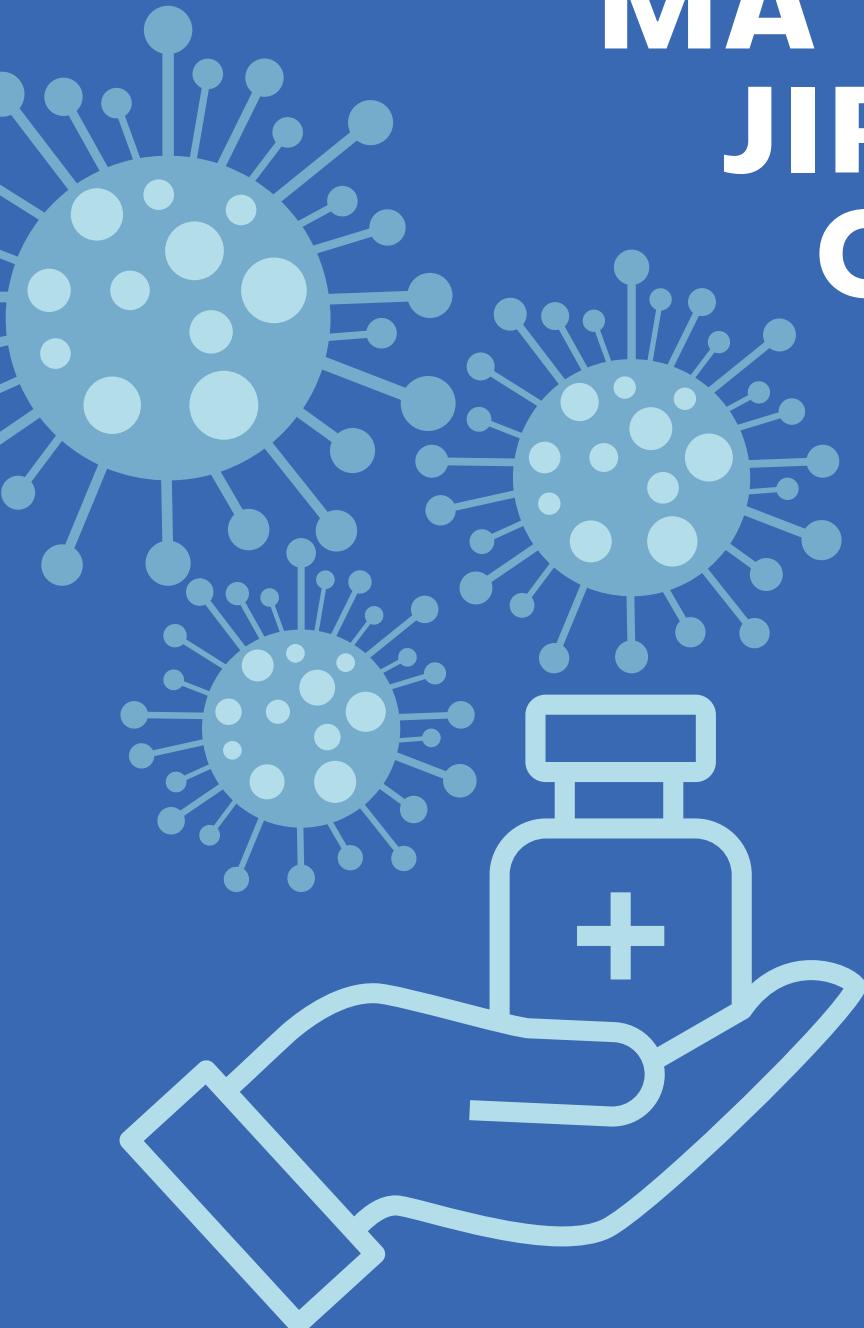


# Daaweynta COVID-19

**MA KHATAR BAA UGU  
JIRTA QAADISTA  
COVID DARAN?**



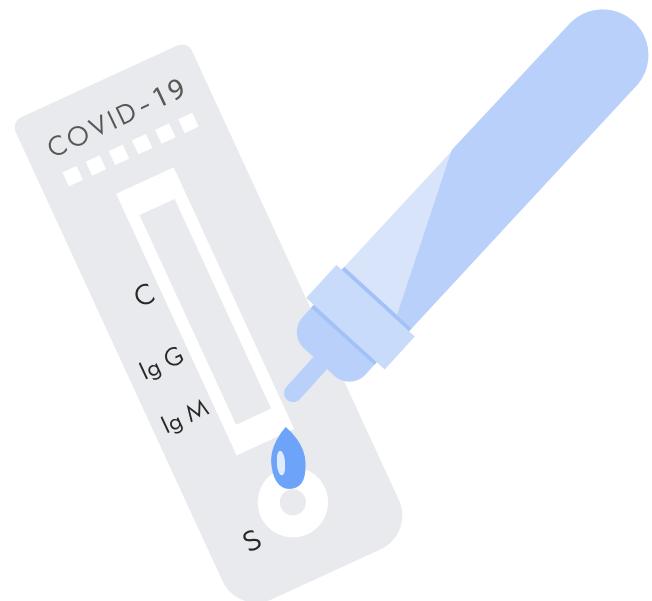
Daaweyn waa loo heli  
karaa si loo caawiyo dadka  
khatar sare ugu jira inay  
aad ugu xanuunsadaan.



# BARNAAMIJKA BAAR SI LAGU DAAWEEYO

Baar si lagu Daaweeyo waa barnaamij cusub oo caawin kara dadka in ay is baaraan oo si dhaqso leh ugu helaan daaweyn bilaash hadday qabaan COVID-19.

Ma jiro wax qarash ah xagga daaweynta ayadoo la eegeyn ceymis ama xaaladda sharci-haysasho.



Daaweynta waa in lagu qaataa shan maalmood gudahooda marka la isku arko calaamadaha COVID-19

# SHARUUDAHA U-QALMIDDA

Bixiyaha daryeelka caafimaadka ayaa kuu sheegi doona haddii aad u qalantid daawaynta ku haboon

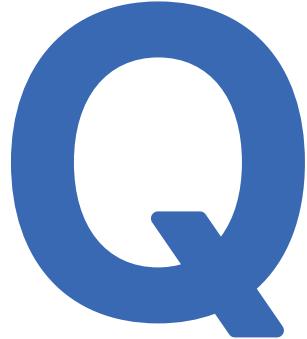
- ✓ Heerka khatartaada qaadista COVID-19 oo daran
- ✓ Daawooyinka hadda la qaato
- ✓ Taariikhda hore ee caafimaadka
- ✓ Da'da (waa inuu jiraa 12 sano ama ka weyn ugu yaraanna miisaanku yahay 88 pounds/40 kg)



# SIDEE U HELAA DAAWEYN?

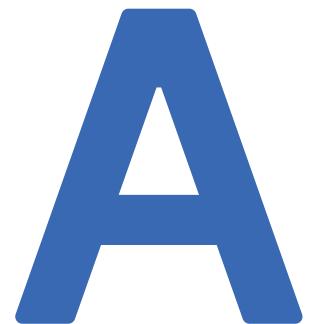
- La hadal dhakhtarkaaga marka hore. Bixiyahaagu wuxuu ku siin karaa warqad dhakhtar kuu soo qoray oo aad la aadayso farmashiyada ka qayb qaadanaya ama meel kasta oo daawada fayraska laga heli karo
- Haddii aadan lahayn bixiye daryeel caafimaad ama aan lagu arki karin 48 saacadood gudahood, kala xiriir Waaxda Caafimaadka Gobolka Washington 1-800-525-0127, ka dib taabo # ama tag **doh.wa.gov/Covid19Telehealth** si aad u ballansato telehealth bilaash ah, oo lagu heli karo 240 luqadood. Bukaanka aan awoodin inay helaan booqasho fiidiyow ah waxay heli karaan booqasho taleefoon.
- Keen natijadaada baaritaanka guriga (antigen) ama goobta baaritaanka booqashadaada caafimaadka.





## **Waa maxay noocyada daawooyinka laga helo barnaamijka Baar si lagu Daaweeyo?**

Barnaamijka Baar si lagu Daaweeyo waxaa ku jira labo kaniini afka laga qaado oo feyraska jebiya - Pfizer's Paxlovid (Ritonovir-boosted Nirmatrelvir) iyo Merck's Lagevrio (Molnupiravir).



Daawooyinkaan waxay wax ka tari karaan ka hortagga xanuun daran iyo isbitaal-jiifin markii dhaqso la qaato markey calaamaduhu bilowdaan. Daawooyinka waa in la qaato 5 beri gudahooda markii calaamadaha COVID-19 bilowdaan.



Q

## Sidee daawada afka ee feyraska jebisa u shaqeysaa?

Daaweynta afka ee feyraska jebisa waxay caawin kartaa jirkaaga inuu la dagaalamo COVID-19 ayadoo ka joojineysa feyraska keena COVID-19 inuu ku sii tarmo jirkaaga, yareyneysa cadadka feyraska jirkaaga ku jira, ama caawineysa nidaamka jir-difaacaaga.

A





**Waa maxay daawooyinka kale  
lagula tacaalo COVID ee la heli karo  
hadda?**

Iyadoo aan hadda dawo lagu bixin barnaamijka Tijaabada caafimaadka, laakiin bukaanada difaaca jireedkooda liita waxaa laga yaabaa inay xaq u yeeshaan inay qaataan dawada (Evusheld) si ay uga caawiso kahortaga COVID.



Weydii bixiyaha xanaanada caafimaadkaaga haddii aad u qalanto Evusheld.



# WAX BADAN KA BARO

Si aad macluumaaad dheeraada uga ogaatid barnaamijka Baar si lagu Daaweeyo ama u heshid goob Baar si lagu Daaweeyo ee kuu dhaw, aad **aspr.hhs.gov/TestToTreat**.

