Self-Monitoring of Asymptomatic Healthcare Personnel (HCP)

Instructions: HCP should check their temperature and complete this form twice daily for 14 days after the date of the last exposure. If temperature is above or equal to 38.0°C/100.0°F, HCP report subjective fevers or any of the following symptoms, they should separate yourself from others and call their local or state public health authority or healthcare facility. They should ensure their temperature is below 38.0°C/100.0°F and that they don’t have any of the following symptoms before they leave home and report to work.

Name:	Employee ID:	Phone:	Email:	Job Title:	Supervisor:	Date of last exposure:

Days Post Exposure	Date	Time	Temp	Symptoms (check if you have any of the following):														
				None	Subjective fever	Cough	Sore throat	Shortness of breath	Runny nose	Chills	Muscle aches	Headache	Fatigue	Abdominal pain	Nausea or vomiting	Diarrhea	Loss of taste/smell	Other
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