

## ***Free and Low-Cost Bicycle Helmets in King County***

Organization	Contact Info	Details
<p><b>Bicycle Rescue for Youth</b></p>	<p>Website: <a href="http://www.bicyclerescueforyouth.org">www.bicyclerescueforyouth.org</a></p> <p>206-369-8230</p>	<p>Offers free refurbished bikes to youth from low-income families in South King County, usually at community events and food banks. Every recipient of a bike also receives a new bicycle helmet fit personally to their head.</p> <p>Also starting basic bicycle maintenance classes for youth.</p>
<p><b>Bike Works</b></p> <p>Office and Classrooms: 3715 S Hudson Street, Suite #111 (Lower Level) Seattle, WA 98118</p> <p>Community Bike Shop: 3709 S Ferdinand Street Seattle, WA 98118</p>	<p>Email: <a href="mailto:info@bikeworks.org">info@bikeworks.org</a></p> <p>Main Website: <a href="http://www.bikeworks.org">www.bikeworks.org</a></p> <p>Bikes-for-All Website: <a href="https://bikeworks.org/bikes-for-all/">https://bikeworks.org/bikes-for-all/</a></p> <p>Webstore: <a href="https://shop.bikeworks.org/">https://shop.bikeworks.org/</a></p> <p>Office: (206) 695-2522</p> <p>Bike Shop: (206) 725-8867</p>	<p>Bike Works' "Bikes-for-All" program provides free bicycles and helmets to youth, adults, and families living in SE Seattle.</p> <p>Applications from individuals and organizations are accepted on a rolling basis and fulfilled on a first come, first serve basis via the Bikes-for-All website.</p> <p>The Community Bike Shop is open every day except Wednesday. Please check website for current business hours: <a href="https://bikeworks.org/bike-shop/">https://bikeworks.org/bike-shop/</a></p>
<p><b>Bothell Fire Department &amp; EMS</b></p> <p>18415 101st Avenue NE Bothell, WA 98011</p>	<p>For appointments, contact Erin: (425) 806-6260</p> <p>Website: <a href="http://www.ci.bothell.wa.us/466/Bike-Helmet-Program">http://www.ci.bothell.wa.us/466/Bike-Helmet-Program</a></p> <p>Main: (425) 806-6242</p>	<p>Offers bike helmets and fittings for ages 8 and up. Helmets are available in sizes S, M, L, and XL. A \$10 suggested donation is encouraged for those able to pay.</p> <p>To set up a helmet appointment, email <a href="mailto:FireEducation@bothellwa.gov">FireEducation@bothellwa.gov</a> or call 425-806-6260.</p>

<p><b>Cascade Bicycle Club</b></p> <p>7787 62nd Ave NE Seattle, WA 98115</p>	<p>Main email: <a href="mailto:info@cascade.org">info@cascade.org</a>  Website: <a href="https://cascade.org/helmets">https://cascade.org/helmets</a>  Main: 206-522-2222</p> <p>For questions, contact Amy Korver (Community Education Manager): <a href="mailto:amyk@cascade.org">amyk@cascade.org</a></p>	<p>Offers \$10 helmets in sizes S, M, L, &amp; XL (no toddler sizes), payable in cash or check. These helmets are Model 09 from Helmets R Us (<a href="https://helmetsrus.net/">https://helmetsrus.net/</a>).</p> <p>To buy a helmet, stop by the Cascade Bicycle Club office any time Monday – Thursday between 10 AM and 3 PM. Reduced prices for schools and community centers.</p>
<p><b>Fall City - King County Fire District #27</b></p> <p>4301 334th Place SE Fall City, WA 98024</p>	<p>Website: <a href="https://www.king27fire.com/public-education">https://www.king27fire.com/public-education</a></p> <p>Main: (425) 222-5841</p>	<p>Low-cost helmets (suggested donation of \$10) are available at the fire station. Call or visit the station for additional details.</p>
<p><b>Puget Sound Regional Fire Authority</b></p> <p>24611 116th Ave SE Kent, WA 98030</p>	<p>For information, contact Melanie: (253) 856-4482</p> <p>Website: <a href="https://pugetsoundfire.org/">https://pugetsoundfire.org/</a></p>	<p>Free helmets available for Puget Sound Fire area residents. Please call Melanie for more information or to schedule a helmet fitting.</p>
<p><b>Redmond Police Department</b></p> <p>8701 160th Ave NE Redmond, WA 98052</p>	<p>For appointment, contact Aggie Dennehy: <a href="mailto:adennehy@redmond.gov">adennehy@redmond.gov</a></p> <p>Website: <a href="https://www.redmond.gov/708/Services-We-Offer">https://www.redmond.gov/708/Services-We-Offer</a></p> <p>Main: (425) 556-2500</p>	<p>Offers \$10 helmets for children and adults (cash only). Call or email to make an appointment for a fitting.</p>
<p><b>Seattle Children's Hospital</b></p> <p>4800 Sand Point Way NE Seattle, WA 98105</p>	<p>Email: <a href="mailto:classes@seattlechildrens.org">classes@seattlechildrens.org</a></p> <p>Website: <a href="https://www.seattlechildrens.org/health-safety/keeping-kids-healthy/prevention/health-safety/">https://www.seattlechildrens.org/health-safety/keeping-kids-healthy/prevention/health-safety/</a></p>	<p>Offers free helmets for kids 1 – 18 years old at community events and health fairs. To get a helmet, kids must be present to be properly fitted. Families can find a list of helmet giveaway events on the website. The website also includes a “How to Fit Your Child’s Bike Helmet” video and helmet fitting instructions in multiple languages.</p>

<p><b>Seattle Department of Transportation in Partnership with Seattle Customer Service Centers (CSCs)</b></p> <p>Distribution at the Ballard CSC, Central CSC, Lake City CSC, Southeast CSC, Southwest CSC, and University CSC.</p> <p>Link for addresses and hours of each CSC: <a href="https://seattle.gov/customer-service-centers">Customer Service Centers - Customer Service Centers   seattle.gov</a></p>	<p>Email: <a href="mailto:ScooterShare@seattle.gov">ScooterShare@seattle.gov</a> or <a href="mailto:BikeShare@seattle.gov">BikeShare@seattle.gov</a></p> <p>Phone: (206) 375-2344</p> <p>Main Website: <a href="https://seattle.gov/transportation">Seattle.gov/transportation</a></p> <p>Helmets Info on Website: <a href="https://seattle.gov/transportation/projects-and-programs/programs/bike-program/how-to-use-scooter-share-and-bike-share#helmets">https://seattle.gov/transportation/projects-and-programs/programs/bike-program/how-to-use-scooter-share-and-bike-share#helmets</a></p>	<p>The Seattle Department of Transportation’s Scooter Share and Bike Share programs are distributing free helmets at six <a href="#">Seattle Customer Service Centers</a> (CSCs) located throughout the city. The locations handing out helmets include the Ballard CSC, Central CSC, Lake City CSC, Southeast CSC, Southwest CSC, and University CSC. The Downtown CSC is excluded from this program.</p> <p>Helmets are limited to 1 per adult, and sizes will be limited. The helmets are provided by Bird and Veo. Check out our <a href="#">flyer</a> for more information (also available in <a href="#">Amharic</a>, <a href="#">Korean</a>, <a href="#">Somali</a>, <a href="#">Spanish</a>, <a href="#">Tagalog</a>, <a href="#">Traditional Chinese</a>, and <a href="#">Vietnamese</a>).</p>
<p><b>Shoreline Fire Department - King County Fire District #16</b></p> <p>Kenmore Station # 51 7220 NE 181st Street Kenmore, WA 98028</p>	<p>Website: <a href="https://www.shorelinefire.com/">https://www.shorelinefire.com/</a></p> <p>(425) 354-1780</p>	<p>Station 51 Business hours: Monday thru Friday 8:30 a.m. until 3:30 pm.</p> <p>Requested donations: Toddler size \$6 Small through Large \$7 (Med &amp; Large sizes may not always be available)</p>
<p><b>Valley Regional Fire Authority</b></p> <p>Headquarters Station #31: 1101 D Street NE Auburn, WA 98002</p>	<p>Website: <a href="https://www.vrfa.org/docs/bike-wheels-safety/">https://www.vrfa.org/docs/bike-wheels-safety/</a></p> <p>Main: (253) 288-5800</p>	<p>Offers bike helmets for people living in Auburn, Algona, and Pacific. Free for those with limited incomes. Donations are also appreciated. Can measure head circumference using bike helmet size guide on this website: <a href="http://www.vrfa.org">www.vrfa.org</a>. Then call station to place order and arrange pick up. Custom fitting available upon request.</p>

Unique or Bulk Providers	Contact Info	Details
<b>BOLD Helmets</b>	Website: <a href="https://www.boldhelmets.com/en-us">https://www.boldhelmets.com/en-us</a>	Helmets specifically designed for Sikh kids. Helmets cost \$69.99 each and are shipped from Canada.
<b>Helmets R Us</b>	Website: <a href="https://helmetsrus.net/">https://helmetsrus.net/</a> Main: (253) 627-2121	Offers bulk helmet orders via website. Several styles and sizes available. Prices range \$6.95 - \$19.95 per helmet. Minimum 24 per order but purchaser can mix and match size and type.
<b>ProRider Economy Bike Helmets</b>	Website: <a href="https://www.prorider.com/">https://www.prorider.com/</a> Main: 1-800-642-3123	Offers toddler to adult-sized bike helmets, available to order online. Prices start at \$7.95 per helmet and shipping charges reduce as you buy in bulk.

**To access this information electronically, simply search on the web for “King County free bike helmets”.**

**Then click on the kingcounty.gov website that pops up.**