiriis bas eh) Linkigun mal ka helaw af Mai Mai, laakin may laka helay af Soomaala

Walaagii su'aaloo aafimaatka COVID-19 ama kaalmatha laka balansathaw tillaalka COVID-19 ama balanta tillaalka, han weer:

(206) 477-3977 gees kasta ku bilaw 8:00 AM illaa 7:00 PM. Turjubaana wal helee.