Health and Human Potential

Goal: Promote opportunities for all communities and individuals to realize their full potential.

This goal has four objectives:

1. Increase the number of healthy years that residents live
2. Protect the health of communities
3. Support the optimal growth and development of children and youth
4. Ensure a network of integrated and effective health and human services available to people in need

The County delivers a wide variety of regional services in support of these objectives. Many services are direct medical and public health programs like Medic One, public health clinical services; and public health protection, disease control, and health prevention programs. A variety of human services relate to specific segments of the population or address particular needs, such as human services for at-risk youth, victims of domestic violence, and sexual assault; veterans' services; job training, job placement, and education services; and mental health and substance abuse treatment.

Objective Indicators for Health and Human Potential objectives reflect the health of King County residents.

Strategy Measures demonstrate King County government’s role in protecting residents from current and emerging public health threats, promoting the health of individuals and communities, and providing access to quality, affordable health care.

For more about the King County Strategic Plan and how it's measured see the About AIMS High page.
Regional Services

King County provides regional services for King County residents related to this goal:

- 911 and Medic One Services
- Human services for at-risk youth, victims of domestic violence and sexual assault
- Job training, job placement and education services
- Veterans' services
- Mental health and substance abuse treatment
- Public health clinical services
- Public health protection, disease control and health prevention programs

Key Agencies

Department of Community and Human Services

Public Health - Seattle/King County

Department of Natural Resources and Parks