

King County txoj kev tswj npog qhov ncauj rau hauv tuam tsev xaus rau lub Peb Hlis Ntuj Hnub Tim 11, Xyoo 2022.

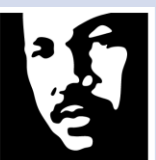


Ntawd txhais tau li cas thaum pib lub Peb Hlis Ntuj Hnub Tim 12?



Kev npog qhov ncauj yuav tsis muaj tswj txuas ntxiv rau ntau thaj chaw nyob rau sab hauv tej tuam tsev:

- Tsev kawm ntawv, tsev zov me nyuam, thiab chaw nyeem ntawv
- Khw noj mov thiab chaw haus dej cawv
- Tsev teev hawm
- Chaw xyab ib ce, chaw ua kislas hauv tsev
- Khw muag khoom noj, chaw lag luam, thiab lag luam rau chaw muag khoom



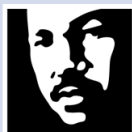


Kev npog qhov ncauj
tseem txwv ntawm:

- Chaw ntsuam xyuas kev noj qab haus huv thiab chaw kuaj mob, chaw saib mob, chaw kuaj hniav thiab chaw muab tshuaj
- Chaw tu neeg mob nyob ntev
- Chaw tos tsheb, tsheb ntiav, tsheb sib koom (tsoom fwv tswj)
- Chaw kaw neeg

Kev lag luam ntawm qee leej, koos haum, tsev kawm thiab chaw zov me nyuam muaj cai tswj kev npog ncauj raws li qhov lawd pom zoo.

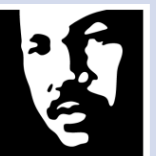
Thov hwm lus tus txoj kev xaiv los npog ncauj tauj txuas ntxiv mus.





Ua cas thiaj yog lub
caij tam sim no?

King County yuav los xaus
txoj kev tswj npog ncauj rau
hauv tej tuam tsev vim pom
tau tias tej chaw kuaj mob
kev kis tsawg zus, kev soj
ntsuam mus raws cai, thiab
kev txhaj tshuaj rau neeg
coob zus.





Dab tsi txuas ntxiv?

Txoj kev cai hloov tsis txhais tias COVID-19 dua tag lawm.

Ua tsaug uas koj pab txwv kev sib kis ntawm COVID-19 los ntawm:

- kev txhaj tshuaj thaum txog caij
- Kho tej tshuab nqus cua kom zoo rau hauv tsev
- Kho tej tshuab nqus cua kom zoo rau hauv tsev
- Npog qhov ncauj thaum yuav kis yooj yim, nyob ze lwm tus, lossis nyob rau tej chaw uas sib ti thiab tsim nyog npog ncauj

