

Amarka xirashada maaskarada gudaha ee degmada King wuxuu dhamaanayaa Maarso 11, 2022.

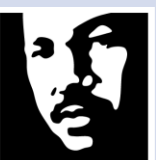


Maxay taasi ka dhigan tahay in la bilaabo Maarso 12?



Xirashada Maaskarada loogama baahan doono meelo badan oo gudaha ah:

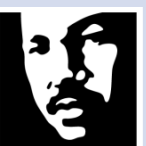
- Dugsiyada, xarumaha daryeelka carruurta, iyo maktabadaha.
- Makhaayadaha iyo baararka
- Guryaha cibaadada
- Goobaha jimicsiga, xarumaha madadaalada iyo meelaha ciyaaraha gudaha
- Dukaamada raashinka, meheradaha, iyo xarumaha tafaariiqda





Xirashada Maaskarada
weli waa looga sii
baahan yahay:

- Xarumaha daryeelka caafimaadka iyo meelaha caafimaadka, oo ay ku jiraan isbitaallada, bukaan-socodka, meelaha ilkaha iyo farmashiyeyaasha
- Goobaha daryeelka muddada-dheer
- Gaadiidka dadweynaha, tagaasida, baabuurta la wadaago (shuruudaha federaalka)
- Meelaha dadka lagu toosiyo



**Ganacsiyada gaarka loo leeyahay,
ururada, dugsiyada iyo xannaanada
carruurta ayaa laga yaabaa inay weli
doortaan inay hirgeliyaan shuruudaha
xirashada maaskarada.**

Fadlan ku ixtiraam doorashada dadka si ay
u sii wataan xirashada maaskaro.



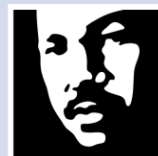


Waa maxay
sababta hadda?

Degmada King waxa ay joojinaysaa amarka waji-xirashada gudaha ee maxaliga ah ee ku salaysan hoos u dhaca joogtada ah ee cisbitaalada iyo tirooyinka kiisaska, cabbirada CDC ee dhawaa iyo hagida, iyo heerarka qaadashada talaalka oo ah mid sarreeya.



Public Health
Seattle & King County





Maxaa xiga?

Isbeddelka siyaasaddan macnaheedu maaha in cudurka COVID-19 uu dhammaaday.

Waad ku mahadsan tahay inaad sii waddo xaddidaadda fiditaanka cudurka COVID-19 adigoo:

- In la qaato tallaalka iyo xoojiyaha marka xaq u leedahay
- Hagaajinta hawada gudaha
- Isbaarista iyo joogitaanka guriga markaad jiran tahay
- Xirashada maaskarada afka haddii aad halis sare ugu jirto cudurka, ama aad ka ag dhawdahay dadka kale ee khatarta sare ku jira, ama goobaha dadku ku badan yahay ee ay macno samaynaysoe

