

King County (County No. 17)

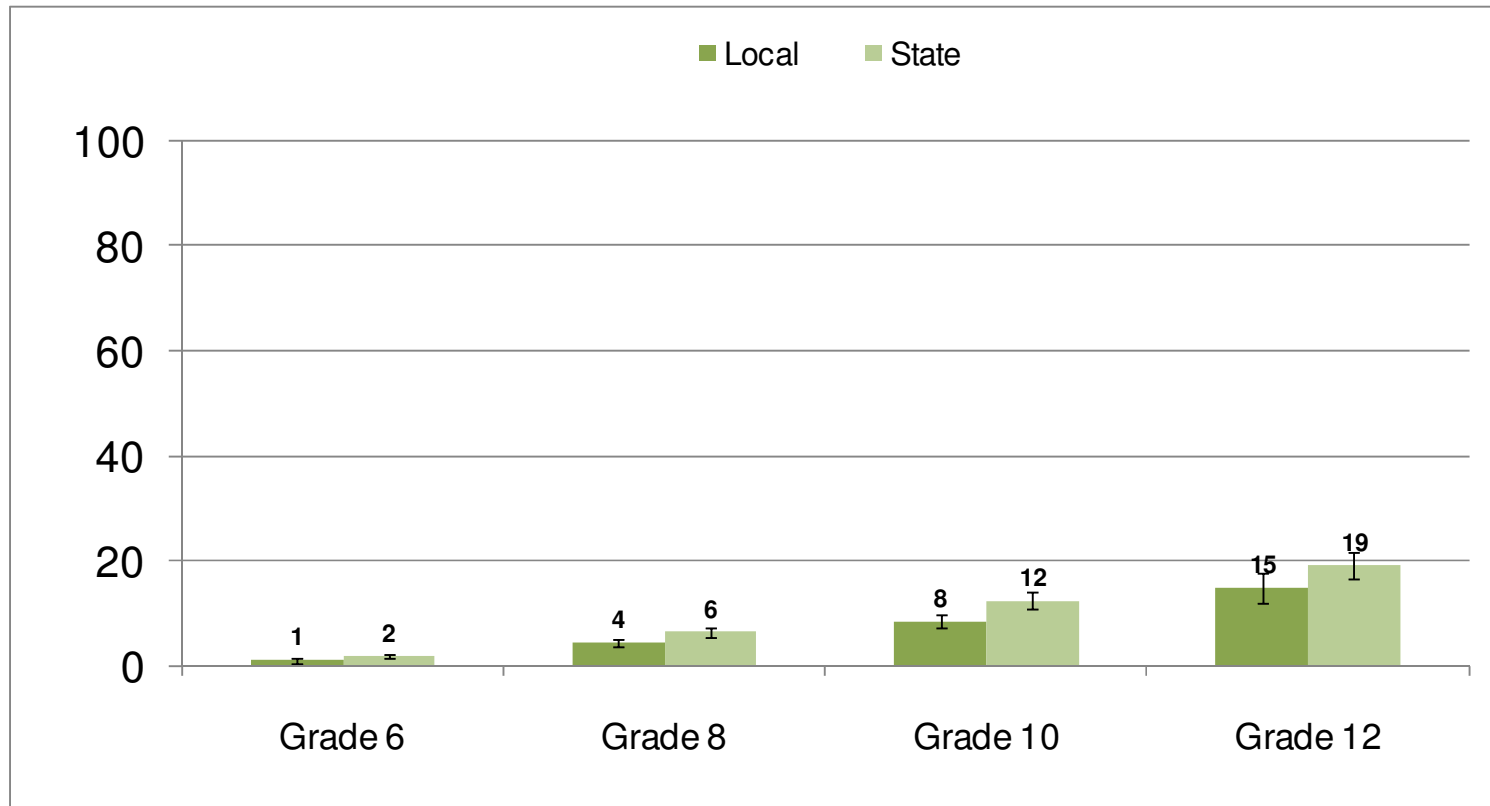
Highlights from the Healthy Youth Survey
Fall 2010

Student Participation

- 3158 (89%) of Grade 6 students
- 3411 (67%) of Grade 8 students
- 4015 (60%) of Grade 10 students
- 3120 (51%) of Grade 12 students

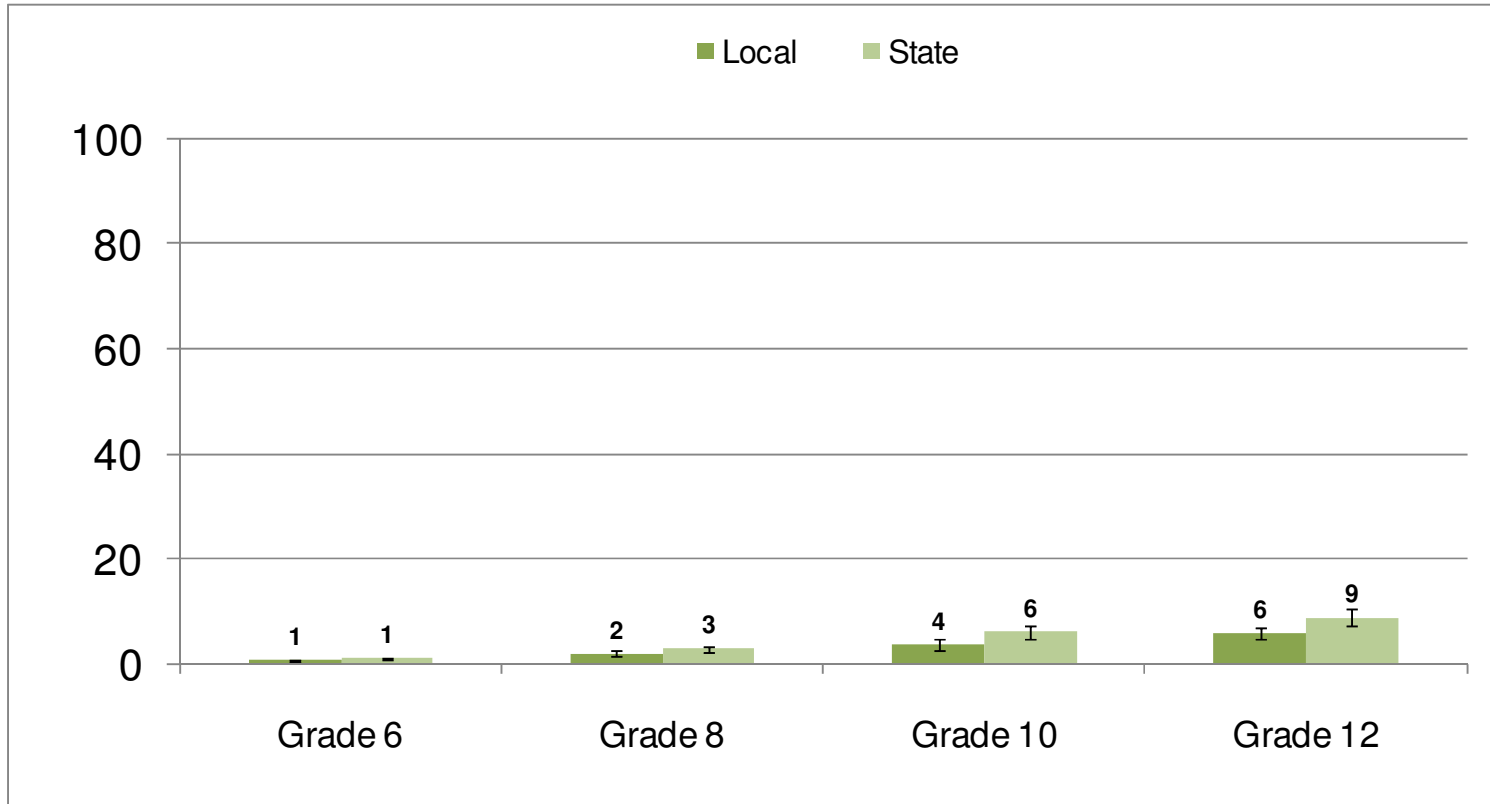
Current Cigarette Smoking

Percent of students who report smoking cigarettes
in the past 30 days



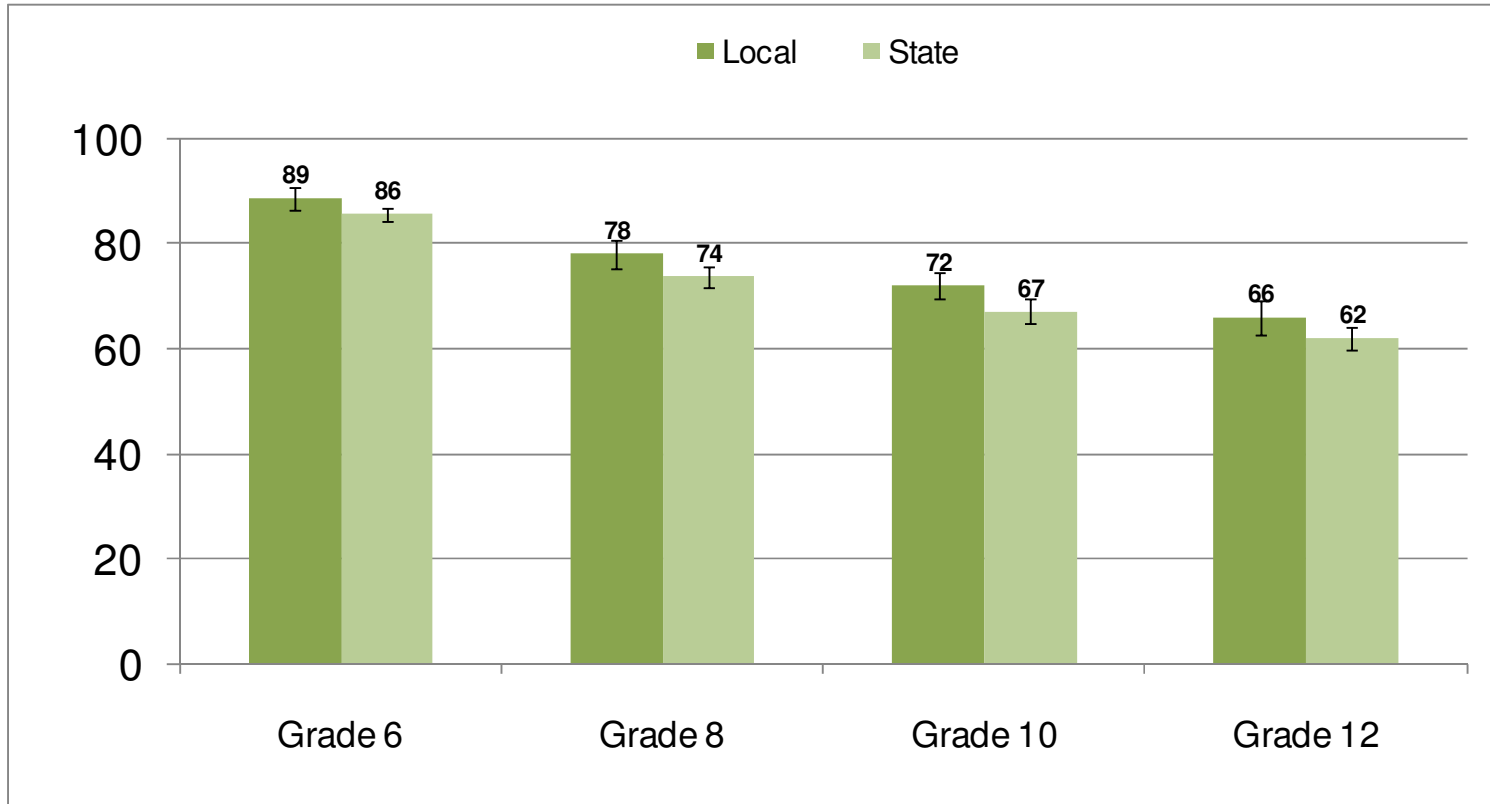
Current Chewing Tobacco Use

Percent of students who report using chewing tobacco, snuff, or dip in the past 30 days



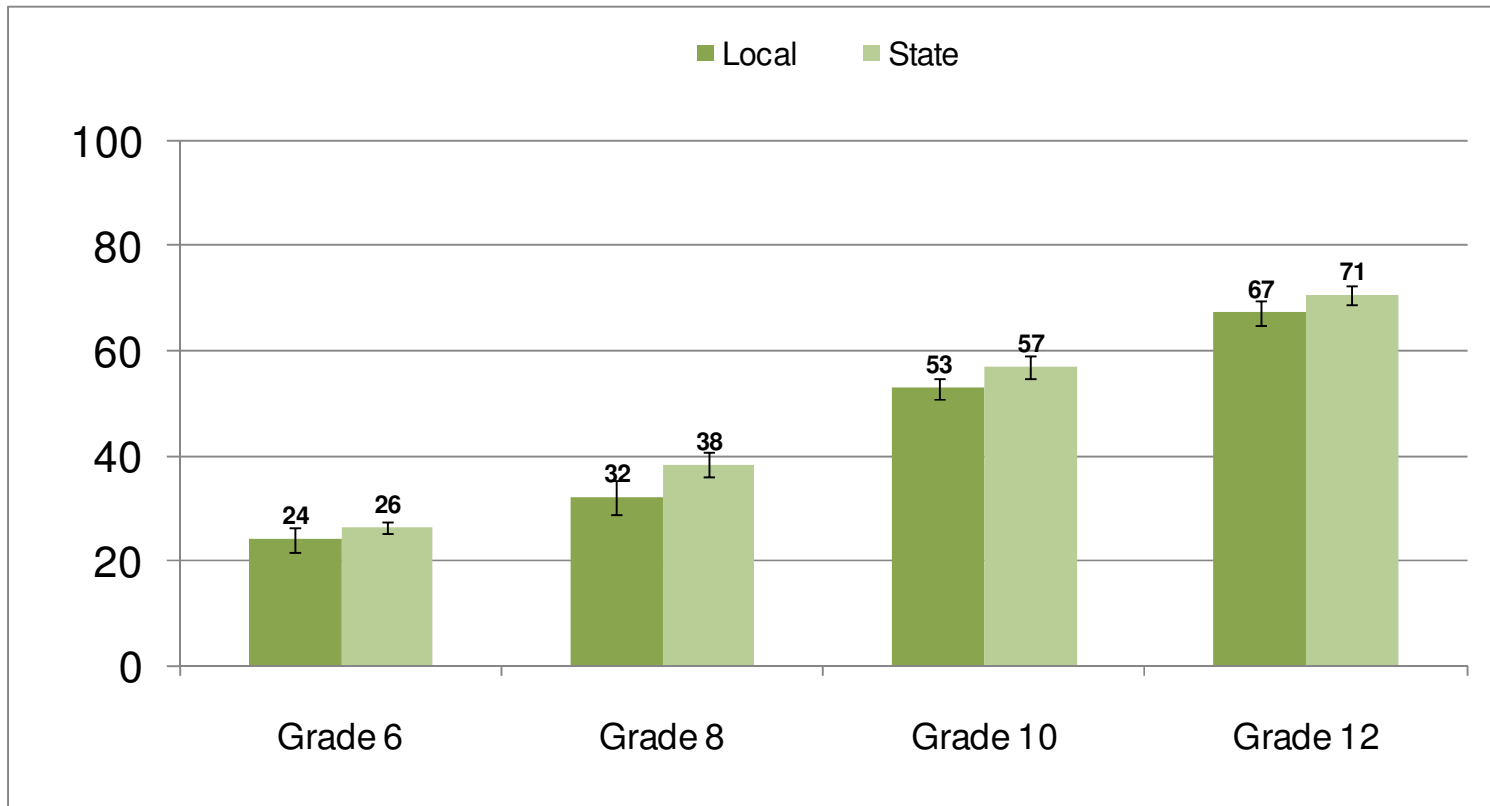
Susceptibility to Smoking

Percent of students who are at risk for future smoking



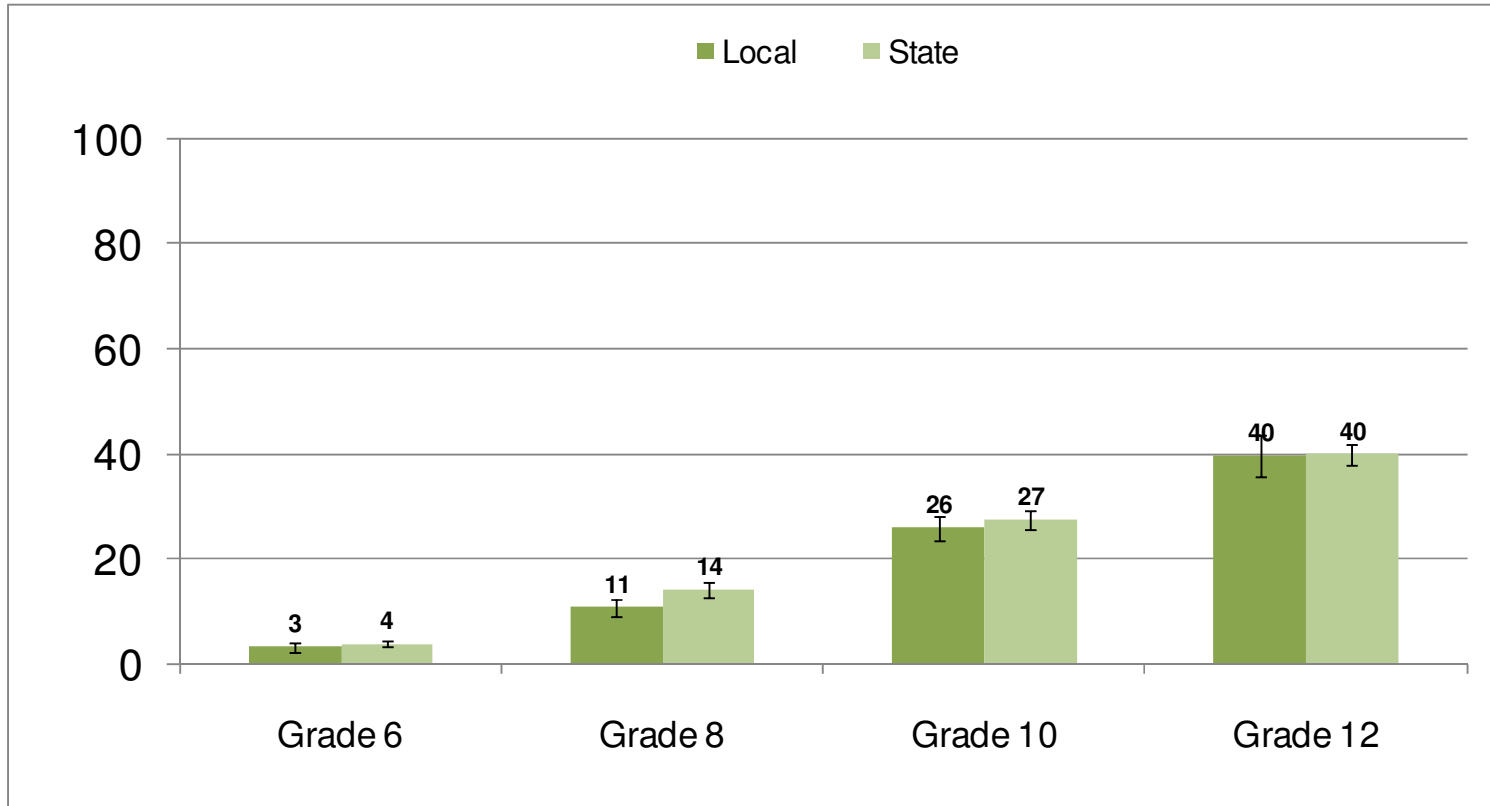
Lifetime Alcohol Use

Percent of students who report having ever drunk more than a sip of alcohol



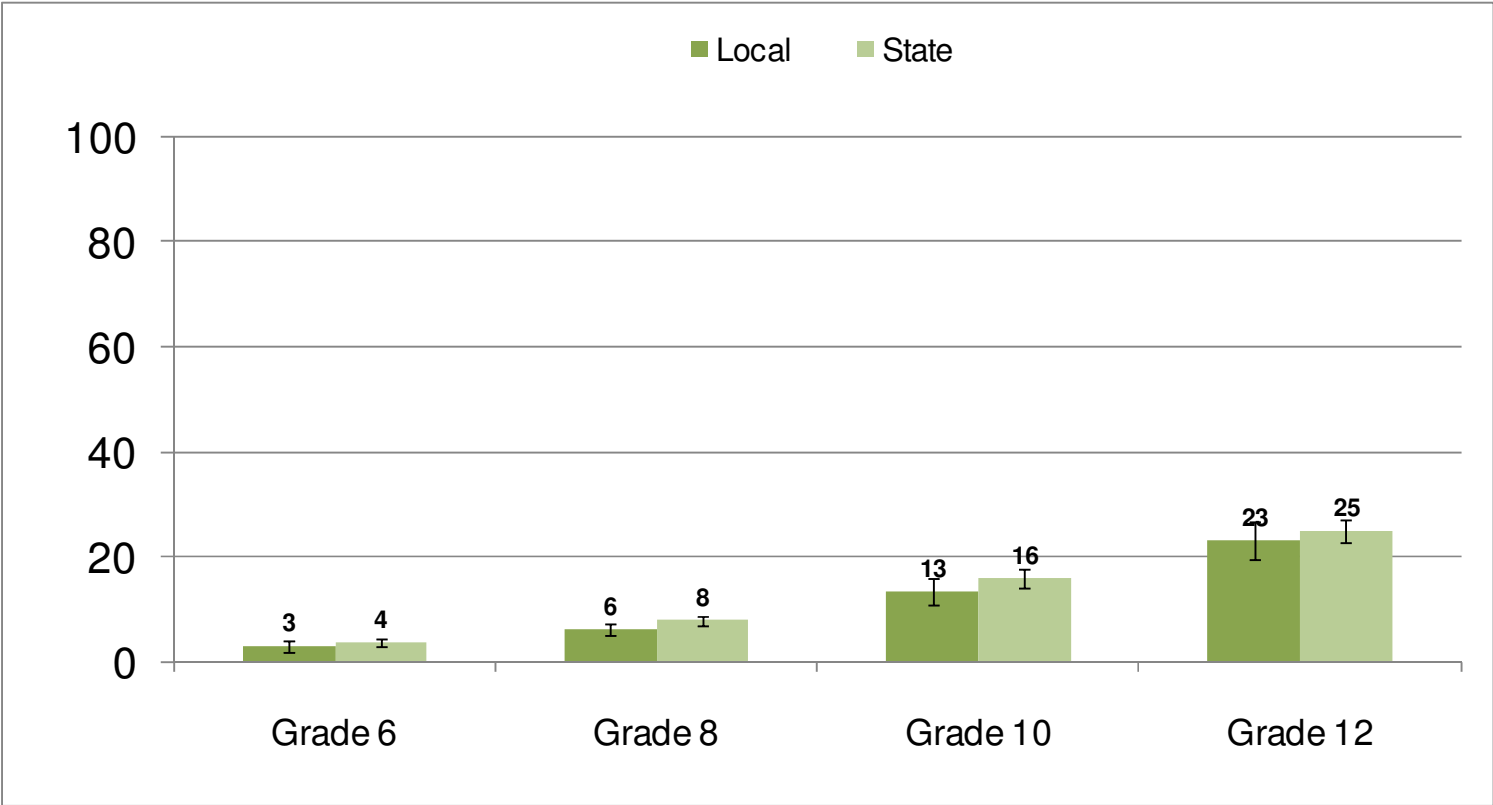
Current Alcohol Use

Percent of students who report having drunk a glass, can, or bottle of alcohol in the past 30 days



Current Binge Drinking

Percent of students who report having drunk 5 or more drinks in a row in the past 2 weeks

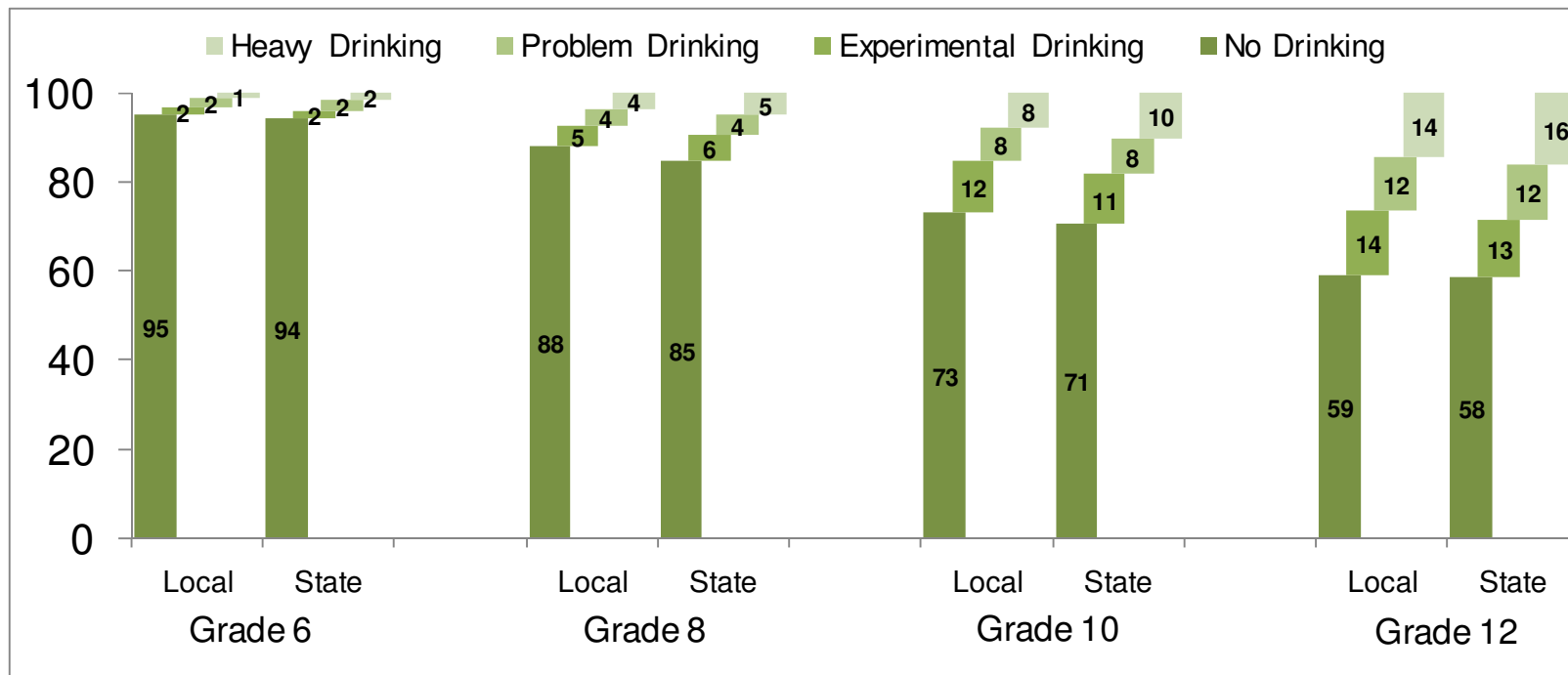


Source: Healthy Youth Survey 2010

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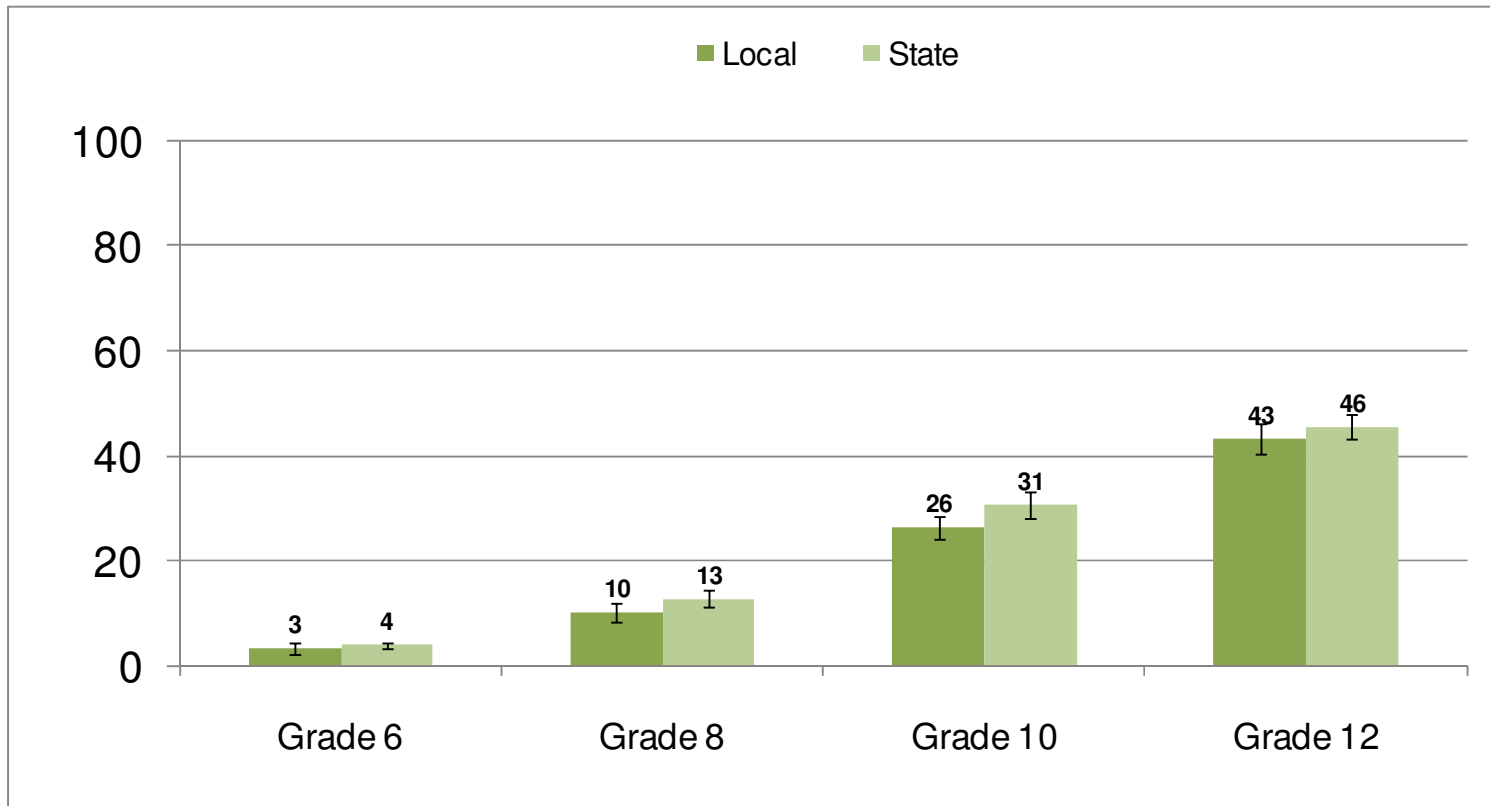
Levels of Alcohol Use

- **No drinking** (no drinking in past 30 days)
- **Experimental drinking** (1-2 days drinking in past 30 days, no binge drinking in past 2 weeks)
- **Problem drinking** (3-5 days drinking in past 30 days and/or 1 day binge drinking in past 2 weeks)
- **Heavy drinking** (6+ days drinking in past 30 days and/or 2+ binge drinking in past two weeks)



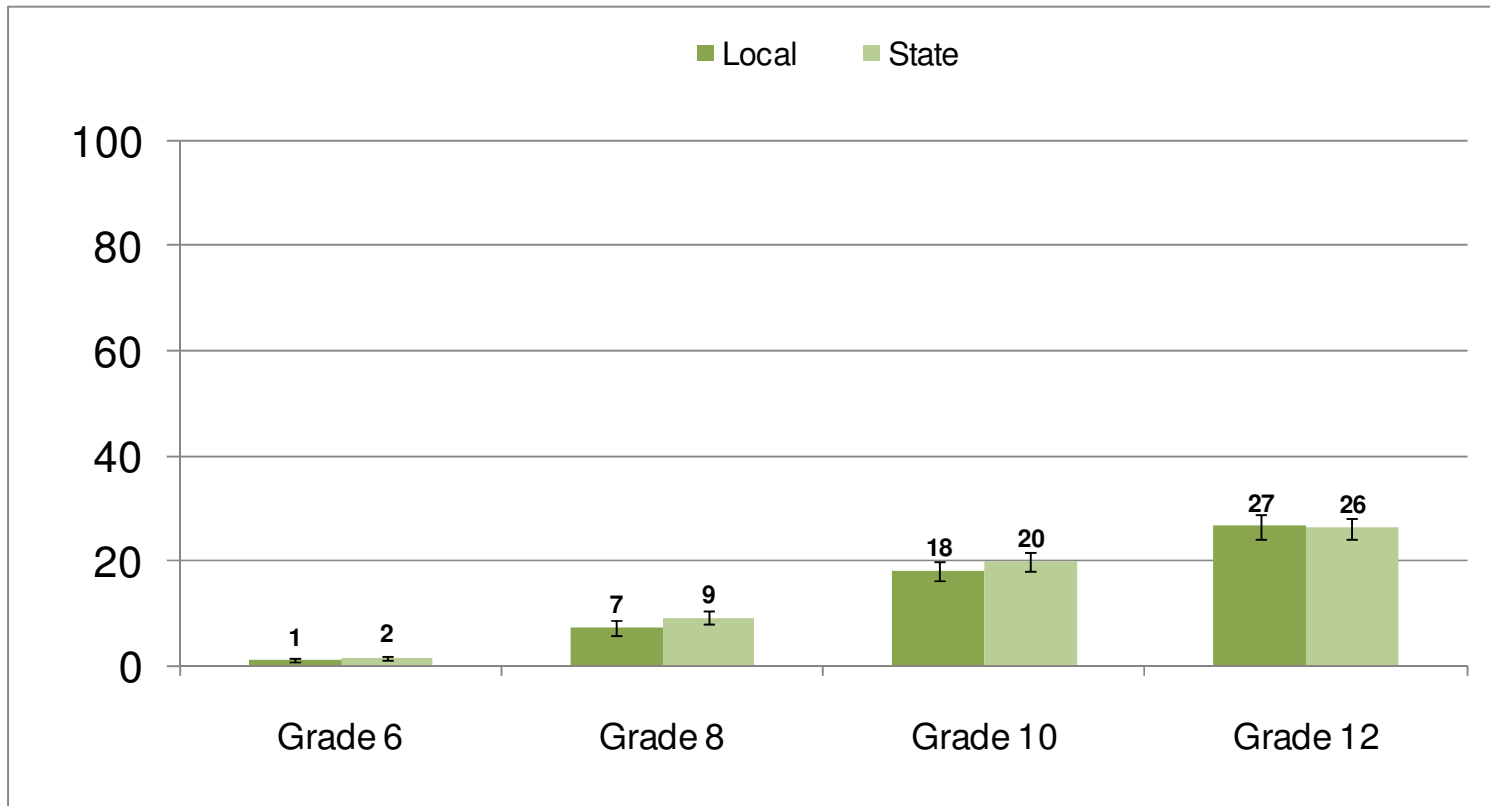
Lifetime Marijuana Use

Percent of students who report having ever smoked marijuana



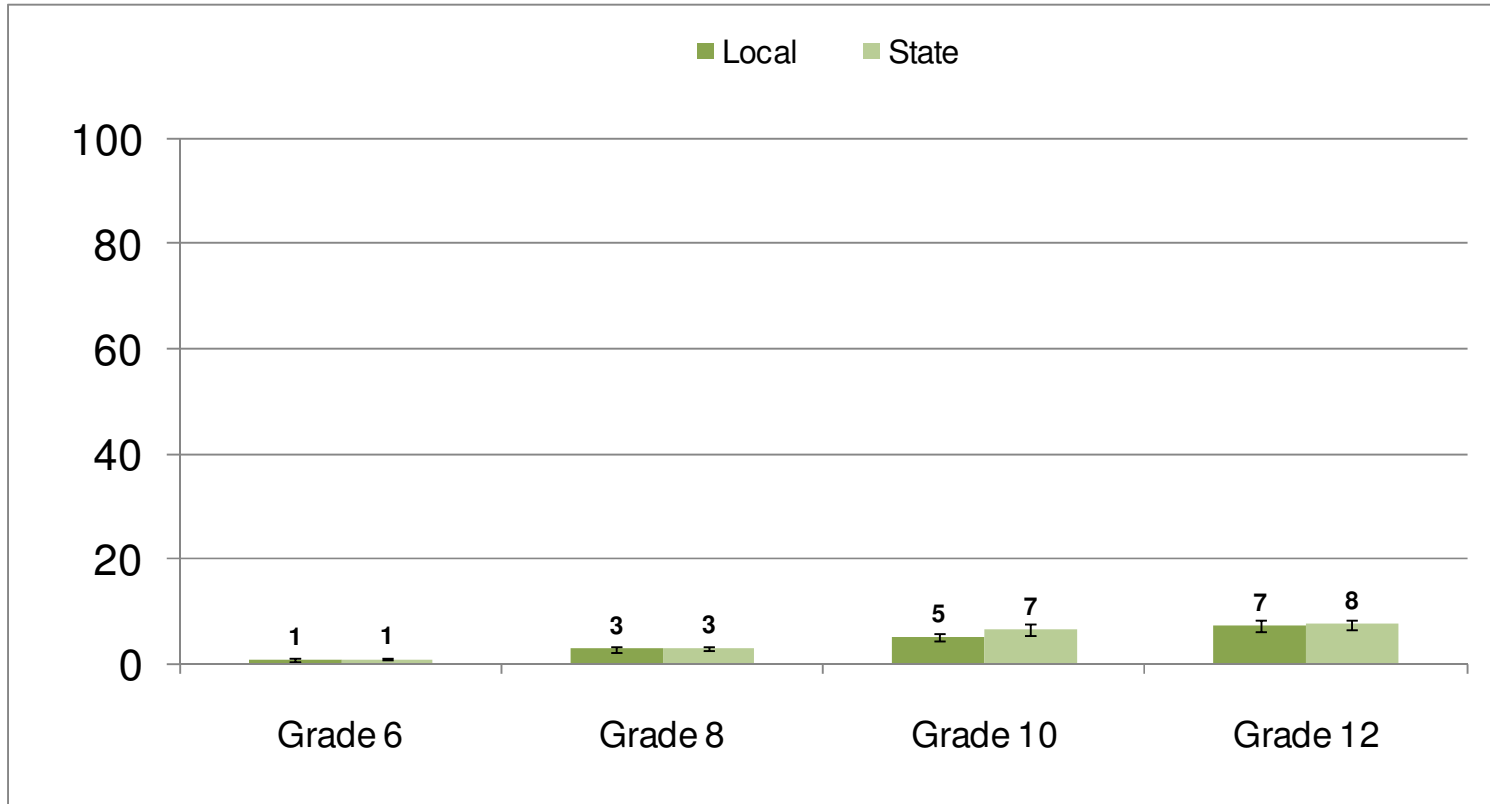
Current Marijuana Use

Percent of students who report smoking marijuana in the past 30 days



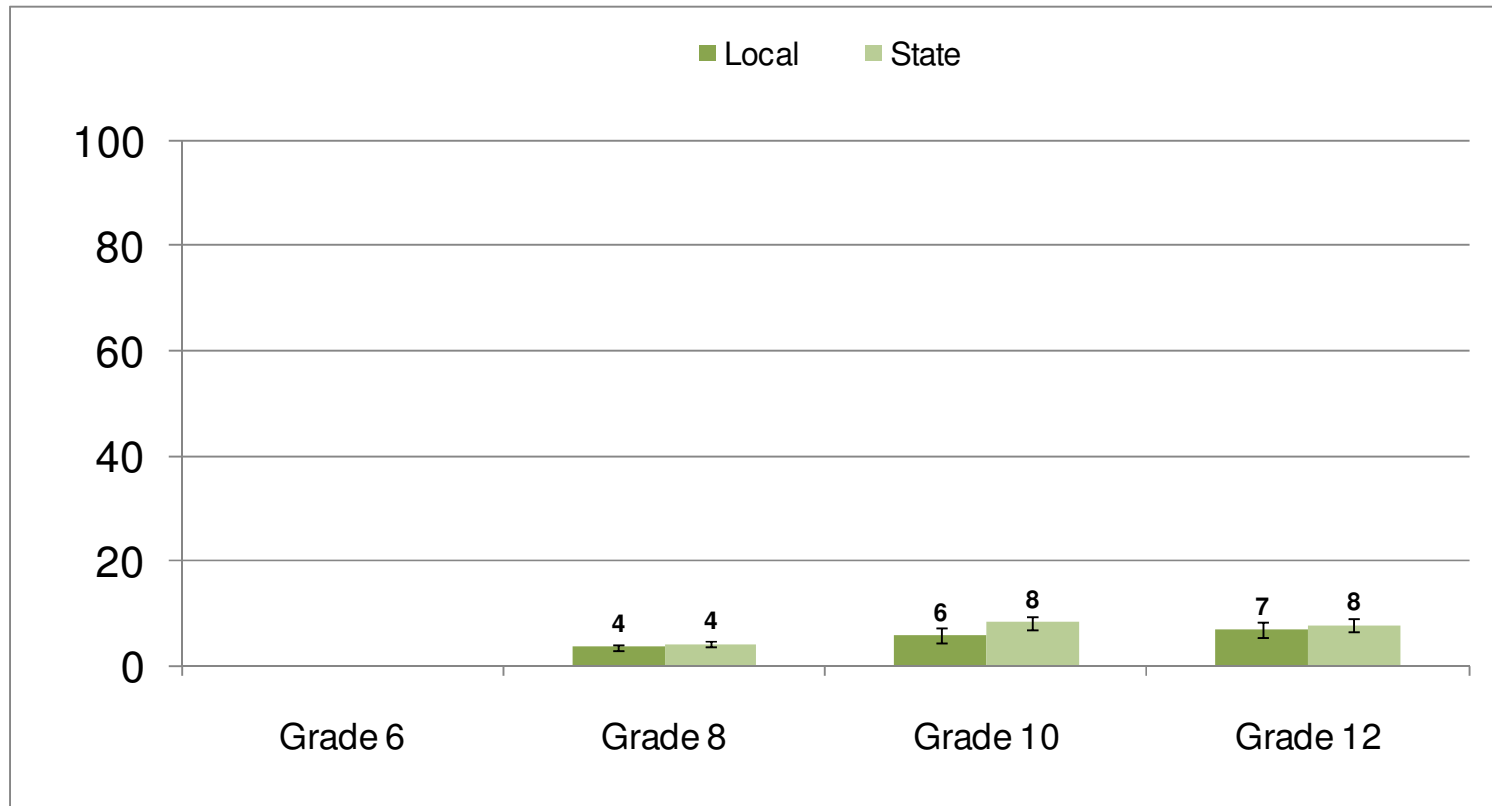
Current Illegal Drug Use

Percent of students who report using illegal drugs in the past 30 days (not including alcohol or tobacco)



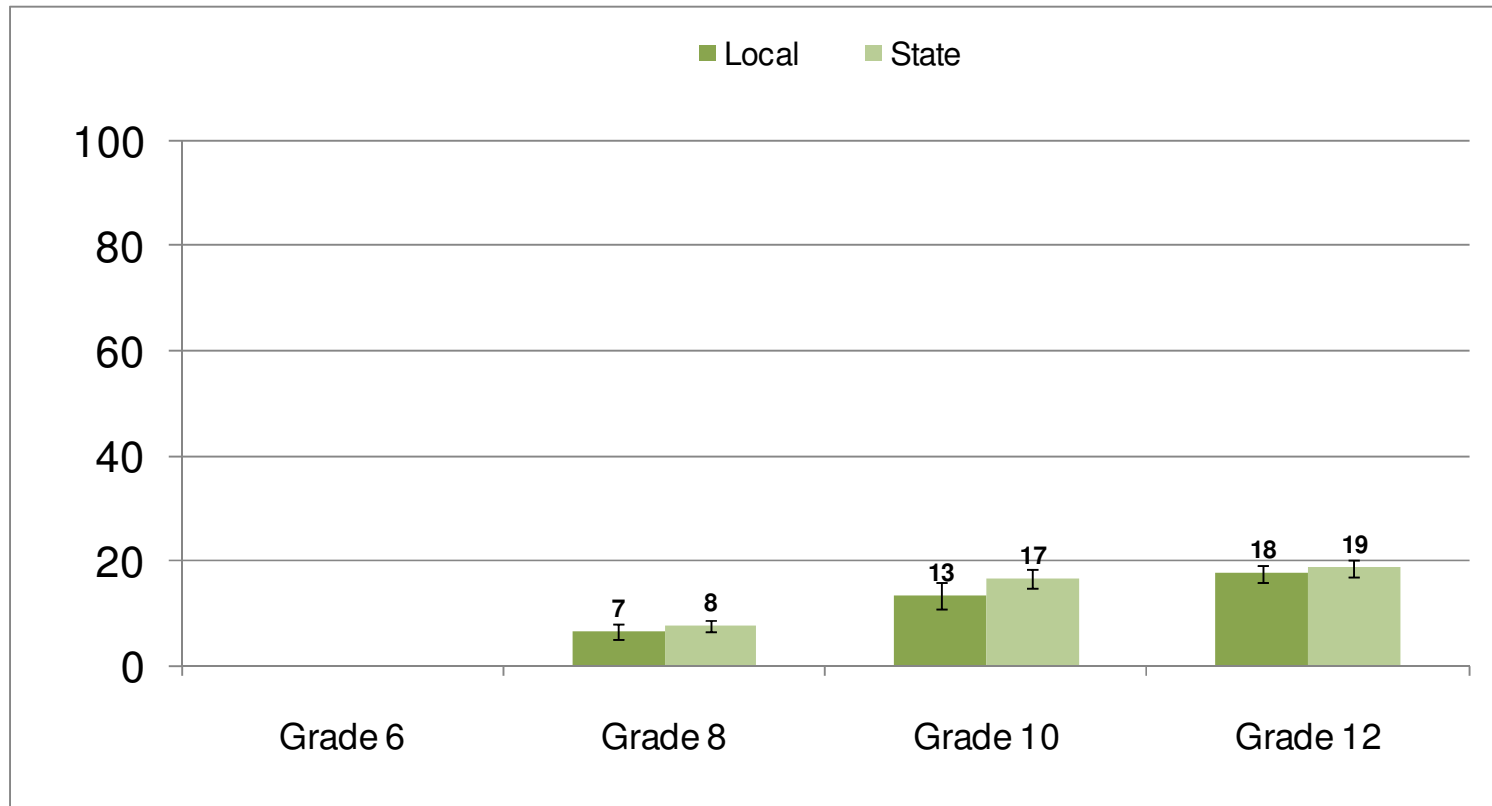
Current Prescription Drug Use

Percent of students who report using a pain killer to get high in the past 30 days



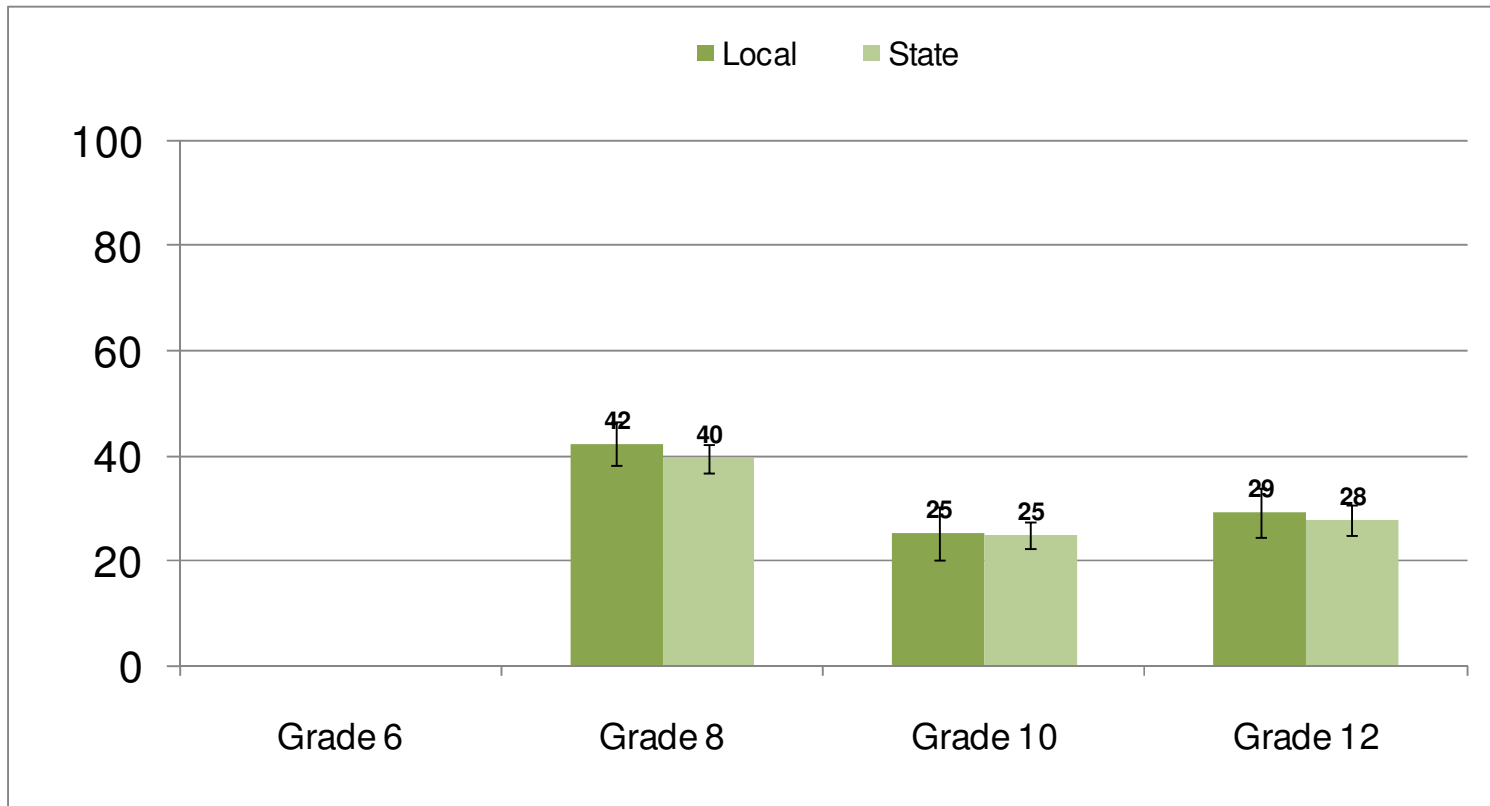
Substance Use at School

Percent of students who report being drunk or high at school in the past year



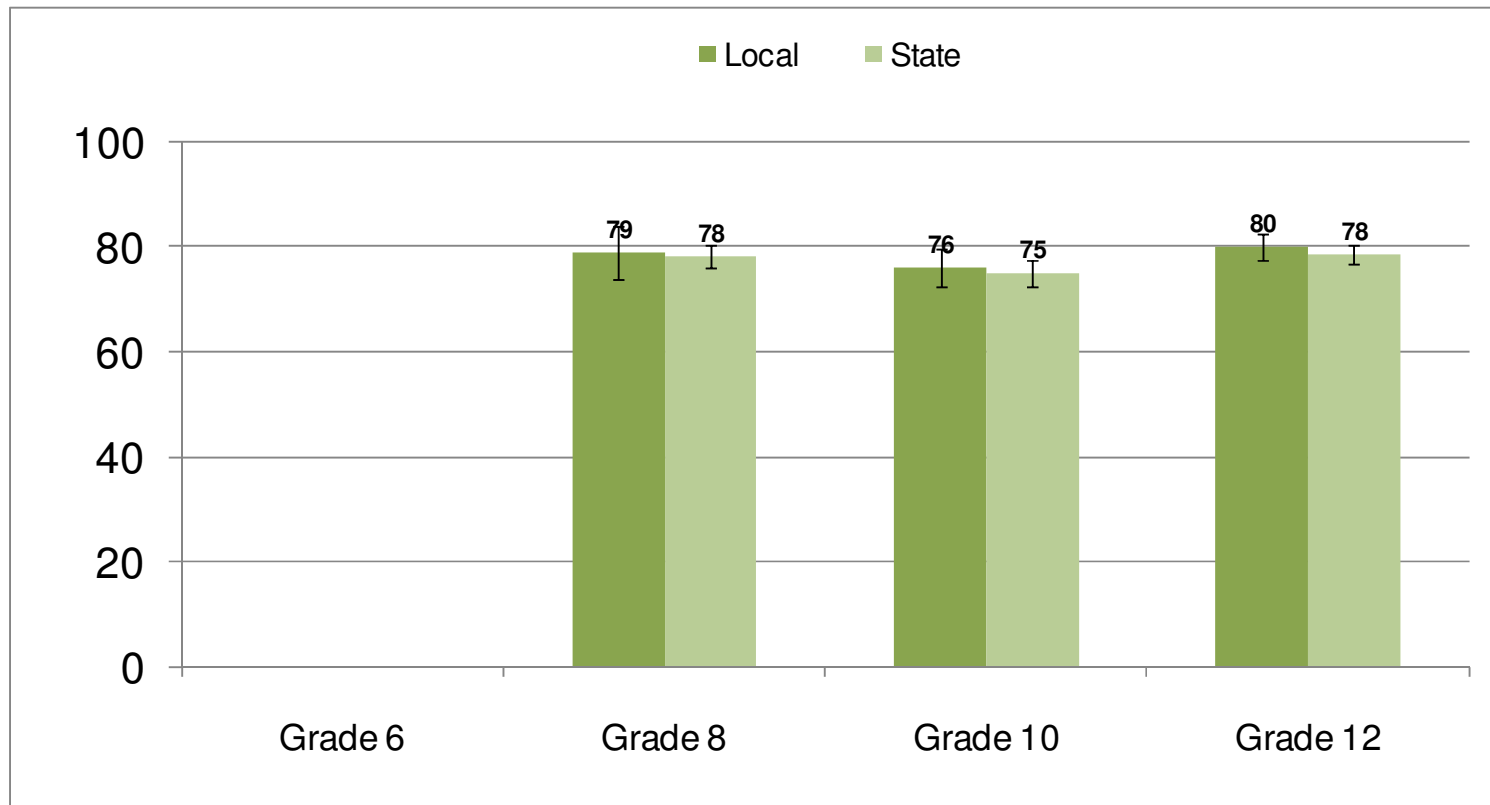
Enforcement of Tobacco-Free Policies

Percent of students who report “definitely” thinking that rules about not using tobacco at school are enforced



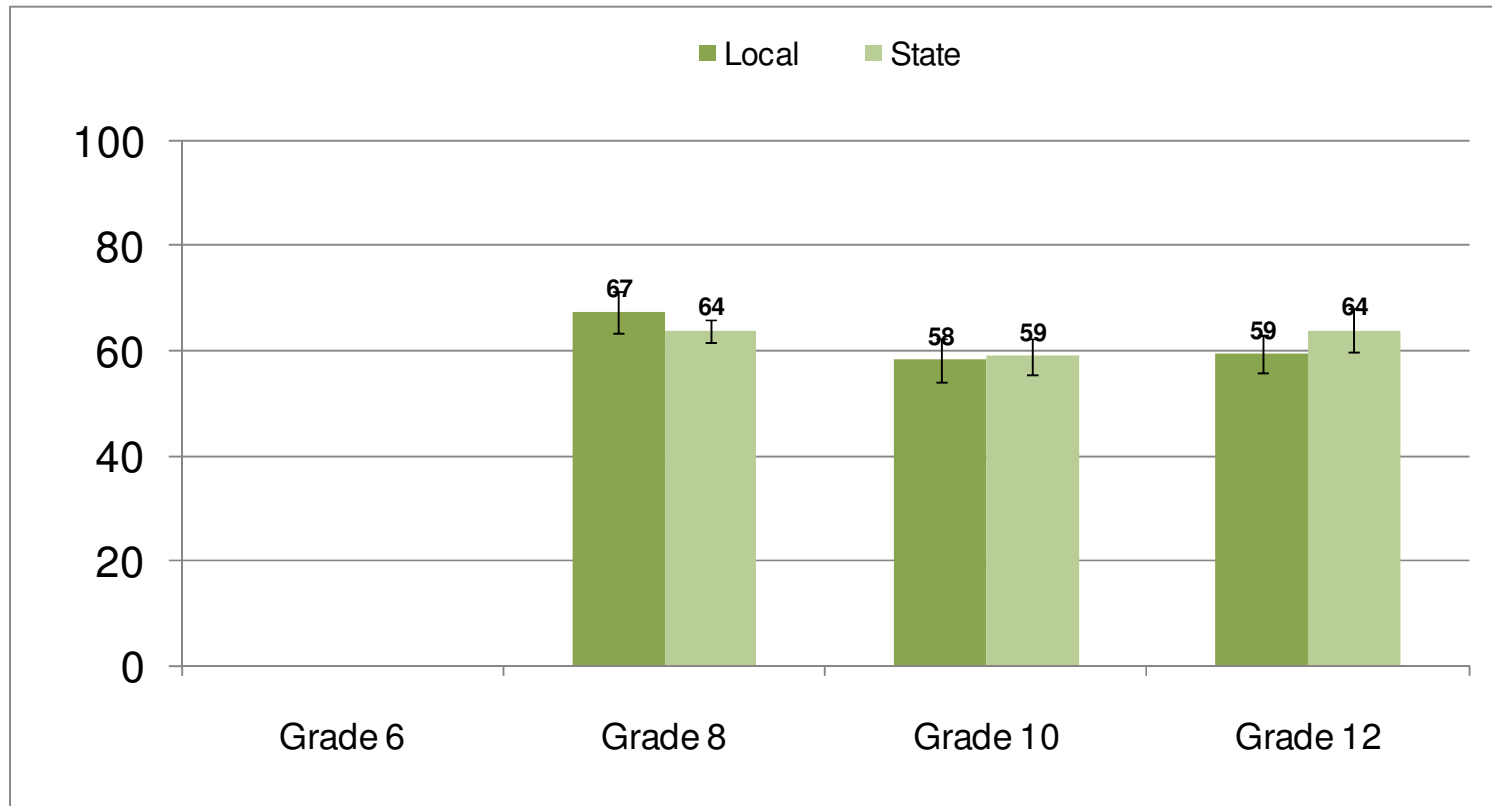
Enforcement of Alcohol and Drug Policies

Percent of students who report “yes” their school punishes students caught using alcohol or drugs



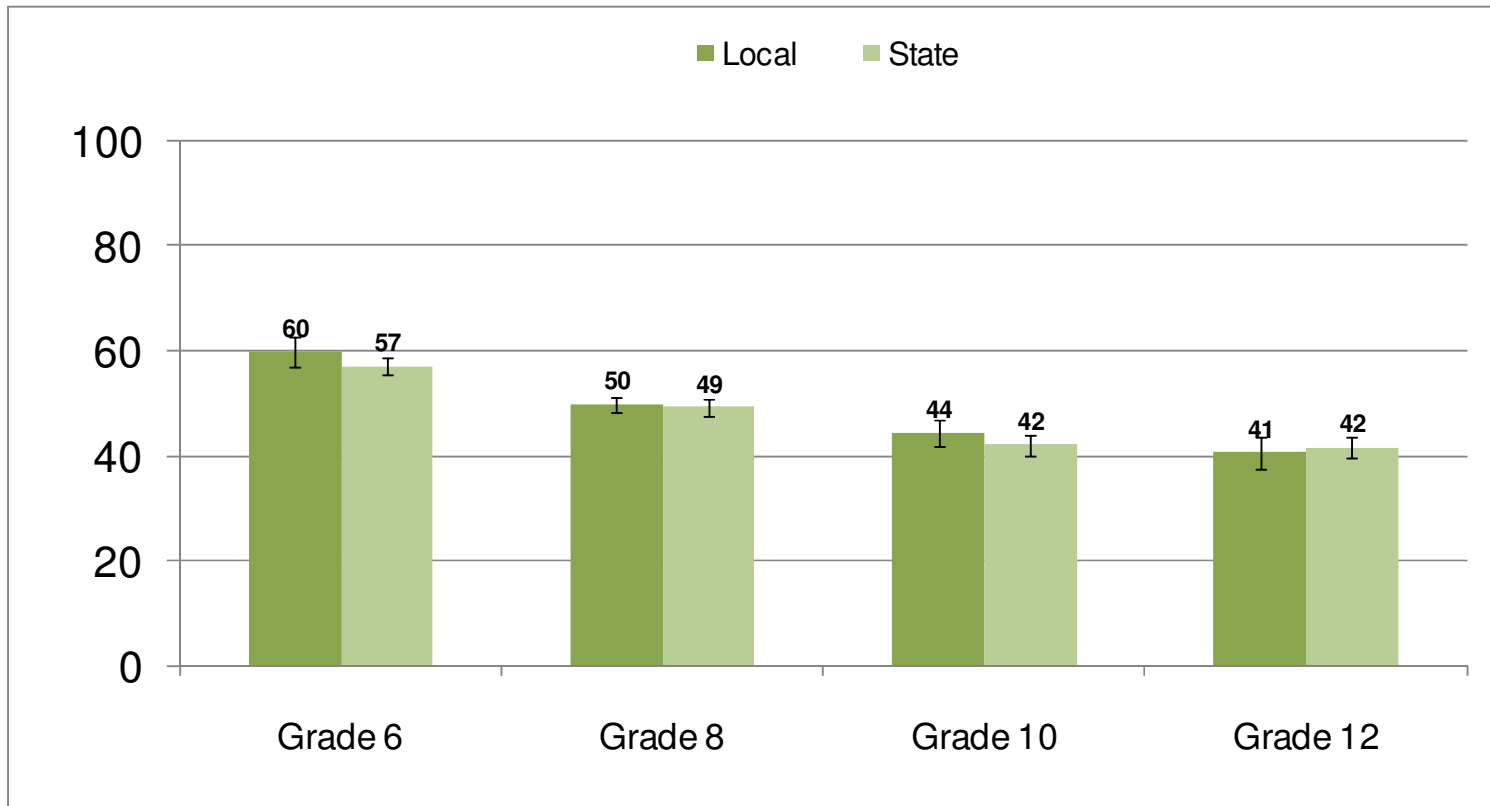
Help at School for Problems with ATOD

Percent of students who report school having staff for students to discuss problems with alcohol, tobacco, or other drugs



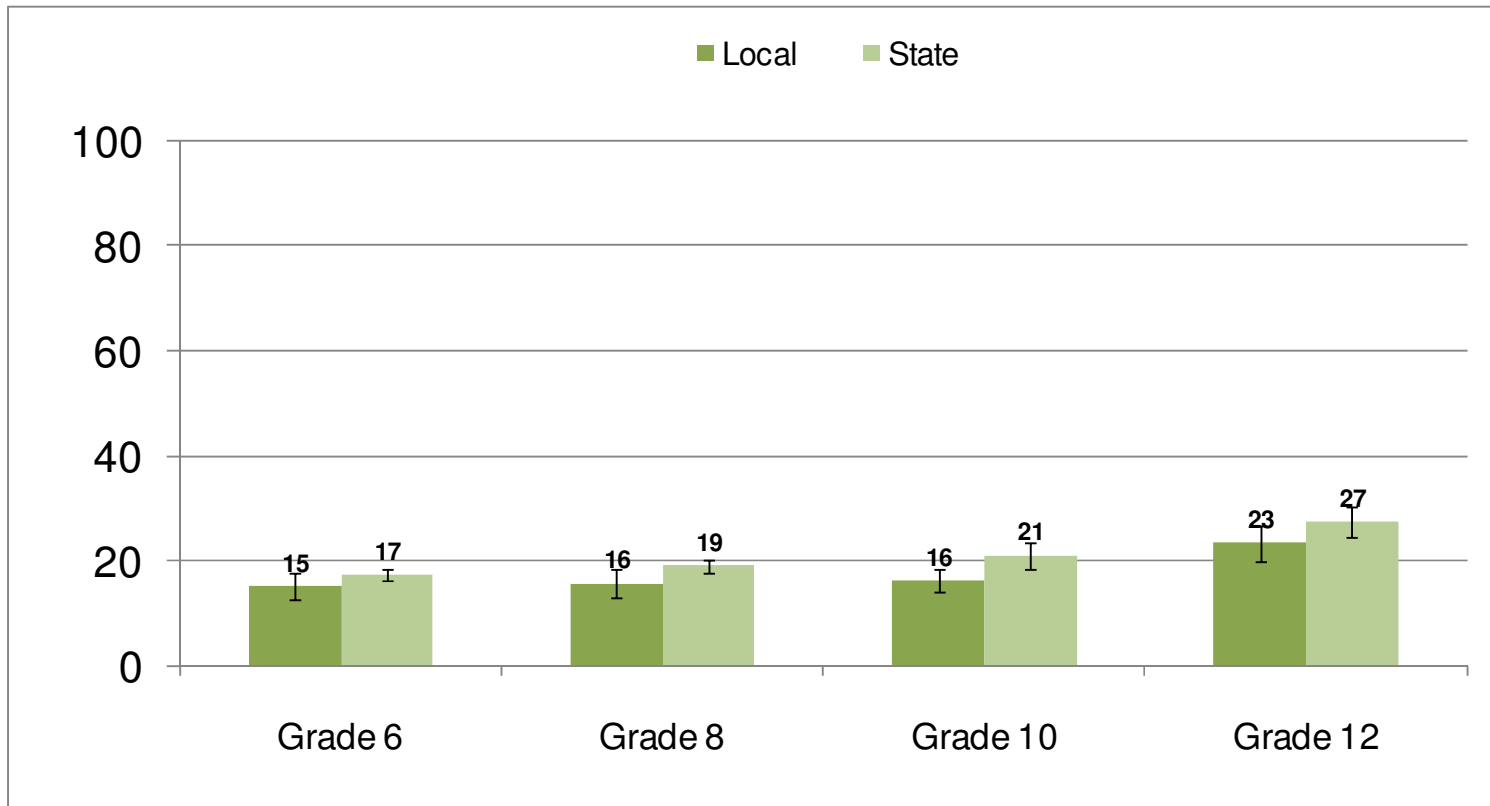
Enjoyment of School

Percent of students who report “often” or “almost always” enjoying being at school in the past year



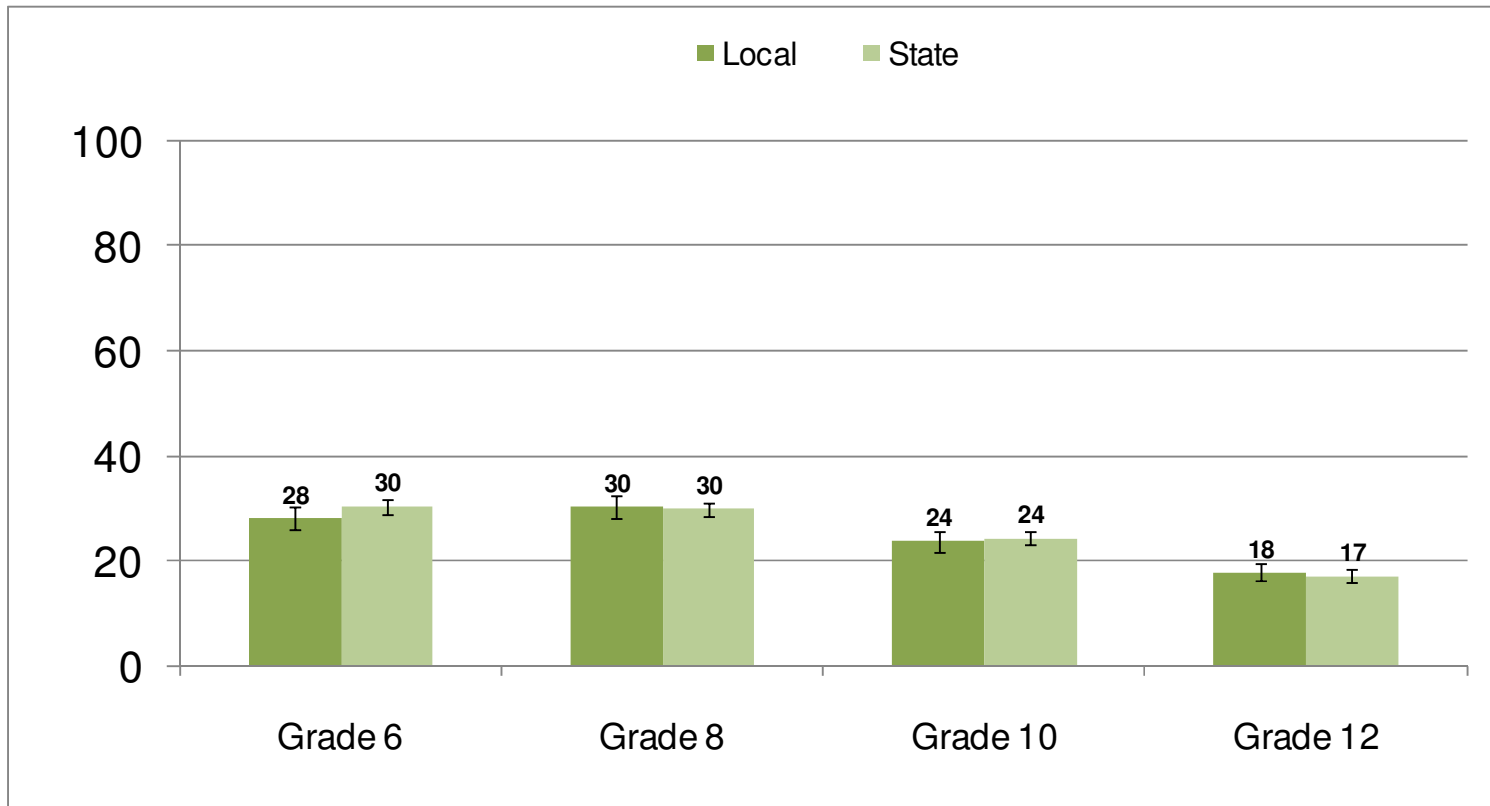
Skipping School

Percent of students who report skipping 1 or more whole days of school in past 4 weeks



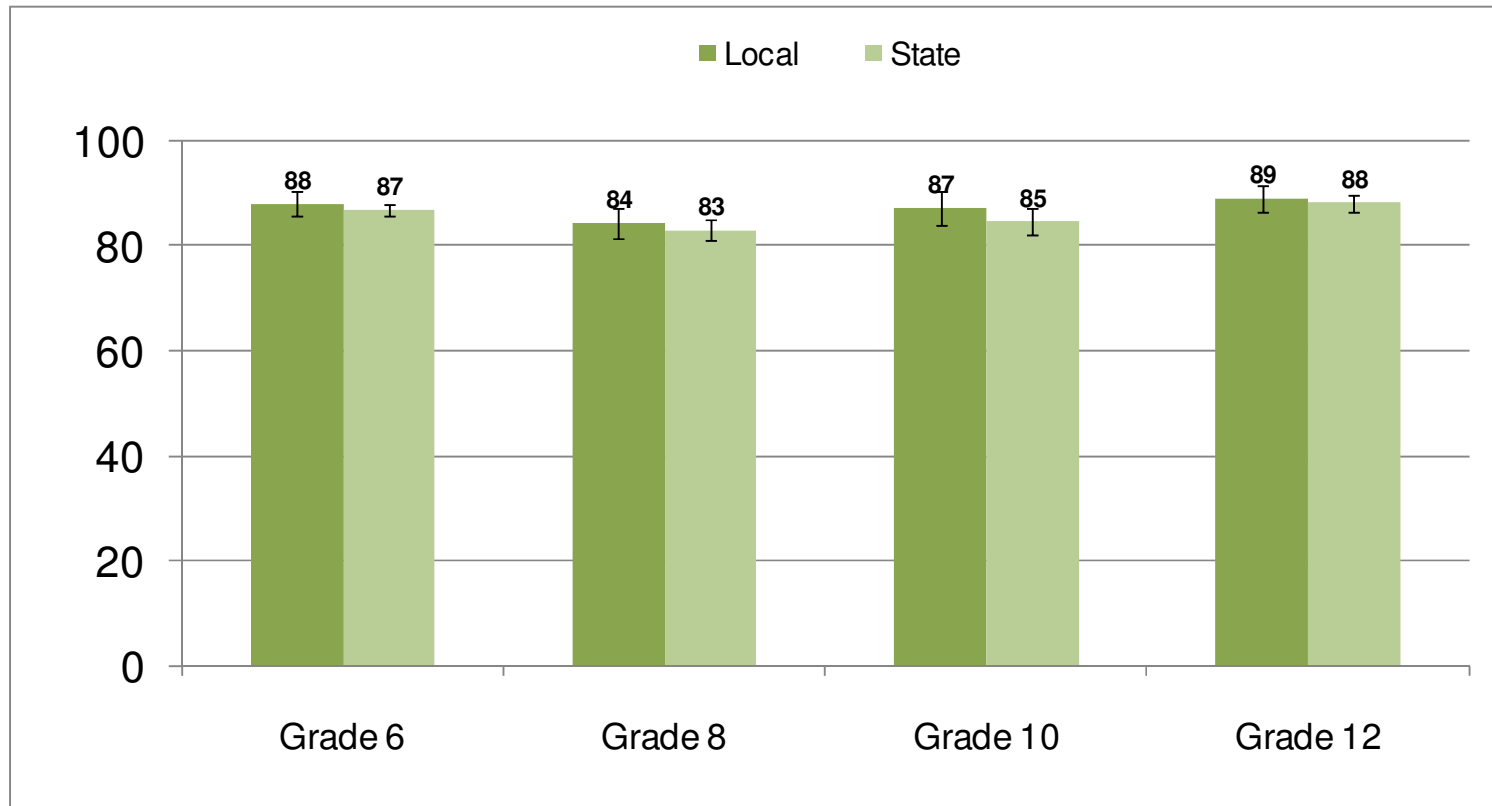
Bullying

Percent of students who report being bullied in the past 30 days



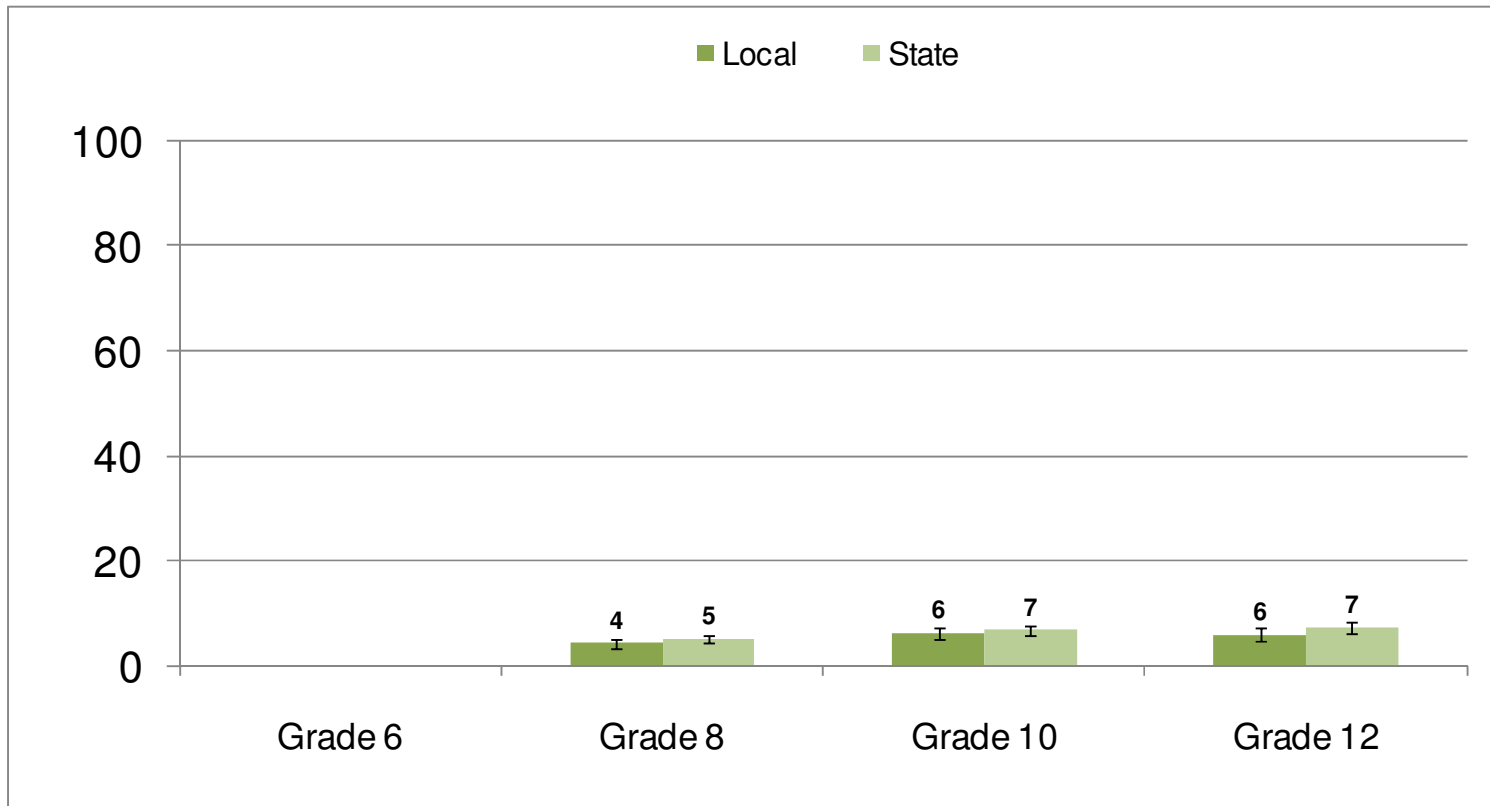
Feeling Safe at School

Percent of students who report that they feel safe at school



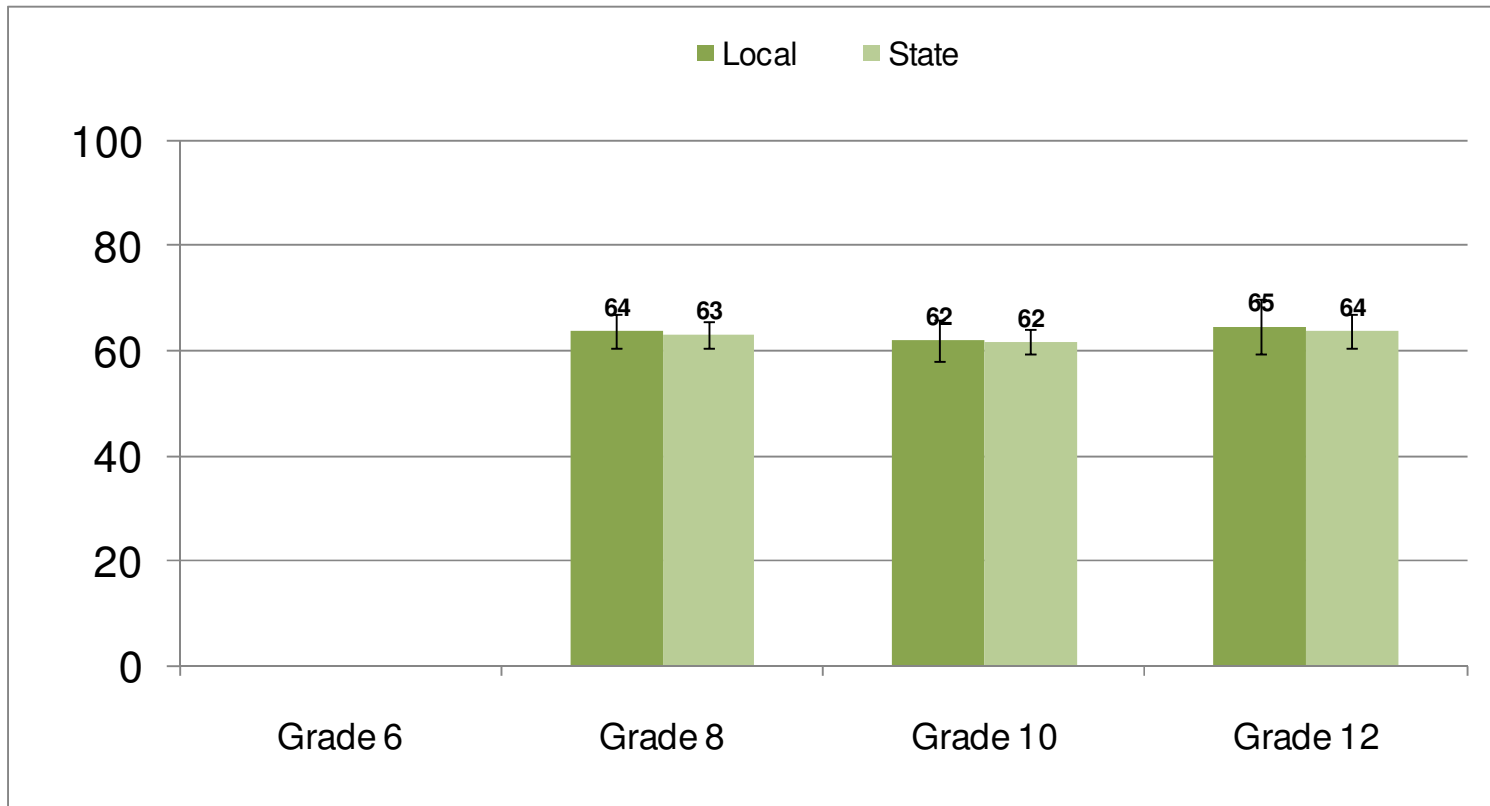
Weapon Carrying At School

Percent of students who report carrying a weapon on school property in the past 30 days



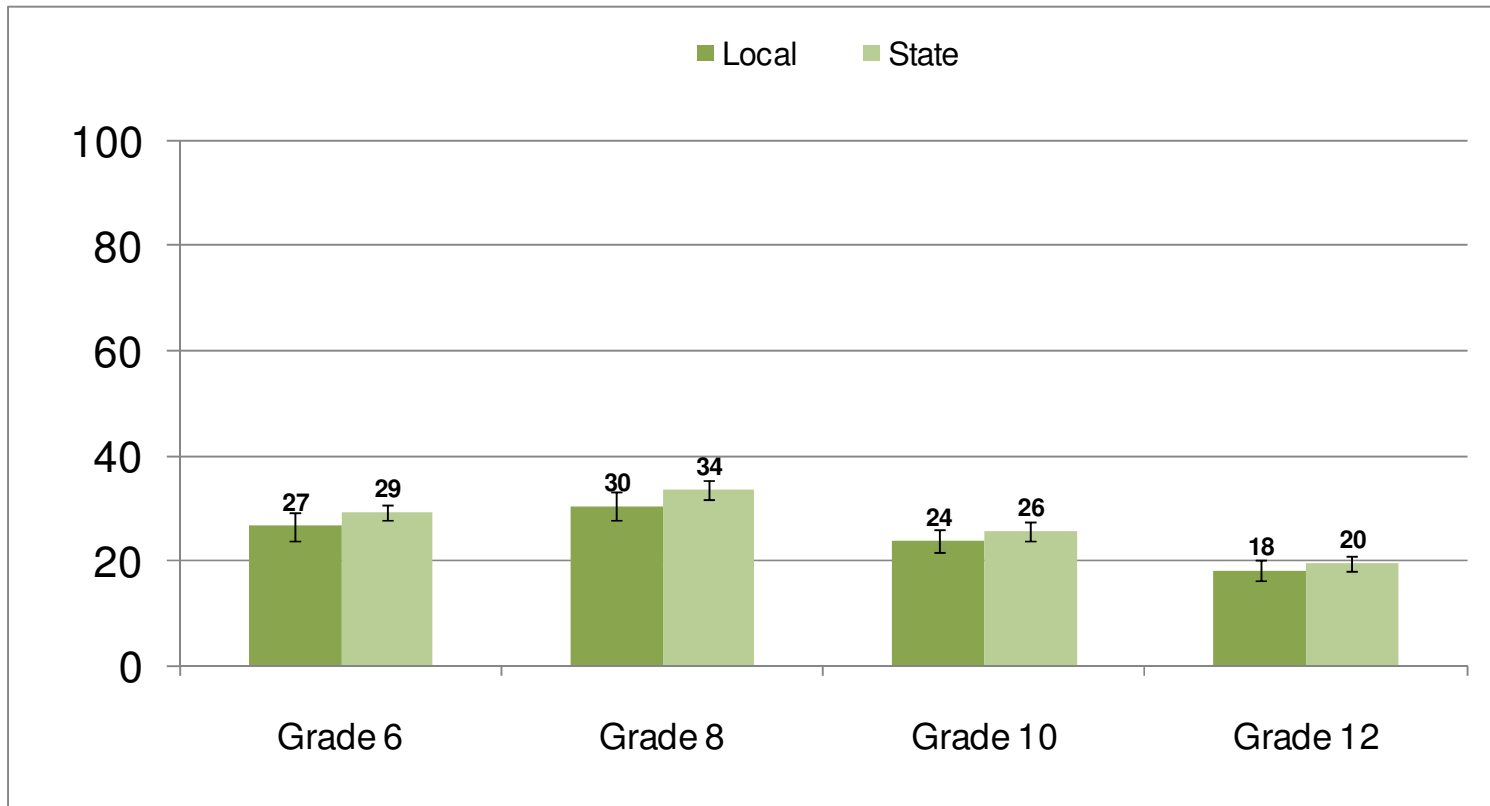
Opportunities for School Involvement

Percent of students who report that they have lots of chances for involvement in school activities



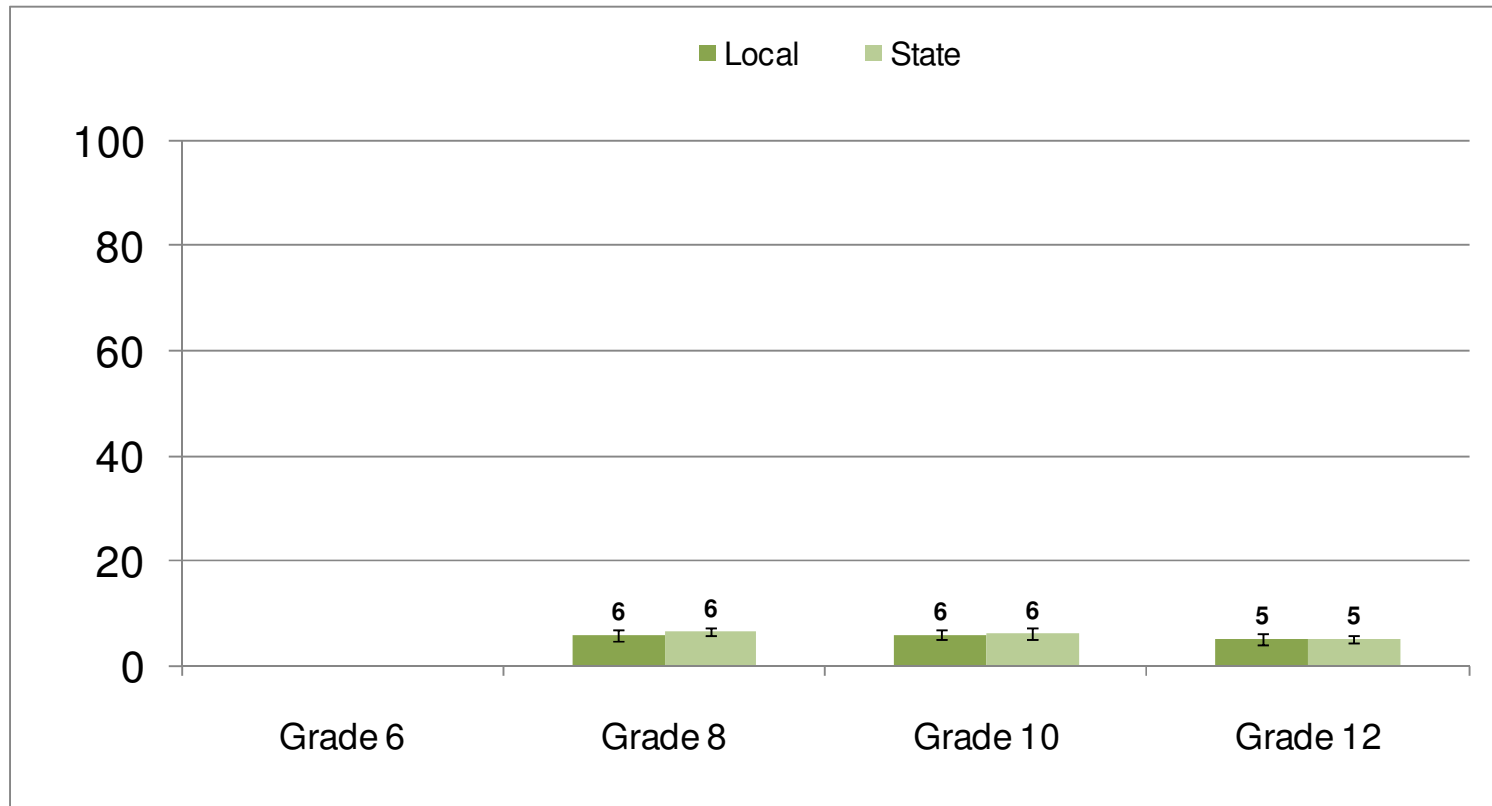
Physical Fighting

Percent of students who report being in a physical fight in the past year



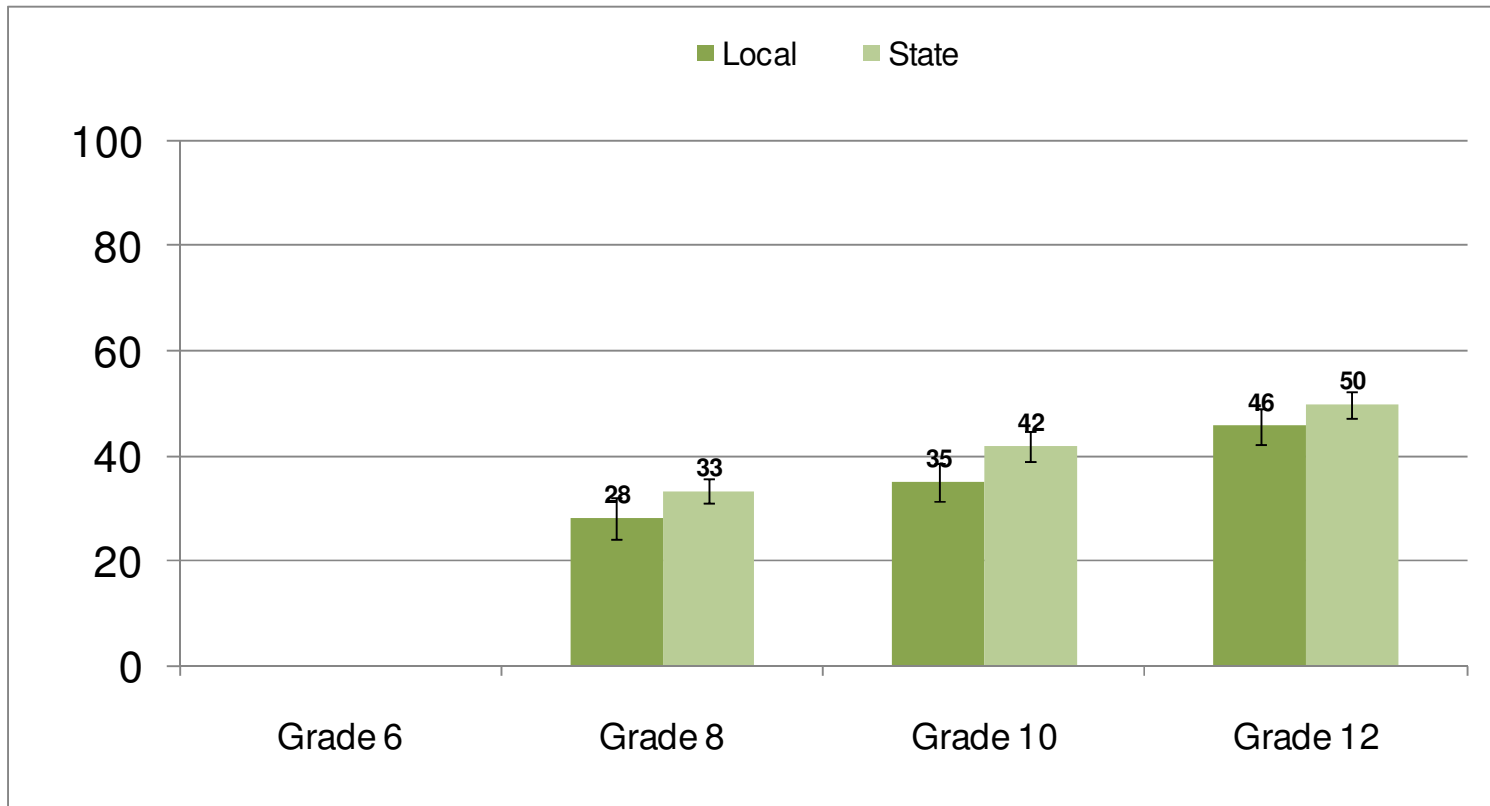
Gang Membership

Percent of students who report being members of a gang in the past year



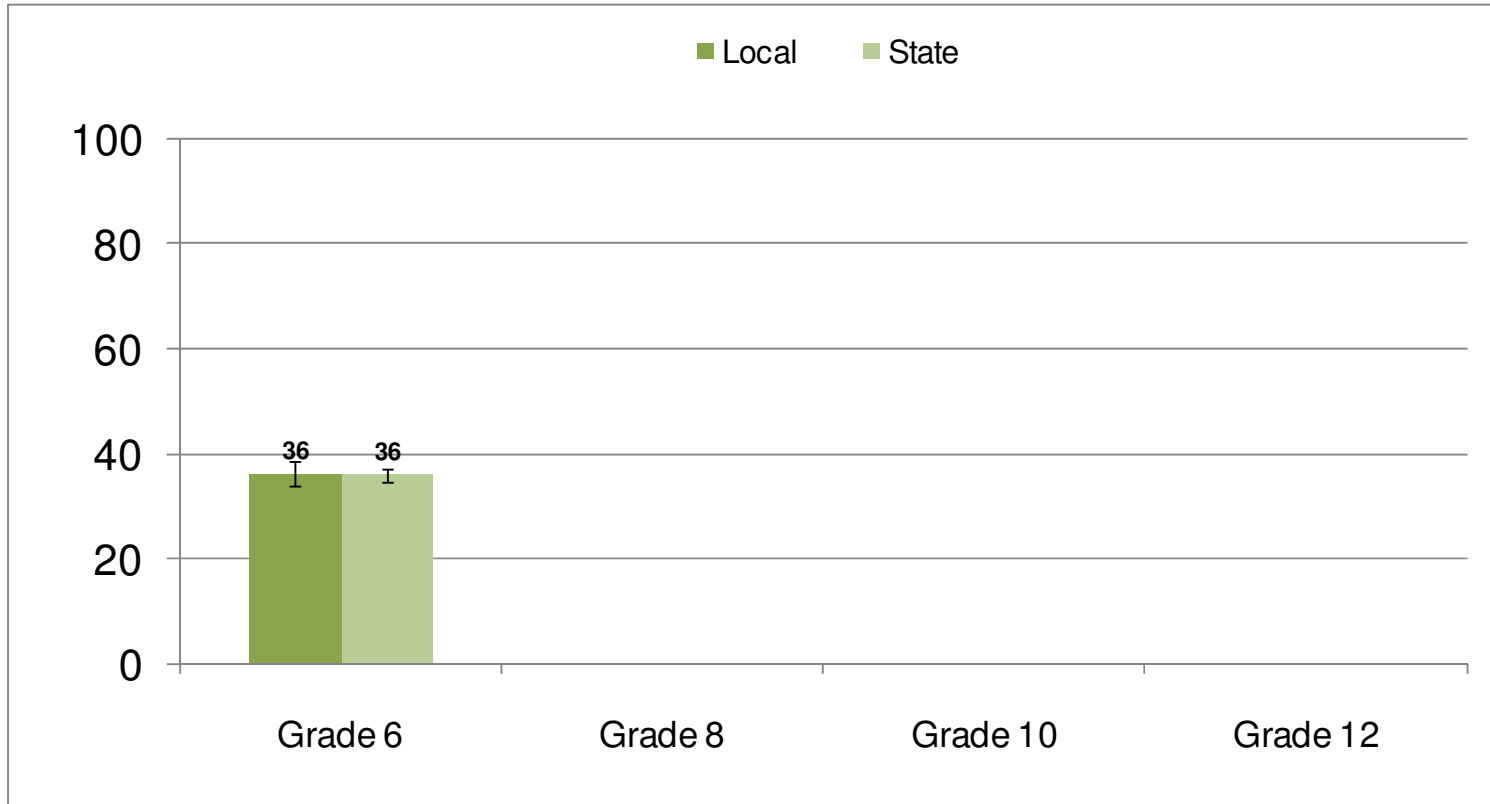
Low Neighborhood Attachment

Percent of students who are at risk for substance use because they have low attachment to their neighborhood



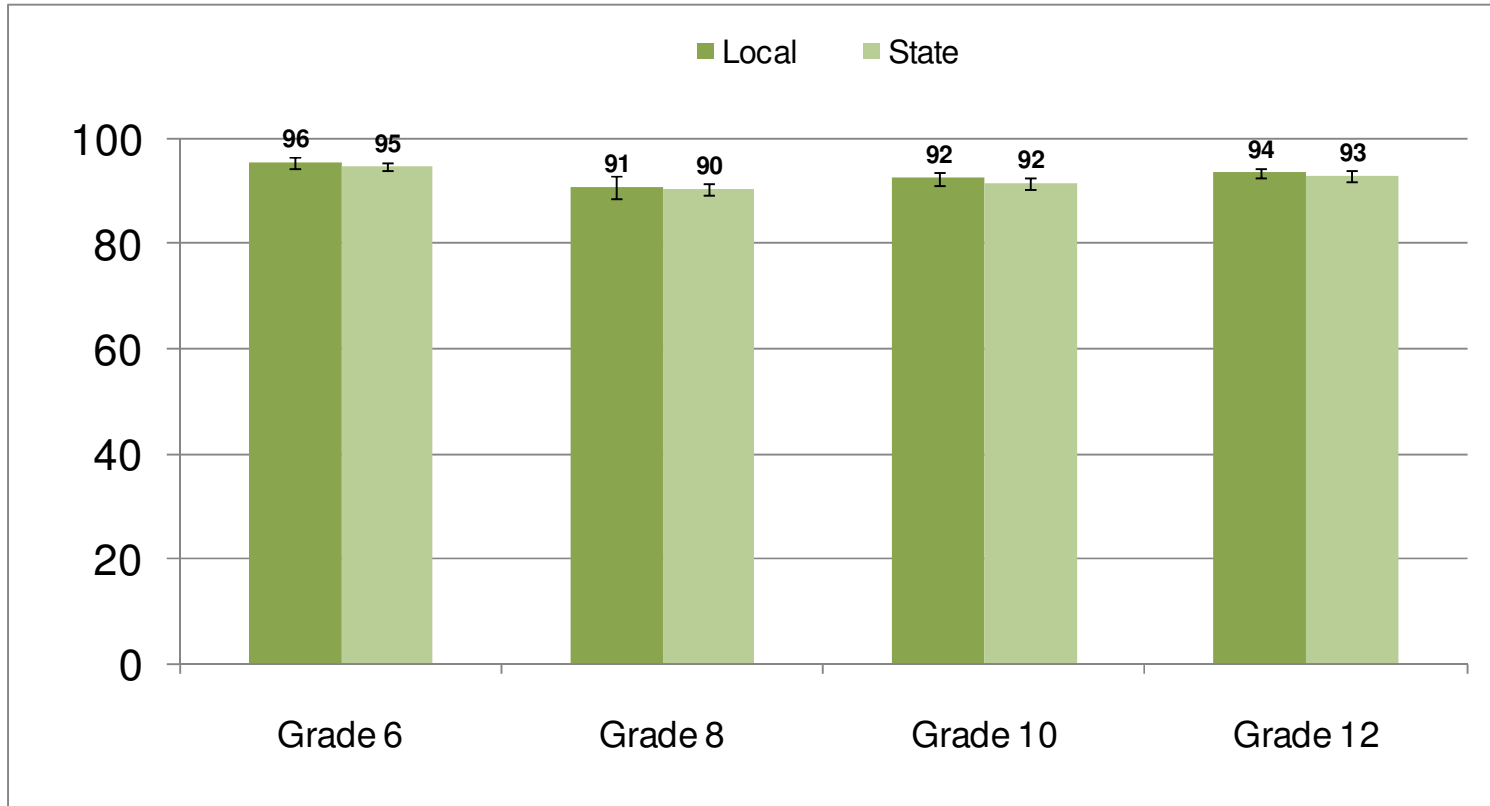
Rewards for Community Involvement

Percent of students who are resilient to substance use because they report rewards by their community for prosocial involvement



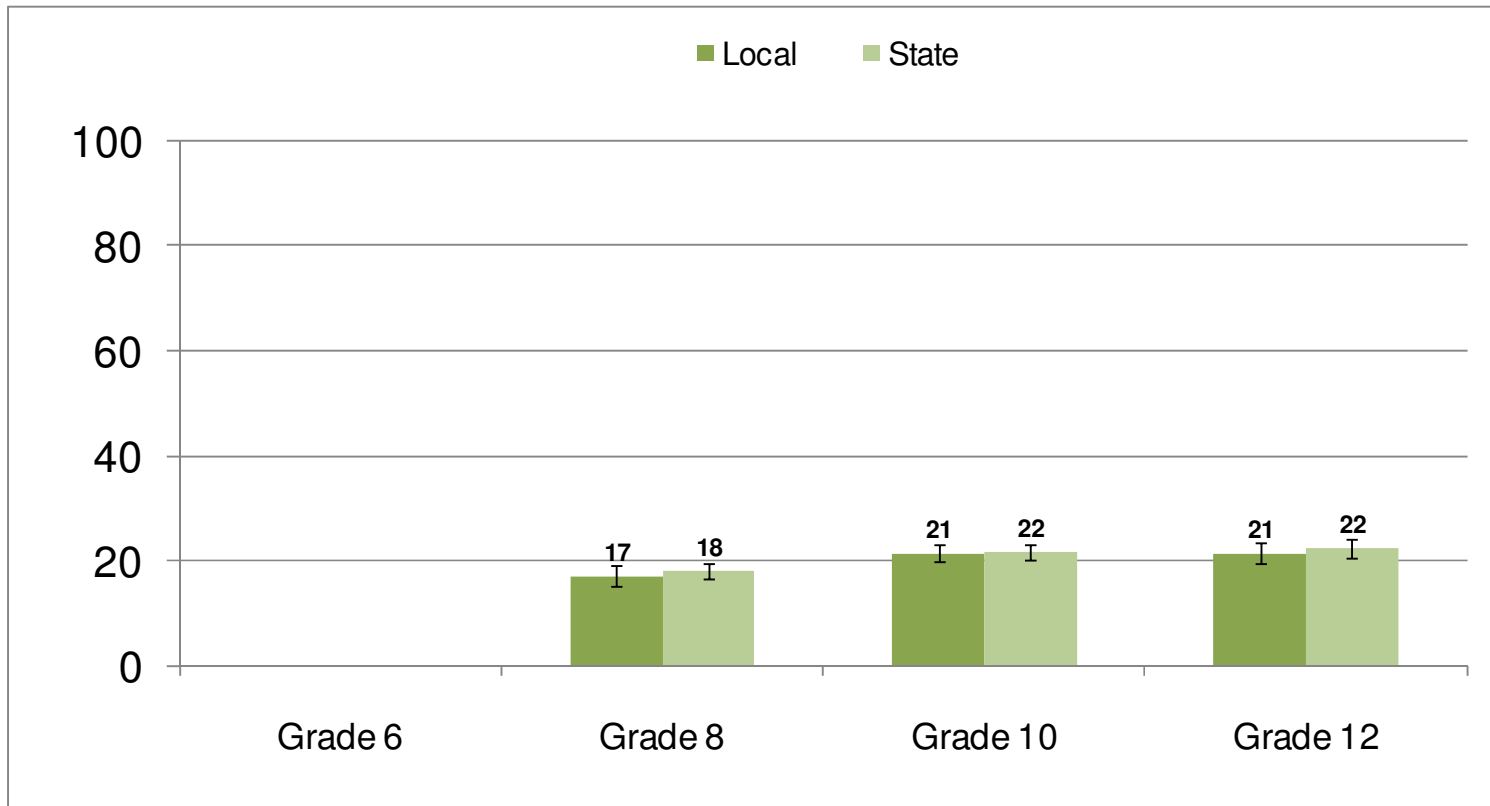
Seat Belt Use

Percent of students who report wearing seatbelts “most of the time” or “always” when riding in a car



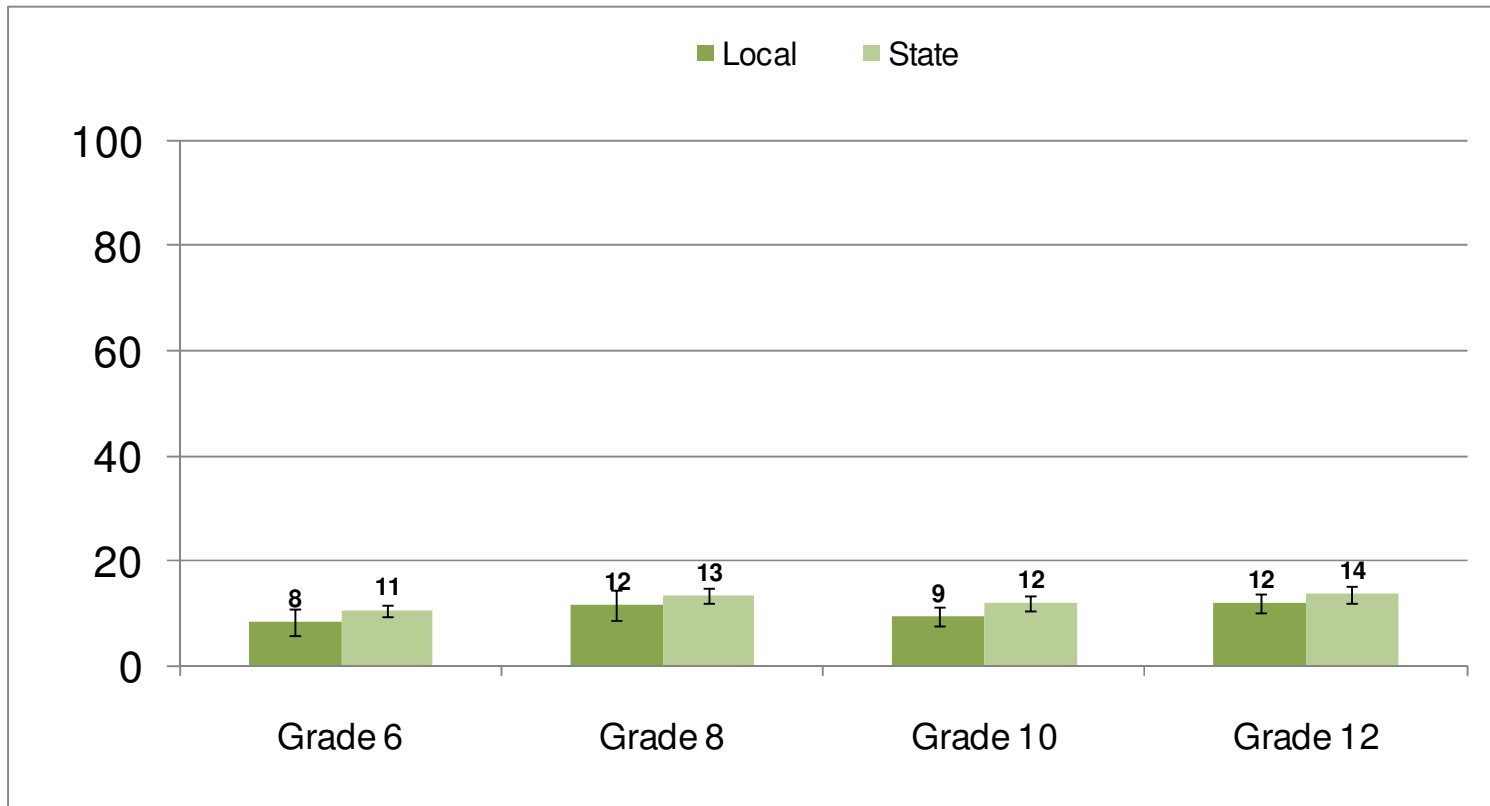
Riding With a Drinking Driver

Percent of students who report having ridden in the past 30 days with a driver who had been drinking alcohol



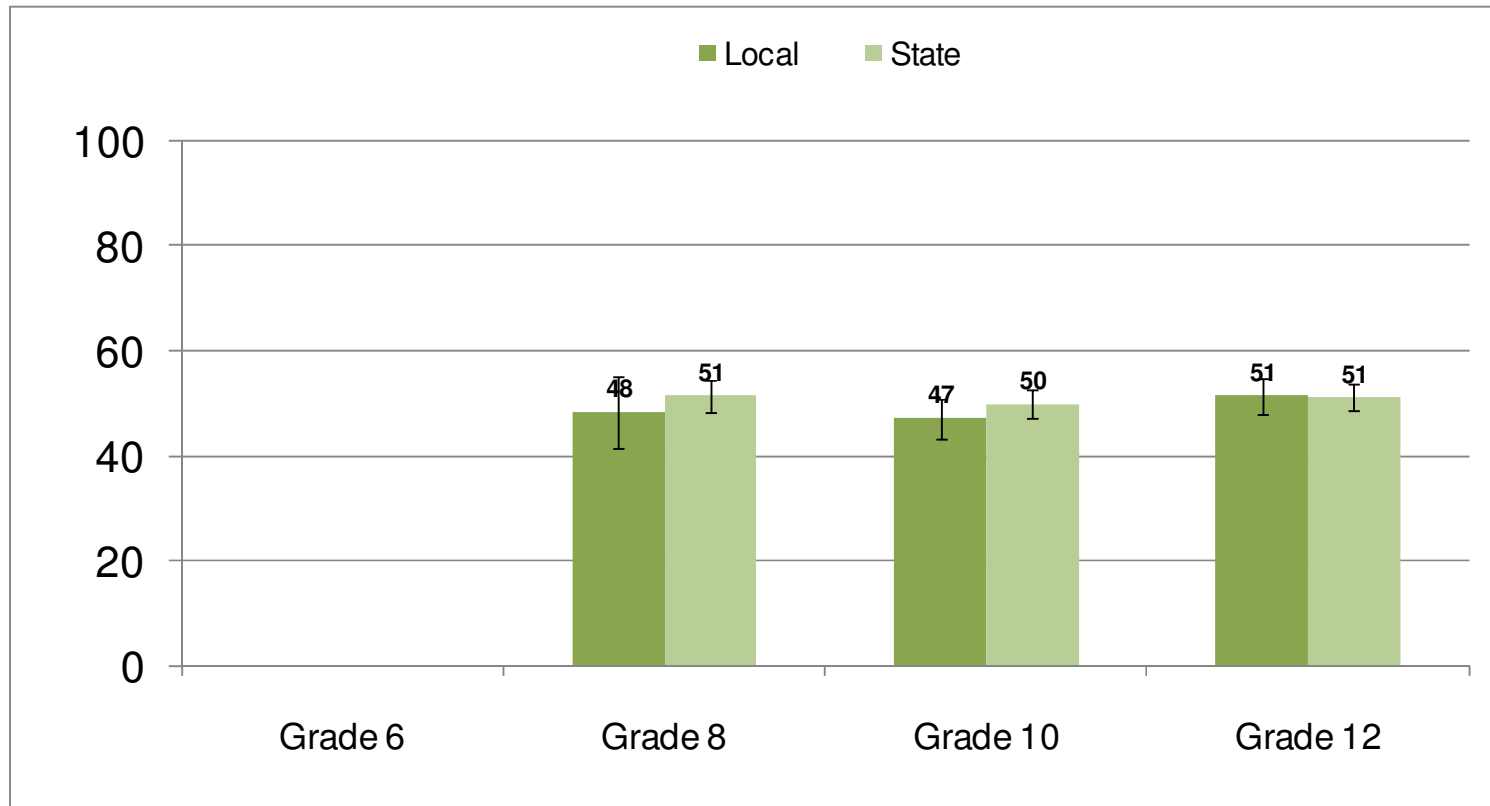
Excessive Soda Consumption

Percent of students who report drinking 2 or more sodas yesterday



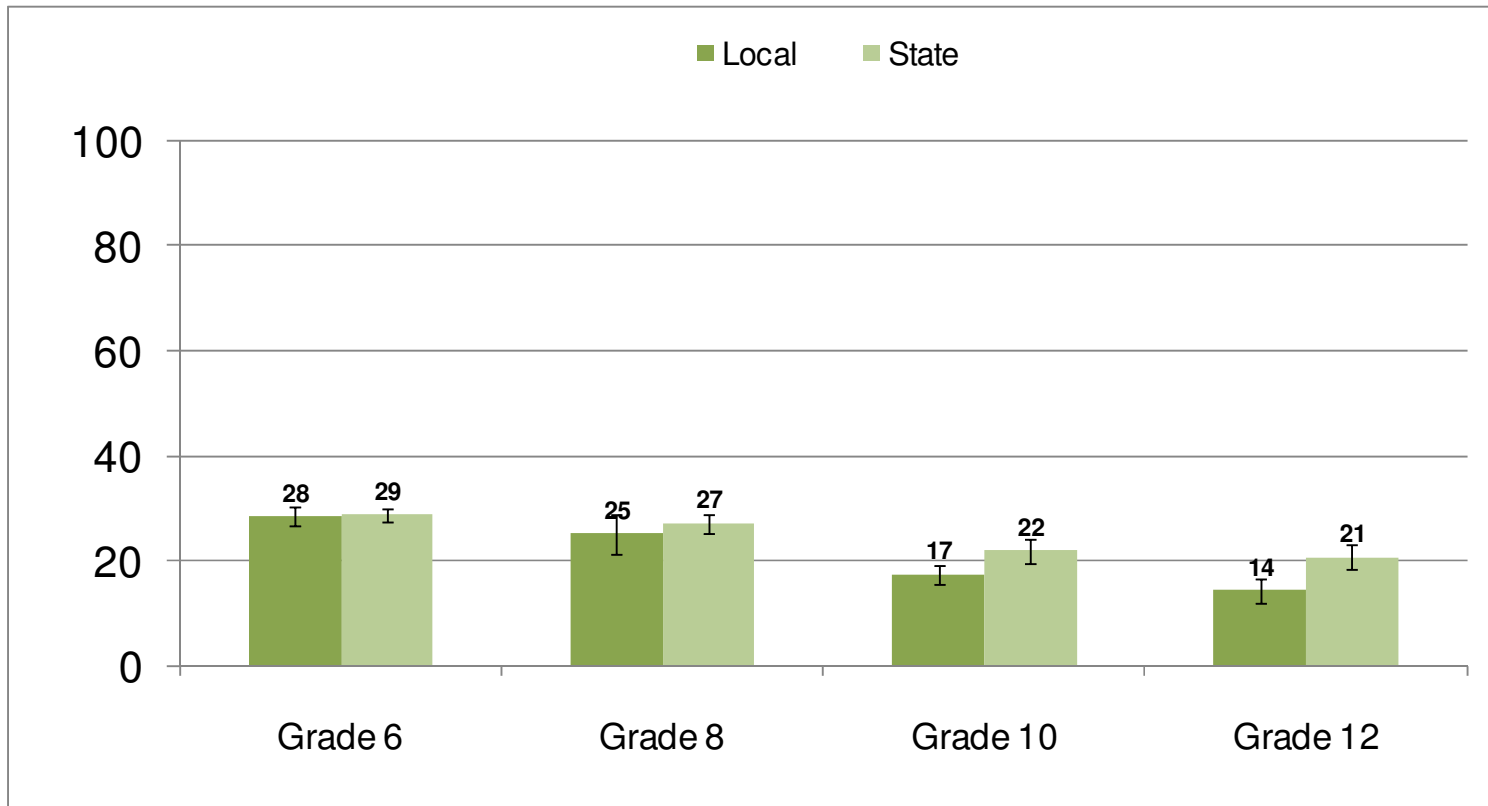
Excessive Television/Video Game Use

Percent of students who report 3 or more hours of watching television, playing video games or using the computer for fun on an average school day



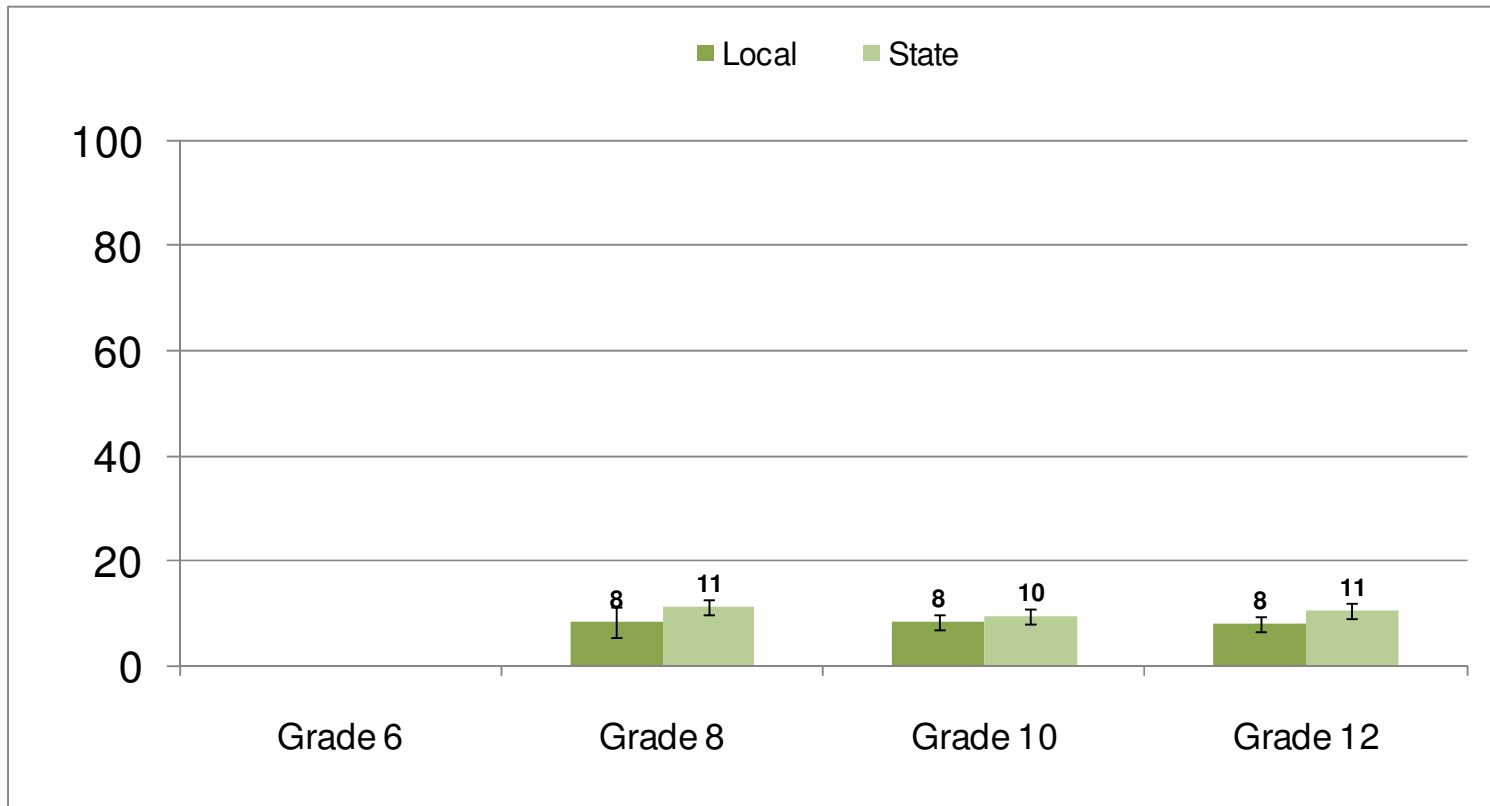
60 Minutes of Physical Activity per Day

Percent of students who report being physically active 60 minutes per day



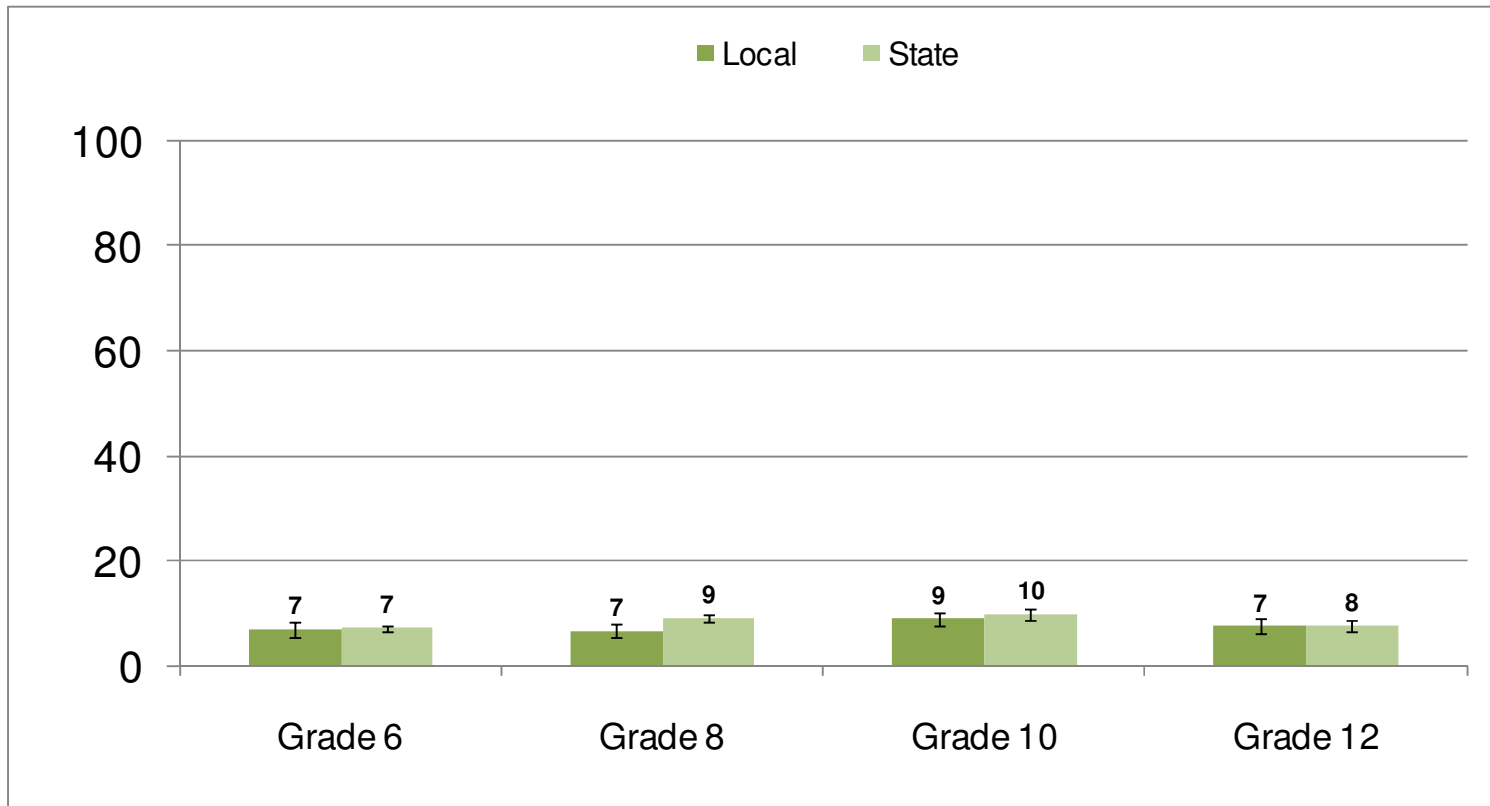
Obesity

Percent of students who are obese (according to reported height and weight)



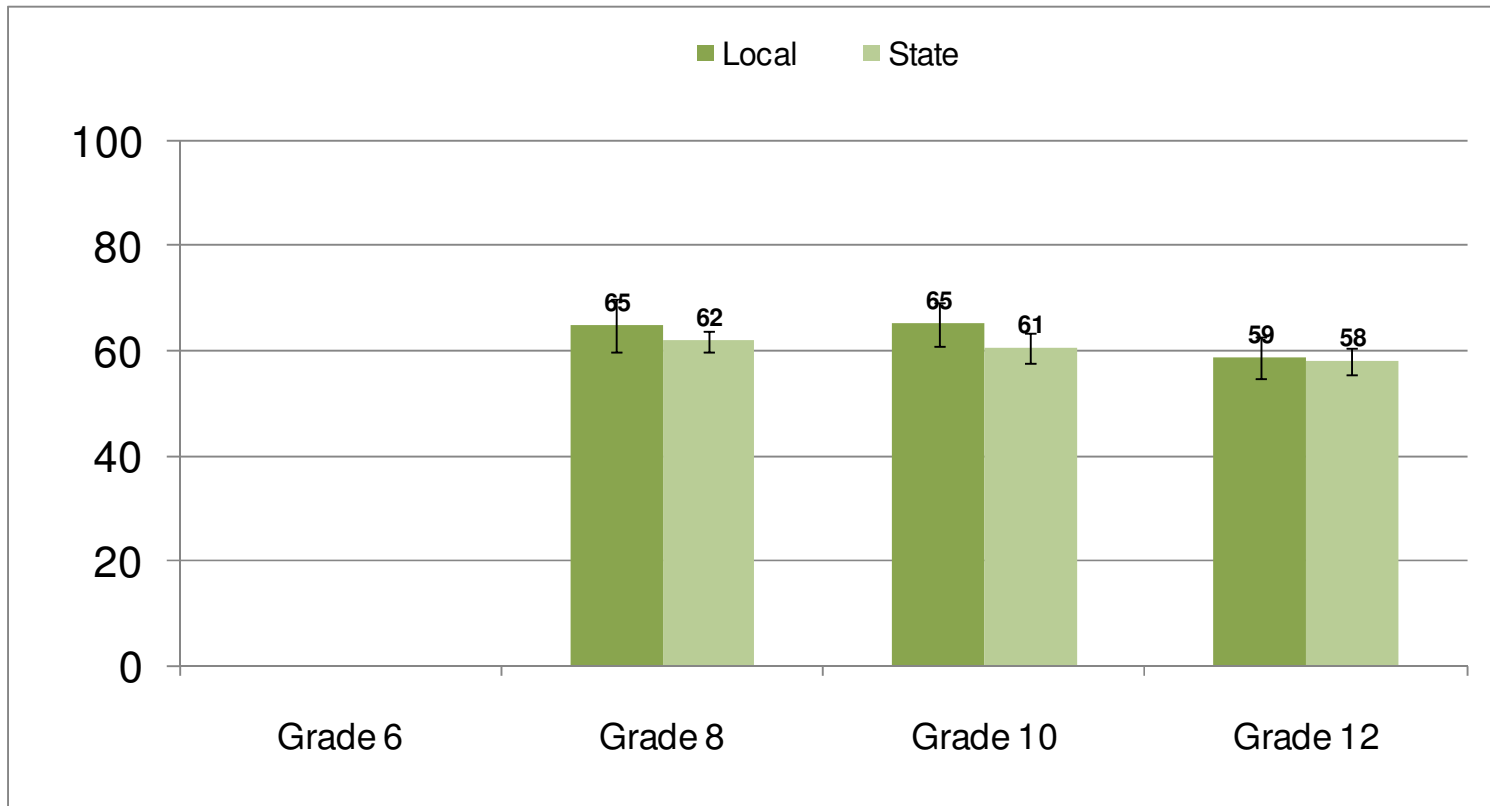
Current Asthma

Percent of students who currently have asthma



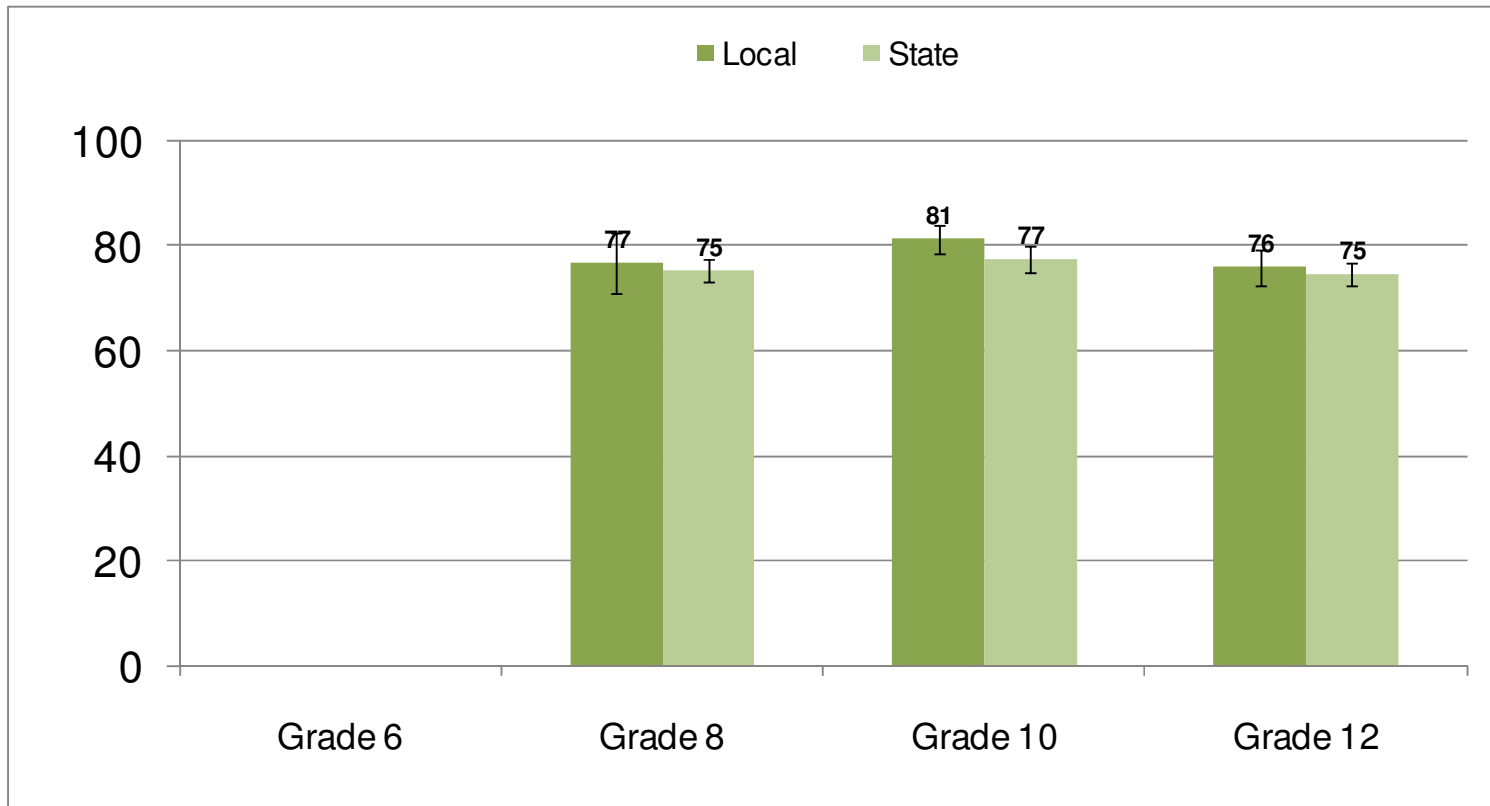
Access to Health Care

Percent of students who report visiting a doctor for a routine checkup in the past year



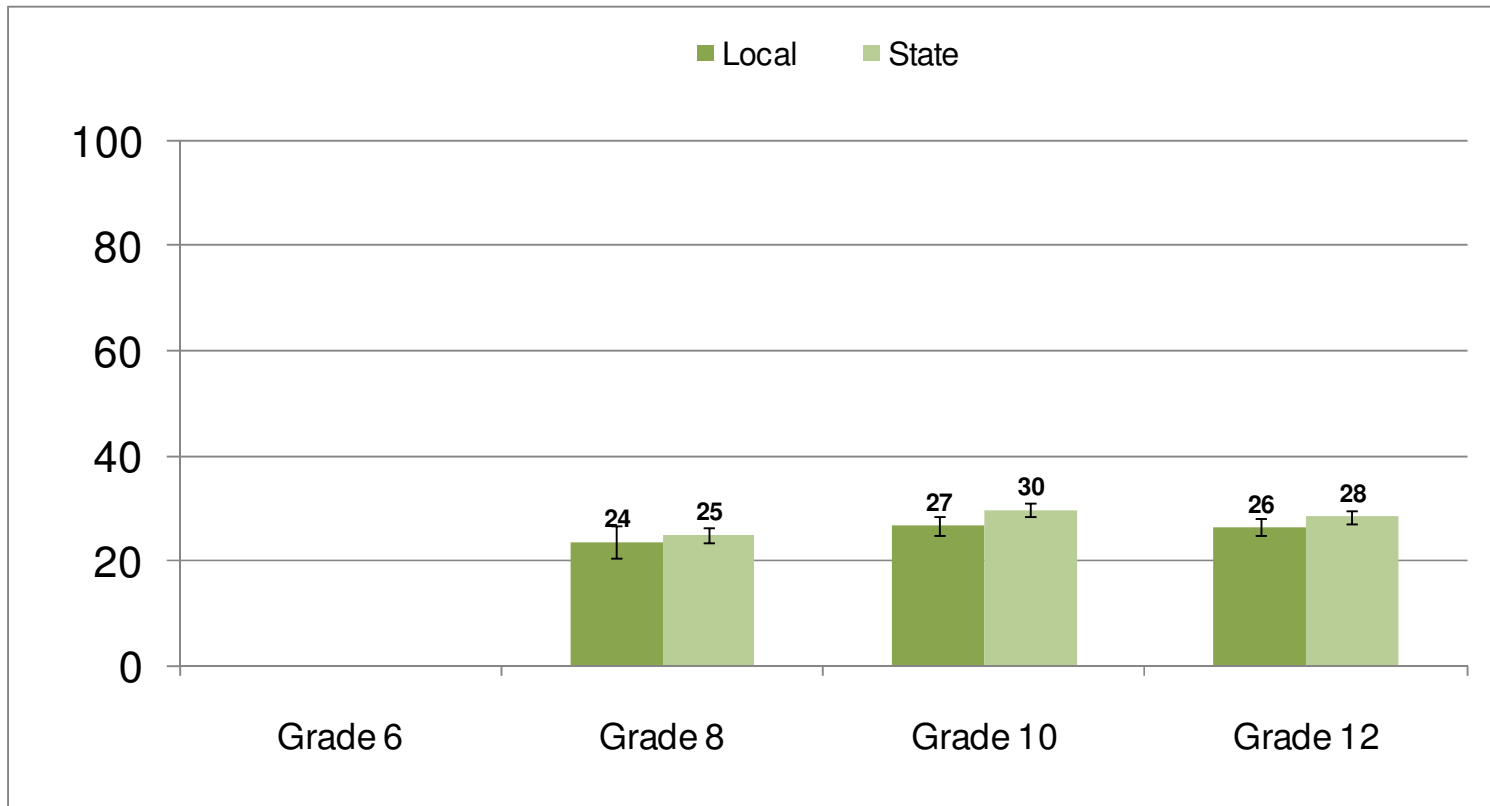
Access to Dental Care

Percent of students who report visiting a dentist for a routine checkup in the past year



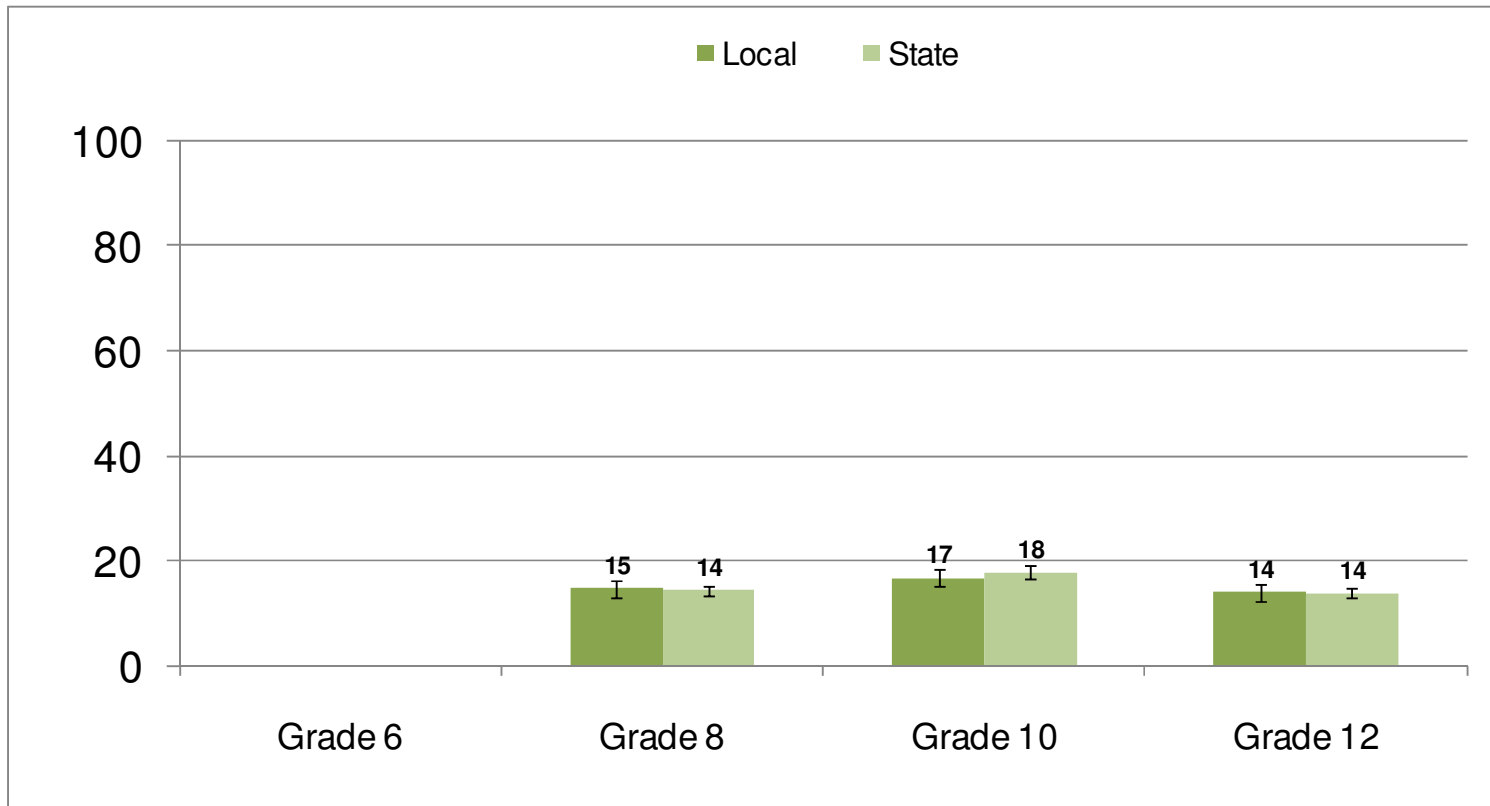
Depression

Percent of students who report experiencing depressive feelings during the past year



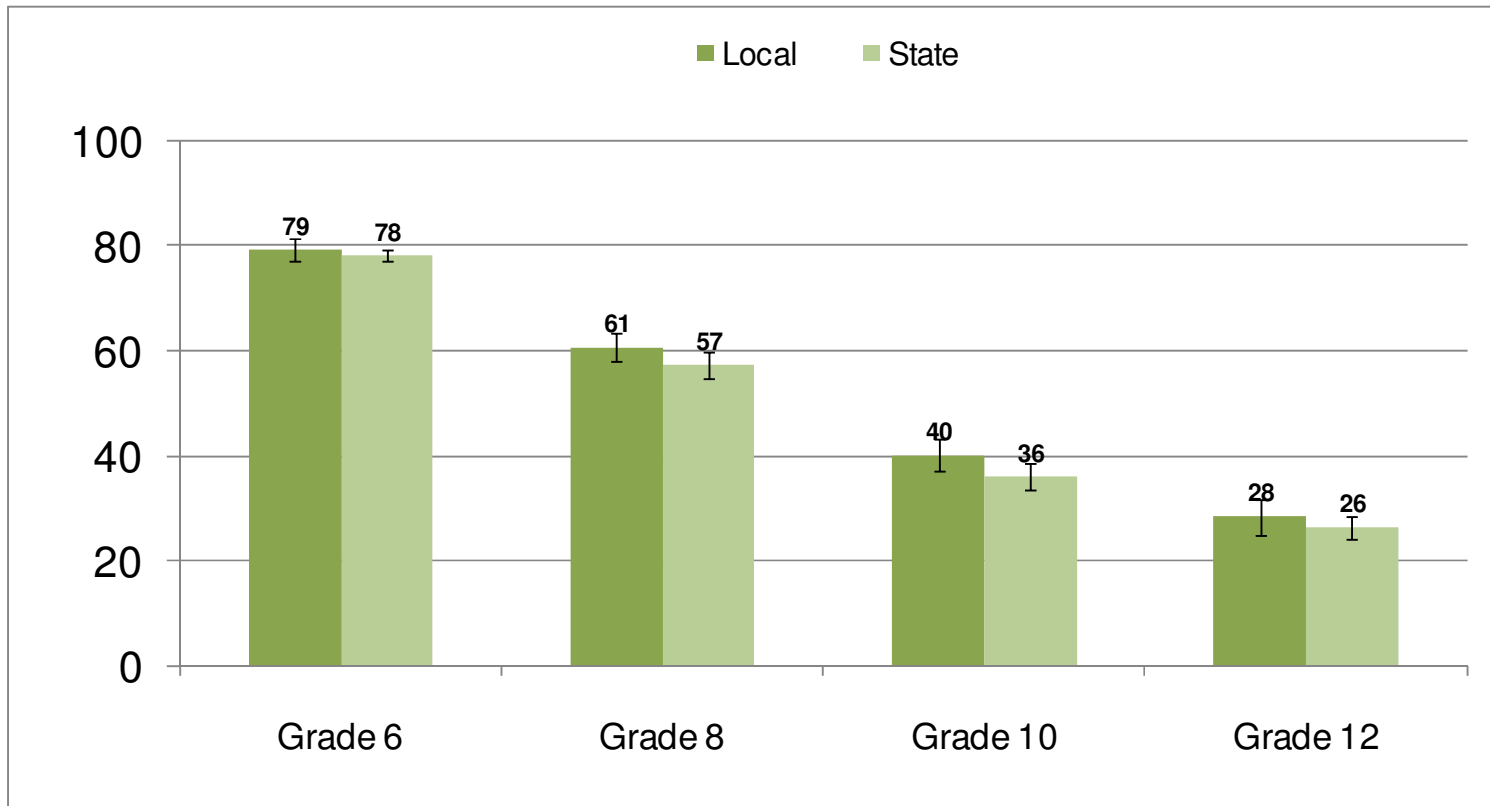
Contemplation of Suicide

Percent of students who report having seriously considered suicide in the past year



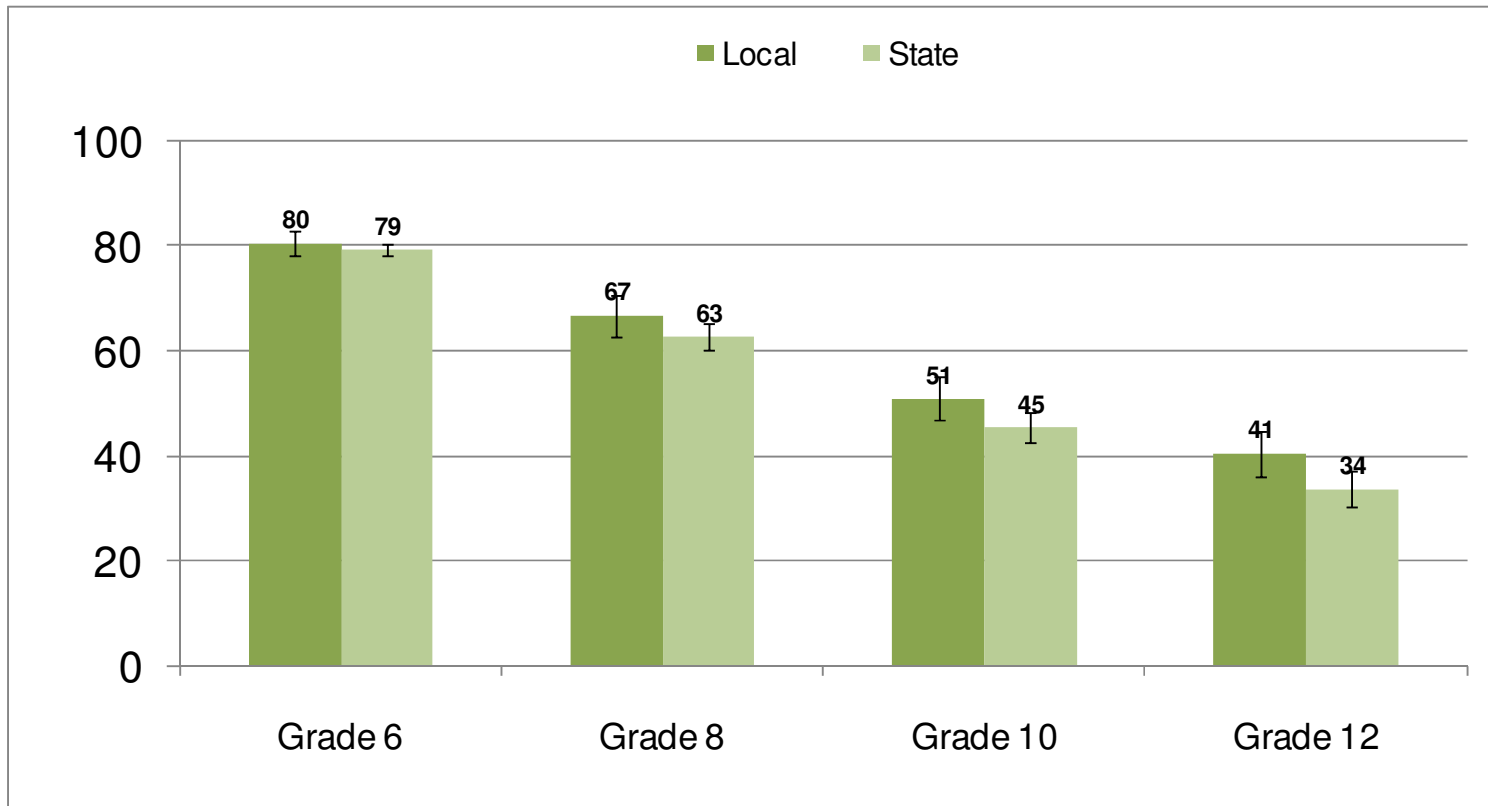
Perception of Neighborhood Norms - Alcohol

Percent of students who report that adults in their neighborhoods think youth drinking is “very wrong”



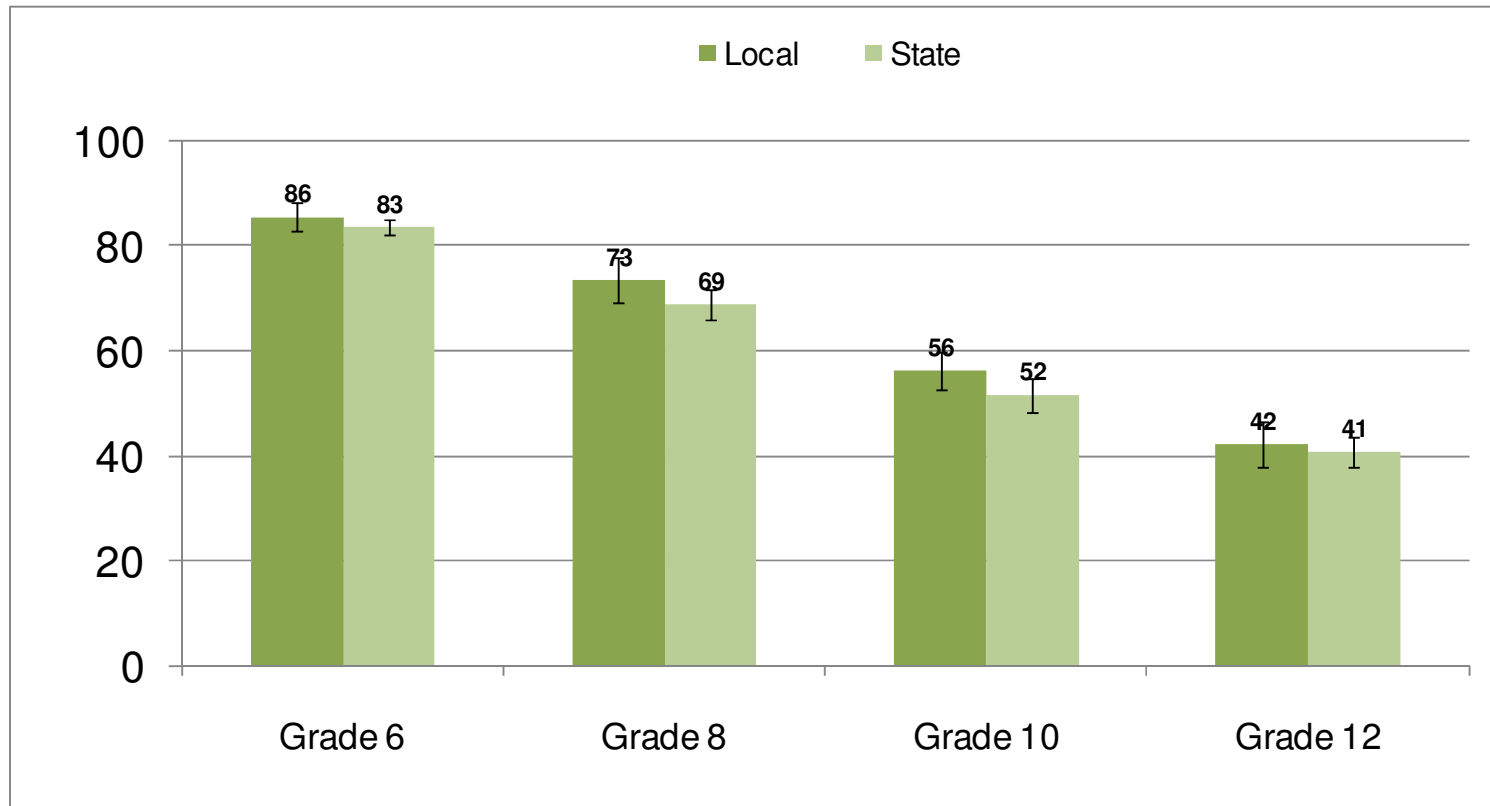
Perception of Neighborhood Norms - Smoking

Percent of students who report that adults in their neighborhoods think youth smoking is “very wrong”



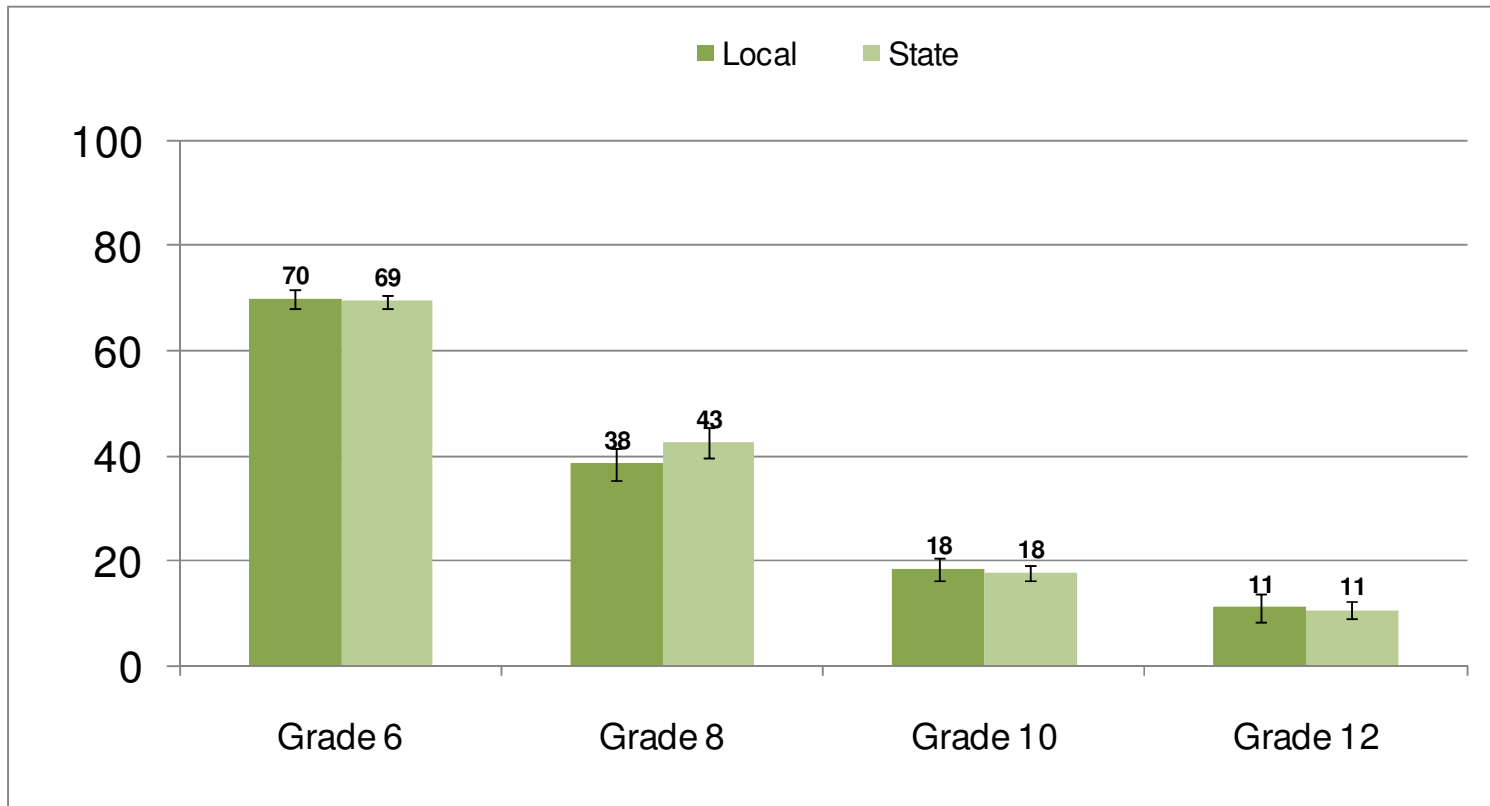
Perception of Neighborhood Norms - Marijuana

Percent of students who report that adults in their neighborhoods think youth marijuana use is “very wrong”



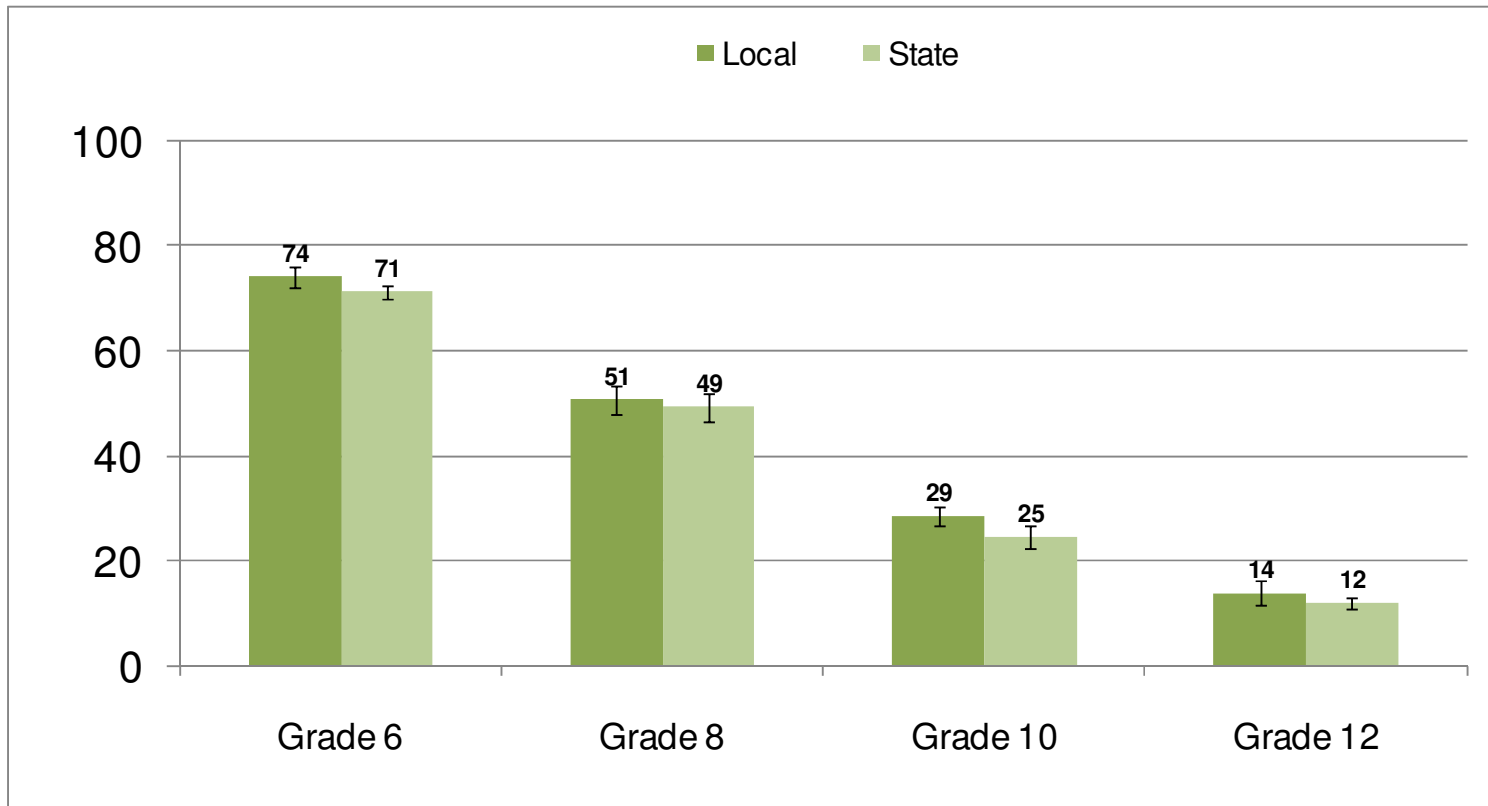
Perceived Availability of Alcohol

Percent of students who report alcohol would be very hard to get



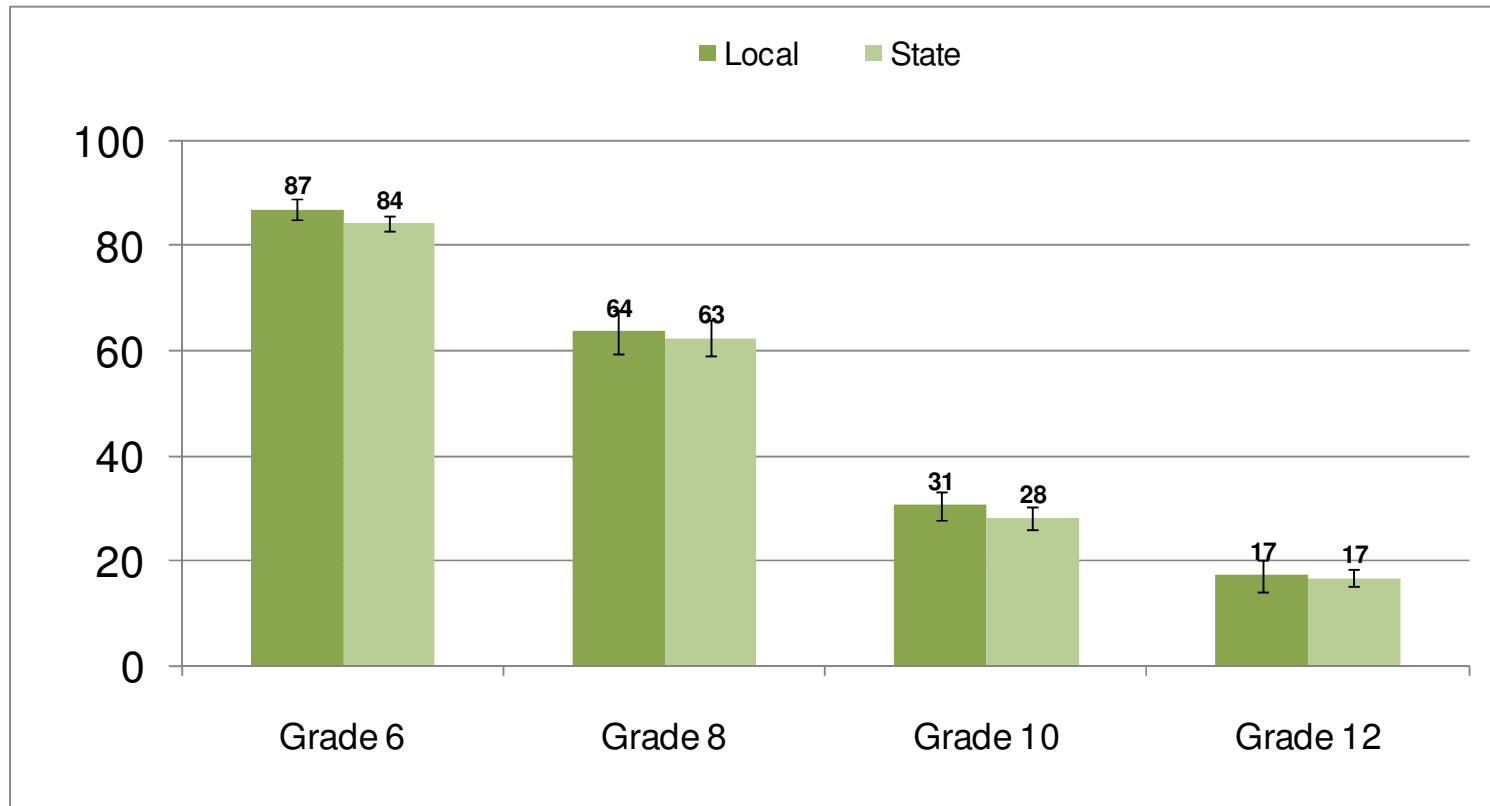
Perceived Availability of Cigarettes

Percent of students who report cigarettes would be very hard to get



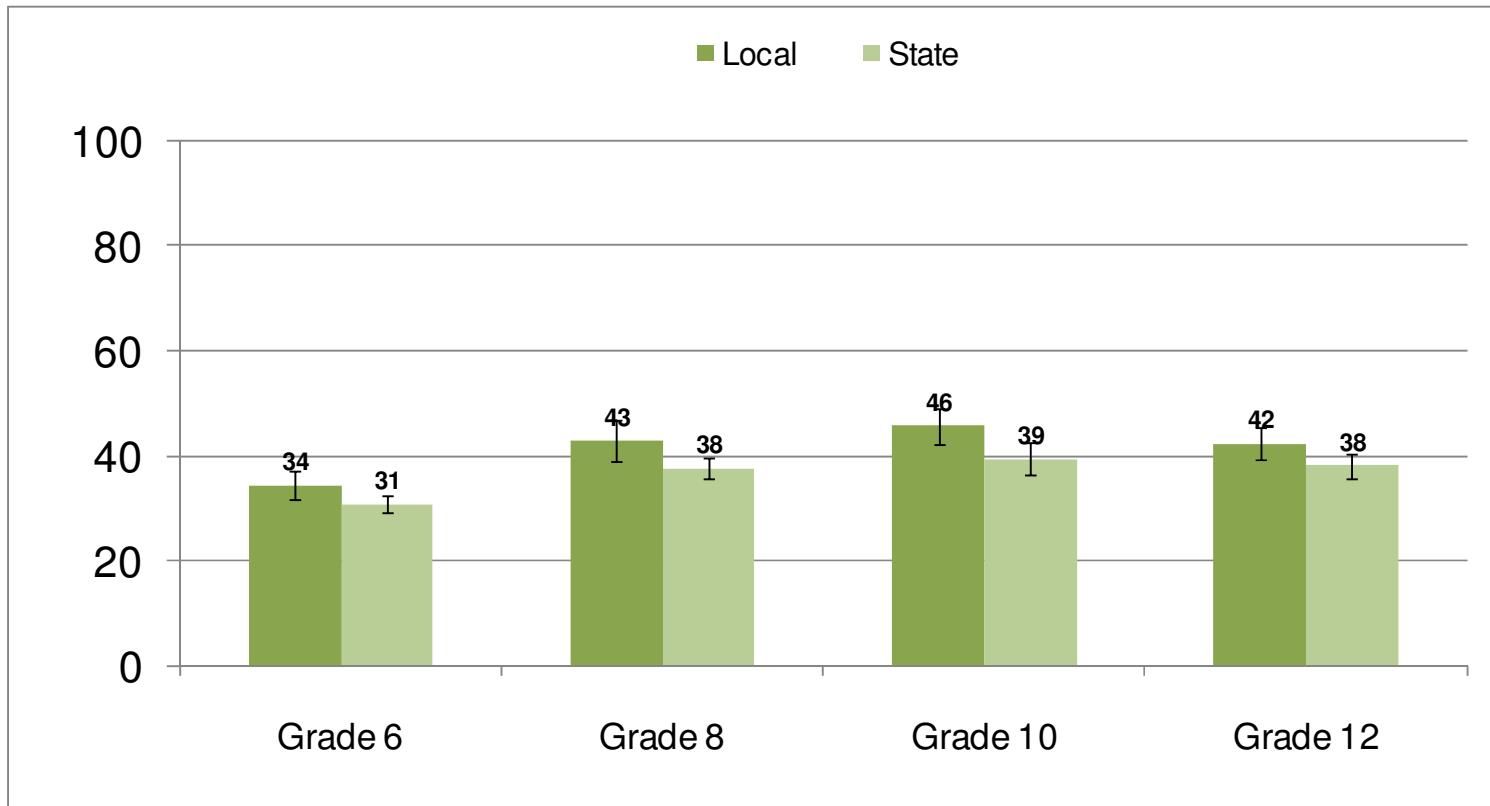
Perceived Availability of Marijuana

Percent of students who report marijuana would be very hard to get



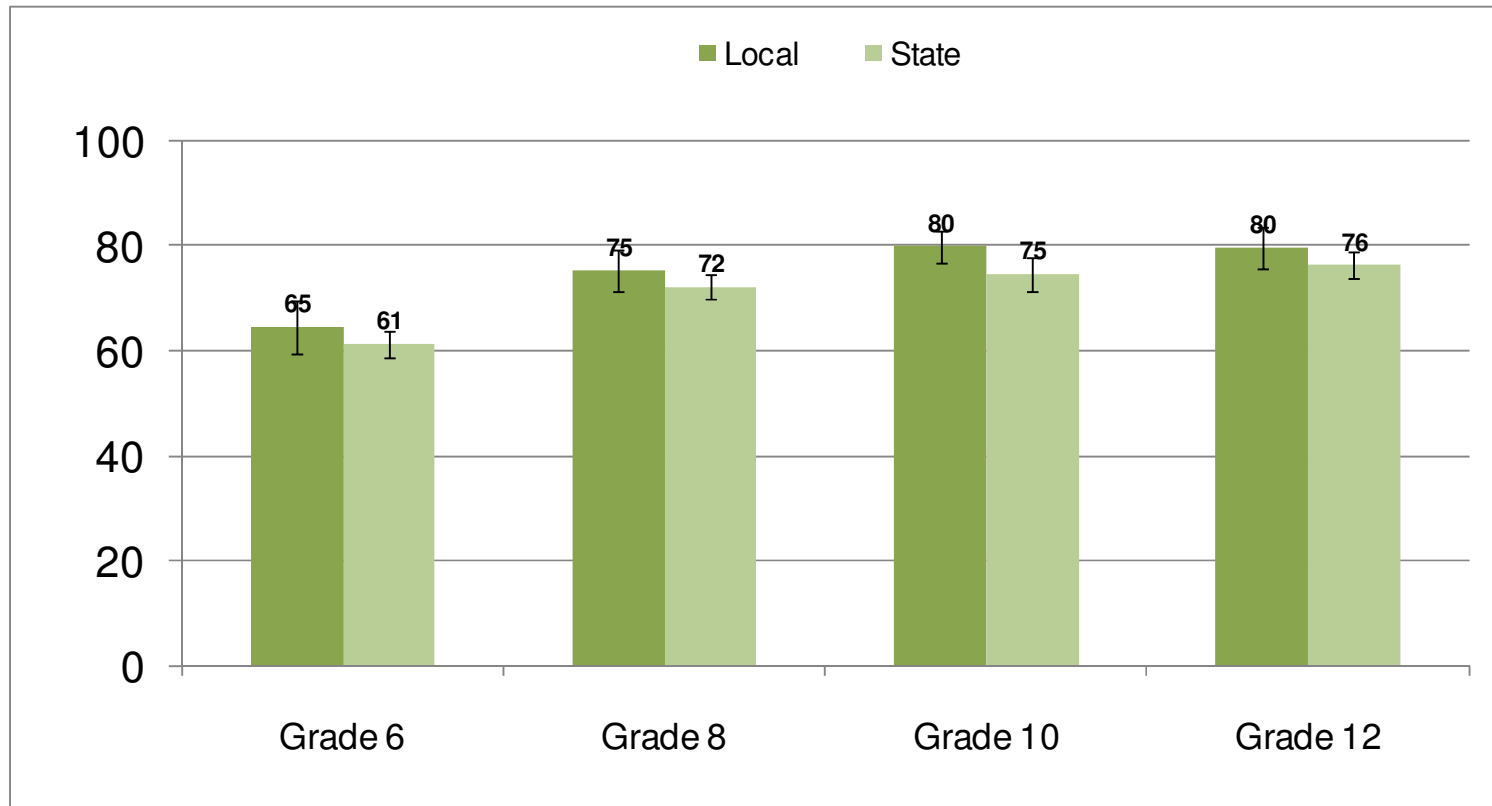
Perceived Risk of Regular Alcohol Use

Percent of students who report great risk of harm from drinking alcohol daily



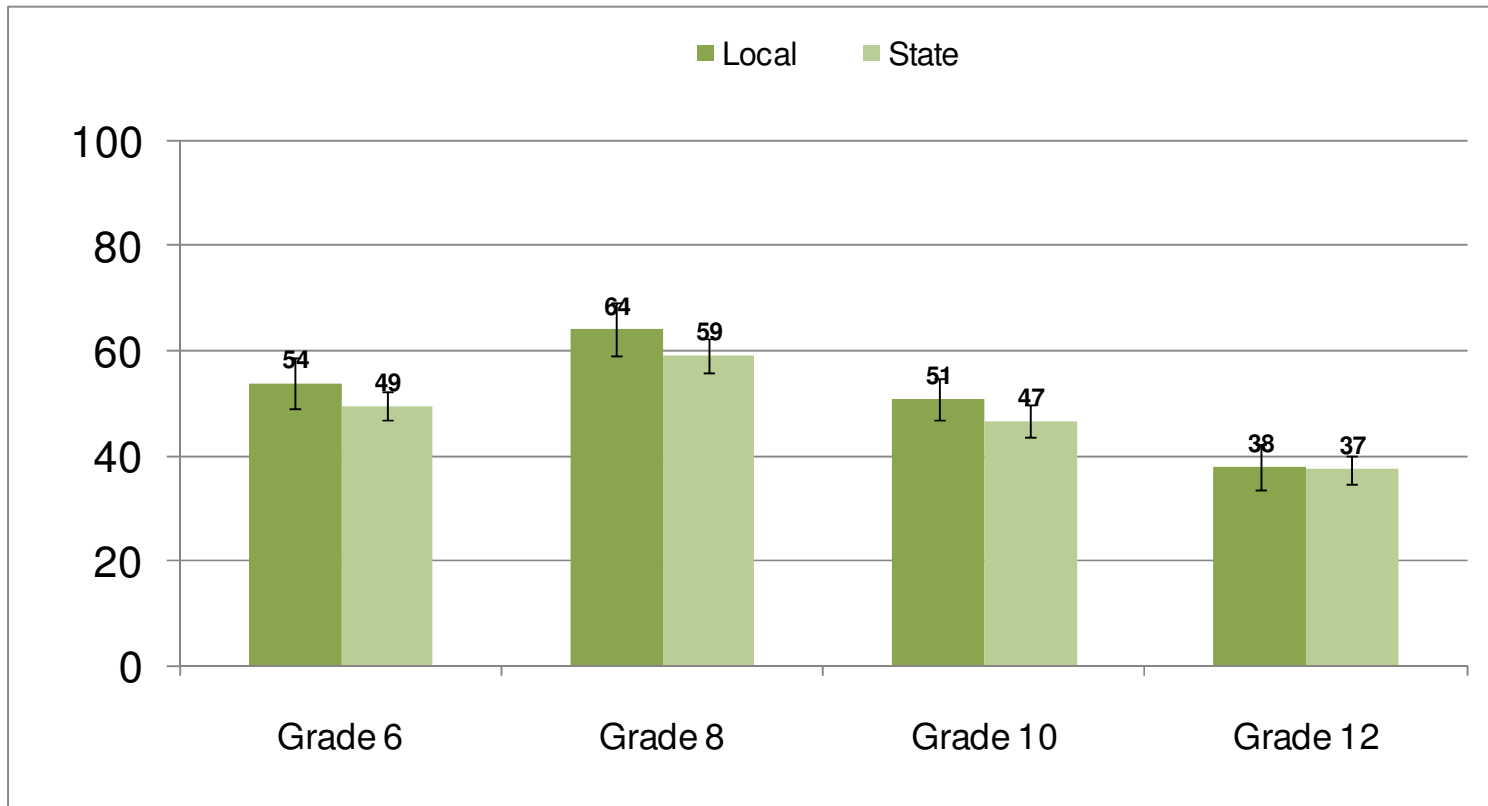
Perceived Risk of Regular Cigarette Smoking

Percent of students who report great risk of harm from smoking a pack or more a day



Perceived Risk of Regular Marijuana Use

Percent of students who report great risk of harm from smoking marijuana at least once or twice a week



Perceived Harm From Secondhand Smoke

Percent of students who report “definitely” thinking that smoke from other people’s cigarettes is harmful to them

